# Harrison Raiders Men's Lacrosse Signup Information / Call Out Parent & Player Meeting

## **Coaching Staff**

Head Coach: Alex Vill, <u>alex.vill35@gmail.com</u>, (765) 479-6095 Assistant Coach:

#### Required equipment:

- Lacrosse Stick
- Helmet
- Mouth guard: (not clear or white), best to have 2
- Shoulder pads & elbow pads
- Gloves
- Protective cup: required for all practices & games
- Athletic shoes for indoor practice
- Cleats for outdoor practice/games

#### Suggestions on where to buy equipment:

- Contact Coach Vill
- See this document for gear exchange
- Dick's Sporting Goods (Indy Only)
- <u>Play it Again Sports: Carmel</u> (used equipment)
- Empire Lacrosse Carmel or online
- SidelineSwap, ebay for used gear

#### **Team Rules and Expectations**

Will be distributed at the first practice. In general, players will be required to maintain their grades, conduct themselves as responsible young men at all times, comply with the HHS Athletic Rules, attend practice regularly and on time. Use of drugs, alcohol, or tobacco will result in discipline or suspension.

#### Volunteering

Volunteering is important to our success and helps keep costs as low as possible. Each player registered (or their parent/guardian) must sign up to volunteer for at least 2 - 3 activities. Volunteer signups will utilize the website "Signup Genius" and will be available after registration and game schedules are finalized. If you do not sign up to volunteer you will be assigned to an activity. This number of signups will be communicated after the schedule and signup genius is finalized. Opportunities will be provided for you to sign up by visiting the "Important Links and Forms" tab at www.hhslax.org.

| Club fees*   |                               |
|--|-------------------------------|
| *Club fee scholarships are available if needed. Contact a board member for more information. Players who are awarded scholarships must complete at least 2 volunteer activities. | \$270.00*                     |
| Travel Fees - Bus Transportation to / from HHS for away games - mandatory  | \$ 40.00                      |
| Uniform Fees (for new players or as needed for returning players)  |                               |
| Game shorts – <b>mandatory</b><br>Home and Away game jerseys (Set of 2) - <b>mandatory</b><br>Practice Pinnie – <b>mandatory</b>   | \$30.00<br>\$70.00<br>\$20.00 |
| Warm Ups (Optional)<br>Tops<br>Bottoms   | \$35.00<br>\$35.00            |
| US Lacrosse - players must join to meet IHSLA requirements and for insurance - This is Mandatory.  | \$ 35.00                      |



## Required forms (Turn in to Coach or Joy Plassard by January 10)

- Complete Electronic Registration Form (Important Links and Forms (hhslax.org)
- Concussion Form Parent and Student Athlete Acknowledgement and Signature Form (in.gov)
- Sports Physical Information: Physical and Health History Forms
- □ Join <u>US Lacrosse</u> and turn in USL membership number, expiration date
- □ Review <u>HHS Athletic Handbook</u> and all forms, Turn in signed agreements/paper (p. 16)
- □ Harrison Boys Lacrosse Fee and Uniform Payment (Check/Cash) Form

### Last day for fee refunds (NO REFUNDS for uniforms) - February 28

#### **Important Dates**

- First practice: Family Sports Center Schedule to be distributed via email.
  - o February 13
  - o Paperwork (Physicals, INGLA, USL, etc.) must be turned in before.
  - o Payments must be received.
  - Outdoor practice: Begins in March at the Indiana Veterans Home Athletic Field.
    - o March
    - o 3-4 times per week Schedule to be distributed via email and coaches
- First Game: Game & practice schedule to be distributed before practice begins.
  - o March 15th
  - o No games or practices during spring break.

Transportation to Away games - Bus transportation will be provided for away games.

**Sponsorships -** Do you know someone who might sponsor HHS LAX? If so, contact Joy Plassard for a sponsorship letter.