



New Patient Welcome Packet

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TO OUR VALUED PATIENTS:

*Absolutely **NO SMOKING OR VAPING** is allowed on our property. Thank you for your cooperation.*

Welcome to Shortgrass Community Health Center, Inc. (SCHC)

We want to make your experience with us as comfortable and convenient as possible.

SCHC is a private, non-profit community health center providing comprehensive, primary, and preventative medical services to families and individuals, regardless of the ability to pay. We are striving to be a Patient Centered Medical Home (PCMH), which is an innovative program for improving primary care for our patient population. The program gives practice information about organizing care around patient needs, working in teams, and coordinating and tracking care over time.

Services provided at SCHC are medical, behavioral health, dental, vision, substance use disorder and addiction therapy, as well as 340b pharmacy. SCHC strives to be a one-stop shop for all family health needs.

SCHC strives to provide affordable quality health care to the residents of our service area. Our doctors and staff are committed to keeping you and your family healthy, at rates that you can afford. If you have medical coverage, our staff will continue to file claims to your insurance company, Medicaid, SoonerCare, or Medicare on your behalf. If you think you might be eligible for Medicaid/SoonerCare our staff will be available to help you with the process. In order to continue with our current level of services, it will be necessary to collect the necessary fee from all of our patients when services are received. This includes the co-pay from Medicare and private insurance, as well as the minimum fee for the sliding scale discount fee program.

For patients who do not have any type of medical coverage, our fees will continue to be discounted, based on family income and size. For those who qualify, a minimum fee will be charged for each service performed. (Ex: Office visit, lab, x-ray etc.) To qualify for the sliding fee discount schedule, patients are required to complete a sliding fee application annually and update information immediately if there are any changes to income or household size. Co-payments are based upon household income and family size. Proof of income will be required to evaluate the application. The application and all documentation must be submitted at first visit or you may be subject to full charges.

SCHC understands that some patients may find it difficult to pay for services when they are received. For patients experiencing sudden financial difficulties and are unable to make payment, please contact our finance department to make financial arrangements. SCHC strives to be understanding and work with patients who are faced with sudden financial hardships. SCHC is not a 'free clinic' and is fiscally responsible to maintain sound business practices and be fiscally responsible. We do believe in no patient being surprised by a bill for care and can identify what your responsibility will be for services provided at Shortgrass prior to your appointment. If you require a 'good faith estimate' prior to services, please ask the receptionist for a form to be completed with cost estimates.

Thank you for choosing us as your health care home!

CANCELLATION POLICY

Shortgrass Community Health Center, Inc. is glad you have chosen us to provide you and your family with excellent care. It is our policy to request that you make all changes or cancellations of your appointments 24 hours in advance. We understand that situations arise that may prevent you from giving us advanced notice. Please let us know as soon as possible and realize that we may have to reschedule you if you are more than 15 minutes late. This is in order to keep our providers on schedule and avoid delays for other patients. We ask all new patients to arrive at least 30 minutes prior to the appointment to complete all necessary paperwork. Multiple broken or late appointments will be noted and could result in broken appointment fees.

LOCATIONS

SCHC – Hollis Center (Family Practice, Pediatrics, Behavioral Health, Substance Use Disorder Treatment, Dental, Optometry, 340B Pharmacy)
400 E. Sycamore Hollis, OK 73550
Main Phone: 580-688-2800
Fax Number: 580-688-2193
Hours: M-Th, 8:00 A.M.–5:00 P.M.
Friday, 8:00 A.M.–2:00 P.M.

SCHC – Altus Mobile
(Family Practice, Pediatrics, Behavioral Health, Substance Use Disorder Treatment)
111 N. Hudson
Altus, OK 73521
Main Phone: 580-688-2800
Fax Number: 580-688-2193
Hours: M-Th, 8:00 AM-5:00 PM
Friday, 8:00 A.M. - 2:00 P.M.

SCHC – Sayre Mobile
(Family Practice, Pediatrics, Behavioral Health, Substance Use Disorder Treatment)
1505 Watts Street,
Sayre, OK 73662
Main Phone: 580-688-2800
Fax Number: 580-688-2800
Hours: M-Th, 8:00 A.M.-5:00 P.M.
Friday, 8:00 A.M. – 2:00 P.M.

