

HORSE

Federal 501(c)(3) # 86-0927834

PLEASE - Help us save time and money by providing your current e-mail address - Thanks

August 2021

Session 1 Classes will begin the week of September 12th

FUND RAISERS

Find us on Facebook and Twitter - Spread the word to your friends Check for Weekly Updates

ENROLL FRY'S VIP

Enroll your Fry's VIP Card - SICP #BH909 www.FrysCommunityRewards.com

Tell a Friend and keep the donations coming in 35 Families enrolled - Let's find more

SDECIAL THANKS

All of you have made a difference - Thank you - MaryAnn and Robert Hirschberg, Taylor and Kempton Hooper, Chris and Craig Hudson and Royal Arabians for lending us their horses and facilities this past year.

Board of Directors

President - Chris Hudson Vice President - Bob Stapleton Secretary/Treasurer - Craig Hudson

THANK YOU FOR YOUR SERVICE

* * *PLEASE * * * PLEASE - HELP US SAVE TIME AND MONEY * * *

E-MAIL YOUR CURRENT E-MAIL ADDRESS to StableInfl@aol.com

"FOLLOW AND LIKE" US ON FACEBOOK to keep up on News

Tax Deductions -

Remember to keep track of your mileage coming and going from our classes and our fund raisers for a cents-per-mile deduction at tax time. Check with your tax preparer.

QUICK FUNDRAISERS

New Car Fundraiser --- 100 for \$100+ --- \$10 Poop Bucket Challenge — Rider Sponsorship

Share with ALL your friends the successes you have seen and experienced

Encourage more Riders to ride, Volunteers to help and Supporters to donate.

PROGRAM LOCATIONS

Chris Office - 623-465-0637 - - - Chris' Class Cell Phone - 623-229-4221 - ONLY for last minute calls please.

- *** New River: Stable Influence near Shangri La Lane and New River Road New River
- *** Peoria/Glendale: Soft Wind Riding Club 2 Blocks east of 67th Avenue near Pinnacle Peak Road Glendale

2021 AWARDS

We were unable to do awards due to Covid-19 partial shutdown as so many of our riders and volunteers had to discontinue participation.

2020 - 2021 DONATIONS

\$2,000 and over

Phillip Cocklin Hudson Family Royal Arabians

Outlander Private Foundation

\$1,000 to \$1,999

Morris Family Smith Family

\$0 to \$999

Elizabeth Ahlman Kate Hust Inge Voglemann Amazon Smile Kroger/Fry's Angela Williams Boeing ECF Labbe Family Lisa Wintermantel

Nancy Buss Jen McGivern Memorial Ridership Fund

Facebook Fundraisers Elaine Migala Mary Wright Honeywell Hometown Muecke Family Debbie Wylie

Solutions Pruitt Family Paul Youngmark Memorial

Maureen Stevenson

Thank you for your kind support !

Cooking with Kids

Liber-T's Frozen Yogurt Fruit Bites

One silicone fun mold from craft store

1 - 5.3 ounce container whole milk vanilla greek yogurt 1/3 cup fresh raspberries or blueberries - or strawberries or ???

Place yogurt and fruit in a bowl and mash with a fork If you want chunks of fruit don't overly mash.

Using a small spoon or spatula, place the mixture into silicone molds.

Tap once or twice to remove any air bubbles.

Place the mold on a small baking sheet or directly into your freezer and freeze for 4-6 hours or until bites are solid.

Pop bites from molds and enjoy!

FUNDRAISING REQUESTS

*** New Car Fundraiser ***

It is official - our wonderful 2001 Elantra with 307,000 miles on it must retire. We are fundraising for a new vehicle. The goal is \$26,000. We'd like something small and economic just like our wonderful Elantra has been for the past 20 years.

Do you buy GROCERIES???

If you are already one of our Fry's shopper families - Thank you - you are automatically re-enrolled, but if not, it's time to enroll your Fry's VIP card on line for Stable Influence. Fry's shares \$2M with area non-profit organizations enrolled each year. There are 35 families signed up. Remember to enroll if you shop at Fry'sl. Our portion of Fry's donation depends on how many shoppers shop for us. The more shoppers- the more we receive. So, go to www.FrysCommunityRewards.com - Sign in or Select 'Create an Account' and follow the directions. SICP Fry's Number is 80063. Please enroll and join our Fry's Shopper Family.

