

West Bellfort Property Owners Association

www.westbellfortpoa.com

Monthly Newsletter

October 2018

This Month's Highlights

- October is Breast Cancer Awareness Month. See page 4 and the flyers at the back for important information on screenings
- New food/farmers markets coming to town!! See page 5 for details!
- See page 6 for important information on learning life-saving skills!
- Are you properly covered for natural disasters? See page 7 for details!



WBPOA
BOARD MEETING

Thursday, October 23rd 6:30pm

Braesridge Clubhouse
10810 Braesridge

WBPOA BOARD MEMBERS:

Barbara Hite, President
Jeannette Calhoun, Vice President
Phil Abrams, Secretary
Marc Warren, Treasurer
Mari Angelo, Board Member
Asher Belles, Board Member
Joy Cunningham, Board Member
Dyaz Godfrey, Board Member
Glenn Gundy, Board Member
Allen Segal, Board Member
Marcy Williams, Board Member
TWO OPEN POSITIONS AVAILABLE

2019 POA DUES

INVOICES FOR 2019 WBPOA DUES WILL BE MAILED OUT SOON. For the POA to best serve the community and properly maintain our amenities, POA dues are to be paid promptly. Non-payment of dues severely impacts our community, as we cannot maintain the common areas, clubhouses, parks, pool and tennis court without your dues. **Therefore, non-payment of dues will restrict your use of community amenities** as it is not right to allow usage if you are not paying for the upkeep. The invoices were mailed in November 2017. **If for any reason you did not receive your notice, contact Sterling ASI as soon as possible at (832) 678-4500 and ask for Roxanne, Amy or anyone at Sterling, who will be more than happy to assist you. See box below for more helpful details.**

POA DUES – ADDITIONAL INFORMATION

Payment coupons are included with the invoice for your POA dues to be paid in advance. **Those coupons are not an agreement to enter into a payment plan, but there is a payment plan option.** However, you **MUST** notify the management company that you are selecting this option before January 2019 by sending in your first payment by the date specified on the coupon. **If for any reason you cannot make payments by end of January 2019, please contact Sterling or your POA Board AS SOON AS POSSIBLE, as it is imperative that the HOA receives payments so as to stay in line with the 2019 Budget.** Should you lose the payment coupon, you are welcome to mail your payment to the following:

West Bellfort POA
c/o Sterling ASI
PO Box 38113
Houston, Texas 77238-8113

Please specify the property address you are making payment for in the memo line of the check; alternatively, you are welcome to include a separate piece of paper with the address and any other particulars to ensure your payment is properly applied.

WBPOA MANAGEMENT COMPANY

Roxanne Martinez, CMCA, AMS
Sterling Association Services
6842 N Sam Houston Parkway N
Houston, TX 77064
Phone 832-678-4500
Fax: 832-678-4510
Email: roxanne@sterlingasi.com
Alternatively can ask for Amy Duran or any other Sterling Representative

Ludington Clubhouse Rental

Joy Cunningham 713 / 417-8154
Joycunningham@sbcglobal.net

Braesridge Clubhouse Rental

Jeannette Calhoun 713 / 203-2407
jcalhoun@insurepointe.com

WBPOA is patrolled by :

Harris County Constable
Precinct 7
Constable May Walker
Precinct 7 Dispatch 713 / 643-6602

Deputies assigned to WBPOA:

Sgt. J. Meek
Deputy Ferrettis
Deputy Nowlin
Deputy Pyland

Please contact your alarm company and have the Constable's precinct listed as the first police authority contact.



Volunteers Needed to Serve as Block Captains



Block Captains are residents who volunteer their time and efforts to The community to serve as “point persons” between the residents, the POA Board, its committees and The property management team.

You will not be asked to do anything that puts yourself in harm’s way. The time involved is minimal. By serving as the “eyes and ears” of The community, you will play a big part in keeping it safe, friendly and beautiful. You can even “co-share” and team up with a neighbor. If you have an interest in serving as a Block Captain, please contact any of the Board members or Roxanne Martinez of Sterling Management, or attend the upcoming Board Meeting on **Tuesday, October 23, 2018 at 6:30pm.**



October is...
JUNK/ HEAVY TRASH WASTE PICK UP MONTH!
Northfield III & IV (North of West Bellfort): Oct 12th
Northfield V (South of West Bellfort): Oct 20th

Tree / Yard Waste
ODD months
January / March /
May / July /
September / November

Junk / Heavy Waste
EVEN months
February / April / June /
August / October /
December



Recycling in WBPOA

September Pickup Dates:
Oct 11th & 25th

All WBPOA residents are on Schedule A for recycling pickup, which occurs ever other week.

- Important Recycling Info:
- Use the Green Bin for recycling ONLY
 - NO GLASS in the recycling bins
 - Recycle Schedule A – every other week
 - Pickup on Thursdays
 - Bins may be put at the curb late Wednesday evenings and must be at curb by 7:00am Thursdays
 - Bins MUST be removed from the curb on Thursday evenings
 - **Bins MUST be stored out of sight.**
 - Glass may be taken to:
 - Westpark Consumer Recycling Center, 5900 Westpark, Houston, TX 77057

Important Trash Facts:

- Regular pick up every Thursday
- Bins may be set out at the curb the evening before
- Bins MUST be removed from curb by Thursday evenings
- **Bins MUST always be stored out of site**
- JUNK / HEAVY trash / waste pickup is other month (“even”s)
- Junk / heavy trash can be taken to:
Southwest Trash Depository / Recycle Center
10785 Southwest Freeway
Hours: Wed – Sun, 9am to 6pm
Accepts junk and tree waste and recyclables



If for any reason a household has too much trash to fit inside the black garbage bin, residents can purchase city stickers to place on the outside of large plastic garbage bags. The stickers can be purchased from Fiesta or Seller’s Brothers customer service windows or at hardware stores. The stickers MUST be visible street side, or the bags will not be picked up.