SCHC Pharmacy
400 E. Sycamore Hollis, OK 735501
Main Phone: 580-688-2800
Fax Number: 580-688-2193
Hours: M-Th, 8:00 A.M.–5:00 P.M.
Friday, 8:00 A.M.–2:00 P.M.

SCHC – Olustee
(Family Practice, Pediatrics, Behavioral Health, Substance Use Disorder Treatment)
506 E 6th Street
Olustee, OK 74464
Main Phone: 580-688-2800
Fax Number: 580-688-2193
Hours: M-Th, 9:00 A.M.-12:00 P.M.

SCHC – Granite (Coming Soon) (Family Practice, Pediatrics, Behavioral Health, Substance Use Disorder Treatment)
507 W 6th Street
Granite, OK 73547
Main Phone: 580-688-2800
Fax Number: 580-688-2193
Hours: M-Th, 9:00 A.M.-12:00 P.M.

BILLING, PAYMENT, and REFERRAL INFORMATION

SCHC's ability to remain open and provide discounted services greatly depends on our ability to collect what fees we are required to charge, even when those fees are discounted. In order to have your charges discounted if you qualify, you ***MUST*** bring proof of income at the time of visit and complete the sliding fee discount application. If this information is not provided at time of appointment, you will be charged the full price for the appointment.

BILLING AND PAYMENT

SCHC provides services billed according to patient's ability to pay. All co-payments are collected at time of check in for the appointment. After sliding fee discounts are applied to charges, the patient is responsible for paying the remaining fees, if applicable. SCHC is **not a free clinic**. We will be happy to assist any patient with a payment plan if necessary.

GOOD FAITH ESTIMATE

It is the desire of SCHC for none of its patients to be surprised with an unexpected bill. We can offer a "good faith estimate" regardless of insurance or lack of insurance to any patient who requests it. SCHC will make every attempt in that "good faith estimate" to verify if our location is in or out of network. Any patient, can, upon request ask for a good faith estimate. If, at the end of the billing cycle, the estimate was more than the patient expected, the patient may request a review or revision of their bill. It is the desire of SCHC to rectify any disputes according to billing practices and current regulatory requirements. Such disputes should be taken to the CFO/CEO for review and reconciliation.

REFERRAL SITUATIONS

SCHC is a **primary care** clinic. When a provider determines it is necessary to refer a patient to a specialist, the patient is responsible for that bill, and/or making payment arrangements with that provider. SCHC is not responsible for, nor has any control over, charges and fees occurring from referrals to other clinics.

LAB and X-RAY

Please understand that although the services that we contract for through local hospitals are discounted, SCHC has no control over the bill a patient receives for reading those results or any additional costs the hospital may charge. A hospital is required by law to have every x-ray evaluated by a radiologist, and that radiologist's bill is separate from our services. It is the patient's responsibility to pay for these additional services as required by the hospital.

SCHC contracts with Lab Corp for discounts for certain lab tests. Lab fees will not have extra reading charges. The amount the patient pays includes the entire fee for those services and is due prior to receiving the lab service.

REGISTRATION

In order to make your visit with us as smooth and quick as possible, it is necessary for you to call for an appointment. If your appointment is for a routine or follow-up visit, you will speak with staff member to schedule an appointment.

If you are calling for an urgent situation, every effort will be made to make a same day appointment with your provider or the walk-in provider.

If you get sick when SCHC is closed, please call the SCHC after – hours phone (580) 688-2800 and follow instructions provided on what actions to take:

- **If it is an emergency, please call 9-1-1**

You must make sure you bring your identification card to each visit if you are covered by Medicaid, SoonerCare, Medicare, or private insurance. Please let us know if your insurance carrier or insurance eligibility changes, or if you have a change in address, phone number(s), or other pertinent information that affects your account. Bring your children's immunization records to each of their appointments.

If you are taking medicine prescribed by another doctor, bring all medicine bottles with you to your appointment.

DISCOUNT DRUG PRICING AND MEDICATION REFILLS

DISCOUNT DRUG PROGRAM

If a patient qualifies for a free medication program, SCHC does attempt to assist patients with paperwork required so that they may receive their medication(s). It is **not** SCHC's sole responsibility to complete all necessary paperwork. The patient is expected to participate in completing certain paperwork for this service.