Share our needs with your friends and family through Facebook and Twitter and ask them join in to support a cause you believe in so every time you shop you help our riders.. \$4,070 from Fry's since May of 2012. This works all over the country and in ACME, Jewel-Osco, SavOn, Supersaver Foods, Shaws and of course Albertsons stores. Fry's VIP card works at all Kroger owned stores around the country.

Honeywell, Motorola, Boeing and ??? companies will provide grants to organizations their employees support and Employee Giving Programs will send your donation directly to us. But you have to ask. APS, Boeing, Honeywell, Motorola, Target, United Health Care, Schreiber Foods, all have supported their employees' support for us. Check with your company and ask if they will support our riders too.

AZ Qualifying Charitable Organization

Stable Influence has qualified as an Arisona Qualifying Charitable Organization. Anyone donating can use QCO Code 22306 to receive a tax credit on AZ State taxes for up to \$400 for a single person and \$800 for couple valid for donations made in 2021.

Everyone is shopping on Line Now - Have that Purchase do Double Duty!

Shopping on line at Amazon then adding a "Smile" to it is easy for everyone to do and by signing up to support SICP, it's easy for your purchases and browsing time to do double duty and support our riders. By choosing to shop through Smile.Amazon.com they will support Stable Influence Riders.

- Smile.Amazon.com - sign up to support SICP

Most stores are in these malls. - \$648 from Amazon Smile since 2014. Help get those numbers up by signing up to support Stable Influence. You are shopping anyway - make it do duel duty.

100 for \$100 Plus

Our 100 for \$100 campaign is still going on. We are still looking for folks to help finish our campaign. We've had 43 - 100 for \$100 donors since 2012. I'm sure every one of our supporters knows of JUST ONE person who can donate \$100 for this campaign.

If you ask, they just might give. Companies and folks you know will help. Your stories about Stable Influence experiences help folks understand our mission and successes - share on your Facebook or Twitter account and ask your friends to support our mission.

Unlike most charities, over 90% of all donations go directly to help our riders. Donations are tax deductible to the fullest extent of the law.

**** YOU WILL MAKE A DIFFERENCE ****

Enroll your Fry's VIP Card in Fry's Community Rewards Program SICP #BH909 www.FrysCommunityRewards.com

Donate to the Car Fundraiser, Donate or find a 100 for \$100 Donor or - - - just \$10 for the Poop Bucket Campaign GO - - DO IT NOW!! While you are thinking of it!

STATE OF THE STABLE

Our 23rd year was full of challenges and successes. A BIG THANK YOU to everyone who has supported us by volunteering, making donations or bringing us riders and volunteers. We so appreciate all your support which has made Stable Influence Charity Programs the successful Equine Assisted Activities and Therapy program it is.

In August 2020 we welcomed 2 new riders to our family. More riders joined in over the next few months. We were careful with Covid guidelines and, of course, we play outside. Our families were so grateful to have a weekly activity since so many clinics and events were closed or canceled. All our riders made good progress toward their goals and those that achieved their goals got new ones to work toward. AHHH - it just gets better and better. We have improved the lives of over 463 riders since 1998. Some have been riding with us from the beginning. WOW!!

Program - For FY20 August riding was very spotty with exceptional high heat, but in September, Session 1 started out with 15 half-hour riding lessons scheduled each week and we welcomed 4 new riders. This was only 2 less than in FY19 and with Covid we felt pretty good. By spring, we were up to 20 half-hour rides per week. Several new riders were in process to begin riding which would have given us a big increase in riders - had all the planets aligned in our favor. However, in mid-February, just as we were going to start Session 4, tragedy struck. One of our rider's aides wrote an e-mail to our wonderful Mesa ride site hosts expressing her feelings about how she felt the horses were being treated at the stable. This is a premier stable that breeds world class, award winning horses. The stables and horses are immaculately kept. We were extremely grateful for their support of our program since August 2019. This person admitted she didn't know anything about horses, much less about how to keep very expensive stallions, mares and foals safely. Her 1 time, 1 hour visit caused the stable to close to all outside people. So February 22, we moved our 2 horses, our shed and ramp to New River. This ended almost 30 years of me providing therapeutic riding for people in the East Valley. It was very sad for the 14 riders we served and all the volunteers who gave their time, many for years, to help our riders. Our Peoria/Glendale site is still working well with 9 riders at the time. Thankfully, 4 of our Mesa riders and several volunteers decided to make the trip Saturday mornings from Mesa to New River to continue riding and helping. We are currently not seeking another site in the East Valley since we exhausted all possibilities 2years ago. We will continue working at our Peoria/Glendale and New River sites.