Residents with physical limitations can contact 311 and complete a Solid Waste Pickup Request Form (for either regular trash or recycles, or both) to qualify for special pick up services. If qualified, city services will then pick up from the residents’ specified locations and return them to the same location when emptied. The location MUST be out of sight from the street, but accessible to the city services (ie, behind unlocked fence gate).

THE IMPORTANCE OF CURB APPEAL

Your home is one of the most major investments you will make in your lifetime. Maintaining a home from the inside out is critically important to retaining its value over time. The more mature your home becomes, the more important it is to maintain it. This applies to your curb appeal as well.

Curb appeal is very important, not just for the appearance of your home, but for the entire neighborhood. Keeping up the appearance of the exterior of your home may not be as exciting as decorating the interior, but in many ways it is much more important. If a majority of the homes in the neighborhood are allowed to fall into poor condition, this screams “we don’t care about our homes”.

Attached to this newsletter is some further information about curb appeal. It should start with the condition of your house, the grass, landscaping, plants, fencing, etc. Little things like keeping bins out of sight, cleaning leaves out of the gutters, power-washing mold and fungus off the bricks or hosing the driveway may seem insignificant, but it all adds up to an attractive, well-kept appearance. Things like loud exterior paint colors, broken down cars, piles of trash, boats in driveway, falling gutters, broken fences can make your house look trashy and ill-maintained... and makes the entire neighborhood look trashy and ill-maintained. Worn down houses invite things like rodents, snakes and crime!

Your POA Board is charged with protecting the overall value and appearance of the neighborhood. Their duty is to ensure all homeowners follow the deed restrictions. The Board and property management company are not being “mean” by enforcing the rules and regulations – they are doing it because they care about the community and wish to protect not only your home values, but our neighbors as well. A poorly maintained community is a magnet for the criminal element. So by simply maintaining your home, inside and out, you are actively participating in maintaining your home value, the overall home values in the neighborhood and helping to reduce crime. Therefore, please do your part by respecting the rules and regulations of WBPOA. **REMINDER: any improvements or major exterior work to your home (front and back) including painting, landscaping, etc. must be approved by the ARC Committee. The ARC Committee approval form is located at the back of this newsletter.**

Grocery carts = convenient in stores In WBPOA = eyesores!

If you see empty grocery carts in the WBPOA subdivision, please call and report to:

Fiesta Mart: 713-272-2700
Gray and red or has Fiesta logo



Walmart: 713-771-4740
Green and gray or has Walmart logo

Joe V's: 713-721-0100

Texas Transportation Code - TRANSP § 545.302 Stopping, Standing, or Parking Prohibited in Certain Places

The City of Houston and the WBPOA are very strict about enforcing the State’s neighborhood parking regulations. Non-adherence to these regulations will result in a parking violations / fines from the City, as well as violation notices from WBPOA. **The homeowner illegally parked or whose tenants are illegally parked will be financially responsible for any resulting fees incurred by the WBPOA to enforce the regulations.**

Under 545.302(a), An operator may not stop, stand, or park a vehicle in the following manners:

1. on the roadway side of a vehicle stopped or parked at the edge or curb of a street;
2. on a sidewalk;
3. in an intersection;
4. on a crosswalk;
5. between a safety zone and the adjacent curb or within 30 feet of a place on the curb immediately opposite the ends of a safety zone, unless the governing body of a municipality designates a different length by signs or markings;
6. alongside or opposite a street excavation or obstruction if stopping, standing, or parking the vehicle would obstruct traffic;
7. on a bridge or other elevated structure on a highway or in a highway tunnel;
8. on a railroad track; or
9. where an official sign prohibits stopping.

(b) An operator may not, except momentarily to pick up or discharge a passenger, stand or park an occupied or unoccupied vehicle:

1. in front of a public or private driveway;
2. within 15 feet of a fire hydrant;
3. within 20 feet of a crosswalk at an intersection;
4. within 30 feet on the approach to a flashing signal, stop sign, yield sign, or traffic-control signal located at the side of a roadway;
5. within 20 feet of the driveway entrance to a fire station and on the side of a street opposite the entrance to a fire station within 75 feet of the entrance, if the entrance is properly marked with a sign; or
6. where an official sign prohibits standing



See a summary of the
parking regulations
attached to the
newsletter for a quick
reference.





October is..

**BREAST
CANCER
AWARENESS
MONTH**



SUSAN G. KOMEN - HOUSTON

Addressing the Needs in our Diverse Community

Excerpted from <https://komen-houston.org/> - please visit the site for more information

In more than 18,000 communities across the U.S., more than 75,000 Susan G. Komen volunteers work to help fund breast cancer education, screening and treatment projects for those who need it most. In order to ensure they are funding programs that address the specific unmet breast health needs of their communities, Komen Houston works with local medical experts and community leaders to conduct comprehensive community needs assessments. These community profiles are then used to establish local grant application and review processes consistent with Komen's standards and mission.

Komen Houston is proud to have invested over \$52 million into our service area to date. The dollars Komen Houston is granting this year will support community education, screening and treatment through 11 local projects in all seven counties it serves, including Brazoria, Chambers, Fort Bend, Galveston, Harris, Liberty and Montgomery. See the flyers at the back of the newsletter for more information.

Komen Houston funds breast cancer programs including:

- Free mammograms and clinical breast exams for uninsured and underserved patients
- Support groups for breast cancer survivors
- Patient navigators, who help patients overcome barriers to care, have cut the no show rate from 40% to 10%
- **Free transportation to patients for breast cancer treatment**

