

Course Name: Life Skills

Instructor: Ummil-Khair Sameerah Lewis-Diaab

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Text: As a Man Thinketh – James Allen

ISBN: 978-1-64032-056-7

Course Methodology: Lectures and Speakers

Class Schedule: Thursdays 6pm – 8pm

Check Calendar for course date adjustments

Start Date: May 3, 2018 End Date: July 26, 2018

Job Readiness: Job Counseling Sessions, Resume' Writing, and Job Placement

Costs: \$50.00 / \$25.00 per month (due first week of each month where applicable)

Instructor Lead Training for approx. 2 months / 8 Sessions

Student's additional costs: Textbook, Personal Journal and Optional Study Materials

Course Description:

This course will assist youth and/or young adults (ages 14 and up) currently in the DCP&P system with the need for self-development. Professionals will present lectures from diverse occupations which in hopes will provide incentives for the youth/young adults to find an interest in particular fields.

Course Modules:

- 1. Life Skills Introduction
- 2. Health Issues
- 3. Academics
- 4. Home Economics

- 5. Financial Budgeting
- 6. Juvenile Law
- 7. Career Development
- 8. Entrepreneurship

This course encourages self-development with motivational self-help, inspiration, counseling sessions, and other successful techniques. Upon completion of the above modules there will be a graduation with closure of advocating for housing.