



**HOLY TRINITY
CATHEDRAL
PARISH
POLISH NATIONAL
CATHOLIC CHURCH
166 Pearl Street
Manchester,
New Hampshire 03104**

<http://www.holytrinitypncc.org/>

Office Phone 603-668-5087

Rectory Phone 603-622-4524

Hall/Kitchen Phone 603-622-6899

Pastor - Bishop Paul Sobiechowski

revpauls@yahoo.com

WORSHIP SCHEDULE

(unless otherwise announced)

Sunday : Holy Mass 9:00 AM In the English language

Daily : Morning Prayer ... 8:45 AM

Holy Mass 9:00 AM

Confessions: Second Sunday of the Month 8:15 AM

Marriage: 6 months prior arrangement

Baptisms : by appointment

vol. 14, # 04

G Ł O S

January 28, 2024

**SEPTUAGESIMA SUNDAY
NIEDIELA SIEDEMDZIESIĄTNICA**

adapted from: *At Home with the Word*,

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Scripture Insights

A leper is considered unclean and forced to experience a kind of social death (Leviticus 13). When a leper comes to Jesus for help, his words, surprisingly, express an uncertainty not about Jesus' ability to heal, but about Jesus' desire to help him. Some ancient manuscripts have Jesus, therefore, being moved with "anger" rather than "pity" in Mark 1:41, because this leper's experience of religion and society has caused him to doubt Jesus' commitment to meet human needs and to enable human wholeness. To make a point about

Continued on Page 13

WELCOME TO HOLY TRINITY CATHEDRAL PARISH

If this is your first visit with us, please sign our guest register in the vestibule and join us for a cake and coffee fellowship that follows every Sunday Mass and on various feast days of the Church year.

Holy Trinity Cathedral Parish of the Polish National Catholic Church has been an integral part of the Manchester and Southern New Hampshire community for 108 years meeting the religious needs first for the Polish immigrant community, and later for all residents of the Granite State. We hope to continue our growth in service to God and community. This commitment manifests itself in a regular devotional and prayer life and a greater participation in both ecumenical and community activities.

At Holy Trinity Cathedral PARISH, our primary emphasis is on the PARISH family. All who belong sense this family spirit - expressed in a real love and concern for one another. Our pastor makes a point to know each family on a one-to-one basis with frequent visits to family homes and to the hospitalized. Thus the spiritual health and vitality of all parishioners and all our friends is supported by both pastor and laity.

We invite You to join our PARISH family! If you are looking for a PARISH and are considering Holy Trinity, feel free to talk with any parishioner about it. We will introduce you to our family in all its wonderful aspects - a family whose real strength lies in our personal and real relationship to Jesus Christ, our Lord and Savior. We express this faith in our Church through our liturgy which is Catholic and traditional, shared between priest and laity. We demonstrate this faith in the prayerful material and emotional support we give one another. We share this faith in a Church rooted in Democratic principles, having a church constitution that gives laity full rights and due process in matters financial, administrative and material.

OUR PARISH...firm in faith, Catholic, democratic, and OPEN to the growth that comes as more join our family.

MAKE YOURSELF RIGHT AT HOME!

SCHEDULE OF REGULAR ACTIVITIES

(Unless otherwise announced - Many meetings cancelled due to Covid-19)

Parish Committee Meeting every third Thursday of the month at 7:00 PM

The Cemetery Committee meets as needed

Lectors, Greeters, Ushers, Collectors ministries as announced in the bulletin

Moms in Prayer meets weekly on Tuesdays at 7:30 AM in the rectory

Membership and Outreach Team meets as announced in the bulletin

Ladies Society of the Adoration of the Most Blessed Sacrament meets the 3rd Sunday of the month after the 9:00 AM Mass (September - June)

Holy Trinity Seniors will resume at a later date

The Frederick Chopin Choir rehearses each Wednesday evening at 6:30 PM and holds meetings as announced

Adult Bible Study - Bi-weekly Wednesdays 7:00 PM Zoom & In Person

Parishioners Prayer Group - Thursdays at 11:30 AM in the Craft Room

EVANGELISM TEAM MISSION STATEMENT

Our mission is to increase attendance and membership to Holy Trinity Cathedral by fostering a welcoming and respectful environment, where individuals and families can explore and achieve spiritual fulfillment.

