

This book written by Tonia R. Williams offers an easily accessible format for organizing and revolutionizing self-thought. The crisp clean questions highlighting each chapter focus reflection and interaction in ways likely to enhance self-development, sharpen personal goal statements, and ministry life plans. This book has the potential to become a standard resource in the Christian woman's spiritual tool belt. It is especially recommended for emerging female leaders as they seek to focus their gifts and talents.

—Cynthia James, Ph.D., D.Min.
Founder

Cynthia James Evangelistic Ministries, Inc.

This writing is a much needed tool for ministry today. We can no longer just inform people of what they must and should do, we must give them the “how to” also. This book informs, directs and instructs in the “how to” with charts, worksheets, and step-by-step guidelines to discover your godly purpose and destiny. It starts where others leave off for practical application.

—Dr. Barbara J. Williams
Executive Administrator
C.H. Mason Bible College

GETTING *Your Life* ON
GOD'S
TRACK

GETTING *Your Life* ON
GOD'S
TRACK

A GUIDE TO *Discovering* YOUR GODLY
IDENTITY, CALLING, *AND* DIRECTION

LADIES' EDITION

INCLUDES JOURNALS, PRAYERS, CHARTS, WORKSHEETS

TONIA R. WILLIAMS

Getting Your Life On God's Track – Ladies' Edition

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Published by CR Herman David

P.O. Box 9262 | Vallejo, California 94591 USA

www.CRHermandavid.com

Book design copyright © 2013 by Tonia R. Williams. All rights reserved.

Front cover image design by Blake Brason, Rtor Magbuyop, and Juanita R. Williams-Whitehead

Front cover textual layout by Juanita R. Williams-Whitehead

Back cover design by Juanita R. Williams-Whitehead

Back cover textual layout by Juanita R. Williams-Whitehead and Tonia R. Williams

Interior design by Mary Jean Archival and Tonia R. Williams

Published in the United States of America

ISBN: 978-0-9892260-0-4

1. Religion / Christian Life / Spiritual Growth
2. Self-Help / Motivational & Inspirational

DEDICATION

This book is dedicated to every Spirit-filled lady believer—grandmothers, mothers, mothers-in-law, granddaughters, daughters, daughters-in-law, sisters, sisters-in-law, aunts, nieces—ladies, no matter what phase of life they may be in.

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FOREWORD

Have you discovered *your godly identity*, *your godly calling*, and *your godly direction*? Are you in search of them? No matter your reply, this is a must-have book. This powerful book, authored by Tonia R. Williams, helps you discover your true identity in Christ, your purposeful calling, and your directed path. It can be used individually, in a group setting, bible study, workshops, and seminars.

It is God's divine plan for you, as a believer, to discover *your godly identity*, *your godly calling* and *your godly direction*. Many times women are defined by the many roles they play and how society labels them. Here is a book, a guide and tool, to help you begin the quest for the role that God has laid out for you. You will be astonished by this book's depth of detail, simplicity, and how it carefully helps you examine your thought patterns, while providing scriptural references from beginning to end.

Through this book, Tonia intentionally traces the dotted lines leading you up to the focal point of helping you discover the purposeful life that God has intended for you. Line by line, point by point, precept upon precept, it unravels the layers of what a godly woman can discover about herself by knowing her identity, her calling, and her direction in God. Tonia emphasizes the guidance of the Holy Spirit, while encouraging you to closely examine and record any inspired thoughts by you or that of the Holy Spirit as you go through this book. The accompanying worksheets are great resources that build on information in each chapter, and are useful in both personal and group sessions.

In this book, Tonia skillfully brings you back to the origin and essence of *godly identity*, *godly calling*, and *godly direction*, while showing you how your mindset can be transformed to think in the light of God's word. Her passion about women discovering their

purpose in life is clearly evident. She methodically meanders her way through the material by addressing the totality of a woman, inwardly then outwardly, in a step-by-step process.

I believe that this powerful book will bless you. Thank you, Tonia, for obeying the Holy Spirit to write this book. I pray that God, through this book, will impact your life even more, giving you continued direction and understanding of His will for your life.