2018-2019 Komen Houston Funded Partners

- **Baylor College of Medicine:** Pink For Life: Facilitating Breast Cancer Prevention and Treatment in Underserved & Minority Women Project provides funding for patient navigation for those seeking services at Smith Clinic.
- **Bayside Healthcare Foundation:** The Breast Cancer Care Project provides screening and diagnostic services to the rural population in Chambers County.
- **D'Feet Breast Cancer, Inc.:** The D'Feet Breast Cancer Mammography Project provides screening and diagnostic services to underserved and uninsured women who reside in Galveston County.
- **Harris County Hospital District Foundation:** The Navigators to Success Project provides patient navigators to ensure prompt care for underserved women seeking breast health services at Harris Health System.
- **Health Center of Southeast Texas:** The Liberty County Breast Cancer Outreach, Screening and Diagnostic Project provides breast cancer screening, diagnostics and treatment to uninsured and underserved women.
- **Houston Methodist Hospital Foundation:** The Houston Methodist Breast Health Initiative Project provides screening, diagnostic and treatment services for medically underserved women in the greater Houston area.
- **Northeast Hospital Foundation:** Project Mammogram provides screening and diagnostic services to medically underserved, low income individuals living in Harris, Montgomery and Liberty counties.
- **Reconstruction of a Survivor:** The Survivors Offering Support Project improves the quality of life for breast cancer survivors by providing support services.
- **Texas Southern University:** The Texas Southern University Breast Cancer Screening and Prevention Center provides educational sessions, low/no-cost screening mammograms, diagnostic services and patient navigation to appropriate places following abnormal screening results to underserved African American women in the Third Ward community.
- **The Rose:** The Comprehensive Breast Health Project provides a full spectrum of breast healthcare for a diverse group of women in Brazoria, Chambers, Fort Bend, Galveston, Harris, Liberty and Montgomery counties who are uninsured or unable to pay.
- **University of Texas Medical Branch at Galveston:** The Komen Complete Care Project provides screening mammograms and diagnostic services to uninsured women residing in southeast Texas.

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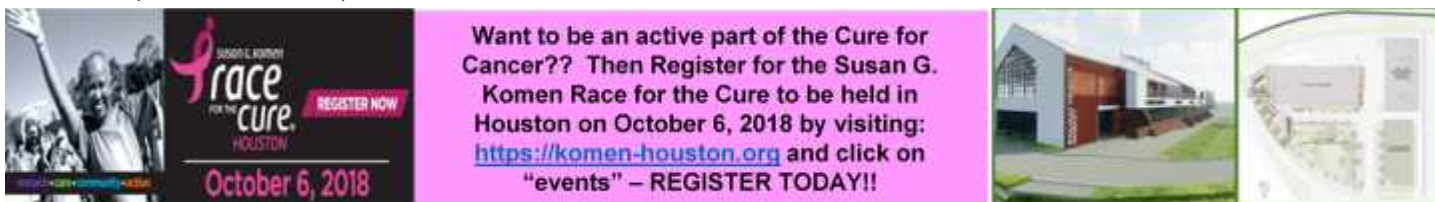
Article continued from prior page....

Treatment Assistance Fund

Susan G. Komen® Houston is proud to offer assistance to those struggling with the financial burden of breast cancer treatment through the Komen Houston Treatment Assistance Program. This program bridges the gap for underserved individuals who are actively undergoing breast cancer treatment. With this program, we aim to help those who are facing financial challenges by providing limited financial assistance, education and support services to low-income, underinsured or uninsured breast cancer patients throughout the Komen Houston service area.

Financial assistance is available for breast cancer treatment expenses such as oral pain medication, anti-nausea medication, oral chemotherapy/hormone therapy, child care/elder care, transportation to and from treatment, lymphedema care and supplies and durable medical equipment.

Funding through this program helps patients of any age who have been diagnosed with breast cancer, at any stage of the disease. Financial assistance is granted to patients who meet predetermined eligibility criteria. To learn more about this program and other helpful resources, call the Komen Breast Care Helpline at 1-877 GO KOMEN (1-877-465-6636).



MASSIVE FOOD MARKET PROJECT COMING SOON!

Excerpts from article by Jen Para, Houston Business Journal, July 20, 2018

Downtown Houston has several food halls underway, but a new food market project — similar to Reading Terminal Market in Philadelphia and Chelsea Market in New York City — is planned for the western edge of the 610 Loop.

Railway Heights Market is expected to open in 2019 at 8200 Washington Avenue. The project will not only have a 40,000-square-foot warehouse filled with vendors selling food, art, jewelry and more, but plans also call for a half-acre of green space and a 13,000-square-foot beer garden — and that's just phase one.

Railway Heights describes its tenants as such: "Many of the Market's stallholders are themselves producers: the farmer who reared the animal, the fisherman who caught the fish, the baker who baked the bread." It also states that there will be stalls selling vintage clothing, handmade jewelry, artwork and a wide selection of cuisines. Live music is also expected.

In total, the project will encompass 3.6 acres. The land is just north of Interstate 10 and Memorial Park Golf Course and near the Lazybrook/Timbergrove neighborhood. The property was the former home to an Oriental rug store, and Sugar Creek Interiors' design studio. The Boneyard, a bar and dog park, was also previously located there.

Plans for phase two are still in the development stage; the Railway Height's website shows the potential for container apartments, or micro-units built out of containers. The project is also expected to house a motorized parking garage for 600 cars.

Four other food halls — in addition to the already opened Prohibition Supperclub & Bar and Conservatory — will soon debut in Houston's downtown area:

- Bravery Chef Hall, which is projected to open this fall, is located inside the Aris Market Square luxury high-rise at 409 Travis St.
- Lyric Market, which is projected to open this fall, is located on the ground floor of the new Lyric Centre parking garage at 411 Smith St.
- Finn Hall, which is projected to open in mid-2018, is located at The Jones on Main's JPMorgan Chase & Co. Building at 712 Main St.
- Skanska USA Commercial Development's new 35-story Capitol Tower at 811 Rusk St. will also open "a culinary market with fresh chef-driven concepts" when it completes construction in 2019.

During hurricane season, the National Preparedness Month campaign reminds us the most important thing to protect in a disaster is your life and the lives of those around you.

National Preparedness Month emphasizes many steps you can take to prepare for storms. Now in its second week, the campaign is focusing on the importance of lifesaving skills like first aid, CPR, fire prevention and utility management.

The 2018 National Day of Action was on Saturday, September 15th. However, it is never too late to learn a lifesaving skill, training others for disaster preparedness or volunteer to help people affected by a catastrophic event.

