



ತನು ತನ್ನದಾದಡೆ, ದಾಸೋ ಹಕ್ಕೆ ಕೊರತೆಯಿಲ್ಲ,
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ಬೇರೆ ಮುಕ್ತಿಎಂತಪ್ಪದಯ್ಯಾ?
ಉರಿಲಿಂಗಪೆದ್ದಿಪ್ರಿಯ ವಿಶ್ವೇಶ್ವರ.

Sharanu, VSNA NCAL Family members,

Thank you to the Mahadev family for participating in December's Anna Dasoha. Their menu consisted of a buffet styled burrito bowl including beans, vegetables, rice, and guacamole. Additionally they added a cookie and a banana. On behalf of the VSNA 2022 Youth Committee, we are incredibly thankful to these two families.

Sharnarthigalu from Aarna Burji,
VSNA NCAL 2022 Youth Committee

Report from participating VSNA NCAL Youths:



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Sharanu, VSNA NCAL Family members,

Thank you to the Munavalli and Desai families for participating in November's Anna Dasoha. Their menu consisted of burgers with patties, lettuce, mayonnaise and cheese, tomatoes and cucumber, corn, a fruit bar, and water. They packed and prepared 25 meals. On behalf of the VSNA 2022 Youth Committee, we are incredibly thankful to these two families.

Sharnarthigalu from Aarna Burji,
VSNA NCAL 2022 Youth Committee

Report from participating VSNA NCAL Youths:

Purpose:

“Consume according to your requirements and contribute the rest to the society through Dasoha.” – Basavanna

Ashna Munavalli

As a student and a human, it was my extreme pleasure to help the hunger of others. I felt fulfilled and a happy emotion blooming inside. The sensation made me realize that helping someone in need made a change for them as well as for myself. When giving the food out to the people, I was happy to see a smile on their face and it's contagious which made me smile in turn :). The volunteers got together in one place to pack the food on the day of Dasoha. All the necessary items for the menu were procured a couple of days back and kept ready. Volunteers started preparing meals with gloves on their hands. Each volunteer was given some task so the food packing could be finished in time and could be delivered at the proposed place no later than 11:30 am. Preparing, packing, and delivering was everything completed as per the time.

The whole process was very satisfying and I enjoyed every bit of it. All the way from buying ingredients to giving the food out. Every piece of lettuce, cucumber, or tomato was used to create such a simple and delicious meal for all. We were so happy we got this opportunity. We would love to continue this and pay it forward to help the others in need.

I sincerely thank VSNA Dasoha team, Anu Burji and Aarna Burji for giving us this opportunity to serve the people.

Munavalli Family

Diya Desai

Hello everyone,

This Saturday I had the wonderful opportunity to serve my community. To just be able to create a few dozen meals and to know the impact that I have is so incredibly rewarding and I'm grateful I had the opportunity to be a part of it. Thanks to Aarna for organizing this event.

You can sign-up for VSNA NCAL Anna Dasoha Program by clicking here:

<https://forms.gle/P5grzvH6EMckWARv>







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Sharanu, VSNA NCAL Family members,

This month, the Udayraj family conducted the October Anna Dasoha. They made and packaged 45 meals consisting of pasta, beans, cucumbers and carrots, along with a side, as well as a madelaine, banana, fruit bar, and rice krispie. On behalf of the 2022 VSNA youth committee, we congratulate this family for their participation.

Sharnarthigalu from Aarna Burji,

VSNA NCAL 2021 Youth Committee

Report from participating VSNA NCAL Youths

This was our family's first attempt to do something like this on this scale in the US and I can't tell how satisfying it was in the end. Right from deciding on the menu, shopping for groceries, preparing, packaging, and delivering was an experience of its kind. I am thankful to my family and kids who helped in every way of whatever possible to make things go smoothly and on time. Dasoha in principle assumed that what belongs to God must return to Him and that what came from society should be given back by way of selfless service. It made us realize how fortunate we are to have a house to live in and food available if we are hungry. Giving to those in need is a great way to help out our community, and we are excited for another opportunity to continue doing Kayaka and Anna Dasoha. I have cooked thousands of meals for tons of people but doing something formal like this was an experience of its kind and I encourage everyone to consider signing up to volunteer for VSNA Anna Dasoha.

- Harsha Udayraj

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Sharanu, VSNA NCAL Family members,

Thank you to the Shankar family for conducting the September Anna Dasoha. They cooked and packaged over 50 meals containing rice and daal, a cooked broccoli and carrot salad, brownies, sweet plums and peaches, and a vegetable mix. On behalf of the 2022 VSNA Youth Committee, we congratulate the Shankar family for participating in this month's Anna Dasoha.

Sharnarthigalu from Aarna Burji,

VSNA NCAL 2021 Youth Committee

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Sharanu, VSNA NCAL Family members,

Thank you to the Hatte family for participating in this month of August's Anna Dasoha. Their menu consisted of cooked carrots, broccoli, rice and daal, along with an orange and a cookie. On behalf of the VSNA 2022 Youth Committee, we congratulate this family on their Dasoha.