—Bishop Ernestine Cleveland Reems
Founder and Senior Pastor
Center of Hope Community Church
Oakland, CA

INTRODUCTION

Dear Godly Lady,

I am glad that you have chosen this book! It is not by happenstance that you have chosen it, but by the divine guidance of the Holy Spirit.

This book was birthed from a booklet I designed and created for a ladies' session that I taught at a Youth Convention in October 2000. About nine years later, in May 2009, the Holy Spirit instructed me to turn the booklet into a book. From that point, I wrote and wrote and wrote. And, here is the book—my first book!

It has been such an honor and privilege writing this book—a book that I believe will guide you and bless you at this point in your life. It is through the inspiration of the Holy Spirit and my passion of ministering to ladies that I wrote this book. There are many ladies, perhaps even you, who are seeking for more growth in their spiritual lives. If so, here is an opportunity for spiritual insight and wisdom in discovering your *godly identity*, your *godly calling*, and your *godly direction*.

No matter what you have gone through, no matter what you are going through, no matter what you will go through, fear not, for God is with you (Isaiah 43:5). When you go through deep waters, [He] will be with you. When you go through rivers of difficulty, you will not drown. When you walk through the fire of oppression, you will not be burned up; the flames will not consume you (Isaiah 43:2, NLT). You belong to God (Isaiah 43:1). He created you for His glory; He formed and made you (Isaiah 43:7). You were fearfully and wonderfully made (Psalm 139:14).

As a believer possessing the Holy Spirit, you have purpose within you, and you also have a spiritual gift. Your spiritual gift, along with your talents and skills, is designed to aid you in your

purpose for ministry. If you are not sure as to what your purpose is, you are in the right place because you can seek God where you are and use this book as a guide.

Chapter One addresses *godly identity*, beginning with your personal perceptions of what you think about, feel about, and say about yourself, whether positive or negative. It shows you how you should view yourself in accordance to God's Word. There are assessment questions that challenge you to take a closer look at yourself. As you closely look at yourself through this text, you will discover more about yourself than you really know.

Chapter Two addresses *godly calling*, encouraging you to seek God for the intended purpose of your life, to identify your talents and skills, and most importantly, to seek God for your spiritual gift(s). This chapter is also composed of assessments and detailed charts that are useful tools to help you identify your purpose, talents, skills, and spiritual gift, and then how they can be utilized for the Kingdom of God. Also, if you have not quite recognized your spiritual gift(s), there is a section in this chapter that gives outlined definitions of the spiritual gifts along with scriptural references and questions to aid in this discovery process.

Chapter Three addresses *godly direction*, providing biblical examples of how individuals experienced the call of God on their lives and how they were directed by God. As you learn about their experiences, you will see how each person's experience is different. You can draw from the similarities and the underlying fact that to be directed by God, you need to trust in Him, lean not to your understanding, and acknowledge Him—hearing from Him and then obeying Him by submitting to His will and walking according to His direction.

Chapter Four addresses an instrumental component that many books like this miss—mentorship—in this book, *spiritual mentorship*. This chapter offers advice about how to choose a spiritual mentor and how to develop a mentoring relationship.

Spiritual mentorship provides a support system for both the mentor and mentee in establishing a trusted bond for counsel, an understudy “teacher-student” opportunity, and a point of reference for accountability.

Within each chapter are the following sections:

Introduction

This section provides an overview of what the chapter will be about and a specific prayer for you in relation to the chapter's content.

Definition

This section provides the meaning of words.

Explanation

This section provides practical understanding on the intended subject matter.

Exploration

This section provides questions to answer, statements, and worksheets to complete as well as thought-provoking insight.

Final Thought

This section provides a conclusion of the chapter.

Reflection

This section provides the opportunity to write what you learned from the chapter and how you will apply what you learned.

At the end of each chapter is a journal to pen your thoughts relevant to what you learn from this book, and more importantly, to record what God speaks to your heart and mind.

Be sure to start your day with prayer: communicating with God by talking to Him, listening to Him, hearing Him, even meditating on His Word. Prayer is vital for every believer's life—yes, even your life, too. Here is a prayer that you can use as a guide.

