

Bi-Annual Newsletter!



We offer:

Supervised Visitation- Cost is Free!

No Contact Custody Exchanges- Cost is Free!

Parenting Education Courses- Cost is Free!

Phone: (570) 250-7401

Email: safe@safenepa.org

Address: 1949 Golden Mile Rd, Wysox, Pa 18854

News From SAFE!

Activities at SAFE:

- At S.A.F.E., we believe in creating an environment where families can not only feel safe but also enjoy their time together. From painting and coloring to foosball, Wii, and board games, there is always something fun to do at our center! We're committed to providing a warm, welcoming space where families can bond, play and create lasting memories together.

Growth and Outreach:

- We are proud to announce SAFE currently accommodates 12 families monthly for Supervised Visitation and one family for Custody Exchange. Our commitment to fostering a secure and supportive setting for families engaged in supervised visitation, custody exchanges, and parent education remains unwavering, with our services open to further clientele.

Now Serving Susquehanna County!

- We are excited to announce we have opened a second location in New Milford to continue our mission to empower families through transformation, fostering safe pathways for connection, growth, and learning. We are dedicated to strengthening families and building a healthier, more resilient community.



What is SAFE?

Supporting Area Families Everyday (SAFE) is a grassroots, survivor-led, domestic violence prevention, trauma-informed, evidenced-based parent education, human service program in Bradford and Susquehanna Counties.

SAFE provides:

No contact, safe custody exchanges.

Supervised parenting time for parents court-ordered or self-referred to supervised visitation.

Evidence-based parenting education throughout Bradford and Susquehanna Counties.

Founded in 2017 and incorporated in 2019, SAFE is located in Bradford County and is expanding into Susquehanna County. Throughout our 7 year existence, we have provided over safe exchanges and supervised visitations.

SAFE serves families with a history of domestic abuse, substance use, and housing insecurities. We do this by providing a safe place for children to maintain a relationship with their parents while their parents work through the issues that require supervision. Research shows that children with both parents do better academically, mentally, and emotionally.

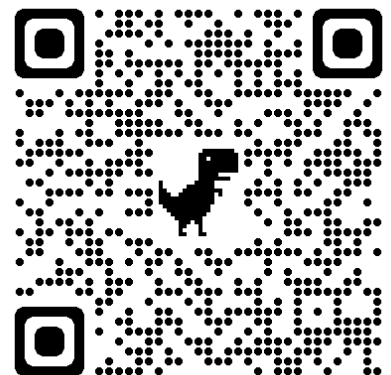
We know that it is not always safe for unassisted exchanges and visitations when there has been a history of abuse (domestic or substance). Through our program, we can ensure the safety of both victims and their children. We can also educate parents who desire to learn how to manage their emotions and parent productively.

Our mission is to strengthen families and build a healthier community. There is no charge to families in need of our services. This would not be possible without the generosity and support of others.

To donate online, please visit www.safenepa.org, by mail at SAFE 1949 Golden Mile Rd. Wysox, Pa 18854, or by qr code below. For more information, please do not hesitate to contact SAFE directly at 570-250-7401.

PROUD MEMBER OF

Supervised
Visitation
Network



EDUCATE . COLLABORATE . ADVOCATE

We Need Your Support!

Joining SAFE as a monthly donor means partnering in a mission that fosters healing, hope, and transformation.



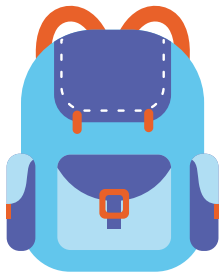
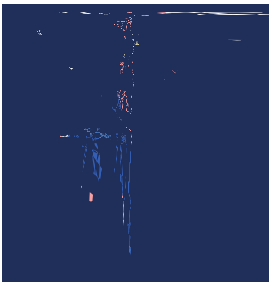
Just \$10 a month can sustain critical services like safe visitations and parenting education, fostering healthier families and strengthening our community.



<https://donorbox.org/annual-giving-15>

Welcome Nanci!

- We are pleased to introduce Nanci, our newest Parent Educator at S.A.F.E. Nanci has seamlessly integrated into our team and is already making a positive impact! Nanci has had over 25 individuals participate in her classes. One of Nanci's favorite aspects is listening to parents share how they have implemented the concepts and skills they have learned.



