

Dear Friend of ASSURE,

Welcome to 2024, we hope that your year has started on the right foot and you are ready to make this year the best one yet. We thank you for your support and friendship through the years and want you to know how much we truly value you.

At our 2023 ASSURE Walk, one of you suggested that we be more mindful of announcing our activities and how we use the funds we raise throughout the year. Absolutely. This letter and attached annual report are one of the ways we intend to honor that suggestion.

Should you ever find yourself or someone you care for in need of support, please don't hesitate to reach out to us! Keep in mind, we are not qualified to act in a crisis, please contact 911, 988, or our local Hope Line at 1-800-567-4673 for any emergency assistance. For non-emergency assistance or general questions, e-mail us at [info@assuremc.org](mailto:info@assuremc.org).

Again, thank you for your continued support and friendship. We look forward to a wonderful 2024 and hope we can continue to fight for the emotional well-being and good mental health of our community.

Sincerely,

ASSURE, Area Suicide Support and Resources

# 2023 Assure End of the Year Report

## Outreach:

Assisted one individual and 3 families with suicide related expenses and counseling expenses.

Began partnership with Wright State University (WSU) Lake Campus Psychology Club and Psychology Professor to develop presentation on Mental Health and Suicide. Presentations have been done by students to at least 4 local organizations and continue to schedule in 2024.

Assure participated on panel for mental health week to discuss suicide and suicide related topics and answer student questions. Panel included mental health professionals, survivors, and other community groups.

Sponsored Breakfast with Santa put on by WSU Psychology Club.

Booth at Mercer County Fair.

Held annual Suicide Awareness and Prevention Walk. Walk was sponsored by 59 local businesses and attended by more than 100 individual walkers.

Participated in several public discussions on local radio shows promoting good mental health.

## Scholarship:

Scholarship was awarded to one local student for \$1000 to pursue degree in Family Counseling

## Future Plans:

Sponsor professional public speakers in schools and communities to promote mental health and suicide awareness.

Expand and increase scholarship.

Continue to support WSU Psychology Students and expand partnership.

Continue to sending outreach letters and educational materials to local social service agencies, doctor offices, mental health agencies, churches, schools, and funeral homes.

Search for additional ways to promote mental health and suicide awareness in Mercer County and surrounding areas.

Be more diligent and mindful of letting our supporters what we are doing throughout the year to promote mental health and suicide awareness throughout the year.