

April 2023 Reiki Newsletter

Hello,

Hope that everyone is doing well. As many of you know, I like working with angels. One angel that has popped in a lot since last month has been the Angel of Hope. She has been showing up to inspire and motivate. One of her messages came through Dulce Sloan from the Daily Show. She was talking about not giving up when she started being a comedian. Here is a [link](#) to that clip.

As I continue to do livestreams, would like to thank everyone who has shown up for them in spite of my technical challenges and Youtube sending out late notifications :) Live videos are challenging, because there is always something I forget to mention or someone I fail to acknowledge. Appreciate all who are kind to post on the streams to let me know that there are people there.

Right now, am doing livestreams on Mondays on **Rest, Relaxation, Reiki** and on Fridays at ***Transformational Vibrations*** Since the time may change (depending on appointments), the best way to find out when they are happening is to subscribe to the channels, click on the notifications bell and then click on receive all notifications. Or you can check the Community Tab on both channels (usually post about livestreams around 9am).

Am looking forward to sharing more with all of you!

Wishing everyone a month filled hope, love, and peace.

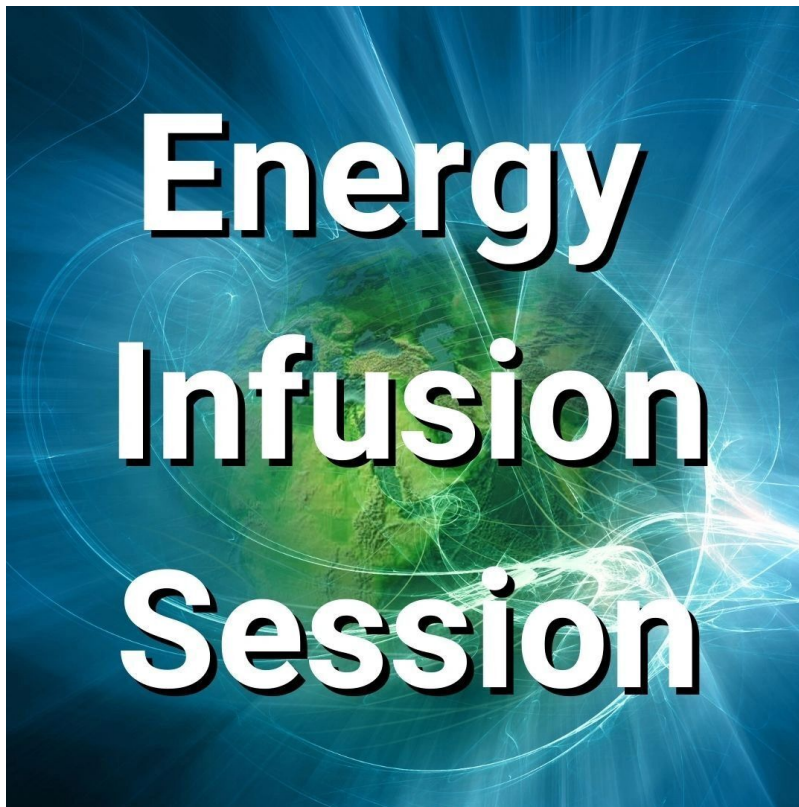
Blessings,



May 2023 Reiki Special

The intention for this month is to have positive experiences. This is one of my favorite intentions. Positive experiences can be many and here are a few examples: having positive news at a doctor's office, meeting nice people at the DMV, having a pleasant walk, finding helpful people at the store, or something simple, like having a good day. As usual, have already started sending energy to those who have purchased the session. As with all group sessions (they are 60 minutes long), Reiki will start flowing for this intention as soon as the session is purchased. A link to a private playlist for this session will be sent to all who purchase it. To learn more about this session click on the link below.