We are looking for ideas, any ideas, that can stimulate and increase participation in both the worship and parochial life of Holy Trinity Parish. Is there something you have seen, or experienced in another Church that you think might work well here? Have you had an idea for some time, but were afraid to share it? If you have an idea, no matter what it may be, please pray over it and then share it with either:

Mr. Ray Pieczarka 603-472-5874 or Bishop Paul 603-622-4524.

WELCOME - TO ALL VISITORS

You are most welcome and your presence is appreciated. All are invited to share in worship and, after Mass, our fellowship. If the people around you fail to say "hello" first, go up to them and say "Hi!" And don't feel awkward. We've all been in those shoes at one time or another. We want you to join us. **So Welcome Home!**



Make Our Guests Welcome

HTC Membership and Outreach Team Is Inviting YOU

Join in an outreach

Our Parish Evangelism Team will be reorganizing in the near future. Known as the "Membership and Outreach" Team, our hope is that a number of our parishioners would like to be a part of an exciting opportunity to help develop programs and liturgies that will spread the Word to others outside our community, and also engage in Internal Evangelism within our parish family.

If **YOU** are interested in reaching out to others for the Lord you are invited to contact either Ray Pieczarka at (603) 472-5874 or Bishop Paul at 622-4524.

IN BISHOP'S ABSENCE AND FOR SACRAMENTAL EMERGENCIES ONLY,
PLEASE CALL FATHER ANDRZEJ TENUS OF ST. CASIMIR'S PARISH IN
LOWELL, MA. PH. # (978) 453-0742

SAINT COMMEMORATIONS THIS WEEK

We invite our readers to continue reading the history of the lives of the saints that are remembered by the Church this week. Follow the hyperlink below to learn to learn about those saints remembered by the Church this week.

https://www.sugarsync.com/pf/D0314163_059_893993231

Sunday, January 21st, 2024 - We thank the following who provided for our Cake and Coffee Reception last Sunday: Jennie Grenier (Bagels and Cream Cheese, Cranberry Bars); Kathy Card (Deviled Eggs); Wendy Thomas (Fresh Fruit Bowl, Blueberry Mini-Muffins); Betty Pasieka (Pound Cake); Joanne Palys (French Mini-Muffins).

As always, thanks also to all who donated towards cake & coffee offerings



Check out our diocesan website:

www.easterndiocesepncc.com

You can reach it on your computer or with your smart phone.

WE'RE ON FACEBOOK - LIKE US AT:

<https://www.facebook.com/holytrinitycathedralpn>



Polish National Catholic Church

"through the years..."

We have our own website up and running with Larry Gagnon as webmaster:

<http://www.holytrinitypncc.org/>

JANUARY BIRTHDAYS

01 - Ray Pierczarka 01 - Amanda Thomas 01 - Wes Tazbir
10 - Cynthia Hebert 18 - Shelley Grzywacz 20 - Jackie Carson Swiadas
26 - Carolyn J. Hebert 29 - Megan Grzywacz

SOUP FOR SENIORS

Last week the Seniors who stayed for the Cake and Coffee reception were treated to twelve pints of **Kielbasa-Meatball Soup** through the Soup for Seniors Program sponsored by our HTC Frederick Chopin Choir. **Cindy Hebert** provided the Kielbasa-Meatball Soup. We hope it was both pleasing and delicious.

