Week 1

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| Monday | Tuesday | Wednesday | Thursday | Friday |
| Homemade pancakes  Maple Syrup  Oranges | Raisin Toast  Pears | Oatmeal  Blueberries/Peach | Scrambled Eggs  Toasted Bread  Bananas | French Toast  Apples |
| Milk | Milk | Milk | Milk | Milk |
| BBQ chicken/beef  Mashed Potatoes  Broccoli  Apples | Chicken & Veggies soup  Toast  Oranges | Spaghetti in meat/tomato sauce  Corn  Apples | Baked Beans  Toast  Apples | Tomato Soup  Grilled Cheese  Pears |
| Milk | Milk | Milk | Milk | Milk |
| Cheese cubes  Ritz Crackers  Carrots | Mixed Berries  Blueberries/Peach | Bisquick Biscuits  Bananas | Cheese crackers  Cucumber sticks | Pita Bread  Cream Cheese  Bananas |
| Water | Water | Water | Water | Water |

Week 2

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| Monday | Tuesday | Wednesday | Thursday | Friday |
| Cheerios  Apples | English Muffins  Butter and Jam  Bananas | Toasted Raisin Bread  Butter  Apples | Homemade Pancakes  Maple Syrup  Oranges | Oatmeal  Apples |
| Milk | Milk | Milk | Milk | Milk |
| Chicken Teriyaki  Rice  Oranges | Homemade Macaronni and Cheese  Broccoli  Apples | Fish Sticks  Corn  Rice  Oranges | Chicken/Beef BBQ  Boiled Potatoes  Ceasar Salad  Apples | Chilli  Toasted Bread  Oranges |
| Milk | Milk | Milk | Milk | Milk |
| Apple Sauce  Maria Crackers | Bisquick Biscuits  Fruit Salad | Pretzels  Cheese Cubes  Bananas | Arrowroot Cookies  Pears | Tortillas  Hummus  Carrots |
| Water | Water | Water | Water | Water |

Week 3

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| Monday | Tuesday | Wednesday | Thursday | Friday |
| Raisin Toast  oranges | Scrambled Eggs  Toasted Bread  Bananas | Cheerios  Apples | Bisquick Biscuits with Jam  Oranges | Vanilla Yogurt  Oats  Bananas |
| Milk | Milk | Milk | Milk | Milk |
| Homemade Macaroni and Cheese  Steamed Broccoli  Apples | BBQ Beef/Chicken  Mashed Potatoes  Coleslaw Salad  Oranges | Meatballs in BBQ sauce  Rice & Corn  Boiled Carrots | English Muffin Pizza  Tomato Soup  Sliced Pears | Beef and Vegetable Stir Fry  Rice  Apples |
| Milk | Milk | Milk | Milk | Milk |
| Cheese Cubes  Maria Crackers  Carrots | Pita Bread  Cream Cheese  Apples | Vanilla Yogurt  Blueberries/Peaches | Banana Tortilla Roll ups | Cheese Crackers  Cucumber sticks |
| Water | Water | Water | Water | Water |

Week 4

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| Monday | Tuesday | Wednesday | Thursday | Friday |
| Cheerios  Apples | English Muffins  Butter and Jam  Bananas | Oatmeal  Mixed Berries | Raisin Toast  Pears | French Toast  Apples |
| Milk | Milk | Milk | Milk | Milk |
| Chicken & Veggie Soup  Cheese Toast  Oranges | Spaghetti in Meat/tomato Sauce  Corn  Apples | Chicken/Veggie Tortillas  Tomato Salad  Bananas | Fish Sticks  Rice with corn  Boiled Carrots | Pasta Salad  Grilled Chicken  Pears |
| Milk | Milk | Milk | Milk | Milk |
| Apple Sauce  Maria crackers | Pretzels  Cheese Cubes Oranges | Arrowroot Cookies  Pears | Pita Bread  Hummus  Carrots | Bisquick Biscuits  Oranges |
| Water | Water | Water | Water | Water |