With a lot of being very careful, support for horses in Mesa until February and more riders participating this year, we actually reduced our cost per rider per 6-week session. However, loss of our Mesa site has increased our horse care costs with 2 extra horses in New River, so costs will increase going forward. Every rider pays a reduced fee for riding. We bridge the difference with donations. One rider received a half-scholarship thanks to the Lisa Wintermantel Memorial Ridership Award. We had about 6 calls for new riders in the East Valley after the site closed. Had we been able to add those riders we would have been in really good shape. We'll see what next year brings.

As it stands now, with known increase in horse care costs and loss of riders in Mesa, I estimate we will need to fund raise about 55% of our rider costs to pay minimum operation expenses. Rider fees are calculated to pay for only the absolute essentials. Less riders cause us to continue to fall short for horse care costs and Head Instructor salary. We are looking forward to a good beginning in September. Some of our riders have been with us since before the beginning and we appreciate their continued support. Even with the summer heat, we started 1 new rider this summer. Our riders have various goals. Some come and stay, but others are seeking a specific goal and once reached - it's time for them to "ride away". The Hudson's have supported 3 and since February 4, of our horses since January 2018 without full payment for board. Hay is purchased each summer. A few riders always ask for sponsorship funding. We hope we can help a few more riders with partial class fees. If you'd like to sponsor a rider, contact us to make a donation. Donations for expenses are always appreciated. Funding for a new car, bareback pads, equipment repairs, vehicle maintenance and program t-shirts, are not included in rider cost calculations and are totally dependent on donations.

FY20 scheduled 590 half-hour riding lessons - which was only 44 less than last year. Had we not lost Mesa, we'd have had 130 more. With adequate volunteer support, we could have scheduled another ??75 rides. We provided 526??? lessons this year compared to 436 last year. We made up 71 missed rides and had 57 no-shows. Weather was not as bad as last year with 68 lost rides due to heat and rain. However, we lost 122 rides, due to Covid-19. For summer, 6 riders participated in classes in New River. This was 4 more than last year. In August, we'll have 5 riders continue, providing the heat isn't too bad. Continuing education for our instructors and volunteers were partially paid for privately. Craig, thank goodness, continues to donate vehicle, shed and ramp maintenance. Our classes Wednesdays at Soft Wind Riding Club in Peoria/Glendale will begin again mid-September. We will also ride Saturday mornings in New River. YEAH!

Volunteers:

69 Registered volunteers with 15 helping out each week. 1,687 Volunteers since 1998. 3,138 hours of volunteer time were given this year. 113,526. Volunteer hours since 1998. Horses gave 263 hours this year. 10,129 Horse hours by 60 Horses since 1998.

Horses - Our new horse, Afire Krewe is now 21. He was able to help many of our riders while in Mesa and is still receiving necessary retraining to a better mount for our riders. Thank you to Jay who has done an amazing job. Afire is smaller than our other horses so offers a more narrow barrel for our riders. He does, however, offer good, active movement, which is very nice for our riders who need that. Stetson at 23 and Liber-T at 28, are both wider and offer great movement for riders needing to work their core. Stetson is settling more and more each year. Angela, Elaine and Jay helped with conditioning Stetson and Afire when in Mesa. Now that they are in New River, it's up to me. Liber-T loves our littlest riders and it's fun to see her look for them and snuggle when she gets a chance. However, when being ridden, she wants it done "right", which really challenges our more advanced riders. Our "baby", Dakota is now 20. She offers riders a very wide back, but quiet movement. So different than Liber-T and Stetson. Freckles is 27 now and has movement between what Liber-T and Dakota offer. She has quiet movement, but surely can go if asked. Her narrow barrel is great for riders needing less of a stretch. She is often my first choice for new riders. I am pretty much on my own to maintain the horses, and with 2 extra here, it is a challenge getting them all exercised. Horse board is a cost we have monthly no matter how many riders we have and this year we have 2 extra horses to feed. The Equine Dentist is due in December for about \$500 this year. I am very grateful to her for helping our horses a couple times during the year. Thank you to the Morris family, The Outlander Private Foundation, Royal Arabians and the Hudson's for supporting our horses this past year.