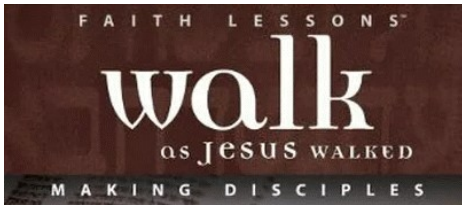


What delicious treat will our seniors enjoy this Sunday?



Parishioners are praying jointly for our parish family. You are invited to join them. Prayer gatherings are held Thursdays at 11:30 AM. Time commitment is about 45 minutes a week.

The prayer time is structured and Scripture-based. No advance preparation required. You only need to show up. Contact Karen Sobiechowski for questions or if you would like to participate.



OUR PARISH ADULT BIBLE STUDY is a Zoom & face to face study in the Craft Room. The next scheduled study date will be on Tuesday, **February 6, 2024 at 7 PM.** Studies generally last one hour to one and one half hours. If you want to join in the study in person, simply show up. If you join in on Zoom

you'll need to ask Bishop Paul for the Zoom link. Study sheets will be sent to all our HTC internet family prior to the study.

TODAY we ask our parish family to pray for:

Very Rev. Jaroslaw Nowak,
his family and the faithful of
Holy Cross Parish
Hamtramck, Michigan
and

Very Rev. Joseph Krusienski,
his family and the faithful of
Holy Trinity Parish
Plantsville, Connecticut.

We ask God to bless them in their parochial life and the work they do in their local community. We ask you to pray each day that God would bless and increase their work of evangelism and Christian sharing.



used with permission

LECTIONARY READINGS - SEPTUAGESIMA WEEK (Ordinary 6)

Mon. James 1: 1 - 11
Mark 8: 11 - 13

Thu. - James 2: 1 - 9
Mark 8: 27 - 33

Tue. - James 1: 12 - 18
Mark 8: 14 - 21

Fri. - Malachi 3:1-4 / Hebrews 2:14-18
Luke 2: 22 - 40

Wed. - James 1: 19 - 27
Mark 8: 22 - 26

Sat. - James 3: 1 - 10
Mark 9: 2 - 13

Next Sun. - Isaiah 43: 18 - 19, 21 - 22, 24 - 25 / Psalm 41: 2 - 3, 4 - 5, 13, 14
2 Corinthians 1: 18 - 22 / Mark 2: 1 - 12

Bible Word Search:

GIVING THE LORD MORE OF MY TIME

All the words listed below are in the puzzle - left, right, up, down or diagonally. Find each word and click its first letter then its last letter to highlight it. After you have found all the words, click the leftover letters in the correct order to spell the *Mystery Word*. To work the puzzle on paper instead: Print this page and circle each letter of the words you find.

- Calling
- Commitment
- Communing
- Corinthians
- Encourage
- Evangelize
- Faithful
- Fellowship
- Friends
- Greeting
- Help others
- Home studies
- Joyful
- Leadership
- Light shine
- Lord
- Matthew
- Minister
- More time
- Obey
- Offering
- Scriptures
- Send cards
- Serving
- Sing
- Solider
- Studying
- Tithe
- Unity
- Vineyard
- Worship



20 ❖ K ❖ M ❖ B ❖ 24

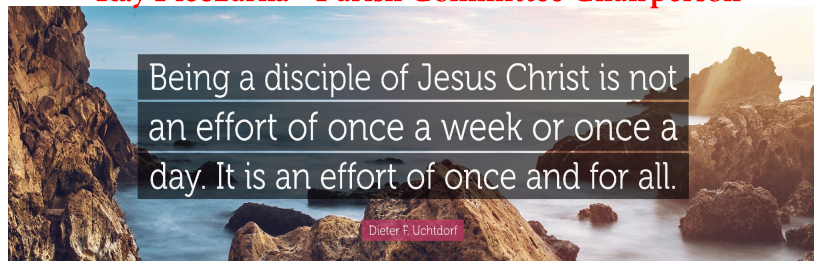
January 6 through February 2, Bishop Paul is available to bless your home in the Epiphany tradition. Those wishing to have their homes blessed, please fill the form on the tables in the back of the cathedral.



