



**RELEASE OF LIABILITY, WAIVER, AND  
ASSUMPTION OF ALL RISKS**

**Cache Creek Fitness Centre**

**READ CAREFULLY**

**TO: Village of Cache Creek**

I wish to use the Cache Creek Fitness Centre and acknowledge that to do so, I must agree to be bound by this Release of Liability, Waiver, and Assumption of Risk. I understand and acknowledge the risks and hazards of using the Cache Creek Fitness Centre and accept full responsibility and agree to use the Cache Creek Fitness Centre at my own risk.

I hereby **waive any and all claims** that I may now and in the future have against, and release from all liability and agree not to sue the Village of Cache Creek and their respective agents, officers, employees, volunteers or representatives (the "Released Parties") for any loss, damage, personal or bodily injury, death sustained or suffered by me as a result of my use of the Cache Creek Fitness Centre due to any cause whatsoever, including, without limitation, negligence, fault, or breach of statutory duty, including duties arising from Occupiers Liability Act.

In no event will the Village of Cache Creek be liable for any loss, damage, personal or bodily injury or death nor for any loss of or damage (including indirect or consequential damages) that I suffer whether attributable to or arising out of my use of the Cache Creek Fitness Centre or by reason of any matter or thing done or permitted.

**I confirm that I am of the age of majority and that I have read and understand this agreement prior to signing it and agree that this agreement will be binding upon me, my heirs, executors, and administrators.**

Signed this \_\_\_\_ day of \_\_\_\_\_, \_\_\_\_ at \_\_\_\_\_, British Columbia.

Participant's Signature

Participant's Printed Name

\_\_\_\_\_

\_\_\_\_\_

## Cache Creek Fitness Centre Membership Application

Application Date: \_\_\_\_\_ Key Tag #: \_\_\_\_\_

Membership Type (Circle One):    Adult    Youth (consent form required)

First Name: \_\_\_\_\_ Last Name: \_\_\_\_\_

Birthdate (MM/DD): \_\_\_\_\_

Street Address: \_\_\_\_\_

PO Box #: \_\_\_\_\_ City: \_\_\_\_\_ Province: \_\_\_\_\_

Contact Phone: \_\_\_\_\_

Email Address: \_\_\_\_\_

### Emergency Contact

First Name: \_\_\_\_\_ Last Name: \_\_\_\_\_

Contact Phone: \_\_\_\_\_

\_\_\_\_\_  
**Signature of Member or Parent/Guardian (if under 18)**

\_\_\_\_\_  
**Signature of Village Representative**

*Always consult your physician before beginning any exercise program*

*This document and signatures have no expiry date and apply to the member for the entire duration of their membership. Failure to comply with the policies and standards of the Fitness Centre may permit the Village to revoke the membership agreement/privileges without notice or restitution to the member.*

**Please read and sign the CACHE CREEK FITNESS CENTRE RULES and the RELEASE OF LIABILITY, WAIVER AND ASSUMPTION OF ALL RISKS documents as each member is responsible to understand and follow the rules and requirements of being a member. We appreciate your collaboration in making the Cache Creek Fitness Centre an enjoyable place to work out!**

## CACHE CREEK FITNESS CENTRE RULES

Please wear appropriate exercise attire at all times. Shorts with no less than a 1 1/2 inch inseam and a shirt **must be** worn to cover the upper body; proper athletic shoes are also required. Casual clothing is **NOT** allowed. No jeans, jean shorts, or any article of clothing with zippers or rivets. No open-toed shoes, open-backed shoes, boots, sandals, or casual shoes are allowed. Failure to dress properly will result in suspension of membership.

Please **do not disrupt** or interfere in another member's workout.

**Horseplay, profanity, racist or sexist comments will NOT be tolerated** in the Cache Creek Fitness Centre

Please **observe proper personal hygiene** by showering regularly, wearing clean clothing and using deodorant.

Please wipe down all equipment after use. **Members must bring their own towels**; the Cache Creek Fitness Centre does not provide them.

Eating or drinking inside the Fitness Centre is **not permitted**. Except water bottles in capped bottle.

**Dumbbells and weight plates cannot be dropped** on floor.

**Report all equipment malfunctions** and specific concerns as soon as possible to the Village Office; in the case of a malfunction you feel may create an injury hazard, please call the Village Office immediately.

Please **NO** use of chalk or other powders or scents.

Intoxicating substances, smoking and chewing tobacco are prohibited in the Fitness Centre.

One membership key tag per member; **DO NOT** give, lend or rent this FOB to anyone.

Members who participate at the Cache Creek Fitness Centre will be doing so at their *own risk*. The Cache Creek Fitness Centre is **not responsible for any injury** that may occur to individuals participating in any exercise activity. Participation in exercise activity is on a voluntary basis.

All members should consult their physician before beginning **ANY** exercise program.

I, \_\_\_\_\_ agree to abide by all rules and guidelines listed above, and understand that failure to do so may result in the suspension/cancellation of my Fitness Centre membership and all associated privileges.

\_\_\_\_\_  
Member Signature

\_\_\_\_\_  
Date Signed

\_\_\_\_\_  
Village Representative Signature

\_\_\_\_\_  
Date Signed