Sharnarthigalu from Aarna Burji,
VSNA NCAL 2022 Youth Committee

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Sharanu, VSNA NCAL Family members,

This month, the Shirashyad and Kumar families participated in July's Anna Dasoha. Their menu consisted of a sandwich, a salad, along with a couple fruits and a cupcake. Additionally they added a granola bar. On behalf of the VSNA 2022 Youth Committee, we are incredibly thankful to these two families for participating in the July Anna Dasoha.

Sharnarthigalu from Aarna Burji,
VSNA NCAL 2022 Youth Committee

Report from participating VSNA NCAL Youths:

Sarvesh Shirashyad

Hi, I'm Sarvesh Shirashyad. I volunteered to do Anna Dasoha (food donations) in the month of July via the VSNA Youth committee program. This was my second time doing Anna Dasoha. I feel satisfied by helping the underprivileged, and think that Anna Dasoha is a great thing to do. I felt good doing Anna Dasoha because I know that all my work is for people in need. I am thankful to all the people who gave me this opportunity. I am looking forward to continuing helping people. Thank you.

Hemant Kumar

Hi, my name is Hemant Kumar, and I'm in 8th grade. In July, I got an opportunity to be part of Dasoha on behalf of the VSNA youth committee to distribute food to homeless shelters. This volunteer work was a memorable experience for me. We made boxes of food that consisted of a peanut butter and jelly sandwich, a cupcake, salad, and fruits. We bagged all the other supplies and boxes we made ready to take to different homeless shelters. This experience is something I won't forget because this was through the VSNA Youth Committee, where I got to work with my friend to help the less fortunate people who are less fortunate than us. I realized that there are so many people who need our help. I plan to continue this whenever I get the chance in the future.

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Sharanu, VSNA NCAL Family members,

For the month of June, the Burji and Eshwarappa families conducted the Anna Dasoha. We cooked and prepared 71 meals. On behalf of both the families, I would like to thank the VSNA Youth Committee for this opportunity.

Sharnarthigalu from Aarna Burji,

VSNA NCAL 2021 Youth Committee

Report from participating VSNA NCAL Youths

This was our family's first attempt to do something like this on this scale in the US and I can't tell how satisfying it was in the end. Right from deciding on the menu, shopping for groceries, preparing, packaging, and delivering was an experience of its kind. I am thankful to my family and kids who helped in every way of whatever possible to make things go smoothly and on time. Dasoha in principle assumed that what belongs to God must return to Him and that what came from society should be given back by way of selfless service. It made us realize how fortunate we are to have a house to live in and food available if we are hungry. Giving to those in need is a great way to help out our community, and we are excited for another opportunity to continue doing Kayaka and Anna Dasoha. I have cooked thousands of meals for tons of people but doing something formal like this was an experience of its kind and I encourage everyone to consider signing up to volunteer for VSNA Anna Dasoha.

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Sharanu, VSNA NCAL Family members,

This month families Kallesh and Gulla conducted our May 2022 Anna Dasoha. Both families packed, prepared, and delivered 70 meals. On behalf of VSNA Northern California chapter we congratulate these two families for participating in this month's Anna Dasoha.

Sharnarthigalu from Aarna Burji,

VSNA NCAL 2021 Youth Committee

Report from participating VSNA NCAL Youths

A few weeks ago, I participated in an Anna Dasoha program through VSNA. Anna Dasoha is an event where committee members come together and serve the community by helping provide basic necessities like food to the underprivileged ones. I had participated in this event last year and had learnt that if someone doesn't have the basic necessities of life, it is great to share with them. Few ways in which the VSNA youth committee has done this in the past is by giving meals and a bottle of water. This year, me and another member of the VSNA youth committee's family have packed 70 wholesome meals that include a packet of goldfish, chewy bar, peanut butter sandwich, good portion of salad, water and cutlery to go with it.. We then packed the boxes/bottles of water into separate bags sorted by the area in which they were to be delivered. We then drove and handed over the nicely labelled bags to the nearby Library where all the volunteer drivers were picking the food to be delivered to the needy. They helped distribute the meals to everyone which saved us the time of doing it ourselves. We were grateful for that. I really like to volunteer in these kind of events and hence I am already looking forward for such opportunities in future. I am very thankful to VSNA for giving me and my family this opportunity to help in this noble cause.

Thanks, Ronit Gulla

On May 1, 2022, I did the Anna Dasoha. Anna Dasoha is where you make food for homeless people and pass it out. We made 67 lunches this time and met volunteers at Sunnyvale Library. The volunteers drive to each location to pass out the food to homeless people. Last time, the homeless people complained that the food we made was too spicy, so this time we made a PB&J sandwich with a salad. As snacks, we put orange, goldfish, and a granola bar. We packed the food in boxes and we put them in a plastic cover with water bottles. We started at 9:00 AM finishing off at 11:30 AM. I was happy to know that I made the homeless feel full and well-fed. This wonderful opportunity made me learn to always be happy with the things I have.