The 2024 contributions envelopes are here and are located on a table on the first floor, outside the elevator. Please pick up your envelopes at your earliest convenience!

Thank you.

Ray Pieczarka - Parish Committee Chairperson



The Cause of Our Joy

Christian joy is not simply a superficial feeling of heightened delight or the emotion accompanying extreme pleasure. It does not necessarily depend upon one's immediate circumstances or fortune, as taught by Saint Francis's example. It does not ignore or deny the troubling reality of indifference, hopelessness, or disappointment. Christian joy lies beyond the realm of feelings and emotions. It is a fundamental disposition and stance toward life. Descriptive metaphors for it abound: It is the knowledge that having prayed and surrendered, God hears the hopes and desires of my heart and will respond in a timely, appropriate way. God is my shepherd and I must trust God's heart. Joy feeds on the fact that God stands watch over every situation in my life and guides me with rod and staff. My joy sometimes bubbles up, sometimes surges up, from the rock-bottom certainty that the finger of God is somehow present in every tragic or trivial event. Joy is the oasis residing in the confident conviction that the waters of God's loving care and concern never run dry—not even in the desert. The gratuity of grace is always unending and never expiring. Joy is rooted in the reality of a stone door rolled back from its tomb. Sowing seeds of joy amid sadness requires the two fundamentals of soul training: prayer—invoking assurance and confidence that God is looking out for us—and action—a servant's surrender and acceptance of consequences without clinging to fears, attachments, control needs, and a sense of entitlement. Both prayer and action plant a servant's feet in the footprints that lead beyond the tomb of Lazarus and the cross of Calvary.

—from the book *Soul Training with the Peace Prayer of Saint Francis*
by Albert Haase, OFM



The Greater Manchester Clergy Association will, once again sponsor the *Souper Bowl Food collection*, the weekend of Feb. 10-11, 2024. Our cathedral parish will join our neighboring congregations in this effort to benefit the Families in Transitions Food Pantry. **Canned goods can be brought to the cathedral from January 1 to February 11 (canned soup preferred).**

PRAY FOR THE SICK & HOMEBOUND:

In the Hospital:

Clergy Who Are ill:

Father Senior Joseph Soltysiak in Westfield, MA
Father Paul Zomerfeld serving in Johnstown, PA
Father Senior Augustin Sicard in San Antonio, TX

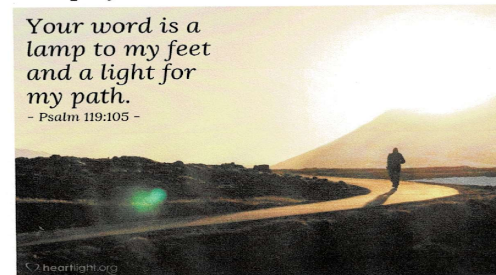
In nursing homes & rehab centers:

Charlotte Raczka at Merrimack County Nursing Home in Boscawen, NH
Barbara Bukowski at Villa Crest Healthcare Center, Manchester, NH
Frances Dobosz at Bowman Place in Bedford, NH
Vudge Ambrose at Mt. Carmel Nursing Home, Manchester, NH

at home:

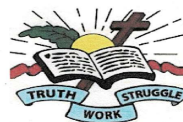
David Matuszek at home in Lyndeborough, NH
Emilia DeVore at Saint Teresa's Independent Living in Manchester, NH
Phyllis Piecuch at home in Manchester, NH
Nancy Montplaisir at home in Manchester, NH
David Greene at home in Temple Terrace, FL
Meg Sheha in Hollywood, FL

Please join us in prayer on Wednesdays at noon, wherever you are:



O merciful God, grant that we may hear Your words with willing hearts and apply ourselves to fulfill them. May we progress toward perfection, and, after completing our earthly pilgrimage, may we be united with You in eternity. We ask this through our Lord, Jesus Christ, Your Son, Who lives and reigns with You and the Holy Spirit, one God, for ever and ever. Amen. (from the PNCC Liturgy for Word of God Sunday)

Our Father, Who art in heaven, hallowed be Thy Name;
Thy kingdom come, Thy will be done
on earth as it is in heaven.
Give us this day our daily bread,
and forgive us our trespasses
as we forgive those who trespass against us,
and lead us not into temptation but deliver us from evil. Amen.