When a potential disaster approaches your home, you can help keep your loved ones safe by shutting off your gas, water and electricity. Failure to do so can result in fires and explosions, pollution of your water supply and drainage from your home of life-sustaining water.

Different gas meters have different shut-off procedures, so it is important to contact your local gas company for guidance. Never attempt to turn the gas back on yourself; that is a job for a professional. When shutting down your electricity, always shut off all the individual circuits before shutting off the main circuit. For more information on taking care of your utilities, visit www.ready.gov/safety-skills.

Making sure your home has functioning smoke alarms and carbon monoxide detectors on every level, and at least one fire extinguisher, is one of the simplest ways to protect your family. Test your alarms monthly and contact your local fire department for extinguisher training.

To prevent fires from starting, stay in the kitchen when cooking, position barbecue grills at least 10 feet from flammable materials and keep children away from cooking areas. Also immediately replace any worn or damaged appliance cords, and do not run cords under rugs or furniture. For more fire safety tips, go to <https://go.usa.gov/xPr24>.

If you're in an area that is prone to floods or earthquakes, there are steps you can take to protect your home from their impact. You can learn flood-mitigation techniques at <https://go.usa.gov/xPr2C> and <https://go.usa.gov/xPrZY>, and earthquake-protection measures at <https://go.usa.gov/xPr2Y>.

No matter how well you prepare for disaster, you can't guarantee your loved ones won't get hurt. If someone does get injured, you can increase their chance of survival or full recovery by applying the skills learned in a basic first aid and CPR course. Your local chapter of the American Red Cross can provide information on available courses, as can the Harris County Emergency Corp. The red box below shows other options as well.

For further information on how to prepare for storms and other events, visit the Texas Division of Emergency Management website at <https://www.dps.texas.gov/dem>.

American Red Cross Gulf Coast/Houston:

<https://www.redcross.org/about-us/our-work/training-education.html>

Harris County Emergency Corps:

<https://www.hcec.com/outreach-education/>

Since we live in a flood prone area, consider buying tools such as these in order to break your car window. These tools include seat belt cutters as well. This 2-pack sells on Amazon for \$8.33, but similar tools can be found at hardware stores, auto part stores, Walmart, etc. (prices vary). You don't need super fancy – a simple little tool such as tucked away in your glove box or console can be a huge help in an emergency.

**AmazonBasics
Emergency Seat Belt
Cutter and Window
Hammer - 2-Pack: \$8.33**



**10 places to get
CPR CERTIFICATION
in Houston**

1. American Red Cross
2. Community Health Education Services Houston
3. Houston CPR & Safety
4. Texas Healthcare Training Center
5. Save-A-Hair
6. A&G Wellness Center
7. Imperial CPR Training Center
8. Houston Texans YMCA
9. Web Care Services
10. RC Health Services

Read more at the Morningstar Nurses Blog!



CHECK YOUR COVERAGE BEFORE DISASTERS STRIKE

Article for National Preparedness Month 2018

Proper insurance can mean the difference between full recovery and financial devastation in natural and other disasters. No one should rely on federal disaster assistance to make them whole after a catastrophic weather event. Federal assistance is only available if the president declares a disaster, and even then, assistance is likely to be provided in the form of a low-interest loan that must be paid back.

To protect yourself and your property, consider purchasing homeowners or renters insurance as well as flood insurance and wind insurance. Each type of insurance covers different things, and they are the only way you can expect to be made whole after a disaster. For more on these insurance types, visit <https://go.usa.gov/xQ7px>. To purchase a policy, contact your insurance agent, as FEMA does not sell insurance.

Floods are the most common and costly natural disaster in the United States. A single inch of water in an average home can cost more than \$26,000 in damage, and floods have struck all 50 states in the past five years.

Homeowners and renters insurance do not cover flood-related damages, but affordable flood insurance is available if your community participates in the National Flood Insurance Program (NFIP). The average flood insurance policy costs range from \$500 to \$700 annually. After Harvey, more than 91,000 Texans filed flood insurance claims, and NFIP has paid out an estimated \$8.8 billion.

Homeowners can acquire up to \$350,000 of flood coverage through NFIP, with \$250,000 for the building itself and another \$100,000 for its contents. Owners of residential properties with five or more units can purchase \$500,000 of structural coverage and \$100,000 for the structure's contents. Commercial property owners can purchase \$500,000 of structural coverage and \$500,000 of coverage for contents.

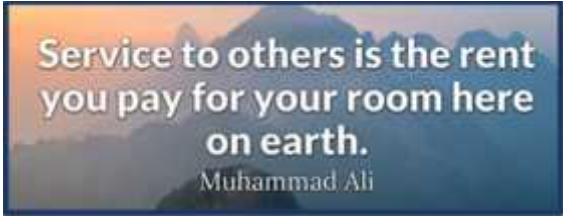
Most tenants do not realize they can carry flood insurance as well. Renters can cover contents up to \$100,000, and annual costs are generally lower as renters typically only cover their contents.

Property owners outside of high-risk areas should know 26 percent of all NFIP claims come from areas considered to be at low or moderate risk for floods. In those lower-risk areas, property owners may qualify for a Preferred Risk Policy, which provides the same level of coverage as a standard policy, but at a lower cost.

NFIP insurance is only available in communities that participate in the program and pass floodplain management regulations to reduce the impact of future weather events. Pretty much the entire city of Houston is in an NFIP area, but to confirm you are in an NFIP community, contact your insurance agent.

In Texas, wind and hail insurance is typically only available in 14 communities along the Gulf: Jefferson, Chambers, Galveston, Brazoria, Matagorda, Calhoun, Aransas, San Patricio, Nueces, Kleberg, Kenedy, Willacy and Cameron. If you have homes or businesses in any of these counties, contact your insurance agent to discuss wind insurance or visit Texas Wind Insurance Association at www.twia.org.





Our WBPOA Community

Community School

Reminder that school is back in session!! So please be careful when driving by our community schools, such as The Sephardic Gan/Torat EMET School located on the corner of Braesridge and West Bellfort. Our children are the most precious members of our community – please do your part in keeping them safe!!