- Sameeksha Kalleth

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Sharanu, VSNA NCAL Family members,

This month, the Hanji family packed and prepared 62 meals for April's Anna Dasoha. They included oranges, pasta, and a hamburger bun for each meal. On behalf of VSNA Northern California chapter we congratulate these two families for participating in this month's Anna Dasoha.

Sharnarthigalu from Aarna Burji,

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ದಾಸೋ ಹ ಸಂಪೂರ್ಣ, ದಾಸೋ ಹವೇ ಮುಕ್ತಿ.
ಮನ ತನ್ನದಾದಡೆ, ಜ್ಞಾನಕ್ಕೆ ಕೊರತೆಯಿಲ್ಲ
ಜ್ಞಾನ ಸಂಪೂರ್ಣ, ಆ ಜ್ಞಾನವೇ ಮುಕ್ತಿ.
ಧನ ತನ್ನದಾದಡೆ, ಭಕ್ತಿಗೆ ಕೊರತೆಯಿಲ್ಲ.
ಭಕ್ತಿಸಂಪೂರ್ಣ, ಭಕ್ತಿಯಲ್ಲಿಮುಕ್ತಿ.
ತನುಮನಧನವೊಂದಾಗಿ ತನ್ನದಾದಡೆ
ಗುರುಲಿಂಗಜಂಗಮವೊಂದೆಯಾಗಿ ತಾನಿಷ್ಟನು
ಬೇರೆ ಮುಕ್ತಿಎಂತಪ್ಪದಯ್ಯಾ?
ಉರಿಲಿಂಗಪೆದ್ದಿಪ್ಪಿಯ ವಿಶ್ವೇಶ್ವರ.

Sharanu, VSNA NCAL Family members,

This month families Bilodi and Kudlamath conducted our 3rd month of Anna Dasoha this year. This month, we all celebrated Shivaratri as well. Wishing you all a happy and auspicious Shivaratri. This month, both families prepared and packed 56 lunches. On behalf of VSNA Northern California chapter we congratulate these two families for participating in this month's Anna Dasoha.

Sharnarthigalu from Aarna Burji,

VSNA NCAL 2021 Youth Committee

Report from participating VSNA NCAL Youths

I really enjoyed volunteering to package food today afternoon. I had a lot of fun throughout the whole process. The people who we gave the bags to were really nice. I feel proud of myself that I am helping the homeless. I hope they like the food. I would not mind doing this again.

- Aman Bilodi

It was a great experience to pack and make food for these people. Making the food was really fun. The people there were really nice and helped us unload. Overall it was great.

- Darshan Kudlamath Da

You can sign-up for VSNA NCAL Anna Dasoha Program by clicking here:

<https://forms.gle/P5grzvH6EMckWARv7>







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Sharanu, VSNA NCAL Family members,

This month families Shirashyad and Rampur conducted our 12th month of Anna Dasoha, completing one full year of a monthly VSNA tradition. We are grateful that we completed one year, and thankful to all the families that made this possible. This month, both families prepared and packed 30 lunches. On behalf of VSNA Northern California chapter we congratulate these two families for participating in this month's Anna Dasoha.

Sharnarthigalu from Aarna Burji,

VSNA NCAL 2021 Youth Committee

Report from participating VSNA NCAL Youths

Anna Dasoha means food donations, Anna=food Dasoha=unconditional giving. Our family signed up for Anna Dasoha for a monthly food donations program for the month of february 2022. We are doing this food donation program for needy people. Last week we had a meeting with Anu aunty and Aarna (the youth committee leader). She explained how Dashoha works and the process of it. On Thursday Anu Aunty sent us the food list, the quantity of how many meals we need and where we had to drop off the meals. On Friday we got groceries and supplies for the meals. The meals include, rice, chole, potato, salad, cookies, banana, orange, water. On Saturday we prepared all the food and bags so it would be ready for Sunday. On Sunday morning we woke up early and we packed everything the food, put labels on the bags, and made sure it was all ready to get taken to the shelter. I felt really happy and blessed to donate to the people in need. This experience made me feel really grateful that I have a home, freshly cooked meals and a family!

- Santoshi and Gautam Rampur

Doing Anna Dasoha was a very fun experience. Anna Dasoha in English means "food giving." It's an event where my family and cultural community come together to show that we support the people in need in our community. The preparation for it started one week before, where we all discussed the food items that would be donated and how the event would go. After making the plan, my mom started our contribution by going to get groceries. We prepared food in the morning. We decided to put chole, salad, and fruits inside our donation bags. With the chole we also put in some rice. We then put together the bags by labeling them, then putting everything inside. We included spoons, cookies, rice and chole, bananas, and oranges. We got together to make sure everything was in place. We observed one minute of silence to pay our respects to Bharat Ratna Lata Mangeshkar . After that my dad and uncle drove to drop the food. I think this experience was rewarding and fun because I learnt a lot about giving to others. Food is very important and people in need can barely get enough food to survive. I enjoyed participating in an event where I could help those in need by sharing some of my favorite foods. After the event I felt happy because I helped the people in need, and I could have made other people happy too.