This Month's bulletins are being sponsored by:

LYNN HEBERT

in loving memory of my aunt Joan Kaminski

If you would like to help your parish and be acknowledged for your gift consider sponsoring the weekly bulletin. For a \$ 100 donation (*increased costs*) we will acknowledge your sponsorship and the \$1,200 we can raise annually we hope to generate will just about cover the cost of our bulletin. Please consider sponsoring one month today.

FEBRUARY 2024 bulletins will be sponsored by MARY ANN KISKA

in loving memory of my husband, Stanley Kiska

MARCH 2024 bulletins will be sponsored by DAVID and LAURIE GREENE

in loving memory of our deceased parents and siblings.

APRIL 2024 bulletins will be sponsored by EDWARD RACZKA

in loving memory of Wanda, John and Stanley Raczka

MAY 2024 & 2025 & 2026 bulletins will be sponsored by CAROL JUTRAS & FAMILY

in loving memory of my husband Raymond and mother Mary Zukosky

JUNE 2024 bulletins will be sponsored by PAULINE PIECUCH

in loving memory of my loving husband Eugene Piecuch

JULY 2024 bulletins will be sponsored by BRIAN DUPLESSIS

in loving memory of wife Leslie

SEPTEMBER 2024 bulletins will be sponsored by JOSEPH KOMISAREK

in loving memory of wife Louise and son Daniel Komisarek

OCTOBER 2024 bulletins will be sponsored by JACQUELINE SZOPA

in loving memory of my aunt and uncle, Valerie and Benedict Grzybowski

NOVEMBER 2024 bulletins will be sponsored by JACQUELINE SZOPA

in loving memory of my husband Dr. Ronald F. Szopa

And future bulletins will be sponsored by WHOM??

MASS INTENTIONS AND ACTIVITIES FOR THE WEEK

* Indicates All Souls Day Offering

THIS SUNDAY, January 28th, 2024 (Niedziela Dzisiejsza)

SEPTUAGESIMA SUNDAY (PRE-LENT I)

NIEDZIELA SIEDEMDZIESIATNICA

Memorial of Peter Nolasco - Priest

MUSIC SCHOLARSHIP SUNDAY

9:00 AM Holy Mass

Prayer Intention:

sp. Ann Sobiechowski (birthday) requested by Bishop Paul, Karen,

10:15 AM Cake and Coffee & More reception in the auditorium Luke and Sage

10:45 AM Annual Parish Meeting in the auditorium

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MASS INTENTIONS AND ACTIVITIES FOR THE WEEK *(continued)*

MONDAY, January 29th, (Poniedzialek)

Memorial of Sulpicius - Bishop

8:45 AM Morning Prayer

9:00 AM Holy Mass

Prayer Intention:

for God's blessings upon all the parishes of our diocese

* sp. Lillian Olszówka, Martin Olszówka and all deceased of the Olszówka, Seremet and Michalczyk families requested by Martin Olszówka

6:00 PM National Mission Commission Zoom Meeting

TUESDAY, January 30th, (Wtorek)

Memorial of Bathildis - Widow

7:30 AM Moms in Prayer meet in the rectory

8:45 AM Morning Prayer

9:00 AM Holy Mass

Prayer Intention:

sp. Lawrence Widlak requested by Bishop Paul & Karen

for God's blessings upon all the clergy of our diocese and their families

WEDNESDAY, January 31st, (Środa)

Memorial of Aidan of Ferns - Bishop

8:45 AM Morning Prayer

9:00 AM Holy Mass

Prayer Intention:

sp. Josephine Matysiak requested by Bishop Paul & Karen

for God's blessings upon all the faithful of the Eastern Diocese and all the faithful of the PNCC who are ill.