Our Parenting Education Programs

Managing Emotional Mayhem

Utilizing Conscious Discipline's 'Managing Emotional Mayhem' curriculum, our parenting class focuses on self-regulation. We stress that learning how to regulate your own emotions is the key to teaching your child or the children you interact with daily to regulate their emotions so that together you can work through unwanted behaviors or poor decisions like hitting or biting, for example.

The program aims to reduce the impact and long-term effects of parental separation on children by teaching parents how to manage conflict, build stability, and minimize truancy. Certificates of Completion will be given once the 5-week course has been completed.

Conscious Discipline is now recognized by the Substance Abuse and Mental Health Administration's (SAMHSA's) National Registry of Evidence-based Programs and Practices (NREPP), which promotes the adoption of scientifically established behavioral health interventions. NREPP is the gold standard for identifying research-based interventions. SAFE is currently offering this class within communities and via Zoom! Classes at the Susquehanna County Correctional Facility will begin April 2024!

Nurturing Parenting

Nurturing Parenting is a competency-based curriculum, written by Stephen J. Bavolek, Ph.D., which helps parents learn basic skills of Nurturing Parenting. Nurturing Parenting is an evidence-based program that has 80 individual lessons to choose from and meet the specific needs of families. Instructional lessons range from 60-90 minutes and can be taught in groups or in one on one settings. SAFE is currently holding Nurturing Parenting classes at the Bradford County Correctional Facility.

Parent Educators

Nanci Chisholm



Nanci and her husband recently relocated to Bradford County from Montana. Nanci has experience educating with homeschooling and in camp settings. She enjoys connecting with parents, teaching parenting skills, and sharing a mutual learning experience! In her free time, Nanci loves planting flowers & shrubs. She loves wild birds and, most importantly, cheering on her three grown children, playing with her grandchildren, and enjoying life with her husband.

William Lutz



Mr. Lutz has spent 35 years teaching in public schools, kindergarten through sixth grade. Headteacher for many years at the New Albany Elementary School, overseeing all aspects, including PTO and other parent groups. Mr. Lutz has over 30 years of coaching experience from Little League level to high school varsity in multiple sports. In his free time Mr. Lutz enjoys volunteering his time coaching, facilitating classes for SAFE, or being around his family.

SAFE is still actively planning more classes so check our website (safenepa.org) or our Facebook page (Supporting Area Families Everyday) for updates on days and times for upcoming classes.

Feedback from Parent Classes at SAFE

Feedback from our clients is invaluable. We make it a priority to gather input through regular surveys. We're pleased to report that the feedback we've received highlights the positive impact SAFE has in our clients' lives. Testimonials inspire us to continue our mission of fostering positive family dynamics and providing essential support to those in need.



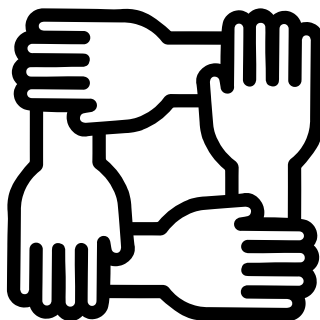
“This program was very informative. Gave a lot of insight and many “ah ha” moments. Definitely plan on using much of the information both personally and professionally. Thank you!!”

“Open discussions allow for situations to be shared- we all learn from one another.”

“Seeing that other parents have the same worries about how I raise my child. Having a teacher that's been through some of the same things we all have gone through.”



SAFE has heard your requests and will begin offering a parent support group June 2024!! This parent group will serve as a supportive space to share experiences, challenges, and successes with implementing concepts presented in the education classes as well as, to foster more in depth dialogue about these concepts. SAFE's support group will facilitate peer learning and networking opportunities where parents can exchange ideas, advice, and support with one another such as, exchange supplemental information found in books or podcasts and resources in the community. By utilizing the parent support group in addition to classes, parents have the opportunity to enhance communication skills, clarify information for better understanding, and increase social support network.



Thank you!!!

Your support makes the difference. Your donations stay in our local area and have a meaningful impact on the community we serve.

Bradford County Commissioners, Kellogg Mnt Rod & Gun, John & Katie Horton, Troy Vet Club, Brooks Eldredge-Martin, Flynn Energy Transport, Lighthouse Community Church, Beverly Wesneski, Warner Tractor & Equipment, Greater Assembly of God, First Citizens Community Bank, Bradford County Human Services, AMVETS, VFW Post 6072, Sayre American Legion, The New Shoe Store (Towanda), Dani Ruhf, Kim Bailey, Mountain Lake Electric/Construction, Travis Fitch, Crystal Salsman, Angie Vought

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