- Sarvesh Shirashyad

You can sign-up for VSNA NCAL Anna Dasoha Program by clicking here:

<https://forms.gle/P5grzvH6EMckWARvZ>















Veerashaiva Samaja of North America



Northern California Chapter

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Sharanu, VSNA NCAL Family members,

Wishing all of you a Happy New Year! This year we started off Anna Dasoha with participation from Shekar and Gowda families. They prepared 36 meals and packed rice, dal, potato-peas palye, cucumber and tomato salad, with a banana, madeleines/pineapple moon-pies for dessert. On behalf of VSNA Northern California chapter we congratulate these two families for participating in the first month of Anna Dasoha this year!

Sharnarthigalu from Aarna Burji,

VSNA NCAL 2022 Youth Committee

Report from participating VSNA NCAL Members

Hello,

I was very happy to be helping/ donating food to people who need it the most through VSNA. The process of cooking, packing and delivering the meals was humbling. I'll definitely volunteer next time!

- Shivika and Shiven Shekar

Hello,

I was overjoyed to be able to help those in need, especially at this difficult time. The packing and cooking procedure was tremendously enlightening, and I can't wait to volunteer again!

- Kruthika and Vedika Gowda

You can sign-up for VSNA NCAL Anna Dasoha Program by clicking here:

<https://tinyurl.com/vsnanc-dasoha>





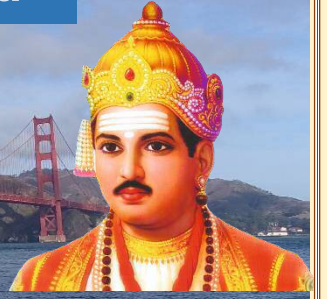






Veerashaiva Samaja of North America

Northern California Chapter



Monthly Anna Dasoha - August 2021

ಸೋಹಂ ಎಂದಡೆ ಅಂತರಂಗದ ಗರ್ವ;
ಶಿವೋಹಂ ಎಂದಡೆ ಬಹಿರಂಗದ ಅಹಂಕಾರ;
ಈ ಉಭಯವನಳಿದು ದಾಸೋಹಂ ಎಂದಡೆ ಪರಮಪದವು.
ಇದು ಕಾರಣ, ಎನಗೆ ದಾಸೋಹಂ ಭಾವವನೆ
ಕರುಣಿಸಿ ಬದುಕಿಸಯ್ಯ ಅಖಂಡೇಶ್ವರಾ

Sharanu, VSNA NCAL Family members,

This month was our 7th month of continuing the monthly meal delivery service to the homeless. This month, August's Anna Dasoha was conducted by Gautham Jayanna and Abhijith Prabhudev. They prepared and packed lunches for 47 people. On behalf of VSNA Northern California chapter we congratulate these two families for participating in this month's anna dasoha.

Sharnarthigalu from Aarna Burji,

VSNA NCAL 2021 Youth Committee

Report from participating VSNA NCAL Youths

We signed up for VSNA's Anna Daasoha monthly food donation program for August 2021 and the idea was to get our kids introduced to the noble act of helping the needy by doing whatever we can.

We decided on the menu with help from Anuradha and Aarna Burji and did all the shopping. On Aug 1, we prepared food and packed 47 boxes for distribution to homeless people in and around Sunnyvale, Cupertino, and San Jose areas.

The kids were of great help in arranging the bags, ensuring each item is included in all the bags, and in loading the bags to the car. We loaded up all the bags and handed them over to the volunteers' who then delivered the food packets to people for their lunchtime.

Overall, it was a very satisfying first-time experience for us to be part of the Anna Dasoha program and we would make this an annual ritual.

Thanks to VSNA for this opportunity.

You can sign-up for VSNA NCAL Anna Dasoha Program by clicking here:

<https://tinyurl.com/vsnanc-dasoha>





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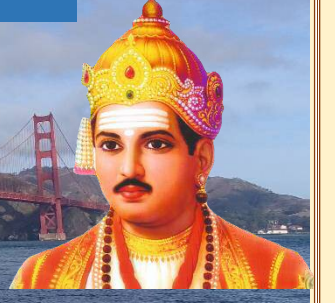


From L to R: Abhijith Prabhudev, Amulya Abhijith, Anika Gautham, Aarabhi Abhijith, Atharva Abhijith, Chalukya Gautham, Gautham Jayanna, Tejaswini Gautham



Veerashaiva Samaja of North America

Northern California Chapter



Monthly Anna Dasoha - July 2021

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ಇದು ಕಾರಣ, ಎನಗೆ ದಾಸೋಹಂ ಭಾವವನೆ
ಕರುಣಿಸಿ ಬದುಕಿಸಯ್ಯ ಅಖಂಡೇಶ್ವರಾ

Sharanu VSNA NCAL Family members,

For the past 6 months, Anna Dasoha has been an ongoing project. Currently, we have delivered over 250+ meals to the homeless and we plan on continuing to do so. This month, Anna Dasoha was conducted by Alka and Narendra Madinur, and Shobha and Vinaykumar Patil. They prepared, packed and distributed lunches for 42 people. On behalf of VSNA Northern California chapter we congratulate these two families for participating in this month's anna dasoha.