12:00 PM Eastern Diocese Faithful Join in Prayer for their parishes, diocese and Church

6:30 PM Parish Choir Rehearsal

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MASS INTENTIONS AND ACTIVITIES FOR THE WEEK (continued)

THURSDAY, February 1st, (Czwartek)

Memorial of Brigid - Abbess

Bishop Valentine Gawrychowski

(1st Bishop Eastern Diocese (d. 1934))

8:45 AM Morning Prayer

9:00 AM Holy Mass

Prayer Intention:

for God's blessings upon all the work and spiritual direction of this cathedral parish of the Eastern Diocese

11:30 AM Parishioners Praying for our Parish Family in the craft room

11:30 AM Greater Manchester Clergy Association meets (Bishop Paul attends)

FRIDAY, February 2nd, (Piątek)

PRESENTATION OF OUR LORD

Memorial of Adalbold of Ostrevant - Martyr

8:45 AM Morning Prayer

9:00 AM Holy Mass and blessing of candles

Prayer Intention:

For God's blessings upon all the sub-central organizations and societies of the Eastern Diocese

SATURDAY, February 3rd, (Sobota)

Commemoration of Saint Blaise

Memorial of Anskar of Hamburg - Bishop

8:45 AM Morning Prayer

9:00 AM Holy Mass and blessing of candles

Prayer Intention:

For God's blessings upon all the Youth of our Eastern Diocese that the gifts of the Holy Spirit would be lavished upon them, producing he many fruits of the same Holy Spirit.

NEXT SUNDAY, February 4th, 2024, (Niedziela Przyszła)

SEXAGESIMA SUNDAY (PRE-LENT I)

NIEDZIELA SZEŚĆDZIESIATNICA

Memorial of Rembert - Bishop

Scout Sunday - U.S.A.

9:00 AM Holy Mass & Blessing of Throats in commemoration of Saint Blaise

Prayer Intention:

open intention

10:15 AM Cake and Coffee reception in the auditorium

Starting today, last year's palms will be received for burning

The blessing of throats, in commemoration of Saint Blaise (February 3) will take place during next Sunday's Holy Mass, following the sermon.

