



## MODERN ARNIS RANKING SYSTEM

### Lakan Antas Rank

Rank	Belt	Active Practice Requirements	Title
Lakan Antas 10	Black with gold stripes	Lifetime Practice	Grandmaster Remy A. Presas
Lakan Antas 9	Black with gold stripes	Lifetime Practice	Grandmaster Remy A. Presas
Lakan Antas 8	Black with silver stripes	20 years to 30 years	Senior Master
Lakan Antas 7	Black with silver stripes	15 years to 20 years	Senior Master
Lakan Antas 6	Black with orange stripes	10 years to 15 years	Master Instructor
Lakan Antas 5	Black with white stripes two bar	8 years to 10 years	Master in Modern Arnis
Lakan Antas 4	Black with white stripes one bar	5 years to 8 years	Associate Master
Lakan Antas 3	Black with white stripes	3 years to 5 years	Senior Instructor
Lakan Antas 2	Black with red stripes one bar	2 years and 5 months	Instructor
Lakan Antas 1	Black with red stripes	2 years	Associate Instructor
Lakan	Black with blue stripes	1 year and 5 months	Apprentice / Instructor

### Likha Antas Rank

Rank	Belt	Active Practice Requirements	Title
Likha Antas 4	Brown with white stripes four bar	1 year	Intermediate Level 4
Likha Antas 3	Brown with white stripes three bar	9 months	Intermediate Level 3
Likha Antas 2	Brown with white stripes two bar	7 months	Intermediate Level 2
Likha Antas 1	Brown with red stripes one bar	5 months	Intermediate Level 1
Likas	White with red stripes	3 months	Beginner