Sharnarthigalu from Aarna Burji,

VSNA NCAL 2021 Youth Committee

Report from participating VSNA NCAL Youths

Hello Everyone,

The Veerashaiva Samaj of North America Northern California DASOHA for the July month was conducted jointly by the Madinur and Patil family. Alka and Narendra Madinur, Shobha and Vinaykumar Patil families packed and distributed home prepared meals for forty two people. The healthy vegetarian meal included salad, pasta with vegetables, soft bread rolls, yogurt, a cookie and a bottle of water. It was our contribution to the human community as part of our Veerashaiva/Lingayat DASOHA tradition. It was a humbling and joyful occasion to be able to give and contribute.

We thank VSNA - Northern California chapter and DASOHA coordinator for giving us this opportunity.

Sharanu Sharanarthi.

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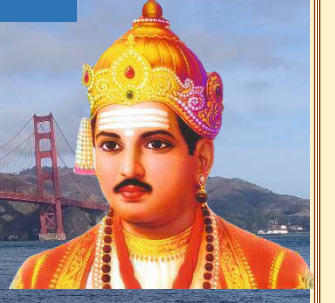


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Veerashaiva Samaja of North America

Northern California Chapter



Monthly Anna Dasoha - June 2021

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ಕರುಣಿಸಿ ಬದುಕಿಸಯ್ಯ ಅಖಂಡೇಶ್ವರಾ

Sharanu VSNA NCAL Family members,

As you know, in the spirit of dasoha, the distribution of wellness to society, VSNA NCAL 2021 Youth Committee has initiated a monthly anna dasoha to distribute meals to the unhoused.

This month's (June) anna dasoha was conducted by Ishan Murthy & family. They prepared, packed and distributed lunches for 30+ people. On behalf of VSNA Northern California chapter we congratulate this family for participating in this month's anna dasoha.

Sharnarthigalu Aarna Burji

VSNA NCAL 2021 Youth Committee

Report from participating VSNA NCAL Youths

Hello everyone,

At first, I was a little concerned when the responsibilities of taking part in Dasoha were outlined, but I decided that I was up for the challenge. It was very time-consuming and it took a tremendous amount of effort, but the result was fulfilling. I am happy to have served my community and I look forward to serving it in the future.

-Ishan Murthy

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Veerashaiva Samaja of North America

Northern California Chapter



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Shararu VSNA NCAL Family members,

Anna Dasoha (Dasoha- the distribution of wellness to society) is a VSNA NCAL 2021 Youth Committee initiated monthly meal delivery service to the unhoused. It has been successful for the past 4 months and this month's (May) anna dasoha was conducted by Renu Hiremani & family, and Sujata Nyamgoudar & family. Together they prepared, packed and distributed lunches for 35 people. On behalf of VSNA Northern California chapter we congratulate these families for participating in this month's anna dasoha.

Sharnarthigalu from Aarna Burji,

VSNA NCAL 2021 Youth Committee

Report from participating VSNA NCAL Youths

Hello everyone,

It was a great pleasure to be able to participate in this volunteer project, especially during this pandemic. It brought our family together to contribute time and an act of giving unconditionally to people in need. Firstly, we got together and planned and prepped what food items would be healthy and satisfying, and freshly cooked from scratch. We also wished to provide freshly cooked hot meals. This event gave us an opportunity to role model to our children the selfless act of giving. Research shows that volunteer work and shramdaan is the best way to increase Oxytocin and feel happiness, and during this project our family united to feel it all. We are blessed and confident we can do this in the coming years to make a difference in the community we live in. Thank VSNA team members for guiding us and leading us to make this happen.

With Gratitude,

-Renuka Hiremani

Hi everyone,

Due to the pandemic many people are struggling with basic needs, especially those without homes. Thank you, VSNA for giving this volunteering opportunity in this situation so homeless people can have wholesome meals on weekends. Hopefully more VSNA volunteers can join and help give more meals in the future.

-Nyamgoudar Family

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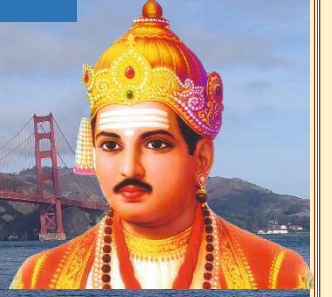






Veerashaiva Samaja of North America

Northern California Chapter



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Shararu VSNA NCAL Family members,

As you know, in the spirit of dasoha, the distribution of wellness to society, VSNA NCAL 2021 Youth Committee has initiated a monthly anna dasoha to distribute meals to the unhoused.