Lord, thank you for this day, a day that You have made. I ask for Your instructions and guidance in all I do. Proverbs 3:5-6 lets me know, that if I trust in You with all my heart, lean not to my understanding, and acknowledge You in all my ways, that You will direct my paths. I am trusting You, I am leaning on You, I am acknowledging You—welcoming You and inviting You into my day. Direct my paths. Order my footsteps. Help me to be open to any way You wish to speak to me this day, I pray in Jesus's name, amen.

Now, it is time to begin your journey through this book, but before you do, let's take a moment to pray: *Now, Lord, I ask that You minister through this book to this godly lady. Let her be open to receive that which You reveal to her. Transform and renew her mind. Give her an ear to hear Your voice clearly. Give her courage to embrace the ministry You have called her to. And give her understanding, patience, hope, and strength while drawing her into close intimacy and deeper in love with You. Oh Lord, my Strength and my Redeemer, in Jesus's name, amen.*

Get ready to be blessed: Enriched *by* the Word, Enlightened *by* the Word, Empowered *by* the Word!

God's best,
Tonia R. Williams

Chapter 1



YOUR GODLY IDENTITY



INTRODUCTION

This chapter focuses on *identity* and will guide you through exercises designed for you to take an up-close-and-personal look at how you think and feel about yourself, how you see yourself, as well as what you say about yourself.

Prayer: Now Lord, as this godly lady works through this chapter, help her to be honest about how she thinks and feels about herself, how she sees herself, and what she says about herself. If her self-views have not been aligned with Your Word, give her strength and courage to accept Yours in place of hers. Remind her that she is part of a chosen generation, a royal priesthood—she is special to You! Oh Lord, my Strength and my Redeemer, in Jesus’s name, amen.

DEFINITION

Identity can be defined as a set of behavioral or personal characteristics by which an individual is recognizable, giving them individuality.

EXPLANATION

Take a moment to look in a mirror. As you look in the mirror, how are you thinking about yourself? Good thoughts or bad

thoughts? How are you feeling about yourself? Positive feelings or negative feelings? How do you see yourself? What do you say about yourself?

How you *think* about yourself, how you *feel* about yourself, how you *see* yourself, and what you *say* about yourself on a continual basis, or at least most of the time, defines your self-image. If your self-image is bad or negative, you need a shift in your self-image so that it is aligned with how God thinks and feels about you, how He sees you, and what He says about you.

Death and life are in the power of the tongue...

Proverbs 18:21

...for out of the abundance of the heart the mouth speaketh.
(Continue to read St. Matthew 12:35-37.)

St. Matthew 12:34

For as he *thinketh in his heart, so is he...*

Proverbs 23:7

For *I know the thoughts that I think toward you*, saith the Lord, *thoughts of peace*, and *not of evil*, to give you an expected end.

Jeremiah 29:11

EXPLORATION

1.1 How You Think And Feel About Yourself And How You See Yourself: Negative Words Versus Positive Words

Below is a worksheet that gives you the opportunity to list examples of *negative words* you use in relation to how you *think and feel* about yourself and how you *see* yourself; and to list examples of *positive words* in relation to how you *should think and*

feel about yourself and how you *should see* yourself. List as many words as you want.

<p>Negative Words How you <i>think and feel</i> about yourself. How you <i>see</i> yourself.</p>	<p>Positive Words How you <i>should think and feel</i> about yourself. How you <i>should see</i> yourself.</p>
<p>Example <i>stupid, insecure, ugly</i></p>	<p>Example <i>intelligent, secure, unique</i></p>

1.2 What You Say About Yourself: Negative Statements Versus Positive Statements

Below is a worksheet that gives you the opportunity to list examples of *negative statements* you use in relation to how you *talk* about yourself and also *positive statements* in relation to how you *should talk* about yourself.

<p>Negative Statements How you talk about yourself.</p>	<p>Positive Statements How you <i>should</i> talk about yourself.</p>
<p>Examples</p> <ol style="list-style-type: none"> 1. <i>I'm so dumb.</i> 2. <i>I'm a complete failure.</i> 3. <i>I'll never amount to anything.</i> 	<p>Examples</p> <ol style="list-style-type: none"> 1. <i>I am intelligent!</i> 2. <i>I am not a failure, nor a victim. I am a victor!</i> 3. <i>I'll be somebody. I am already somebody in God!</i>