

Fox Trot Winners 1978-1998

10-Mile Race

| Year | Male Winner | Time | Female Winner | Time |
|------|-----------------------------|-----------|-----------------------------|-----------|
| 1978 | Jim Macnider, Roselle | 51:02.7* | Unknown | |
| 1979 | Jim Macnider, Roselle | 51:38.9* | Gillian File, New Zealand | 1:00:58.5 |
| 1980 | Jim Macnider, Roselle | 50:34.8 | Ellen O'Malley, Hinsdale | 1:02:55.9 |
| 1981 | Jim Macnider, Roselle | 52:31.8 | Marcy Demnan, Clinton, IA | 1:09:29.3 |
| 1982 | Michael Axinn, Chicago | 51:15.8 | Deborah Jackson, Evanston | 1:07:02.3 |
| 1983 | Michael Cook, Schaumburg | 50:24.4** | B.J. Hall, Wonder Lake | 1:02:02.6 |
| 1984 | Jeff Hill, Glen Ellyn | 51:44.3 | Janeth Salazaar, Schaumburg | 1:02:15.7 |
| 1985 | Jukka Kalio, Des Plaines | 52:13.8 | Janeth Salazaar, Hoffman E. | 59:57.2 |
| 1986 | Hal Carlson, Aurora | 52:48.5 | Jane Murphy, River Forest | 1:02:01.8 |
| 1987 | Tjom Antczak, Rockford | 52:28.7 | Carolyn Smith, Rockford | 59:37.8 |
| 1988 | Bruce Tracy, Rockford | 53:38.6 | Carolyn Smith, Rockford | 1:03:16.4 |
| 1989 | Noel Hallinan, Wilmette | 52:32.2 | Valerie Golbus, Northbrook | 1:01:29.2 |
| 1990 | Dan Martin, Glen Ellyn | 52:24.9 | Anne Schaffers, Chicago | 1:00:22.3 |
| 1991 | Dan Martin, Glen Ellyn | 52:49.6 | Jane Murphy, Chicago | 1:00:21.6 |
| 1992 | Richard Staback, Schaumburg | 53:05.4 | J. Salazar-Ohst, Wood Dale | 1:02:03.8 |
| 1993 | Dan Skarda, Libertyville | 53:02.7 | Annette Scott, Naperville | 1:03:24.1 |
| 1994 | Derek Olenek, Glendale Hts. | 52:20.4 | Ann Schaefer, Schaumburg | 1:02:38.1 |
| 1995 | Derek Olenek, Glendale Hts. | 51:39.9 | J. Salazar-Ohst, Wood Dale | 1:00:25.0 |
| 1996 | Derek Olenek, Bartlett | 52:31.6 | Corinne Hlavka, Racine, WI | 1:03:07.1 |
| 1997 | Derek Olenek, Bartlett | 52:37.3 | Michelle Ralph, Gurnee | 1:04:51.6 |
| 1998 | Derek Olenek, Bartlett | 51:53.6 | Christine Gale, Glenview | 1:02:49.5 |

5K Race (began 1995)

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|------|-------------------------|-----------|-----------------------------|---------|
| 1995 | Jay Jackson, Woodstock | 14:53.0** | Karen Harrissey, Evanston | 19:23.4 |
| 1996 | Brian Miller, Rockford | 17:15.2 | Rebecca Johnson, Glen Ellyn | 20:06.1 |
| 1997 | Wert Goldenstein, Elgin | 16:14.8 | Christina Nieto, Elgin | 19:31.0 |
| 1998 | Jeremy Ruston, Bartlett | 16:30.7 | Laura Witek-Jones, Marengo | 18:04.2 |

* The race was reportedly two blocks long for the first two years

**All time best time for the respective category/gender