This month's (April) anna dasoha was conducted by Shubha Vajragiri & family, Anvita Hiremath & family, as well as Sneha Patil & Family. Together they prepared, packed and distributed lunches for 30+ people. On behalf of VSNA Northern California chapter we congratulate these families for participating in this month's anna dasoha.

Sharnarthigalu from Aarna Burji,

VSNA NCAL 2021 Youth Committee

Report from participating VSNA NCAL Youths

On Sunday, April 4, my family, friends, and I participated in VSNA's Anna Dasoha. We cooked meals for 35 people without homes. We served burrito bowls to ensure a healthy meal. Over the course of two days, we cooked and packed the food so that it could be distributed to those in need. Throughout the entire process, I was filled with gratitude and thankfulness. Dasoha was a way to give back to the community. The meals we made brought happiness to other people, a reward in itself. During difficult times, it is important for one to do all in their ability to help others and spread joy. As a community, we should uplift each other, and Anna Dasoha and all who helped organize it made that possible.

-Shubha Vajragiri

On April 4th, I took part in the Anna Dasoha event through VSNA as a volunteer. I prepared burrito bowls, tortillas, cookies, oranges, and bananas with the help of family and friends. We were able to make and distribute 35 bags of food in such a short time span. Whenever there is an opportunity to help those in need, I am always very grateful to lend a hand. As someone with a roof over my head and other basic necessities, this event helped me realize that there is a lot we can do to help out in the community, even if it's just making some meals. Not only does it bring the community closer, but it also brightens everyone's days.

-Anvita Hiremath

I Volunteered in Anna Dasoha event on April 4th along with my family and friends. I helped prepare and pack the food and dropped it at other volunteers' sites who would then distribute it to the homeless people. This would serve homeless people in the Santa Clara County of California. I would like to thank VSNA for giving me this opportunity to serve the community. This kind of gesture really helped me plan and focus on the actual needs of homeless people. We made burrito bowls that would serve 35 homeless people. This meal consisted of beans, rice mixed with cilantro and lemon along with sour cream, cheese, and lettuce. We also added tortillas, banana, orange, and a cookie along with the burrito bowl. We first bought the groceries and then cooked the beans and rice. We packed with care and lots of love. Working together as a group was not only fun but also very informative as we exchanged our thoughts to serve the community better for future events. I learned that

sometimes taking some time out for others makes us feel good. I encourage everyone to periodically give back to the community whenever possible. I would like to end this note with a beautiful quote that I thoroughly believe in “One person can make a difference, and everyone should try”.

-Sneha Patil

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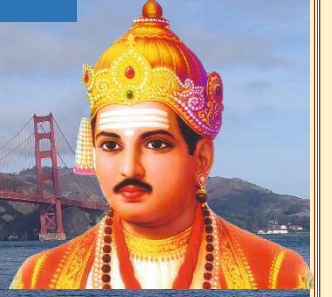


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Veerashaiva Samaja of North America

Northern California Chapter



Monthly Anna Dasoha - March 2021

ತನು ತನ್ನದಾದಡೆ, ದಾಸೋಹಕ್ಕೆ ಕೊರತೆಯಿಲ್ಲ,
ದಾಸೋಹ ಸಂಪೂರ್ಣ, ದಾಸೋಹವೇ ಮುಕ್ತಿ.
ಮನ ತನ್ನದಾದಡೆ, ಜ್ಞಾನಕ್ಕೆ ಕೊರತೆಯಿಲ್ಲ
ಜ್ಞಾನ ಸಂಪೂರ್ಣ, ಆ ಜ್ಞಾನವೇ ಮುಕ್ತಿ.
ಧನ ತನ್ನದಾದಡೆ, ಭಕ್ತಿಗೆ ಕೊರತೆಯಿಲ್ಲ.
ಭಕ್ತಿ ಸಂಪೂರ್ಣ, ಭಕ್ತಿಯಲ್ಲಿ ಮುಕ್ತಿ.
ತನುಮನಧನವೊಂದಾಗಿ ತನ್ನದಾದಡೆ
ಗುರುಲಿಂಗಜಂಗಮವೊಂದೆಯಾಗಿ ತಾನಿಷ್ಟನು
ಬೇರೆ ಮುಕ್ತಿ ಎಂತಪ್ಪುದಯ್ಯಾ?
ಉರಿಲಿಂಗಪೆದ್ದಿಪ್ರಿಯ ವಿಶ್ವೇಶ್ವರ.

Sharanu VSNA NCAL Family members,

In the spirit of dasoha, the distribution of wellness to society, VSNA NCAL 2021 Youth Committee has initiated a monthly anna dasoha to distribute meals to the unhoused. VSNA NCAL chapter has connected with a group of community members who are trying to provide meals for the unhoused. Our aim is to provide a wholesome meal.

This month's (March) anna dasoha was conducted by Ronit Gulla & family and Prateeksha Kallesh & family. Together they prepared, packed and distributed lunches for 40+ people. On behalf of VSNA Northern California chapter we congratulate our youths Ronit and Prateeksha for leading this month's anna dasoha. Keep up the good work!!