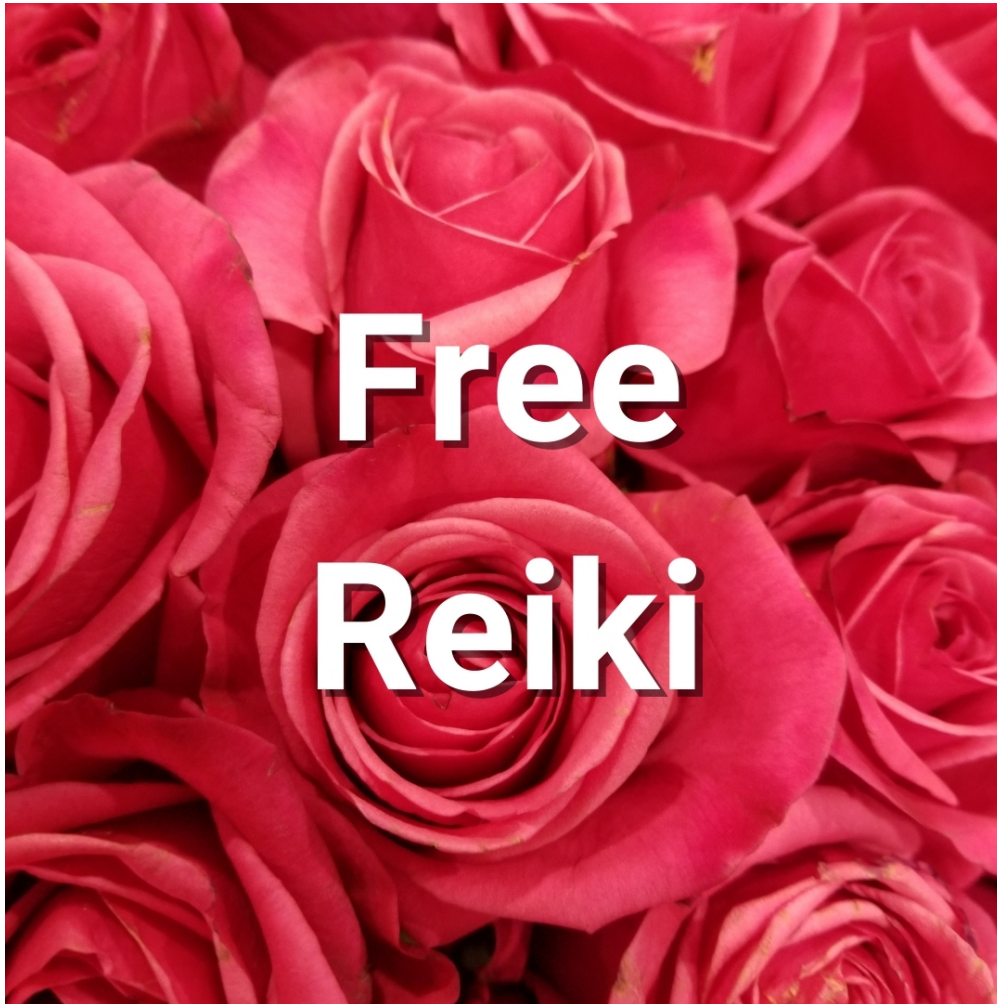
[May Reiki Special](#)



Energy Infusion Session

The Energy Infusion Session is where you get to pick what energy you would like to be infused with. Could be the energy of a superhero, a plant, the energy of a place, the energy of a time period, and so much more. You get to be creative with the topic, and I channel the energy. Let the universe guide you to what you need. To learn more, click on the link below.

[Energy Infusion Session](#)



Instructions to Receive Free Reiki

Please read the information below. Check out dates and times to sign up. You can only sign up after this email has been read. Any emails received before this email goes out, will be disregarded.

To receive the Reiki (on, May 13th, 8pm EST), **only** send an email to the address below :

ReikiLourdes2019@gmail.com

Please note that the ReikiLourdes2019@gmail is only used for free Reiki. If you send an email to any other address, you will NOT be included in the free Reiki session or receive a response.

**You can sign up to receive this Reiki until 6:00pm, EST on May 13th* After that time, emails received will not be looked at and will be deleted. Here is a [link](#) to a time converter for those in other time zones.

Please direct all other inquiries/comments/questions to ReikifromLourdes.com via this [link](#).

Due to the amount of emails received, emails may not be responded to, but will be looked at, if received on time. After the free Reiki is sent, this email (ReikiLourdes2019@gmail.com) is not looked at again until the next free Reiki offering. Use the [Contact](#) page for any inquiries.

The intention this month is for accepting the things that you can not change.

This Reiki will reach you even if you are busy doing something else. You may share this information with others who would like to sign up for free Reiki. If you are signing up someone else, please get their permission first.

Blessings, Lourdes

*All services are done via Distance Reiki.

*DISCLAIMER: Reiki is a complementary energy modality and should not be used as a replacement for medical needs. The information provided does NOT constitute legal, psychological, medical, business, or financial advice. Always seek the advice of a medical profession for issues and challenges. Reiki videos should not be received while using machinery or driving. Since everyone's energy is different, results may vary and are not guaranteed.

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