



*Free Spirit*

## Heart You Forever Quilt - Cool

Featuring Love Always, AM by Anna Maria

**Collection:** Love Always, AM by Anna Maria

**Technique:** Pieced

**Skill Level:** Advanced Beginner

**Finished Sizes:** Finished Size of Quilt:  
 $44\frac{3}{4}'' \times 57\frac{1}{4}''$  (1.14m x 1.45m)  
Finished Size of Block:  
 $11\frac{1}{2}''$  (29.21cm) square

*All possible care has been taken to assure the accuracy of this pattern. We are not responsible for printing errors or the manner in which individual work varies. Please read the instructions carefully before starting this project. If kitting, it is recommended a sample is made to confirm accuracy.*

Project designed by FreeSpirit Fabrics | Tech edited by Alison M. Schmidt

## Fabric Requirements

DESIGN	COLOR	ITEM ID	YARDAGE
(A) Echinacea Glow	Algae	PWAH149.ALGAE	½ yard (0.46m)
(B) In Town	Fresh	PWAH158.FRESH	¼ yard (0.23m)
(C) Picky	Blue	PWAH159.BLUE	¼ yard (0.23m)
(D) Lace	Cobalt	PWAH132.COBALT	½ yard (0.46m)
(E) Echinacea	Grape	PWAH075.GRAPE	½ yard (0.46m)
(F) Cathedral	Jade	PWAH202.JADE	¼ yard (0.23m)
(G) Echinacea Glow	Amethyst	PWAH149.AMETHYST*	2½ yards (1.94m)
(H) In Town	Sky	PWAH158.SKY	1 yard (0.91m)
(I) Cathedral	Ocean	PWAH202.OCEAN	⅝ yard (0.57m)

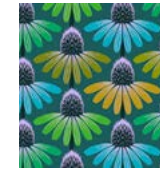
\* includes binding

## Backing (Purchased Separately)

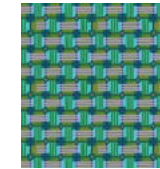
<b>44" (1.12m) wide</b>			
Cathedral Multi	Blue	PWAH203.BLUE	3⅛ yards (2.86m)
<b>OR</b>			
<b>108" (2.74m) wide</b>			2 yards (1.83m)

## Additional Recommendations

- 100% cotton thread in colors to match
- 53" x 65" (1.35m x 1.65m) batting



(A)



(B)



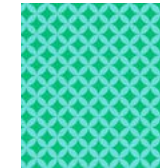
(C)



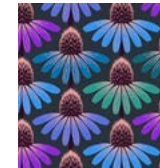
(D)



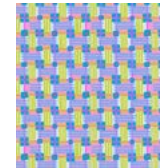
(E)



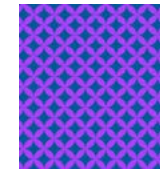
(F)



(G)



(H)



(I)



Backing  
44"

## Cutting

**WOF = Width of Fabric**

**Fabrics A and E, cut from each:**

- (2) 6¼" x WOF; sub-cut
- (8) 6¼" squares

**Fabrics B and F, cut from each:**

- (1) 6¼" x WOF; sub-cut
- (6) 6¼" squares

**Fabric C, cut:**

- (1) 6¼" x WOF; sub-cut
- (4) 6¼" squares

**Fabric D, cut:**

- (2) 6¼" x WOF; sub-cut
- (12) 6¼" squares

**Fabric G, cut:**

- (1) 6¼" x WOF; sub-cut
  - (4) 6¼" squares
  - (6) 2½" x WOF for binding
- From remaining fabric, fussy cut 4 strips 3⅝" x length of fabric for Border 2, each centered on a line of flower heads.

**Fabric H, cut:**

- (4) 6¼" x WOF; sub-cut
- (24) 6¼" squares
- (3) 2⅜" x WOF; sub-cut
- (48) 2⅜" squares

**Fabric I, cut:**

- (11) 1½" x WOF; sub-cut
  - (3) 1½" x 37" for row sashing
  - (8) 1½" x 12" rectangles for block sashing
- Reserve remainder for Border 1

## Sewing

**Note:** All seam allowances are ¼" (.64cm) unless otherwise noted. Sew pieces right sides together. Press seam allowances open unless otherwise indicated.

1. Draw a diagonal line from corner to corner on the wrong side of each 2⅜" **Fabric H** square.
2. Place one marked square right sides together in the upper right corner of a 6¼" **Fabric A** square, aligning two outer edges, as shown, and keeping directional prints oriented right-reading if desired. Sew along the marked line. Trim the excess corner fabric, leaving a ¼" seam allowance (**Fig. 1**). Press the seam allowance toward the **Fabric H** square.

3. Repeat step 2 to add a second **Fabric H** square to the upper left corner of the **Fabric A** square (**Fig. 2**). Trim the excess corner fabric, leaving a ¼" seam allowance and press the seam allowance toward the **Fabric A** square. Make a total of (4) of Unit 1 using **Fabric A**.

**Fig. 1**



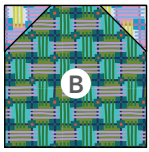
**Fig. 2**



Unit 1/Fabric A  
Make 4

4. Repeat steps 2 and 3 to make additional units in the fabrics and quantities shown below (Fig. 3). Note that **Fabric F** is directional. Refer to the quilt image to orient the fabric before sewing.

