

## September 2023 Reiki Newsletter

Hello,

Hope that everyone is doing well.

Following our intuition is often difficult, because we don't trust ourselves. Our societies values the tangible over the intangible. One way that I like strengthen my intuition is by carrying a small notebook with me and every time I get what I call an intuitive hit, I write it down. For example if you feel compelled to go somewhere, write it down. Then after you visit, ask did something happened that wouldn't have happened if you didn't go. For example did you meet someone, hear something you needed, or if it is a store, find a sale for something you needed. The more you do this, the more you will start to have faith in your intuition and will start to trust it.

Thank you to everyone who comments, posts, subscribes, watches ads or has sent Super Thanks or Super Stickers (on YouTube). These are very important to my channel and shows YouTube that people watch and care about the content. Also appreciate the lovely comments sent through the sign up emails for the free Reiki. Have been blessed to meet so many beautiful souls through the internet!

Right now, am doing livestreams on Mondays on **Rest, Relaxation, Reiki** and on Fridays at **\*Transformational Vibrations\*** Usually have them both at 1:000pm. But the time may change (depending on appointments), and the best way to find out when they are happening is to subscribe to the channels, click on the notifications bell and

then click on receive all notifications. Or you can check the Community Tab on both channels (usually post about livestreams around 9am).

Am looking forward to sharing more with all of you!

Wishing everyone a month filled hope, love, and peace.

Blessings,



*September 2023 Reiki Sunday Special*

This month the special will focus on financial security. It will focus on assisting you to feel more secure in regards to finances. As with all group sessions, Reiki will start flowing for this intention as soon as the session is purchased. A link to a private playlist for this session will be sent to all who purchase it. This session also includes a Reiki Infused photo (exclusive to people purchasing this session) with the intention of this session. To learn more about this session click on the link below.

**September 2023 Reiki Sunday Special**

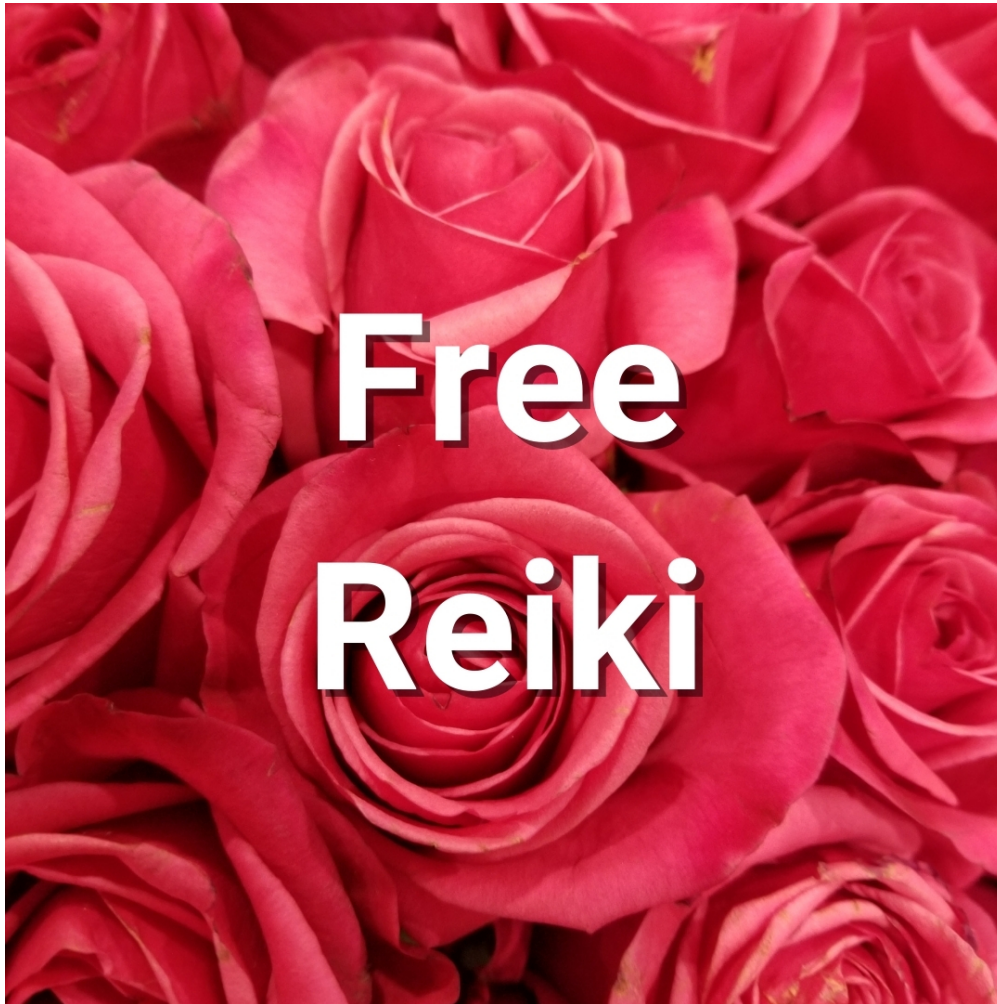


*Energy to Connect with Animal Spirit Guides*

This session is to assist you with connecting with your animal spirit guide. Everyone has them, but not everyone is aware of them. Like other guides, their focus is to help you move forward in life and overcome obstacles. They can show up in your life in many different ways from ads to showing up physically. You will receive information as to what animal is your guide and what their message to you is.

**Energy to Connect with Your Animal Spirit Guide**

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### **Instructions to Receive Free Reiki**

**Please read the information below. Check out dates and times to sign up. You can only sign up after this email has been read. Any emails received before this email goes out, will be disregarded.**

To receive the Reiki on Saturday (9/16/23, 8pm EST), **only** send an email to the address below :

***ReikiLourdes2019@gmail.com***

**Please note that the ReikiLourdes2019@gmail is only used for free Reiki. If you send an email to any other address, you will NOT be included in the free Reiki session or receive a response.**

*\*You can sign up to receive this Reiki until 6:00pm, EST on Saturday, 9/16/23 After that time, emails received will not be looked at and will be deleted. Here is a [link](#) to a time converter for those in other time zones.*

Please direct all other inquiries/comments/questions to ReikifromLourdes.com via this [link](#).

**Due to the amount of emails received, emails may not be responded to, but will be looked at, if received on time.** After the free Reiki is sent, this email (ReikiLourdes2019@gmail.com) is not looked at again until the next free Reiki offering. Use the [Contact](#) page for any inquiries.

**The intention this month is for you to experience love in any of its forms.**

This Reiki will reach you even if you are busy doing something else. You may share this information with others who would like to sign up for free Reiki. If you are signing up someone else, please get their permission first.

Blessings, Lourdes

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\*All services are done via Distance Reiki.

\*DISCLAIMER: Reiki is a complementary energy modality and should not be used as a replacement for medical needs. The information provided does NOT constitute legal, psychological, medical, business, or financial advice. Always seek the advice of a medical profession for issues and challenges. Reiki videos should not be received while using machinery or driving. Since everyone's energy is different, results may vary and are not guaranteed.

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