

PSYCHIC PROTECTION FOR YOUR HOME

By Lourdes Lebron

Many of us use crystals and energy to protect ourselves energetically, but don't think to use the tame techniques for our homes until we encounter negative energy and then have to do something about it. This article will focus on preventive measures that you can take to make sure the energy stays clean and light.

The first step to protection is cleaning. You can learn more about this from the energy clearing articles on <u>my website's library</u>.

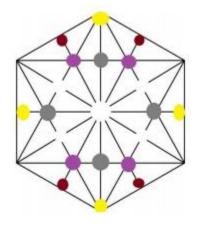
After the physical cleansing you can start working with Sage or Palo Santo. Open windows and start in the basement. Draw a protective symbol with the smoke. You can draw a cross, pentacle, hamsa, Star of David, Eye of Horus any or symbol you feel a strong spiritual connection to. If you don't have a symbol you feel a strong connection to imagine the smoke forming a protective barrier in the space. Pay particular attention to corners where energy has a tendency to become stagnant. Work your way around the room in a clockwise direction.

Once the room has been shielded with smoke, you can start using crystals to increase the strength of your defenses. When working with a singular space place a crystal in the corners of a room. If you are doing your entire home, place a piece of Selenite in each corner of the home (on the ground level or basement. As you place it in the corners ask your angels/guides/deities for protective energy

Visualize the Selenite rods connecting with each other and filling the room with white light. If you wish to bring a more loving energy into your space, place a Rose Quartz next to the Selenite. Then visualize a pink light suffusing the space (after you finished the white light of Selenite). Add a White Selenite/Rose Quartz candle holder or electric lamp to increase the vibrations of the crystals. Place Smokey Quartz on each windowsill and imagine the energy from it framing the window.



Adding a protective grid to the space is also beneficial. Hematite, Smokey Quartz, Amethyst, Pyrite, and Clear Quartz have protective vibrations. Infusing the crystals with the goal of protecting your home will add more shielding vibrations to the energy of the stones. You can use a Clear Quartz stone in the center, Hematite at the Cardinal Directions, and Amethyst in between the Hematite. The next layer could have Pyrite behind the Hematite and Smokey Quartz behind the Amethyst. Clear Quartz Points or Clear Quartz tumbled stones can be used throughout the edges of the grid. See diagram below.



White – Clear Quartz

Grey – Hematite

Purple – Amethyst

Brown – Smokey Quartz

Yellow - Pyrite

If you wish to make a different type of grid, the video at this link can give you more ideas.

To protect the outside of your home, clear the land and home of any unwanted items or dying plants. You can place Black Obsidian or Black Tourmaline on the corners of your home/property. If possible bury the crystals in the ground. Place



Marigold plants around your borders and Rosemary around the doorway to your home. Mint plants under window sills work well to provide protective vibrations. Wind chimes at the doorways help to break up any negative vibes that may be passing by your home.

Psychic protection for your home will help keep peace in your home. Crystals can create a sense of warmth and love that make your home a heaven for all.

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