Community Parks



Enjoy the cooler weather by visiting our community parks – come out and play at Ludington and Kittybrook parks!

With the holidays comes family – and our tennis court is perfect for enjoying a rousing game with your visiting family members!



Community Involvement – Board Member Positions Available

Want to be an active member of your community? Then come on down!! We have two positions open on the Board waiting for the right volunteers to ensure our community is well taken care of. **Bring your credentials and come speak to the Board on Tuesday, October 23rd at 6:30pm to put your name into the hat!** These two positions are to complete the terms of positions that stepped down, so you will serve out the remainder of this year. You will then be up for election to continue (if you so desire) at the Annual Homeowners Meeting in December. Contact one of your POA Board Members or Roxanne Martinez of Sterling Management for more details on becoming a Board Member and an active participant in your community well-being!



Community Clubhouses



Planning a Halloween Party?? A family event or gathering?? We have plenty of room for you at our community clubhouses for your events! Please contact Joy Cunningham to book the Ludington Clubhouse or Jeannette Calhoun for the Braesridge Clubhouse. Their contact details are on the front of the newsletter.



Ludington Pool

The community pool is now officially closed until May, 2019. But this will give you plenty of time to take swimming lessons, CPR training and other life saving classes!! See you next summer!!!



October 2018

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	1 Shmini Atzeret	2 Simchat Torah	3	4	5	6
7	8 Columbus Day	9	10	11 Recycle Pick Up	12 Junk / Heavy Waste Pick Up	13
14	15	16 Bosses Day	17	18 Junk/Heavy Waste Pick Up	19	20
21	22	23 WBPOA Board Meeting Braesridge Clubhouse 6:30pm	24	25 Recycle Pick Up	26	27
28	29	30	31 Halloween 	 Breast Cancer awareness month		

* WBPOA – Northfield III and IV (North Side of West Bellfort): Junk Waste 2nd Friday of even months / Tree Waste 2nd Friday of odd months
 * WBPOA – Northfield V (South Side of West Bellfort): Junk Waste 3rd Thursday of odd months / Tree Waste 3rd Thursday of odd months



VACATION WATCH

WBPOA residents who are current on POA dues can request vacation watches from Constable Precinct 7 for vacation planning needs. You can register for a deputy vacation watch by visiting the Precinct 7 website <https://constable7.harriscountytexas.gov> and select "Vacation Watch". You can also call (713) 643-6118 and request a watch.



See Something, Say Something!

Autumn

The autumn is a gipsy, when the frost is in the air;
 A joyous, tattered wanderer, with sunbeams in her hair.
 She passes field and meadowland, and hangs her banners there;
 At night her crimson campfire wafts its perfume everywhere.

The autumn is a priestess, when the leaves are brown and bare;
 She takes her forms of worship from a faded yesteryear.
 Her robes of mist float round her as she burns an incense sweet,
 And bows before her woodland gods who do not know defeat.
 She plucks the flaunting banners down that once she hung so high,
 And sets their blazing colors on her altar in the sky.

—HATTIE ANUNDSEN

We have a great team of deputies who watch over our neighborhood, but one person cannot watch over 800 homes at once. So let's do our part!! Report criminal offenses to the authorities. The holiday season is a peak time for break ins, robberies, etc., so take note of suspicious activities that occur inside and outside your neighborhood. Always remain cautious of suspicious people and activities. Also, be sure to have the Constable Dispatch the first law enforcement contact for your home alarms. As always, if you see something suspicious, be sure to report it immediately – you do not have to endanger yourself as our patrol officers are quick to respond and will address issues ASAP. **If you plan a trip out of town, please get registered with Precinct 7 for a vacation watch – our patrol officers will be happy to help keep an eye on your home.**



FREE/LOW COST MAMMOGRAMS MAMOGRAFÍAS DE BAJO COSTO

Income and/or other eligibility requirements may apply; please call facility for more information.

Para más información sobre los requisitos para obtener servicios, por favor llame a los números indicados. For Certified Mammography Facilities, go to website.fda.gov and type "Mammography Facilities" in search bar or call 1-800-422-6237.

ACCESSHEALTH

Richmond: 281-342-1746

www.myaccesshealth.org

*Look under the Services tab for more info

*Ask for Breast Cancer Screening Project

*Partnership with OakBend Medical Center and Project Valet

BAYSIDE HEALTHCARE FOUNDATION

Bayside Clinic: 409-267-4126

Bayside Community Hospital: 409-267-2917

West Chambers Medical Center: 281-576-0670

www.chambershealth.org

*Look under the Programs tab for more info

BOAT PEOPLE S.O.S - HOUSTON INC.

Houston: 281-530-6888 x 545

www.bpsos.org

*Look under the Where We Work tab - US

Branches - Houston - Our programs for more info

*Primarily serves Vietnamese women

GALVESTON COUNTY HEALTH DISTRICT

Community Family Center

Texas City: 409-938-2291 or 409-938-2327

www.gchd.org

*Look under the Community Health tab for more info

*Partnership with D'Feet Breast Cancer

GOOD NEIGHBOR HEALTHCARE CENTER

Houston: 713-529-3597

www.gnhc.org

*Look under the Services tab for more info

HARRIS HEALTH SYSTEM

Eligibility Center Locations

713-566-6509

Acres Home, Lois J. Moore, East Mount Houston,

Southeast, Pasadena (Strawberry)

www.harrishealth.org

*Look at the Access Care under the Patients tab for more info

HEALTH CENTER OF SOUTHEAST TEXAS

Cleveland: 281-592-2224

Liberty: 936-334-1185

www.hcset.com

*Ask for Breast Cancer Screening Program

LIGHT & SALT ASSOCIATION

Houston: 713-988-4724

www.light-salt.org

*Primarily serves Chinese Americans

HOPE CLINIC/ASIAN AMERICAN HEALTH COALITION

Project Phoenix

Cathy Phan, Email: cphan@hopechc.org

Houston: 713-773-0803

West Houston: 713-773-0803

www.hopechc.org

*Look under the Programs tab for more info

HOUSTON METHODIST

Mammography Screening Locations:

HM - San Jacinto Hospital Baytown:

832-556-6300

HM Partner - Denver Harbor Clinic:

713-441-3926

www.houstonmethodist.org

*Ask for Komen Grant

INDIAN AMERICAN CANCER NETWORK

Houston: 713-370-3489

www.iacannetwork.org

*Look under the Services tab for more info

INTERFAITH COMMUNITY CLINIC

Oak Ridge North: 281-364-7889

www.interfaithcommunityclinic.org

*Primarily serves Montgomery County residents

LESBIAN HEALTH INITIATIVE OF HOUSTON, INC. (LHI)

Houston: 713-426-3356

info@LHIHouston.org

www.LHIHouston.org

Facebook: @LHI-Houston;

Twitter: @LHIHouston

*No cost breast health education, clinical breast exams and mammograms for uninsured and underinsured lesbian, gay, bisexual and transgender (LGBT) women and transgender men

LONE STAR COMMUNITY HEALTH CENTER

Conroe: 936-539-4004

www.lonestarfamily.org

*Look under Services tab for more info

THE ROSE

Galleria: 281-484-4708

Southeast: 281-484-4708

www.therose.org

*Look under Services tab for more info

*Must request free/low cost mammogram when calling

MD ANDERSON CANCER CENTER

Project VALET

HDHHS Clinics: 832-393-5428

La Nueva Casa De Amigos Health Center,

Northside Health Center,

Sunnyside Health Center,

Shifa Clinic (Sugar Land): 281-561-5767

Spring Branch Community Health Centers

Clinics:

Hillendahl Clinic: 713-462-6565

Pitner Clinic: 713-462-6545

West Houston (Katy): 713-462-6555

AccessHealth (Richmond): 281-342-4530

El Centro de Corazon, Houston, TX

Magnolia Health Center: 713-660-1880

Christus St. Mary's Clinic (Houston):

713-803-1840

Christ Clinic (Katy): 281-391-0190

www.mdanderson.org

MEMORIAL HERMANN NORTHEAST HOSPITAL

Humble: 281-540-6443

www.memorialhermann.org

*Look under the Services and Specialties tab for more info

*Ask for Project Mammogram

*Partnership with Northeast Hospital Foundation

SPRING BRANCH COMMUNITY HEALTH CENTER

Hillendahl Clinic: 713-462-6565 Option 3

Pitner Clinic: 713-462-6545 Option 3

West Houston Clinic: 713-462-6555 Option 3

www.sbchc.net

*Ask about the Breast Health Program

UNIVERSITY OF TEXAS MEDICAL BRANCH

Komen Complete Care

Lizzie Hernandez: 409-747-2036

Angleton: 979-849-9740

Conroe: 936-525-2800

Galveston UHC: 409-747-4952

Katy: 281-398-7001

New Caney: 281-577-8966

Pearland: 281-485-3220

Sugar Land: 713-234-3100

Texas City: 409-643-8359

www.utmb.edu/rmchp

WESTSIDE SURGICAL HOSPITAL & BREAST CENTER

Houston: 713-621-5010 or 713-714-3441

www.westsidesurgical.net

For Mammograms: visit mammohome.com

02/06/2017

602 SAWYER, SUITE 201, HOUSTON, TEXAS 77007

PHONE: 713-783-9188 · WWW.KOMEN-HOUSTON.ORG · FAX: 713-783-9187



KOMEN® HOUSTON



In 1990, a group of individuals came together with a common goal: to end breast cancer. Today, Komen Houston continues this mission with the largest group of volunteers in southeast Texas — all sharing a passion for finding the cure. This commitment has evolved into funding several local programs for breast cancer education, awareness, screening and treatment programs, all backed by lifesaving research. With service in Brazoria, Chambers, Fort Bend, Galveston, Harris, Liberty and Montgomery counties, Komen Houston remains devoted to fundraising and grant-making to ensure families battling breast cancer get the treatment and support they need.



WHERE FUNDS GO

75% of funds stay in southeast Texas to aid local services

25% of funds support cutting-edge national research



3,141



cases of breast cancer are expected in the southeast Texas area this year, and 586 are not expected to survive.



COMMUNITY PROFILE

Southeast Texas roots and research expertise allow Komen Houston to truly understand the critical impact breast cancer has on the greater Houston area. Even with the largest medical center in the world in our backyard, there is still a lack of access — meaning men and women continue to be diagnosed at later, harder-to-treat stages of breast cancer. By evaluating gaps in service or barriers to care, we hope to not only bridge this gap, but also provide efficient care that exceeds expectations.

EVERY DAY IN THE KOMEN® HOUSTON SEVEN-COUNTY SERVICE AREA:



9

cases of breast cancer are diagnosed



3

of these cases are diagnosed at later, harder-to-treat stages



2

women lose their battle to breast cancer



in the U.S. for mammography screening rates



Highest-ranking state in the nation for uninsured rates



60% higher mortality rate for African-American women in our service area, compared to caucasian women

FUNDED PARTNERS INFO

In 2016, Komen Houston will invest in 17 local nonprofit hospitals, health care clinics and community-based organizations to provide breast cancer screening and diagnostic services, treatment, patient navigation, and end-of-life care services for those battling breast cancer.



