

## Newsletter of St Laurence Parish Church, Frodsham

Week commencing March 17<sup>th</sup> 2024 – **Fifth Sunday of Lent – Passion Sunday** Year B

“To know God and to make God known”

Vicar: Rev Elaine Attack – [revelaine@nym.hush.com](mailto:revelaine@nym.hush.com)

Website: <https://slfchurch.org/> Facebook: [www.facebook.com/saintells/](https://www.facebook.com/saintells/)

### This Week

March 17 <sup>th</sup> <b>Lent 5 Passion Sunday</b>	08.00 10.00 12.15 13.30 16.00	Holy Communion - said service Holy Communion – with music Baptism Blessing of Baptism Still Point – a reflective service in the Lady Chapel	Jeremiah 31. 31-34 John 12. 20-33
Monday - Friday		Church open: Mon - Thurs 10.00-16.00; Friday 10.00-15.00	
Monday	All Day	School using church all day/early evening	
Tuesday	09.00 14.15 19.00	School Lenten Holy Communion Service - All welcome Funeral Holy Communion (said service)	
Wednesday	10.00	<b>Toddler Praise</b>	
Thursday	10.00-12.00 10.00	Bee Friends Coffee Morning at the Parish Hall Events Committee meeting at the Vicarage	
Friday	13.00 15.00	Craft and Chat in the Lady Chapel Frodsham and District Choral Society setting up	
Saturday	10.00 10.00 12.00 16.00	Our church gardeners meet Spring cleaning in church Frodsham and District Choral Society rehearsing Concert	
March 24 <sup>th</sup> <b>Palm Sunday</b>	08.00 10.00	Holy Communion - said service Holy Communion – with music	

### Prayers

**Our prayers for those who are sick** If you know of anyone whom you feel needs our prayers – please ask permission from them or their family and then pass their name to Rev Elaine: [revelaine@nym.hush.com](mailto:revelaine@nym.hush.com)

**Please pray for –**

*Those who are sick*

*Those who have died*

*Those whose anniversary of death falls this week*

**Prayer Wall** - You can write a prayer and light a virtual candle on our website. <https://slfchurch.org/prayerwall>

Please pass your requests to Rev Elaine at the Vicarage if you haven't got internet access.

### Dates for your Diary

**Children: Messy Church** Monthly during term time only [Read more here](#)  
**Toddler Praise** Every Wednesday during term time only [Read more here](#)

**HERITAGE OPEN DAYS IN CHURCH** 8-9<sup>th</sup> June. More details later

**PATRONAL FESTIVAL SHARED LUNCH** at the Parish Hall. 11<sup>th</sup> August at 12.30

**PARISH WEEKEND** 6-8th September at Noddfa

### Notices

**REFLECTIONS FOR LENT** The Church of England have daily reflections to take us through Lent, called Watch and Pray:

On our Facebook page: [www.facebook.com/saintells/](https://www.facebook.com/saintells/) On our website: <https://slfchurch.org/>

Booklets are available from Church House Publishing for £2.50 or there are some in church

<https://www.chpublishing.co.uk/books/9781781404454/watch-and-pray-adult-single-copy>

Sign up for the reflections to be sent to your email: <https://www.churchofengland.org/faith-calling/what-we-believe/lent-holy-week-and-easter/watch-and-pray-lent-reflections>



## Still Point

St Laurence Church Frodsham  
17<sup>th</sup> March, 4.00 pm  
a space of quiet



meeting God:  
on a mountain

Ship Street (Fridays 1-3pm). The foodbank is currently short of: **Long Grain Rice, Tinned Meat, Tinned Fish, Tinned Tomatoes, Tinned Vegetables, Long Life Milk, Instant Soup, Fruit Juice, Household Cleaning Products, Shower Gel**  
<https://runcorndistrict.foodbank.org.uk> for information on how to give or get help.

**DONATIONS TO CHURCH** If you would like to contribute to St Laurence, our Bank Account details are as follows: St Laurence Frodsham Parochial Church Council Sort Code: 09-01-55 Acc. No: 42559803. Alternatively, you can donate here: <https://givealittle.co/campaigns/371c0c8f-ea13-4763-9688-e0de77dd8475> or scan the code. Thank you.



Climate Action Frodsham invites you to our 2nd

## COMMUNITY SEED AND SEEDLING SWAP

+ a variety of plants & gardening advice



**SATURDAY 6<sup>TH</sup> APRIL 2-4 PM**

**Frodsham Community Centre**

Save your seeds and bring any spare for free swaps.

New to gardening? Come along to collect seeds, seedlings and information.

**THE CHILDREN'S SOCIETY** If you would like to learn more about having a house box or becoming the House Box Coordinator at St Laurence's, please contact their Supporter Care Team on 0300 303 7000.

**FOODBANK** Food drop-off - supermarket drop off points; in church; distribution centre on

## MEET AND EAT

The Meet and Eat initiative aims to work with socially isolated people to learn to cook, or refresh cooking skills and share a meal.

Meet & Eat will meet at Frodsham Community Centre, Fluin Lane

We will meet for the first session on Monday 18<sup>th</sup> March, at 10.30am

*Our safeguarding officer can be contacted on the dedicated phone line 07862 321 560.  
Please use it only for safeguarding issues.*



## The Alternative Collect for the Fifth Sunday of Lent

Gracious Father, you gave up your Son out of love for the world:  
lead us to ponder the mysteries of his passion,  
that we may know eternal peace through the shedding of our Saviour's blood,  
Jesus Christ our Lord. Amen

Contributions to the Newsletter should be emailed to [saintells@gmail.com](mailto:saintells@gmail.com) by 7pm on Wednesday. General articles will appear once a month in the last newsletter of each month. Thank you.

If you wish to be unsubscribed from this newsletter, please email [saintells@gmail.com](mailto:saintells@gmail.com) with 'Unsubscribe' in the heading.