

True Guilt

John 8:36 If the Son therefore shall make you free, ye shall be free indeed.

What is guilt?

Guilt

1. The fact or state of having committed an offense, crime, violation, or wrong, especially against moral or penal law; culpability: He admitted his guilt.
2. A feeling of responsibility or remorse for some offense, crime, wrong, etc., whether real or imagined.
3. Conduct involving the commission of such crimes, wrongs, etc.: to live a life of guilt.

Sin

An offence (sometimes habitual sinfulness), and its penalty

If we have true guilt mixed with false guilt, we might experience some relief for a short period but ultimately we will never succeed in riding ourselves of guilty feelings. If we deal with true guilt, isolated and clearly identified, and deal with it as God gives us direction, we will experience the feeling of being guilt free. This feeling is unique, like no other, and can only be experienced through being free from guilt through God's guidance.

Descending in guilt

Guilt

Unrecognized and/or unresolved sin (whether true sin or false sin)

Condemnation

Persistent guilt that is real or imagined and unresolved

Discouragement

A persistent state of condemnation resulting in a building attitude of indifference

Depression

Unrecognized and/or unresolved discouragement that pulls the individual to a mental, emotional, physical, and spiritual state of not caring

Where does guilt originate?

Sin before God - the source of true guilt

Self inflicted - false guilt if sin is not involved

Peer pressure - false guilt if sin is not involved

Satanic influence - false guilt if sin is not involved

Lost in a maze of guilt

Unresolved guilt leads to more guilt

Recognizing the true source of guilt ... sin

Is there an exit from a life of guilt?

Yes! Letting God show you if you are truly guilty of something – repenting of that something – receive God's forgiveness and moving on.

If you are not guilty before God, the source of the guilt is false guilt.

False guilt from demonic sources – rebuke the demonic source

False guilt from others – do not receive the guilt, it belongs to them not you

False guilt from self-condemnation – let God reveal this to you so you can discard the self-condemnation and learn to recognize it more effectively in the future

Living free from guilt every day,
You can live here!