We had to purchase additional hay this summer as Afire and Stetson have joined the herd. End of summer we will purchase for the year. I expect hay prices to be up a bit. The board for horses covers hay and grain costs. Your hay/grain donation will allow us to purchase what we need to keep all the horses fat and sassy - well not too sassy.

You can help out with our Adopt a Horse program to support one of our amazing horses. Your donation of \$250/month or \$2,900 per year will support one of our horses. Your gift as well as your mileage can be tax deductible. Thank you to Morris Family and Hudsons for your horse support.

<u>Facebook and Twitter</u> - each week we post on Facebook and Twitter gets hit as well. "Like", follow and post to our Stable Influence Charity Programs page. Enjoy and share pictures of our riders' successes, as well as noting class changes. Also, just for grins and giggles, watch for sunsets, wild life and other fun stuff happening each week. Add a story, share with your friends, family and folks who may benefit from our services or who may want to help out. Spread the word - that's our best advertisement. If you ask your followers to donate, to sponsor a rider or horse, or just because, I bet some would. Donations can be given through Pay Pal Giving site by clicking the button on our web site. About 3% is taken out for fees. We accept Zelle for donations to our e-mail - stableinfl@aol.com. Or - - - just send us a check directly or through your bank bill-pay.

Rider Stats: A total of 30 riders participated in classes this year which was up from 24 last year. 9 - Autism, 4 - CP, 3 - Down Syndrome, 2 - ADHD,, 2 - Fetal Alcohol Syndrom, 2 Foster, 2 Speech, 1 each Lennox Gausteau, Low Tone, MS, Schizophrenia, Sensory Processing, TBI. However, most all of our riders have multiple challenges. Rider ages: 0-5 3, 6-10 9, 11-20 11, 21-30 4, 31-59 2, 60+ 1.

We rode in 3 locations this year. On Monday and Thursday at Royal Arabians in Mesa until mid-February. On Wednesdays in Glendale, our horses were trailered from New River each week during the school year. After Mesa closed, 4 riders came to New River on Saturday mornings until the end of May and then we had summer classes on Wednesdays during June and July where riders enjoyed fun on "real" trail rides. We ask all riders, volunteers and supporters to spread the word to potential riders and volunteers to help us increase participation. We had wonderful participation of volunteers this past year and are thankful to everyone who helped out. We so appreciate the support of our site owners - Maryann at Soft Wind Riding Club in Glendale, the Hudsons in New River and Amanda at Royal Arabians in Mesa.

Horse Show - Unfortunately our horse show this year was once again canceled due to Covid-19.

<u>Staffing</u> - Chris Hudson continues as the Head Riding Instructor and Executive Director. Angela, Elaine and Jay assisted with horse care. Chris handles all the classes at both sites Wednesdays and Saturdays. Sundays are available to work horses and for volunteer lessons. Chris does the horse care for all horses. Come play with our horses and improve your skills.

<u>Donations</u> - We always want to thank all of you who donated this past year. We met new donors and appreciate supporters who help every year. Keep spreading the word and let us increase our donor roster. We received donations from Boeing ECF, Phillip Cocklin, Morris Family, Angela Pruitt, The Outlander Private Foundation, Smith Family, the Lisa Wintermantel Memorial Ridership Award and the Paul Youngmark Memorial, to name a few. Of course, new donors are always welcomed. Thank you to ALL listed in our Donation Section - we truly appreciate your generous gifts.

The challenges our riders have require extra financing just for day-to-day living. Insurance and government programs do not support Equine Assisted Activities. Our riders receive so much benefit, their families will struggle to pay for them to ride. Those that rode this past year were very grateful we were able to stay open as so many activities and therapy clinics were shut down. Being consistent is why I believe each year new riders come to us and previous riders return. We have riders who have

been with us for over 20 years and some I've worked with for over 30 years. It works. Most riders see improvements the very first ride.

