

Hellen

32 bar reel for three couples

1-4

1 C and 2C dance half rights and lefts, finishing with polite turns.

5-8

1 C and 3C dance half rights and lefts, finishing with polite turns.

9-12

1 C cross over giving right hands and cast up one place on opposite side, 3C step down.

13-16

1 C dance a half figure of eight up between 2C, to finish in second place on their own sides, facing in and down.

17-24

2C, 1 C and 3C dance mirror reels of three on the sides, 1M with 2L and 3L and 1L with 2M and 3M. 1C dance in and down, 3C cast up and out and 2C cast off and dance down, to begin.

25-28

1 C with 3C dance half a double figure of eight, 1C crossing down and 3C casting up and out of the end of the reel, to begin.

29-32

1 C with 2C dance half a double figure of eight, 1C crossing up and 2C casting off and down, to begin.