



2023 SFL Football Schedule

Starting Times:

Frosh 4:45, JV 4:45, Varsity 7:00

Frosh, Thursday, September 28th JV/V, Friday, September 29th
Oak Ridge at Folsom Del Oro at Granite Bay Whitney at Rocklin
Frosh, Thursday, October 5th JV/V, Friday, October 6th
Oak Ridge at Del Oro Folsom at Rocklin Granite Bay at Whitney
Frosh, Thursday, October 12th JV/V, Friday, October 13th
Del Oro at Rocklin Whitney at Folsom Granite Bay at Oak Ridge
Frosh, Thursday, October 19th JV/V, Friday, October 20th
Folsom at Del Oro Oak Ridge at Whitney Rocklin at Granite Bay
Frosh, Thursday, October 26th JV/V, Friday, October 27th
Rocklin at Oak Ridge Granite Bay at Folsom Whitney at Del Oro

League Rep: Zac McNally, Whitney High School

Official Practice Begins-July 24th

1st Scrimmage—August 11th

1st Contest—August 18th

Sit Out Period—September 22nd

Last Contest—October 28th

10/30/2022