Due to SCHC's federally qualified status, we are able to purchase drugs at a significant discount over regular pharmacy pricing. This is based on a percentage (%) scale, therefore, when a drug costs less, there is a smaller discount. When a drug falls into the higher price range, the discount becomes much more significant. Please feel free to take our written prescription and compare prices before purchasing.

Although in most instances the 340B Discount Drug Program pricing is less, there could be instances where pricing is very close to the same at all pharmacies. Currently, the SCHC pharmacy participates in the 340B Discount Drug Program. Please ask staff for participating pharmacies.

REFILLS

You may call **your pharmacy** during their regular business hours to request a refill. Please have the pharmacy **FAX** therefill request to SCHC at (580) 688-2193. Please **allow at least 5 business days** for medication refills. If you wait until you are out of your medication, there may be a delay in refilling your prescription. Be sure to allow extra time for weekends and holidays. If you should run out of your medication on a weekend or holiday, there will be a delay in refilling your prescription until the center re-opens. Please have your pharmacy fax your refill request physician you use, and call your pharmacy prior to picking up your medication.

MEDICATION POLICY

The following policies are to ensure your safety, and our continued ability to treat you in the most effective way possible. Please read this carefully.

1. Medication must be taken only as prescribed by our physicians and you must notify our providers when medication is given to you by another person or physician.
2. Any medication that is lost, misplaced, stolen, destroyed, or finished early may be replaced at the discretion of the provider.
3. You must not share, sell, or otherwise permit others to have access to these medications.
4. All prescriptions should be obtained at the same pharmacy, where possible. Should the need arise to change pharmacies, our office must be informed.
5. The prescribing physician and staff have permission to discuss diagnostic and treatment details with dispensing pharmacists or other professionals who provide your healthcare for the purpose of medication accountability.
6. Refills will be given only during regular office hours.
7. Refills of medication will be given at the discretion of the provider. The provider may ask you to come back into the clinic for a follow-up appointment before refills are given.
8. **CLASS II** medications need to be filled by the pharmacy within 5 days of being written. If your prescription expires you must return the prescription to our office before another prescription will be issued to you.
9. You must keep your scheduled appointments in a timely manner. If you fail to appear for an appointment, your medication may not be refilled.
10. You must provide us with 24 hours' notice to cancel an appointment. If you fail to provide this notice, you may be subject to the consequences listed in #9 above.
11. Random urine drug screens and/or pill counts may be requested. Presence of unauthorized substances, abnormal results or an inaccurate pill count may result in discontinuation of your controlled medications including, but not limited to, opioid analgesics.

Your health care team at SCHC is dedicated to your safety and good health. This policy is designed to ensure your safety and to help us and you comply with the standards of good medical care, as well as state and federal laws.

Patient Rights and Responsibilities

All persons receiving services from Shortgrass Community Health Center, Inc. shall retain and enjoy all rights, benefits, and privileges the laws and constitution of the State of Oklahoma and the United States of America guarantee, except those specifically lost through due process. In addition, all persons shall have the right guaranteed by the Substance Abuse Client's Bill of Rights, unless an exception is specifically authorized by these standards or an order of a court of competent jurisdiction. Each Client/Consumer shall be notified of these guaranteed rights at admission. Should the Client/Consumer cannot understand the language in the Bill of Rights, an oral explanation shall be given in the language that the person can understand. Each person served by Shortgrass Community Health Center, Inc. can expect:

1. To be treated with respect and dignity from personnel who protect, promote and respect human dignity.
2. The right to be safe, sanitary and humane living or treatment environment.
3. The right to a humane psychological environment that protects him/her from harm, abuse, neglect, and/or exploitation.
4. To be provided services in an environment which provides reasonable privacy, promotes reasonable privacy, promotes personal dignity, and provides the opportunity for improved functioning.
5. The right to receive services or appropriate referral without discrimination as to race, color, age, gender, marital status, sexual orientation, religion, spiritual values, national origin, degree of disability, handicapping condition, legal status, and/or the ability to pay for services.
6. To never be neglected/and/or sexually, physically, verbally, or otherwise abused, harassed, humiliated or punished.
7. The right to be provided with prompt, competent, appropriate services and an individual treatment plan.
8. To be afforded the opportunity to participate in the treatment planning and consent, or refuse to consent to the proposed treatment unless these rights are abridged by a court on competent jurisdiction or in emergency situations defined by law.
9. The right to permit family members or significant others to be involved in their treatment and treatment planning.
10. The right to have their records treated in a confidential manner within 42 CFR part 2 and HIPAA regulations.
11. The right to review their records according to the policies and procedure set forth by Shortgrass Community Health Center, Inc. that are in accordance with State and Federal Laws including 42 CFR Part 2 and HIPAA regulations.
12. The right to refuse to participate in any research project or medical experiment without specific informed consent as defined by law and that such refusal shall not affect the services available to the person served.
13. The right to request the opinion of an outside medical or psychiatric consultant, at the expense of the person served.
14. The right to asset grievances with respect to any alleged infringement of these stated rights or any other granted rights.
15. The rights to never be retaliated against or subject to any adverse conditions or treatment services, solely or partially because of having asserted any of the person served rights listed in this document.
16. The right to have their funds managed in an ethical and appropriate manner that prohibits fiduciary abuse.
17. The right to mechanisms that will facilitate access and/or referrals to legal services, advocacy services, self-help groups, guardian, and conservators.
18. The right to be informed that services can be refused and that there could be consequences to refusal of services.
19. The right to an expression of choice of release of information.
20. The right of choice of concurrent services.

NOTICE OF PRIVACY PRACTICES

This notice describes how health information about you may be used and disclosed, and how you can get access to this information. Please review it carefully. The privacy of your health information is important to us.

OUR LEGAL DUTY

We are required by applicable Federal and State Law to maintain the privacy of your health information. We are also required to give you this Notice of Privacy Practices, our legal duties and your rights concerning your health information. We must follow the privacy practices that are described in this Notice while it is in effect. This Notice takes effect 1/1/03 and will remain in effect until we replace it. We reserve the right to change our privacy practices and the terms of this Notice at any time, provided such changes are permitted by applicable law. We reserve the right to make the changes in our privacy practices and the new terms of our Notice effective for all health information that we maintain, including health information we created or received before we made the changes. Before we make a significant change in our privacy practices, we will change this Notice and make the new Notice available upon request. You may request a copy of our Notice at any time. For more information about our privacy practices or for additional copies of this Notice, please contact us using this information listed at the end of this Notice.

USES AND DISCLOSURES OF HEALTH INFORMATION

We use and disclose health information about you for treatment, payment and other healthcare operations. For example:

Treatment: We may use or disclose your health information to a dentist, physician or other healthcare provider providing treatment to you.

Payment: We may use and disclose your health information to obtain payment for services we provide to you.

Healthcare Operations: We may use and disclose your health information in connection with our healthcare operations. Healthcare operations include quality assessment and improvement activities, reviewing the competence or qualifications of healthcare professionals, evaluating practitioner and provider performance, conducting training programs, accreditation, certification, licensing or credentialing activities.

Your Authorization: In addition to our use of your health information for treatment, payment or healthcare operations, you may give us written authorization to use your health information or to disclose it to anyone for any purpose. If you give us an authorization, you may revoke it in writing at any time. Your revocation will not affect any use of disclosure permitted by your authorization while it was in effect. Unless you give us a written authorization, we cannot use or disclose your health information for any reason except those described in this Notice. By State Law, your authorization is valid for 90 days.

To Your Family and Friends: We must disclose your health information to you, as described in the Patient Rights section of this Notice. We may disclose your health information to a family member, friend, or other person to the extent necessary to help you with your healthcare or with payment for your healthcare but only if you agree that we may do so.

Persons Involved In Care: We may use or disclose health information to notify or assist in the notification of (including identifying or locating) a family member, your personal representative or another person responsible for your care, of your location, your general condition or death. If you are present, then prior to use or disclosure of your health information, we will provide you with an opportunity to object to such uses or disclosures. In the event of your incapacity or emergency circumstances, we will disclose health information based on a determination using our professional judgment, disclosing only health information that is directly relevant to the person's involvement in your healthcare. We will also use our professional judgment and our experience with common practice to make reasonable inferences of your best interest in allowing a person to pick up filled prescriptions, medical supplies, x-rays or other similar forms of health information.