**THROUGH DONATIONS AND FUNDRAISING, KOMEN® HOUSTON GRANTED
\$1.7 MILLION TO FUND LOCAL SERVICES THROUGHOUT THE HOUSTON AREA**



30,846 people helped through patient navigation for breast health services



236 individuals transported to and from treatment



551 people received treatment assistance



429 breast cancers detected through funded programs



1,400 provided with psychosocial support services



87,943 educated about breast cancer



1,564 people receive diagnostic testing

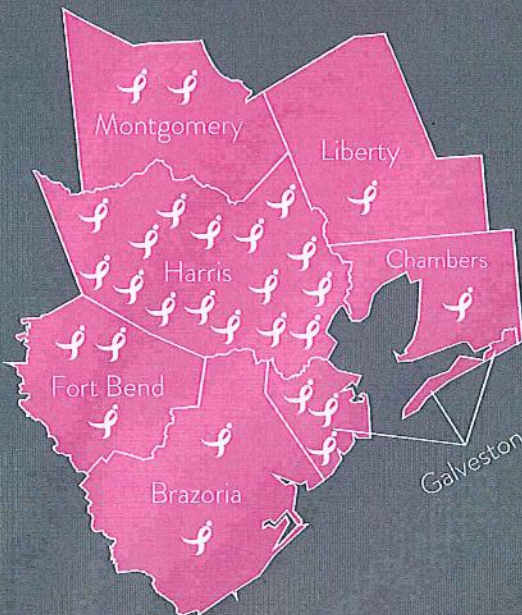


2,851 clinical breast exams



2,593 screening mammograms

PROGRAMS POWERED BY KOMEN HOUSTON



- American Cancer Society, Inc.
- Asian American Health Coalition
- Baylor College of Medicine
- Bayside Healthcare Foundation
- Boat People SOS, Inc. Houston
- D'Feet Breast Cancer, Inc.
- Good Neighbor Healthcare Center
- Harris County Hospital District Foundation
- Health Center of Southeast Texas
- Houston Hospice
- Houston Methodist Hospital Foundation
- Lone Star Community Health Center, Inc.
- Northeast Hospital Foundation
- Reconstruction of a Survivor
- Spring Branch Community Health Center
- The Rose
- University of Texas Medical Branch at Galveston

602 SAWYER, SUITE 201, HOUSTON, TEXAS 77007

PHONE: 713-783-9188 · WWW.KOMEN-HOUSTON.ORG · FAX: 713-783-9187

RECYCLE MORE

The City of Houston accepts recyclables at curbside, the Neighborhood Depository/Recycling Centers and drop-off facilities.

Examples of acceptable plastics and materials:

1 Plastics
Soft drink and water bottles

2 Plastics
Milk jugs, juice bottles, and food containers

3 Plastics
Detergent bottles, shampoo bottles

4 Plastics
Condiment bottles

5 Plastics
Yogurt containers, caps, straws and empty medicine bottles

6 Plastics
Styrofoam blocks
(Not Accepted in Curbside Recycling Program. Accepted at the Westpark Recycling Center and ESC - South only)

7 Plastic
Large water bottles

Flattened Cardboard

7 Plastic
Large water bottles

Mail, Envelopes, and Paper

Newspapers, Magazines, Telephone Books and Catalogs

Aluminum & Tin Cans

Glass
(Not Accepted in Curbside Recycling Program. Accepted at Neighborhood Depository/Recycling Centers and drop-off facilities.)

Used Motor Oil
Do not place in recycling bin. Place on curb or bring to Westpark or ECS's.

Follow us:
@houstontrash /houstonsolidwaste

City of Houston
Solid Waste Management Department

www.houstonsolidwaste.org
or call 3-1-1 for additional information.

2018 Bi-Weekly Collection Schedule

Schedule A Schedule B

○ City Holiday *(Follow the adjusted "Holiday Schedule")

January							February							March						
S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S
	1	2	3	4	5	6			1	2	3					1	2	3		
7	8	9	10	11	12	13	4	5	6	7	8	9	10	4	5	6	7	8	9	10
14	15	16	17	18	19	20	11	12	13	14	15	16	17	11	12	13	14	15	16	17
21	22	23	24	25	26	27	18	19	20	21	22	23	24	18	19	20	21	22	23	24
28	29	30	31				25	26	27	28				25	26	27	28	29	30	31

April							May							June						
S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S
1	2	3	4	5	6	7	1	2	3	4	5			1	2	3	4	5		
8	9	10	11	12	13	14	6	7	8	9	10	11	12	3	4	5	6	7	8	9
15	16	17	18	19	20	21	13	14	15	16	17	18	19	10	11	12	13	14	15	16
22	23	24	25	26	27	28	20	21	22	23	24	25	26	17	18	19	20	21	22	23
29	30						27	28	29	30	31			24	25	26	27	28	29	30

July							August							September							
S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	
1	2	3	4	5	6	7	1	2	3	4				1	2	3	4	5	6	7	8
8	9	10	11	12	13	14	5	6	7	8	9	10	11	9	10	11	12	13	14	15	
15	16	17	18	19	20	21	12	13	14	15	16	17	18	16	17	18	19	20	21	22	
22	23	24	25	26	27	28	19	20	21	22	23	24	25	23	24	25	26	27	28	29	
29	30	31					26	27	28	29	30	31		30							

October							November							December							
S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	
1	2	3	4	5	6		1	2	3					1	2	3	4	5	6	7	8
7	8	9	10	11	12	13	4	5	6	7	8	9	10	9	10	11	12	13	14	15	
14	15	16	17	18	19	20	11	12	13	14	15	16	17	16	17	18	19	20	21	22	
21	22	23	24	25	26	27	18	19	20	21	22	23	24	23	24	25	26	27	28	29	
28	29	30	31				25	26	27	28	29	30		30	31						

- If your collection day is during the "A Week" then follow the schedule for the shaded yellow week. Ex: Thursday A service days in January are the 4th & 18th.
- If your collection day is during the "B Week", you will follow the unshaded week's schedule. Ex: Tuesday B service days in January are the 9th and 23rd.

*For the Holiday Schedule and additional information, visit our website at www.houstonsolidwaste.org or call the Houston Service Helpline 3-1-1.

PROPERTY ASSOCIATION COMMITTEES: <i>If you would like to serve on one of these committees, please come to the next Board meeting</i>	
Architectural Review (ARC):	Barbara Hite, Jeannette Calhoun
Clubhouse:	Jeannette Calhoun, Joy Cunningham, Barbara Hite
Landscape:	Jeannette Calhoun, Glenn Gundy
Newsletter:	Dyaz Godfrey, Mari Angelo
Parks & Recreation:	Asher Belles
Pool:	Phil Abrams, Glenn Gundy
Safety:	Barbara Hite, Yonah Nathan
BLOCK CAPTAINS:	Volunteers Needed!

