

FLY PIES IN THE SKY BITE-SIZED SAMPLE

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**Angelic Appetizers,
Divine Desserts &
Heavenly Hearty
Hacks for Memorial
Meals**

~*~

**By Chef David D.
Rendón & Dr.
Elaine J. Dispo-
Rendón, Ph.D.**



**Pie Cookbook &
Calendar Planner**

~♥~

**Foreword Written
by Lauren E.
Gonzales + Calendar
Photography &
Recipe by Dr. Fe T.
Reyes-Dollete, MD**

ANAK KO

Let's Warm Up & Prep!

Join Chef David Rendón & Dr. Elaine Dispo-Rendón on a tasty adventure to your palette's & heart's delight as they share their favorite family recipes flavored with their beloved babies' memories.

Proceeds from this book purchase will go toward ANAK KO 501(c)(3) nonprofit foundation for bereaving families who've lost children and/or pets. Added bonus: feel free to take this handy cookbook anywhere — like the grocery store for your recipe needs — as it's also your personal planner to track your goals and blessings!



He comforts us in all our troubles so that we can comfort others. When they are troubled, we will be able to give them the same comfort God has given us.

**~ 2 Corinthians 1:4
(New Life Translation [NLT])**



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Featuring Foreword by Lauren E. Gonzales &
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SAMPLE EXCERPT

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Library of Congress Cataloging-in-Publication Data:

Names: **Rendón, David**, 1980-author. **Dispo-Rendón, Elaine**, 1981-author.

Reyes-Dollete, Fe, 1940-author. **Gonzales, Lauren**, 2002-author.

Title: *Fly Pies in the Sky: Angelic Appetizers, Divine Desserts and Heavenly Hearty Hacks for Memorial Meals.*

Publisher: **ANAK KO** * Location: Brownsville, Texas USA

Subjects: Cookbook / Guide and How-to Manual / Self-Help and Instruction *

Available in these editions:

ISBN-13: 978-1-7364549-3-0 Print

ISBN-13: 978-1-7364549-4-7 eBook

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Cover photos by **Elaine Dispo-Rendón**; food, animal, and people photographs by **David and Elaine Rendón**; nature photographs by **Fe Reyes-Dollete**; wristband photography by **Lauren Gonzales**; some photos previously posted on [@AnakKoOrg](#) or [@ejdispo](#) social media

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Another One Bites the Crust

Why pie?

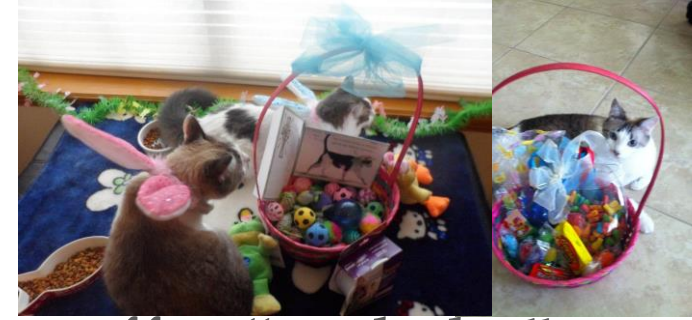


I've associated pie with some of the important memories in my life, shared with loved ones. As a child at **March Air Force Base**, near **Riverside, California**, my mother's and my favorite flavor at our local ice cream parlor was *Blueberry Cheesecake*. When I celebrated my Ph.D. (Doctor of Philosophy) candidacy convocation milestone with my father, we dined at *Longhorn Cattle Company BBQ* restaurant in **San Benito, Texas**, where our dessert was *Peach Cobbler*. Before I met my husband, **David**, my co-founder of **ANAK KO** and co-author of this book, my mother made me a *Million Dollar Pie* (which I first tried from my good high school buddy and his mom) for my birthday. During **Chef Dave's** and my engagement, one of our holiday date nights was at *Gio's Villa Italian Restaurant* in **Brownsville, Texas**, where we tried a slice of *Cappuccino Pie* and couldn't resist ordering an entire pie to ring in Christmas, when we whisked and whipped up a medley of more pies with our *Double A-Team* of cats: **Asia** and **Annie**. Throughout our marriage, we've made the *PURR-fect pair*: I've been the menu planner, and he's been the master executor ~ so we've concocted many meals of fly pies that could stack all the way up to the sky.