<u>Fundraising</u> - Our horse show is our big fundraiser each year, but has not been possible for the past 2 years. We obtained approval as an Arizona Qualifying Charitable Organization this year. Which mens, donors in 2021 can use QCO Code 22306 and get a dollar for dollar return on AZ State Taxes. Up to \$400 for a single person and \$800 for a couple is given. Other ideas could be - a wine tasting or a painting party. Anyone can set up a simple fundraiser. Got "Spare Change" - we'll take it. A scholarship fundraiser would be good to support the riders on scholarships. Several riders ask for funding assistance each year. Little events like a dinner with friends, a t-shirt raffle or a car wash can really help. We appreciate the continued support of regular donors and know they are appreciated to allow us to keep doing.

Usual fundraising and donations were around \$15,034 which was a smidge more than last year, but \$4,000 shy of FY2018. We continue to work to get donations up. Fundraising is a critical need for all non-profits. I wrote 1 grant request, but was denied. If someone would like to tackle it - thanks.

Insurance and repair expenses were up. Other than horse costs, expenses remained pretty stable.

New Car Fundraiser. The Elantra has to retire and we need to raise funds for a new car. Our 2001 Elantra has 307,000 miles on it and repairs will cost more than it's value. Please - if you can - help us raise \$26,000 to purchase a new vehicle.

"Poop Bucket Challenge" - asking for a \$10 donation is still out there. We are trying to fill a poop bucket with \$10 bills to support our horses. Encourage 5 friends to join in - - and - they ask 5 friends - - - and so on for success. It would give us all we need to support our horses. Donate through Zelle, our Pay Pal Donor Button or better yet, send your Horse Care gift directly to us. Let's fill our bucket up. In 2012 we started the 100 for \$100 campaign. It's still out there - unfinished, but getting closer. Let's finish this campaign by each one of you finding just ONE person to gift us \$100. They're waiting to be asked.

Craig and I have personally covered the costs for the New River horses since February 2018. Donations from The Outlander Private Foundation, Hudson Family, Morris Family and Royal Arabians helped with horse care this year.

Ask people you know to support us with only \$10 a year - or better yet \$10 every month . Although it doesn't sound like much, I bet we could bridge our costs if everyone plays a part and makes it happen. What do the big foundations say? "For only \$.33 a day!!!" That's only 2 Starbuck's coffees or a pizza in a week. AND if everyone found just one person or company to donate \$100, we would meet our campaign goal. Your request gets us in that door. Often folks ONLY NEED TO BE ASKED. Donations have come from various companies simply because their employees asked. Does your company offer funding or grants? You don't know if you don't ask.

Our fundraising needs each year are: Insurance \$1,200, PATH Membership \$650, Continuing Education for our instructors, \$500, our 6 horses require board, feed, vet and hoof trimming to the tune of around \$18,000. Our instructor works more than her small salary gives for her time. Instructor compensation has not increased since 2000. I personally put over 70 hours a week into the program with teaching, office administration, fund raising and horse care. Office and utility expenses never go away. Our Suburban is a 1986 with over 500,000 miles. Our 2001 Elantra just turned over 307,000 miles and we must replace it with a newer vehicle as repair costs are more than it's value. We've set up a Car Fundraiser to raise money for a new vehicle. We've been using Hudson's personal dually pick-up truck for classes because having the pick-up bed currently makes more sense. Craig continues to donate time to keep everything running well.

Thank you to Angela, Elaine and Jay for helping with the horses.

AND - - - - that's my story and I'm sticking to it.

2021 - 2022 Ride Day Schedule - Approximately

Peoria/Glendale - Wednesday Volunteers 2:00 to 6:15 PM - Riders 3:00 to 5:30 PM

New River Saturday Volunteers 8:00 to 11:00?? - Riders 9:00 to 10:30 ??

