



ASSISTANT DIRECTOR'S MESSAGE



Vicki Duffin

"We worry about what a child will become tomorrow, yet we forget that he is someone today."

In the folder game department we care about what a child is today and what we can do to help them learn and develop into what they can become tomorrow. We do that by producing an opportunity to learn or practice a new skill. The folder games are appropriate for pre-school age up to 3rd grade and practice skills in pattern recognition, math, science, language, and manners. We even have some folders that are produced in Spanish.

In 2023 we produced 8,852 folder games. We placed 8,487 folders, valued at \$33,582, in the hands of kids. There are 77 elementary schools in our area from Snake River to Madison; that number includes charter and parochial schools. Each school that has a pre-school or kindergarten gets a complete set of "Letter Learners" that teach the alphabet .

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Some days are better, some days are worse. Look for the blessing instead of the curse. Be positive, stay strong, and get enough rest. You can't do it all, but you can do your best.

—Author Unknown



UPCOMING EVENTS

- 5 MAR..... 6:30 IFAHC OPEN EVENING FOR YOUTH
- 10 MAR..... DAYLIGHT SAVINGS TIME
- 13 MAR..... 8 AM IFAHC EXECUTIVE MEETING
- 14 MAR..... IFAHC OPEN EVENING FOR ADULTS ONLY
- 17 MAR..... ST. PATRICK'S DAY
- 19 MAR..... IFAHC OPEN EVENING FOR YOUTH
- 21..... 5PM IFAHC BOARD MEETING
- 31..... EASTER SUNDAY

GUEST SPEAKER

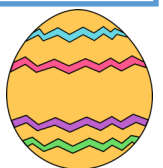


We had the opportunity to have Josephine Thyberg and Susan Nalley from the Bingham Crisis Center come and speak with us.

The Crisis Center helps Bingham County clients as well as others in the surrounding areas. Some of the services provided are: a 24 hour crisis line, court advocacy, individual counseling, and a community closet. They help people from abusive relationships, victims of sexual assault, individuals needing a protection order, and people who need emergency shelter. They also provide counseling to people as young as 11 years old and older.

The community closet includes blankets, pillows, bedding, clothing, kitchen items, and bathroom items. They receive donations from Walmart and the Idaho Falls Humanitarian Center.

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(Assistant Director’s Message Continued)

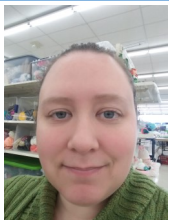
Our wonderful volunteers helped deliver “care boxes” containing folder games to each of those schools.

In addition to our schools, folder games are placed with agencies that request them as well as being placed in our lap blanket kits. Occasionally we have an opportunity to send them with humanitarian workers to foreign countries. For example, last year we sent folders to Ghana and Ecuador.

The folder game department is a place that almost anyone can be of service. If someone can color, cut, or place Velcro we can provide a place to serve.

Margaret Cho said, “Sometimes when we are generous in small, barely detectable ways, it can change someone else’s life forever.” If we give a little to others, we will not only be better people ourselves, but the world will be a better place. Pablo Picasso stated, “The meaning of life is to find your gift. The purpose of life is to give it away.”

VOLUNTEER SPOTLIGHT



Athena has been with us since 2014. She came to the Humanitarian Center for the community it shares. She says, “Coming to the Center has helped me through some very hard times in my life. The people here are wonderful and I love making new friends as new people come in.”

Athena is from Wasilla, Arkansas. She has lived in Germany, West Virginia, Washington, Oregon, Alaska, and Idaho. She is married and has 3 children, ages 9, 12, and 14. She has worked in child care and currently works as a massage therapist.

Athena is also a woman of many talents. She states: “I love working with my hands and learning new things. I make soap, cheese, spin, felt. I sew wedding dresses, bags and decorate cakes. I love playing the piano and singing.” We love having Athena join us as a volunteer!



LAST MONTH’S IMPACT

Individual center workers.....	827
First-time volunteers	27
Onsite service hours	5,343
Offsite service hour.....	4,571
Total center items produced	3,028

FOLLOW US



Idaho Falls Area Humanitarian Center



ifareahumanitariancenter

Hours: Tuesday & Wednesday 10 am – 3 pm
Tuesday Evenings by appointment only

The Idaho Falls Area Humanitarian Center is a non-profit / non-denominational organization

(Guest Speaker: Crisis Center Continued)

They receive quilts from the Humanitarian Center, which are greatly appreciated by the people who receive them. Josephine says "People are grateful for all of the work that goes into a quilt."

The Crisis Center gives free services and is run off of grants. They helped over 300 people last year. We are grateful for everything the Crisis Center does for our community. Thanks for speaking with us Josephine and Susan!



EVENING VOLUNTEER OPPORTUNITIES

Youth Groups—1st and 3rd Tuesdays 6:30-8:30

Adults Only—2nd Thursday of each month

Reservation Required—Contact Randy 208-589-4974

If you keep believing, the dream that you wish will come true.

-Cinderella

GUEST SPEAKER



We had the opportunity to have Larry Cudmore from Champ's Heart speak with us. Champ's Heart is a non-profit organization. They have helped over 7,000 people since opening. It is a place where people, especially those with disabilities and veterans, come to ride horses. When people come to ride horses, they are happy and forget their challenges.

While going through cancer treatment, he met a girl named Emily. Emily was a young teenager who had the same type of cancer as Larry. Larry told Emily he was going to bring his horses to see her. Sadly Emily passed away before that could happen. After Larry's treatment, he created Champ's Heart. He now has a house named after Emily, and the volunteers wear shirts that say Emily's Angels.

Larry shared with us that families come to ride horses together with their family. It is a place where disabilities seem to fade away. Some parents have noticed that participating in activities at Champ's Heart helps the children gain strength in their bodies, and they feel included with the people around them. Champ's Heart is a place where not just the kids heal, but the family heals as well. Larry said that he loves seeing the kids smile and enjoy themselves.



WAYS TO DONATE

In person or by mail:

1415 Northgate Mile, Idaho Falls, ID 83401

PayPal; Venmo;

idahofallsareahumanitariancenter.org



Hours: Tuesday & Wednesday 10 am – 3 pm

Phone: 208-497-2868 Website: ifareahumanitariancenter.org

The Idaho Falls Area Humanitarian Center is a non-profit / non-denominational organization

PLEASE SHARE THIS NEWSLETTER WITH YOUR FRIENDS AND NEIGHBORS



Thank you for all of the generous donations! We appreciate the generosity of all whether they are named or unnamed!

DONATIONS NEEDED

- ALL PURPOSE CLEANER
- SHAMPOO
- DEODORANT
- MENS AND WOMENS RAZORS
- DISINFECTANT WIPES
- DISH SOAP
- DIAPERS
- HYGIENE KIT SUPPLIES



Bedford Wyoming made a generous donation of quilts, balls, jump ropes, and painted wooden toys.



Bearing the Light Foundation donated \$5,822 that was raised by the Miracle Box. This donation specifically funds hygiene kits, diapers, newborn kits, quilts.

Pictured Jill Crooks and Shadie Bigelow



The Lincoln Stake Relief Society donated over 400 soap bottles.



The Idaho Falls Stake and the Idaho Falls Westside Stake both donated a total of over 200 hygiene kits.