Marketing Health-Related Services: We will not use your health information for marketing communications without your written authorization.

Required By Law: We may disclose your health information when we are required to do so by law.

Abuse or Neglect: We may disclose your health information to appropriate authorities if we reasonably believe that you are a possible victim of abuse, neglect, domestic violence or the possible victim of other crimes. We may disclose your health information to the extent necessary to avert a serious threat to your health or safety or the health or safety of others.

National Security: We may disclose to military authorities the health information of Armed Forces personnel under certain circumstances. We may disclose to authorized federal official's health information required for lawful intelligence, counterintelligence and other national security activities. We may disclose to correctional institution or law enforcement officials having lawful custody of protected health information of inmate or patient under certain circumstances.

Appointment Reminders: We may use or disclose your health information to provide you with appointment reminders (such as voicemail messages, postcards or letters).

PATIENT RIGHTS

Access: You have the right to look at or get copies of your health information with limited exceptions. You may request that we provide copies in a format other than photocopies. We will use the format you request unless we cannot practicably do so. You must make a request in writing to obtain access to your health information. You may obtain a form to request access by using the contact information listed at the end of this Notice. We will charge a reasonable cost-based fee for expenses such as copies and staff time. You may also request access by sending us a letter to the address at the end of this Notice. If you request copies, we may charge you \$0.83 for each page up to thirty (30) and \$0.63 for each page after thirty, a \$19 administrative fee to locate and copy your health information and postage if you want the copies mailed to you. Radiographs (x-rays) will be duplicated at a reasonable fee. If you request alternative format, we will charge a cost-based fee for providing your health information in that format. If you prefer, we will prepare a summary or an explanation of your health information for a fee. Contact us using the information listed at the end of this Notice for a full explanation of our fee structure.

Disclosure Accounting: You have the right to receive a list of instances in which we or our business associates disclosed your health information for purposes other than treatment, payment, healthcare operations and certain other activities for the last 6 years but not before April 14, 2003. If you request this accounting more than once in a 12-month period, we may charge you a reasonable cost-based fee for responding to these additional requests.

Restrictions: You have the right to request that we place additional restrictions on our use or disclosure of your health information. We are not required to agree to these additional restrictions but if we do, we will abide by our agreement (except in an emergency).

Alternative Communications: You have the right to request that we communicate with you about your health information by alternative means or to alternate locations. You must make your request in writing. Your request must specify the alternative means or locations and provide satisfactory explanation how payments will be handled under the alternative means or location you request.

Amendment: You have the right to request that we amend your health information. Your request must be in writing and it must explain why the information should be amended. We may deny your request under certain circumstances. Electronic Notice: If you receive this Notice on a website or by electronic mail (e-mail), you are entitled to receive this Notice in written form.

QUESTIONS AND COMPLAINTS

If you want more information about our privacy practices or have questions or concerns, please contact us.

If you are concerned that we may have violated your privacy rights or you disagree with a decision we made about access to your health information or in response to a request you made to amend or restrict the use or disclosure of your health information or to have us communicate with you by alternative means or at alternative locations, you may complain to us using the contact information listed at the end of this Notice. You also may submit a written complaint to the U.S. Department of Health and Human Services. We will provide you with the address to file your complaint with the U.S. Department of Human Services upon request.

We support your right to the privacy of your health information. We will not retaliate in any way if you choose to file a complaint with us or with the U.S. Department of Human Services.

Privacy Office: Shortgrass Community Health Center Administration
400 East Sycamore, Hollis, OK 73550
Telephone: (580) 688-2800
Fax: (580) 688-2193

CONSUMER NOTICE OF HEALTH INFORMATION PRACTICES (HIPAA)

General Information

Information regarding your healthcare, including payment for healthcare, is protected by two (2) federal laws: The Health Insurance Portability and Accountability Act of 1996 ("HIPAA") 42, U.S.C. 1320d Confidentiality Law 42, U.S.C. 290dd-2 C.F.R. Part 2. Under these laws, SCHC, may not say to a person outside of SCHC that you attend the program or clinic, nor may SCHC disclose any information identifying you as an alcohol or drug abuser, or any patient, or disclose any other protected information except as permitted by federal law.

