

## Marks of a Man # 18

*12KJV: Not soon angry; All others: Not quick tempered*

**Area: Anger**

Definition: Quick, angry outburst over personal issues of contention

Scripture: Titus 1:7; Eph. 4:26,31; Col. 3:8; 1 Tim. 2:8; James 1:19,20; Matt. 5:22;

Bible Usage: This is a settled state of indignation, maybe right, maybe wrong, but always wrong when aroused to a sudden outburst of anger. (See #9&#10). The opposite is keeping legitimate indignation within reasonable bounds.

Proverbs: 10:12; 14:17; 16:32; 22:34; 27:3-4; Ecc. 7:9

### Functioning in my Soul:

1. **Mind** - I need a clear perception of this fault in my life
2. **Conscience** - I need repentance and forsaking of any angry outburst
3. **Heart** - I need to fortify my New Man against this fleshly strength
4. **Frame** - I need to keep storing up principles and goals to prevent this
5. **Will** - I need the discipline of the will to not choose this path of sin
6. **Emotions** - I need to be sure all past outbursts have been rectified

### Resolved:

*To reject fleshly outbursts of anger, regardless of the provocation.*

### Essay:

**Source of Problem:** Simmering indignation towards any issue that is close to the surface of my consciousness that the flesh uses for excuses of any angry out-burst. I'd say pride is the primary method the flesh uses for this.

**Problem Caused:** dishonoring the Lord, and ravaging the soul and peace of those around me. There is never a legitimate excuse for this behavior.

**Solution:** I'd say be on the constant look-out for the flesh to convince me that an angry outburst for any reason is justified. This is to be especially looked for during a "pride episode."

**Avoidance:** Abiding in the dwelling place of God with a contrite and humble spirit, Isaiah 57:15. There, loving the Law, nothing offends, Psalms 119:165.