Sharnarthigalu from VSNA NCAL 2021 Committee

Report from participating VSNA NCAL Youths

Recently, I participated in an Anna Dasoha event through VSNA and as a volunteer I helped pack and distribute 40 wholesome meals to a homeless shelter. Each one of the meals contained a portion of rice, daal, sautéed veggies, a snack (cookie and energy bar), a dinner roll, a fruit, and a bottle of water. We individually packed each meal in a disposable brown bag with some utensils. We were driven to the library where the shelter volunteers were collecting the bags. We were thanked for helping these people for serving food. I felt good donating food and giving back to the community. I learned that some people aren't privileged and don't have the basic things in life so it's good for us to provide them with basic things like food, whenever we can. I look forward to volunteering in more Dasoha events in future.

-Ronit Gulla

VSNA NCAL 2021 Youth Committee Member

This month on Sunday, March 7th, I participated in the second VSNA Anna Dasoha for this year with the help of my family and friends. We prepared and distributed 40 wholesome, home-cooked meals to unhoused people in the Sunnyvale and Santa Clara area. Each meal included rice, daal, potato and capsicum fry, salad, a cookie, granola bar, dinner roll, banana, and water. After packing the meals, we delivered them to volunteers who would take the meals to the homeless people. Even though it was a lot of work to cook and pack the meals, I was grateful to be able to give back to my community. Especially in these hard times, it can be difficult to get a hot meal every day and stay positive. Knowing that I made someone feel content and helped put a smile on their face made me feel very delighted. It made me realize how fortunate I am to have a house to live in and food available if I am hungry. Giving to those in need is a great way to help out our community, and I'm excited for another opportunity to continue doing Kayaka and Dasoha in my community.

-Prateeksha Kallesh

VSNA NCAL 2021 Youth Committee Member

You can sign-up for VSNA NCAL Anna Dasoha Program by clicking here:

<https://tinyurl.com/vsnanc-dasoha>



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VSNA 2021
NORTHERN CALIFORNIA CHAPTER



Monthly Anna Dasoha - Feb 2021

ತನುವ ಗೆಲಲರಿಯದೆ, ಮನವ ಗೆಲಲರಿಯದೆ
ಧನವ ಗೆಲಲರಿಯದೆ, ಭ್ರಮೆಗೊಂಡಿತ್ತು ಲೋಕವೆಲ್ಲವು.
ತನುವ ದಾಸೋಹಕ್ಕೆ ಸವೆಸಿ, ಮನವ ಲಿಂಗಧ್ಯಾನದಲ್ಲಿ ಸವೆಸಿ
ಧನವ ಜಂಗಮದಲ್ಲಿ ಸವೆಸಿ ಗೆಲಬಲ್ಲೆಡೆ,
ಸಂಗನಬಸವಣ್ಣನಲ್ಲದೆ ಮತ್ತಾರನು ಕಾಣೆ.
ಗುಹೇಶ್ವರಾ_ನಿಮ್ಮ ಶರಣ ಸಂಗನಬಸವಣ್ಣಂಗೆ,
ನಮೋ ನಮೋ ಎನುತಿದೆನು

Shararu VSNA NCAL Family members,

In the spirit of Dasoha, the distribution of wellness to society, VSNA NCAL 2021 Youth Committee is initiating a food service to distribute meals to the unhoused. VSNA NCAL chapter is connecting with a group of community members who are trying to provide meals for the unhoused. Our aim is to provide a wholesome meal. We request about 2-3 families every month to signup for this Anna Dasoha service. Closer to the day of the pick-up, a youth committee member will contact you for more information or to clarify any questions you may have.

This month (Feb) Anna Dasoha was conducted by Anu and Aarna Burji, Anu and Diya Desai. Together they prepared, packed and distributed lunches for 55 people. On behalf of VSNA Northern California chapter we congratulate our youths Aarna Burji and Diya Desai for leading this month's Anna Dasoha. Keep up the good work!!

Sharnaarthigalu from VSNA NCAL 2021 Committee

Details of the Anna Dasoha:

Food: Pasta, Veggies, Burritos, Rice, Sandwiches with sides

Drinks: Water and then milk, soda, fruit juice (not too much sugar)

Snacks: Good to add to meals as they can save them and eat later

Packaging: Each meal should be individually packaged in convenience to Covid and to distribute.

Quantity: Each family will cook and prepare food for about 20 people. Together, we will do Anna Dasoha for 60 people every month.

Drop-off: First Sunday of Every month @11:30 am

Location and other details will be shared closer to the date with families who have signed-up.

Someone will be coming to your home to pick up the food bags to distribute the meals. It would be good if you can involve children to help with food preparation and packing.