First Slice

How do we define pie?



Pie's been considered as a "baked pastry," but recipes now offer "no-bake" versions. Pies aren't always desserts because there are both sweet and savory options.

Traditionally, pies may contain filling or stuffing, surrounded by a casing, whether a crust and/or a topping. However, savory Frito pies or sweet fruit and berry cobblers come to my mind, where the ingredients are mixed together.

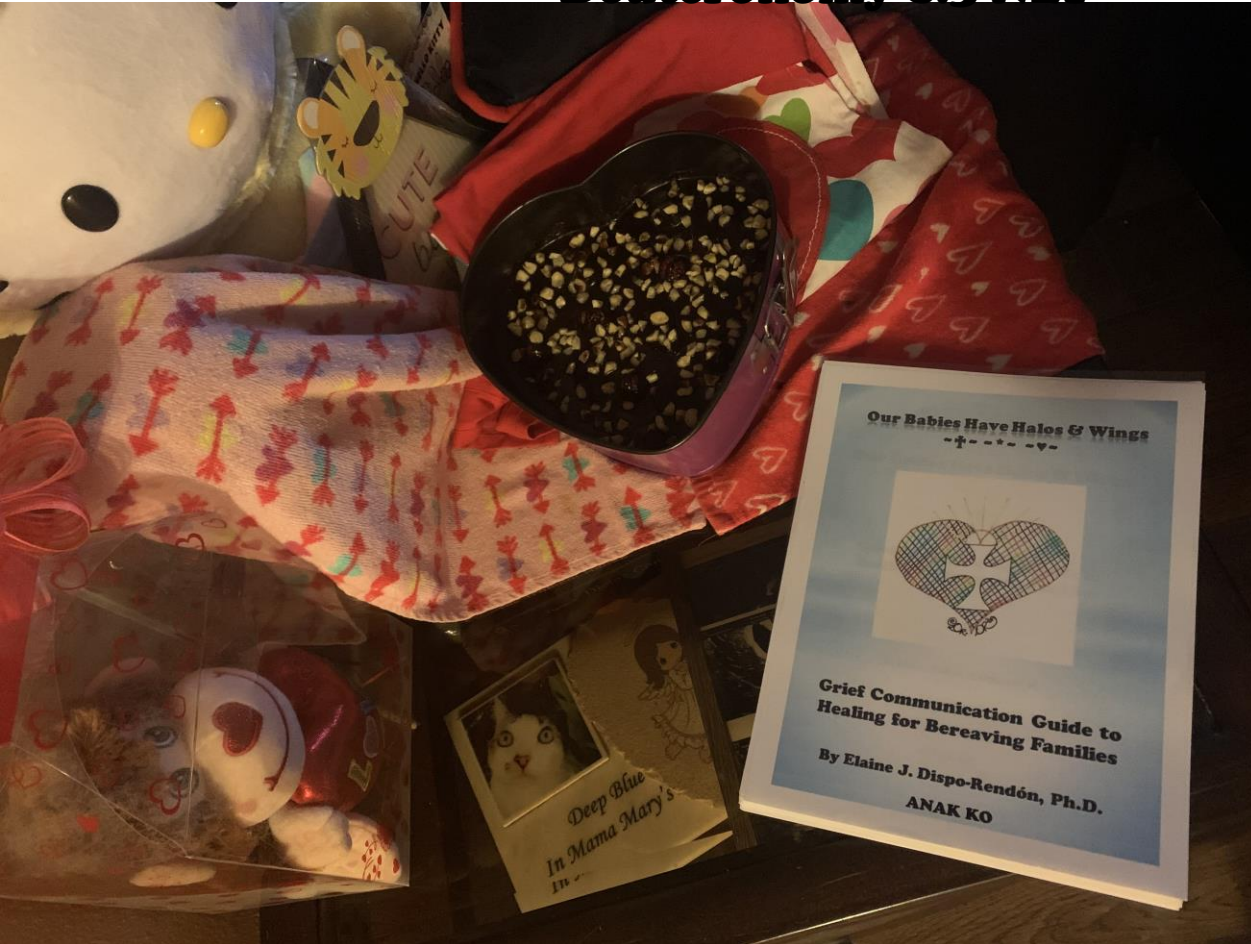
Savory pizzas have been referred to as pie. Even as I type this Intro during the holidays, I see a commercial for sweet "Cinnamon Roll Pie."

