



Wear RED December 1



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11 Myths about STIs:

- 1. Myth: "Eating spicy food prevents STIs."**
- 2. Myth: "You can't get STIs from oral sex."**
- 3. Myth: "If you shower right after sex, you won't get an STI."**
- 4. Myth: "You can tell if someone has an STI by looking at them."**
- 5. Myth: "STIs only happen to promiscuous people."**
- 6. Myth: "You can't get an STI if you're in a long-term relationship."**
- 7. Myth: "Herbs can cure STIs"**
- 8. Myth: "Using two condoms is safer than one."**
- 9. Myth: "If you have an STI, you'll know it."**
- 10. Myth: "STIs only affect young people."**
- 11. Myth: "If you have an STI, you can't have a healthy relationship."**