COMING EVENTS

- Tue. Feb. 6** - Moms in Prayer meets in the rectory - 7:30 AM
Adult Face-to-Face / Zoom Bible Study in the Craft Room
- 7:00 PM
- Wed. Feb. 7** - Eastern Diocese Faithful Join in Prayer: for our parish, diocese and general church - 12:00 PM
Parish Choir Meeting and Rehearsal - 6:30 PM
- Thu. Feb. 9** - Parishioners Pray for the Parish Family craft room - 11:30PM
- Sat. Feb. 10** - Eastern Diocese ANS Executive Board Zoom Meeting - 11:00 AM
- Sun. Feb. 11** - ***QUINQUAGESIMA SUNDAY (Pre-Lent III)***
Holy Mass followed by burning of palm branches - 9:00 AM
Cake & Coffee Reception (auditorium) - 10:15 AM
- Mon. Feb. 12** - **President Abraham Lincoln Birthday**
Eastern Diocese Strategic Planning Commission Zoom Meeting -
7:00 PM
- Tue. Feb. 13** - ***SHROVE TUESDAY***
Moms in Prayer meets in the rectory - 7:30 AM
PNCC Bishops' Zoom Meeting - 1:00 PM
National Mission & Evangelism Zoom Meeting - 7:00 PM
- Wed. Feb. 14** - ***ASH WEDNESDAY***
Holy Mass & Blessing and Imposition of Ashes - 9:00 AM
Valentine's Day - U.S.A.
Eastern Diocese Faithful Join in Prayer: for our parish, diocese and general church - 12:00 PM
Gorzkie Zale / Bitter Lamentations 1 and Ashes Imposed - 6:00 PM
Parish Choir Rehearsal - 6:30 PM
- Thu. Feb. 15** - Parishioners Pray for the Parish Family craft room - 6:30 PM
Parish Committee Meeting - 7:00 PM
- Fri. Feb. 16** - ***sp. First Prime Bishop Francis Hodur - 02-16-1953***
sp. John Axt Funeral Mass & Committal Rite - 11:00 AM
Stations of the Cross - 6:00 PM
- Sat. Feb. 17** - WE HOST Northeast Seniorate Lenten Retreat - 9:00 AM -
1:30 PM
- Sun. Feb. 18** - ***FIRST SUNDAY OF LENT***
Holy Mass - 9:00 AM
Cake & Coffee Reception (auditorium) - 10:15 AM
Ladies A.N.S. Meeting in the Craft Room - 10:45 AM
- Mon. Feb. 19** - **Presidents Day Federal Holiday**
- Tue. Feb. 20** - Moms in Prayer meets in the rectory - 7:30 AM
National Youth Commission Zoom Meeting- 6:30 PM
- Wed. Feb. 21** - **President George Washington Birthday**
Eastern Diocese Faithful Join in Prayer: for our parish, diocese and general church - 12:00 PM
Gorzkie Zale / Bitter Lamentations 2 - 6:00 PM
Parish Choir Rehearsal - 6:30 PM
- Fri. Feb. 23** - ***Stations of the Cross*** - 6:00 PM

Continued on Page 13

COMING EVENTS (continued)

- Sat. Feb. 24** - ***FEAST OF SAINT MATTHIAS - APOSTLE***
Northeast Seniorate Lenten Retreat - Blessed Trinity Parish, Fall River, MA - 9:00 AM - 1:30 PM
- Sun. Feb. 25** - ***SECOND SUNDAY OF LENT***
Holy Mass - 8:30 AM - *Father Andrew Tenus celebrant*
Cake & Coffee Reception (auditorium) - 10:15 AM
- Tue. Feb. 27** - Moms in Prayer meets in the rectory - 7:30 AM
PNCC Bishops' Zoom Meeting - 1:00 PM
Eastern Diocese Youth Commission Zoom Meeting 6:30 PM
Adult Face-to-Face / Zoom Bible Study in the Craft Room - 7:00 PM
- Wed. Feb. 28** - Eastern Diocese Faithful Join in Prayer: for our parish, diocese and general church - 12:00 PM
Gorzkie Zale / Bitter Lamentations 3 - 6:00 PM
Parish Choir Rehearsal - 6:30 PM
-

Page 1 Article (continued)

His good will, Jesus cures the leper specifically through touch (Mark 1:41), even though touching a leper may risk sharing a leper's uncleanness and marginalization.

Jesus then tells the cleansed leper to "say nothing to anyone," but to show himself to the priest and, "as a testimony," to follow the law's prescription for a purification (Mark 1:43—44; see also Leviticus 14). By committing the leper to silence, Jesus is clearly seeking to contain testimony about His own identity. He would prefer that the testimony be about the coming of God's reign (Mark 1:15). Jesus is focused on making the work of God known rather than making himself known. Paul is not mistaken when he tells the Corinthians in today's reading that they will be emulating his imitation of Christ if they seek to glorify God and not their own advantage.

Surprisingly, the leper ignores Jesus' command to keep things silent. Because of this, Jesus' movement is restricted: He has to remain "in deserted places" (Mark 1:45). Just as John baptized in the desert (1:2—4) and Jesus was tested by the devil in the desert before beginning His public ministry (Mark 1:12—13), perhaps God's movement can only be forged at the margins.

