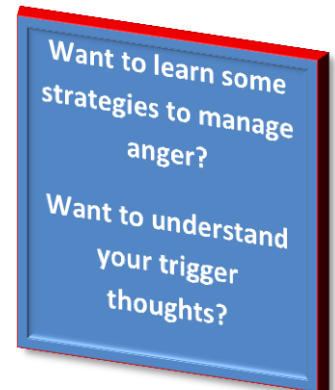
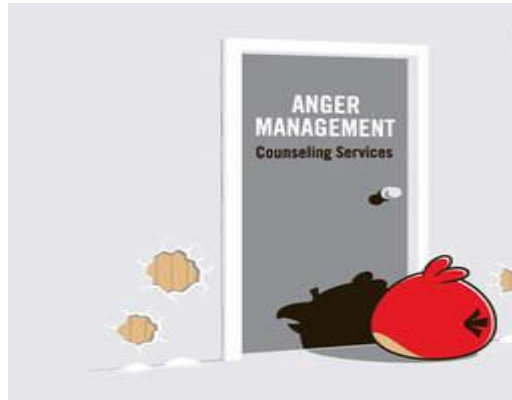


Life Seva, Counseling and Consultation Services

Strength. Empower. Change



JOIN US ANGER MANAGEMENT GROUP FOR ADULTS

- FOR:** ADULTS (18+) STRUGGLING WITH ANGER
- WHAT:** 12 WEEK GROUP SESSIONS FOCUSING ON RAGE, DESTRUCTIVE THOUGHTS, AND STRATEGIES TO MANAGE ANGER
- WHEN:** MONDAYS 6:00PM-7:30PM STARTING: JUNE 5, 2023
- FACILITATOR:** MOBIN CHADHA, LCSW
CERTIFIED ANGER MANAGEMENT SPECIALIST-II
- LOCATION:** LIFE SEVA, COUNSELING AND CONSULTATION SERVICES
VIRTUAL SESSIONS (TELE-HEALTH)



LIFE SEVA, COUNSELING AND CONSULTATION SERVICES, LLC
SPACE IS LIMITED

PLEASE CONTACT MOBIN CHADHA AT:
MOBINCHADHA@LIFESEVACOUNSELING.COM OR
CALL 732-895-5288

CERTIFICATION WILL BE PROVIDED UPON COMPLETION OF 12 WEEKS