Below is the link to register

URL: <https://tinyurl.com/vsnanc-dasoha>

Sharanarthigalu

VSNA NCAL 2021 Youth Committee











Report from participating VSNA NCAL Youths

This month for VSNA's Anna Dasoha, I helped prepare and distribute 55 meals to homeless people in Santa Clara County. Each meal contained rice, black dhal, potato curry, salad, a cookie or poundcake, some fruit, and water. We placed every meal in a brown paper bag with a napkin and disposable fork. My parents drove us to the place where a group of homeless people were currently residing, and we coordinated with a few volunteers who regularly worked with them. As they came and picked up a bag of lunch, they all thanked us. It was a very satisfying experience for me. There was no better feeling than seeing the smiles on their faces. It made me recognize the unearned and un contemplated privileges that shield us from homelessness and helped me gain a perspective of how grateful I have been for having a roof over my head, timely meals, and most of the necessities taken care of. I will remember this day for a long time and look forward to giving back my time and resources to help others in need.

-Diya Desai

VSNA NCAL 2021 Youth Committee Member

We started the VSNA's Anna Dasoha for this year on Sunday, February 7th. I participated in this food service where my family, friends, and I delivered home cooked, wholesome meals to 55 unhoused people mainly in the Sunnyvale, Santa Clara, and San Jose area. The prepping, cooking and packing took time but it was all for a satisfying end.

To me, Dasoha doesn't just mean giving to those in need, it means participating in a community that you are a part of, a community where it can't be everyone for themselves, and that sometimes we need to help each other out. I was so lucky to get to meet the people I was helping when we delivered the lunches, their gratefulness and cheerful spirits despite their circumstances represented the power of optimism and community.

Thank you to everyone who helped make this event possible. I hope we all participate and continue the Anna dasoha in our communities!

-Aarna Burji

VSNA NCAL 2021 Youth Committee Member



Veerashaiva Samaja of North America



Northern California Chapter



SECOND HARVEST
of SILICON VALLEY

Sharanu!

Dasoha (Charity)



Family Giving Tree®

Let each one of us do our part in the form of Kayaka & Dasoha for the organization to Preserve, Protect and Propagate the Universal Values of Basava Philosophy – the mission of VSNA. As part of VSNA Northern California chapter's yearly Dasoha program, we have selected the below two organization for our Dasoha :

- A. Second Harvest Food Bank- virtual barrel fill
- B. Family giving tree - Toys donations

The COVID pandemic has drastically increased the needs of those that these organizations serve. At the same time, it has impacted every aspect of their Holiday Wish Drive. Donors don't feel safe shopping in a store. Volunteers are hesitant to work in their warehouses. Hence we have decided to donate funds to aforementioned organizations to buy and donate food and toys to the needy families in SF BayArea.

We sincerely appeal to you all to donate generously by sending your payments to VSNA Northern California (www.vsnanc.org or [PayPal to vsnanc@yahoo.com](mailto:vsnanc@yahoo.com)). The collected funds will be donated to the above organizations. Last day to send your donation is Friday Dec 18th, 2020.



Jeevith Chanveer

Sharanarthigalu!

Jeevith Chanveer and Suyog Vibhuti (VSNANC Dasoha Leads)
On behalf of VSNA NCAL 2020 Adult and Youth Committee



Suyog Vibhuti



ತನು ತನ್ನದಾದಡೆ, ದಾಸೋ ಹಕ್ಕೆ ಕೊರತೆಯಿಲ್ಲ,
ದಾಸೋ ಹ ಸಂಪೂರ್ಣ, ದಾಸೋ ಹವೇ ಮುಕ್ತಿ.
ಮನ ತನ್ನದಾದಡೆ, ಜ್ಞಾನಕ್ಕೆ ಕೊರತೆಯಿಲ್ಲ
ಜ್ಞಾನ ಸಂಪೂರ್ಣ, ಆ ಜ್ಞಾನವೇ ಮುಕ್ತಿ.
ಧನ ತನ್ನದಾದಡೆ, ಭಕ್ತಿಗೆ ಕೊರತೆಯಿಲ್ಲ.
ಭಕ್ತಿಸಂಪೂರ್ಣ, ಭಕ್ತಿಯಲ್ಲಿಮುಕ್ತಿ.
ತನುಮನಧನವೊಂದಾಗಿ ತನ್ನದಾದಡೆ
ಗುರುಲಿಂಗಜಂಗಮವೊಂದೆಯಾಗಿ ತಾನಿಪ್ಪನು
ಬೇರೆ ಮುಕ್ತಿಎಂತಪ್ಪದಯ್ಯಾ?
ಉರಿಲಿಂಗಪೆದ್ದಿಪ್ಪಿಯ ವಿಶ್ವೇಶ್ವರ.

Sharanu, VSNA NCAL Family members,

Thank you to the Hatte family for participating in this month of August's Anna Dasoha. Their menu consisted of cooked carrots, broccoli, rice and daal, along with an orange and a cookie. On behalf of the VSNA 2022 Youth Committee, we congratulate this family on their Dasoha.

Sharnarthigalu from Aarna Burji,
VSNA NCAL 2022 Youth Committee

You can sign-up for VSNA NCAL Anna Dasoha Program by clicking here:

<https://forms.gle/P5grzvH6EMckWARv>