For the sake of being open-minded about our recipes, we'll regard pie as a decadent dish that essentially is a stuffed shell. We'll shake and bake up our share of savory and sweet, small servings or casserole sizes. All of our recipes are joined by a side of special stories, filled with memories of loved ones, both here and in Heaven. To top it off, we've also added extra bonuses of a few favorite non-pies.

Savoring Every Single Crumb

Yes, He humbled you by letting you go hungry and then feeding you with manna, a food previously unknown to you or your ancestors. He did it to teach you that people do not live on bread alone; rather, we live by every word that comes from the mouth of the LORD.

~ Deuteronomy 8:3 NLT



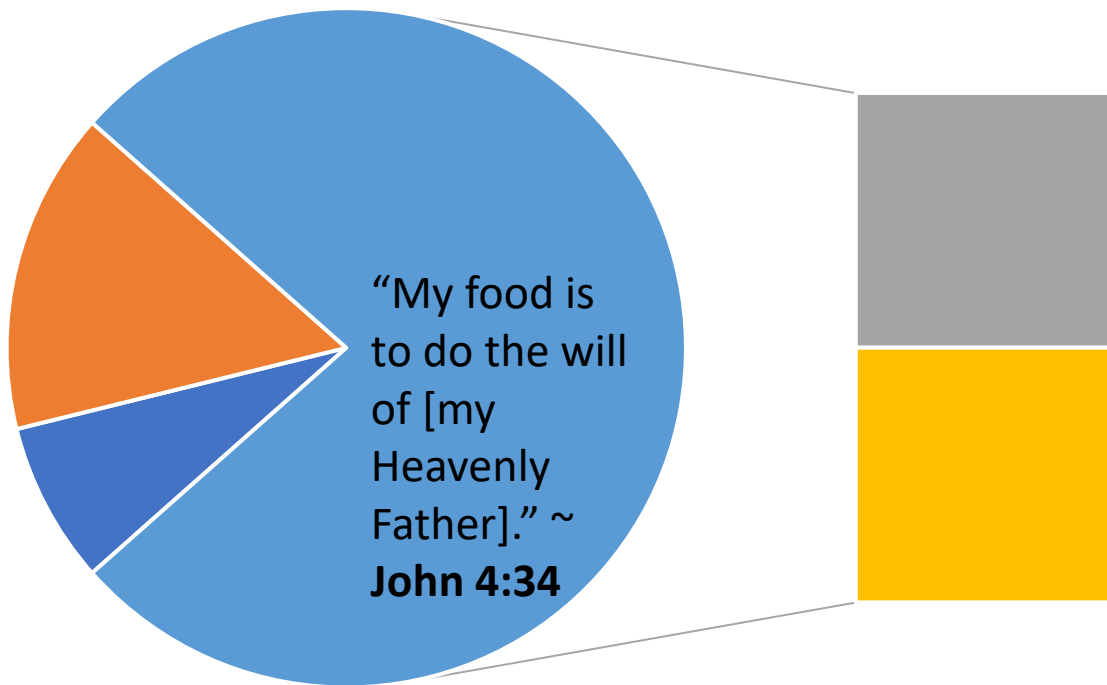
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Fly Pies SAMPLE BITE



Pie & Bar Chart with Heaping Helpings of...



■ monthly/daily planner ■ “easy-as-pie” cookbook ■ scripture ■ stories & recipes



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Bonus Content by Lauren Gonzales & Dr. Fe Reyes-Dollete

Chef David D. Rendón & Dr. Elaine J. Dispo-Rendón, ANAK KO founders, built their courtship and marriage on their shared love of faith, felines and food. They offer this mixing bowl baked with faith, hope and love to their babies at home and in Heaven. *Fly Pies in the Sky: Angelic Appetizers, Divine Desserts & Heavenly Hearty Hacks for Memorial Meals* is a planner and cookbook filled with pies and more for a year's worth of festive treats to the heart's content. Proceeds go to ANAK KO to help bereaving families. Established in 2020, ANAK KO supports parents grieving the losses of their babies by offering memorial expenses, its first *Marigold Scholar* and CARE (Community Advocates Render Empathy) packages.

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