- In what ways might the Church have caused people to question God's commitment to human wholeness and flourishing?
- How may we demonstrate our solidarity with those who have been marginalized?
- Why are creativity and change often found at the margins or among the marginalized?

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Page 1 Article (continued)

Practice of Charity

In Jesus' day people with certain skin conditions had to live apart from the community, which only added to their suffering. Imagine being someone in such circumstances.

- How do you take care of your basic needs? Do you form relationships with others who have similar ailments? How do healthy people treat you?
- Who in your community might feel outcast or lonely because of a physical disability or a mental illness? Do such people make you feel uncomfortable? Ask Christ to cleanse you of whatever keeps you from treating others with dignity and love.
- After Jesus heals him, the leper doesn't return to his former life. Have you changed because of the good things God has done for you, or have you returned to your usual way of living? As Lent approaches, consider what you can do to live more fully "for the glory of God" (1 Corinthians 10:31).

Questions

- Have you seen others in your life—friends, family members, coworkers—experience forms of exile?
- Have you ever experienced being an exile within your own home or community? Why? How did you feel and where did you turn?
- Have you ever prayed with earnest faith for God to remove some affliction from your life? How was your prayer answered?

Family Activities

- List what you've observed from your own experience as the most common reasons for the experience of exile among teens, family members, and coworkers.
 - Find thirty minutes to talk with someone you sense is feeling "unclean" or unwanted and unloved. As best you can, perhaps without saying the actual words, communicate God's love to him or her.
 - Paul urges us to imitate him as we imitate Christ. Think of someone in your life you respect enough to want to imitate. What is the chief characteristic you admire? How can you emulate this person?
-

PLEASE PRAY FOR THE FOLLOWING SERVING IN OUR MILITARY:

All clergy serve in the United States Army
 COL. Father Andrew Bilinski
 LT. COL. Father Stanley Jasiurkowski
 CPT. Father Joseph Kolek
 CPT. Father Andrzej Tenus



Polish National Catholics & Family Members serving

MSG. Aleka Ramoutar	ARMY	REMEMBER
Major. Scott M. Krasko	ARMY	THOSE
SSGT. Nick Hudak	AIR FORCE RESERVE	WHO SERVE
Alyssa Oxley	AIR FORCE	
Vincent Manzella	AIR FORCE	
Gregory Walsh	MARINE CORPS	
James Pidgeon	MARINE CORPS	
Andrew Drada	MICHIGAN AIR NATIONAL GUARD	
Tyler Gardner	NAVY	
Ian and Cody Gonyea	NAVY	
Matthew Paluszek	COAST GUARD	

**Blessing of Incense, Chalk and Charcoal
 on the Feast of Epiphany (Three Kings) January 6th**



**Children Opening Christmas Presents that were provided by our
 Cathedral Parish's "Giving Tree" effort this Past December**



HTC A.N.S. Installation of Officers - Sunday January 21, 2024



Bishop Paul presented
 with a gift by HTC
 A.N.S. President
 Susan Bodner

HTC A.N.S. Installation Dinner - MoJo's Restaurant - 01-21-2024



Brace yourself.
Lent is coming.
It's Septuagesima Sunday.



ALMS BOXES ARE IN THE BACK OF THE CATHEDRAL FOR YOU TO TAKE HOME. YOUR DAILY OFFERING AND THOSE OF ALL OUR PARISHIONERS WILL BE COLLECTED ON PALM SUNDAY. OUR OFFERINGS WILL THEN BENEFIT A LOCAL CHARITY, TO BE DETERMINED BY THE PARISH COMMITTEE. GIVE GENEROUSLY!



**HOLY TRINITY CATHEDRAL PARISH
POLISH NATIONAL CATHOLIC CHURCH
166 PEARL STREET
MANCHESTER, NEW HAMPSHIRE
PH. 603-692-4524
BISHOP PAUL SOBIECHOWSKI
PASTOR**