WEBSITE INFORMATION:	
City of Houston (General Info):	www.houstontx.gov
City of Houston Services (311 Online):	http://hfdapp.houstontx.gov/311/index.php
Constable Precinct 7 Vacation Watch:	http://www.harriscountytexas.gov/compct7/
Texas DPS Driver's License Renewal:	http://www.txdps.state.tx.us/driverlicense/
West Bellfort Property Owner's Association:	www.westbellfortpoa.com

ADDITIONAL INFORMATION	
Concert Arenas	
Arena Towers	http://www.arenahouston.com
Cynthia Woods Mitchell Pavilion	http://www.woodlandcenter.org
Miller Outdoor Theater	http://milleroutdoortheatre.com
Sports Complexes	
BBVA Compass - Dynamo Soccer/TSU Football	http://www.bbvacompassstadium.com
Minute Maid Park - Astros	http://houston.astros.mlb.com/hou/ballpark/index.jsp
NRG Stadium & Park - Texans & Rodeo	http://nrgpark.com/nrg-stadium
Toyota Center - Rockets	http://www.houstontoyotacenter.com
Things to do in Houston:	http://www.visithoustontexas.com
Volunteering Opportunities:	
City of Houston	http://volunteerhouston.org
Harris County	http://www.harriscountycitizenrcps.com

USEFUL NUMBERS	
Name	Phone Number
Animal Control (BARC)	713-229-7300
Anti-Gang Office	832-393-0931
Brays Oaks Management District	713-595-1221
Citizens' Assistance	832-393-0955
City Council District J	832-393-3015
City Council District K	832-393-3016
City of Houston Services:	311
Emergency	911
Harris County Flood Control:	713-684-4197
Health and Human Services	832-393-5169
Houston Fire Department Non-Emergency	832-394-6700
Houston ISD	713-556-6000
Houston Police Department District #17	713-773-7901
Houston Police Department Non-Emergency	713-884-3131
Mayor's Office	832-393-1000
Milne Elementary School	713-778-3420
Parks Department	832-395-7000
Precinct 7 Dispatch	713-643-6118
Public Works and Engineering	832-395-2511
Solid Waste Management	713-956-6589
Sterling Association Services (WBPOA's Property Management)	832-678-4500 x253
Welch Middle School	713-778-3300
Westbury High School	713-723-6015

TEXAS DPS OFFICE Driving Tests / In-Person Driver's License New & Renewal		
Closest (South Gessner close to West Airport - Approx 2 Miles)		
12220 South Gessner Houston, TX 77071 Phone: 713 / 219-4100	Mon - Thur: Fri: Sat:	7:30am - 6:00pm 7:30am - 5:00pm Closed
Second Option (Rosenberg - US 59 @ Hwy 36 - Approx 20 Miles)		
28000 Southwest Freeway, Suite A Rosenberg, TX 77471 Phone: 281 / 517-1630	Mon - Thur: Fri: Sat:	7:30am - 6:00pm 7:30am - 5:00pm Closed
More Info: http://www.txdps.state.tx.us/administration/driver_licensing_control/rolodex/searchresults.asp		

LOCAL LIBRARIES City of Houston Libraries		
Morris Frank Library Brays Oaks Towers Building 10103 Fondren Houston, TX 77096 Phone: 832 / 393-2410 <i>on Fondren, just passed Willowbend</i>	Mon&Thur Tue Wed Fri Sat Sun	11am - 6pm 12pm - 8pm 10am - 6pm 1pm - 5pm 10am - 5pm Closed
Meyer Branch Library 5005 West Bellfort Street Houston, TX 77035 Phone: 832 / 393-1840 <i>on West Bellfort, just before Kroger's</i>	Sun&Mon Tue&Wed Thur Fri Sat	Closed 10am - 6pm 12pm - 8pm 1pm - 5pm 10am - 5pm
Houston Main / Central Library 500 McKinney Houston, TX 77002 <i>Downtown at McKinney and Smith; garage parking entrance off Lamar; rate is \$2 / hour, max \$16. Street parking free on Sundays. NO STREET PARKING EXCEPT ON SUNDAYS - TOWING IS STRICTLY ENFORCED!</i>	Mon--Thur Fri&Sat Sun	10am - 8pm 10am - 5pm 1pm - 5pm

Harris County Library		
West University Branch 6108 Auden Houston, TX 77005 Phone: 713 / 668-8273 <i>@ corner of Auden & Milton in West U</i>	Mon Tue&Wed Thur&Fri Sat Sun	10am - 8pm 10am - 6pm 1pm - 6pm 10am - 5pm Closed

STATE, COUNTY & CITY OFFICIALS			
	Position	WBPOA's District	Currently Held By
Mayor		Houston	Sylvester Turner
County Judge:		Harris County	Ed Emmett
Tax Assessor-Collector:		Harris County	Ann Harris Bennett
Treasurer:		Harris County	Orlando Sanchez
County Attorney:		Harris County	Vince Ryan
District Attorney:		Harris County	Kim Ogg
County Clerk:		Harris County	Stan Stanart
District Clerk:		Harris County	Chris Daniel
County Sheriff:		Harris County	Ed Gonzalez
County Constable:		Precinct 7	Constable May Walker
County Commissioner:		Precinct 1	Rodney Ellis
Metro Transit Authority Chairman:		Houston Metro Area	Gilbert Andrew Garcia
City of Houston Council Member:		District K	Larry Green
HISD School Superintendent:		Houston	Open
HISD School District:		District 9	Wanda Adams
Houston Community College District:		District 9	Christopher W. Oliver
Justice of the Peace (Precinct 7):		Position 1	Judge Hillary H. Green
Justice of the Peace (Precinct 7):		Position 2	Judge Zinetta Burney
State Board of Education:		District 4	Lawrence A. Allen, Jr
State Senator:		District 13	Borris Miles
State Representative:		District 13A	Dr. Alma A. Allen
Governor:		Texas	Greg Abbott
US Representative:		District 9	Al Green
US Senators:		Texas	John Cornyn Ted Cruz