Mark Your Calendar - 2021-2022

Volunteer Roll Call - Are you going to play with us again? - Call or e-mail either way

September 1 Rider Payment \$300 and Paperwork for Session 1 due IN OUR OFFICE
September 12 Session 1 Begins
October 24 Session 2 Begins - - No Break - - 7 Weeks
November 21 - 27 Thanksgiving Break - No Classes
November 28 Session 2 resumes
December 19 Christmas Break - No Classes 2 Weeks
January Horse Show Committee Meeting ??

January 2 Session 3 Begins

August 31

February13 Session 4 Begins - - No Break - - 7 Weeks

April 2 22st Annual Horse Show - ??

April 3 Horse Show Break

April 10 Session 5 Begins - 7 Weeks

May 29 Session 5 Break

June 5 Session 6 Begins - 8 Weeks

I Wish to Support Stable Influence

Play a major role in the continued success of SICP through your tax deductible contribution. THANK YOU, your support makes a CRITICAL DIFFERENCE. Helping in any way guarantees we will keep you informed about therapeutic riding events and our riders will continue to benefit from the proven benefits of therapeutic riding. Enroll or Re-Enroll your Fry's VIP card and support our riders every time you shop. You have to renew every August to continue to support us. SICP #80063 - www.FrysCommunityRewards.com.

Sponsorship:		Sponso	rships for a Rider:
	end of Stable Influenc	e \$	3420 - Six Week Riding Session 3,500 - 43 Week Riding Session
\$100 - New Car \$	•	Other:	
\$?? - Any Donat \$1,500 - Insurance	ce Sponsor	\$	3,000 - Adopt a Horse for a Month
\$ A montl 100 for \$100 + S \$10 - Horse Boar		\$	325 - Horse Show Class Sponsor 350 - Horse Show Award Sponsor 3100 - Horse Show Division Sponsor

Donations can be made through Zelle directly. PayPal from our web site. OR - better yet - to avoid PayPal fees that reduce your donation and to ensure all your donation gets to help, donate using your banking bill pay or use Zelle.

Stable Influence Charity Programs P. O. Box 54006 Phoenix, AZ 85078

Rider Scheduling for Ride Year 2021- 2022

\$300.00 PAYMENT & PAPERWORK MUST BE IN BY SEPTEMBER 1st

PAYMENT, RIDER SCHEDULING, AND PAPERWORK - Schedules will be based on requests as of September 1st. Requests will be handled on a first come, first served basis.

You know the routine - YOUR PAYMENT AND PAPERWORK MUST BE IN OUR OFFICE, --- OR YOU WILL NOT BE PUT ON THE ROSTER.

Returning Rider Forms were handed out in May to those needing to renew. Completed paperwork must be presented **before** you ride. Please be sure and check that all forms are **filled in completely** with appropriate dates and information. Be sure you legibly include your E-Mail Addresses and Phone Numbers. Your first ride day may be delayed if there is missing payment or paperwork.

FINANCIAL AID - Financial aid letters must be approved by the Board of Directors prior to first ride.

1st Choice

Please use the tentative daily schedules below. Times are approximate and may change depending on the number of students and volunteers in each day's grouping. Indicate when you want to ride and are available. If you are flexible - let us know. For example "I can ride Wednesday between 5:15 and 6:00 PM." or "I can ride Saturday morning as long as I'm done by 10:00 AM". Cut bottom and return the schedule request, payment and paperwork to our office at the address below.

2nd Choice

cut	here	
return bottom to SICP WITH PAPERWORK	K AND PAYMENT to schedule your ride time -	
Rider Name:	Phone:	
Contact Name:	E-Mail:	
*** Payment, Schedule Request and Paperwork du	ue in our office - September 5 ***	
Circle 1: ½ Hour - \$300 3/4 Hour - \$450		
Peoria/Glendale Soft Wind Riding Club	New River Stable Influence	
Wednesday PM 3:00 to5:30	Saturday AM 9:00 to 11:00	
st Choice	2nd Choice	
lease call Chris Hudson at 623-465-0637 if you have	e any questions, comments, confusions or requests.	

Return to Stable Influence Charity Programs, P. O. Box 54006, Phoenix, AZ 85078-4006

STABLE INFLUENCE Charity Programs

P. O. Box 54006 Phoenix, AZ 85078-4006

Phone: 623-465-0637 E-Mail: StableInfl@aol.com www.stableinfluence.org