Fig. 3



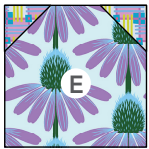
Unit 1/Fabric B  
Make 3



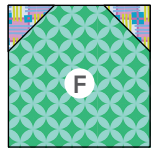
Unit 1/Fabric C  
Make 2



Unit 1/Fabric D  
Make 6



Unit 1/Fabric E  
Make 4



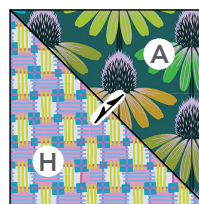
Unit 1/Fabric F  
Make 3



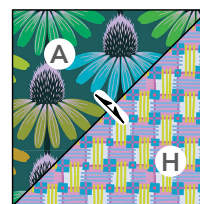
Unit 1/Fabric G  
Make 2

5. Draw a diagonal line from corner to corner on the wrong side of each  $6\frac{1}{4}$ " **Fabric H** square.
6. Place one marked  $6\frac{1}{4}$ " **Fabric H** square right sides together with a  $6\frac{1}{4}$ " **Fabric A** square, aligning the outer edges, and keeping directional prints oriented right-reading if desired. Sew along the marked line. Trim the excess fabric below the seam, leaving a  $\frac{1}{4}$ " seam allowance (Fig. 4) to make a Unit 2. Press. Make a total of (4) of Unit 2 using **Fabric A**.

Fig. 4



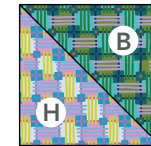
Unit 2/Fabric A  
Make 2



Unit 2/Fabric A  
Make 2

7. Repeat step 6 to make additional units in the fabrics and quantities shown below (Fig. 5).

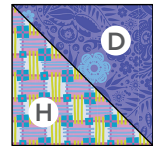
Fig. 5



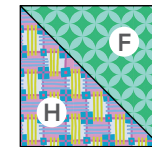
Unit 2/Fabric B  
Make 3



Unit 2/Fabric C  
Make 2



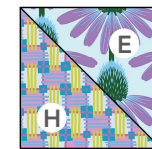
Unit 2/Fabric D  
Make 6



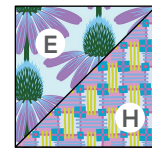
Unit 2/Fabric F  
Make 3



Unit 2/Fabric G  
Make 2



Unit 2/Fabric E  
Make 2



Unit 2/Fabric E  
Make 2

- Referring to the quilt image for fabric placement, arrange (2) each of units 1 and 2 in two rows as shown. Sew the units in each row together along adjacent edges. Press the seams in each row in opposite directions. Sew the rows together to make a block. Press. Make a total of (12) blocks.

## Top Assembly

- Referring to the **Quilt Layout** (page 6) for fabric placement, arrange the blocks and  $1\frac{1}{2}$ " x 12" **Fabric I** block sashing rectangles in (4) rows of (3) blocks and (2) sashing rectangles each. Sew the blocks and rectangles together along adjacent edges. Press the seam allowances toward the sashing rectangles.
- Place a  $1\frac{1}{2}$ " x 37" **Fabric I** row sashing between each row of blocks. Sew the block rows and row sashings together along adjacent edges. Press the seam allowances toward the sashing rows.
- Sew the reserved **Fabric I** Border 1 strips together end to end. Press. Cut (2)  $1\frac{1}{2}$ " x  $49\frac{1}{2}$ " Border 1 side borders, and (2)  $1\frac{1}{2}$ " x 39" Border 1 top/bottom borders. Sew one side border to each side of the quilt center. Press the seam allowances toward the borders. Sew one top/bottom border to the top, and the other to the bottom of the quilt center. Press the seam allowances toward the borders.

- Measure the quilt top vertically through the center. Trim 2 of the  $3\frac{5}{8}$ " x LOF **Fabric G** strips to fit ( $51\frac{1}{2}$ " long). Sew one side border to each side of the quilt center. Press the seam allowances toward the outer borders. Repeat to measure horizontally, trim, and sew one top/bottom border to the top, and the other to the bottom of the quilt center to complete the quilt top. Press the seam allowances toward the outer borders.

## Finishing

- Sew together the (6)  $2\frac{1}{2}$ " x WOF (6.35cm x WOF) **Fabric G** binding strips end to end using diagonal seams. Press the seams open. Press the binding strip in half wrong sides together.
- Layer the backing (wrong side up), batting, and quilt top (right side up). Baste the layers together and quilt as desired. Trim excess batting and backing even with the quilt top after quilting is completed.

- Leaving an 8" (20.32cm) tail of binding, sew binding to top of quilt through all layers matching all raw edges. Miter corners. Stop approximately 12" (30.48cm) from where you started. Lay both loose ends of binding flat along quilt edge. Where these two loose ends meet, fold them back on themselves and press to form a crease. Using this crease as your stitching line, sew the two open ends of the binding together right sides together. Trim seam to  $\frac{1}{4}$ " (.64cm) and press open. Finish sewing binding to quilt.
- Turn the binding to the back of the quilt and hand stitch in place.

## Quilt Layout

