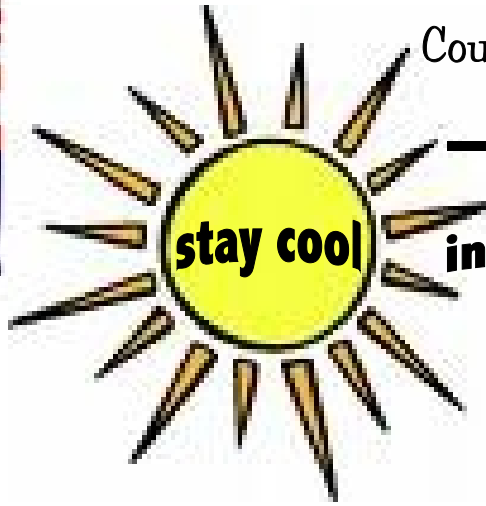




# Villas Voice

Countryside Villas Newsletter  
July 2008



## in the Sweltering HEAT

July is one of the hottest months with daily high temperatures reaching over 100 degrees. When temperatures reach 105 degrees it is very dangerous both for

people and also for pets. Remember to take precautions to avoid heat exhaustion and heat stroke:

- Never leave a person or a pet in an enclosed automobile for *any* length of time, cracking the windows is NOT good enough, interior car temperatures soar well above the temperature outside.
- Drink cool, nonalcoholic beverages; take a cool shower, bath, or sponge bath. For pets, keep fresh water accessible at all times, a great way to cool your dog off is to wet him with the hose.
- If possible, seek an air-conditioned environment (If you don't have air conditioning, consider visiting an air-conditioned shopping mall or public library to cool off).
- Wear lightweight clothing and if possible remain indoors, do not engage in strenuous activities.
- Avoid being out in direct sun for longer than an hour or less to avoid sunburn and heat rash.
- Carry water in your car and always have a pair of sturdy shoes handy, in case your car breaks down and you have to walk out onto burning hot pavement.
- Check on older adults at risk at least twice a day, watch them for signs of heat exhaustion or heat stroke. Elderly people do not adjust as well as young people to sudden changes in temperature.

**Pets:** Signs of heat stroke: heavy panting, hyperventilation (deep breathing), increased salivation early then dry gums as the heat prostration progresses, weakness, confusion or inattention, vomiting. Don't leave your pet out in your yard, especially if you are away or while you are at work – shade and water is not enough. Make sure they're indoors AND in air conditioning or at the very least, fans. Never walk your dog when the ground is hot, it will cause serious burns on the pads of their feet.

**SOURCES:** KVOA News Courtesy of the Department of Health and Human Services & The Pet Center.com



## Parking & Garages (Reminder)

There have been recent complaints from homeowners that people are violating the rules & regulations by parking on driveway aprons and inside the Matilda drainage area, and that some garages are being kept open on a regular basis. If you have **visitors please have them park in the visitor parking lot or on Lessing Lane** where there are always ample spaces. Please remember to keep your garage door closed when not entering and exiting your garage. Otherwise you will be fined or your car will be towed at your expense. THANK YOU.



# Contacts:

## HOA BOARD:

### **President:**

Gene Fanning 579-1671

### **Vice President:**

Stan Astemborski 572-1723

### **Secretary:** Monique Alponte

744-8376 ygfs@yahoo.com

### **Treasurer:**

Stan Astemborski 572-1723

### **Architectural Committee:**

Larry Hull, Monica Medina

### **Landscape Committee:**

Gene & Jo Ann Fanning,

Monique Alponte

### **Landscaping Issues:**

Call Jo Ann (579-1671)

### **DCC&R:**

Stan Astemborski 572-1723

### **Social & Welcome Committee:**

Monique, Fran, Sharon Shorr

### **Newsletter Contributors:** Gene,

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## **Upcoming Board Meetings:**

**Mon, July 21 @ 7pm**

**Mon, August 18 @ 7pm**

Meetings are held the 3rd Monday of each month at:

**Countryside Community Center**

**9151 N Bald Eagle, Tucson AZ 85742**

**Tel: 744-4614**

All Homeowners in the Villas are welcome

**DISCLAIMER:** These services were submitted by homeowners in the Villas. Per ARS 33-1811 these listings in no way benefit any member of the board of directors or any person related to them, nor does the association endorse these services.

The Villas Paint Scheme & Specifications are posted on the Villas' website. If you have more questions please call Gene ( 579-1671)

### **Newsletter:**

**Submissions & Ideas** are always welcome! Email to: [ygfs@yahoo.com](mailto:ygfs@yahoo.com)

or drop in HOA mailbox  
or call Monique 744-8376  
**August Deadline:** July 30



## **Handyman**

**Complete Homecare**

**Jim: 955-4351**

All types of home repair, painting, stucco, utility doors & more



## **Landscaping**

**Perfect Landscaping**

**Marvin: 867-1902**

Tree & vegetation trimming



## **Computer Repair**

**Rent-a-Techie**

Comes to Your House

**Matt: 790-0279**

[mgarrett@rent-a-techie.com](mailto:mgarrett@rent-a-techie.com)

**HOA Mailbox:**

**Located at 4879 Doria Dr**

**Suggestion box**

**(not for payments)**



**The Villas' website:**

**[www.CountrysideVillas.Wordpress.com](http://www.CountrysideVillas.Wordpress.com)**