SCHC must obtain your written consent before it can disclose information about you for payment purposes. For example, SCHC must obtain your written consent before it can disclose information to your health insurer in order to be paid for services. Generally, you also sign a written consent before SCHC can share information for treatment purposes or healthcare operations; however, federal law permits SCHC to disclose information without your written permission in the following instances:

1. Pursuant to an agreement with a qualified service organization/business associate.
2. For research, audit, or evaluation.
3. To report a crime committed on SCHC's premises or against SCHC's personnel.
4. To medical personnel for medical emergency.
5. To appropriate authorities to report suspected child and elder abuse or neglect.
6. As allowed by court order.

For example, SCHC can disclose information without your consent to obtain legal and financial services, or to a medical facility to provide healthcare to you, as long as there is a qualified service/organization/ business associate agreement in place. Before SCHC can use or disclose any information about your health in a manner which is not described above, it must first obtain your specific written consent allowing it to make the disclosure. Any such written consent may be revoked by you in writing.

Your Rights:

Under HIPAA you have the right to request restrictions on certain uses and disclosures of your health information. SCHC is not required to agree to any restrictions you request, but if it does agree it is bound by that agreement and may not use or disclose any information which you have restricted except as necessary in a medical emergency.

You have the right to request that we communicate with you by alternative means at an alternative location. SCHC will accommodate such requests that are reasonable and will not request an explanation from you. Under HIPAA you also have the right to inspect and copy your own healthcare information maintained by SCHC except to the extent that the information contains counseling notes or information compiled for use in a civil, criminal, or administrative hearing or in other limited circumstances. Under HIPAA, you also have the right, with some exceptions, to amend healthcare information maintained in SCHC's records, and to request and receive an accounting of disclosures of your health related information made by SCHC during the past six (6) years prior to your request. You also have the right to receive a paper copy of this notice.

SCHC Duties

SCHC is required by law to maintain the privacy of your health information and to provide you with notice of its legal duties and privacy practices with respect to your health information. SCHC is required by law to abide by the terms of this notice. SCHC reserves the right to change the terms of this notice and to make new notice provisions effective for all protected health information it maintains. Such changes will be communicated to present clients through provision of a copy of the revised notice. Former clients making appropriate requests will be provided a copy of the updated notice at the time of request.

Complaints and Reporting Violations

You may complain to SCHC and the Secretary of the United States Department of Health and Human Services if you believe that your privacy rights have been violated under HIPAA. Such complaints should be pursued through the established SCHC grievance procedures. You will not be retaliated against for filing such a complaint.

Violation of the Confidentiality Law by a program is a crime. Suspected violations of the Confidentiality Law may be reported to the United States District Attorney in the district where the violation occurs.

PATIENT CENTERED MEDICAL HOME (PCMH) AGREEMENT

Shortgrass Community Health Center, Inc. (SCHC) wants to be YOUR Medical Home. Our goal at SCHC is to provide patient centered care to all its patients. Patient centered care means your medical provider, Health Care Team, patient and families work together to provide quality care to YOU. We do this through patient and family communication where the needs and preferences of the patient are communicated to your SCHC Health Team. Your SCHC Health Care Team may include your medical provider – a doctor, nurse practitioner, or physician’s assistant and your nurse, dietician, lab, x-ray, dentist, optometrist, pharmacist and behavioral health specialist. In turn we will listen to these needs and focus their education and training to make sure YOU get good quality health care.

Our plan:

SCHC and the patient/parent will achieve this patient centered care based on these items that we agree upon.

- SCHC will provide quality health care to the best of our ability and knowledge in a safe environment.
- Patients and their families have the ability to ask questions and voice concerns through an open channel of communication with our Health Team.
- The patient/parent is honest in the history of symptoms. Your Health Team is open and honest in relating the diagnosis and related treatment. It is important for the patient/parent to disclose all symptoms or medical problems at the time of treatment.
- The patient/parent is agreeable with your treatment plans. SCHC will provide clean and understandable instructions.
- SCHC will provide patient with enough time during their office visit to make sure the medical problem is understood and the treatment plan is thoroughly explained. Both the patient/parent and your Health Team will respect one another’s time.
- The patient/parent will pay for their share of the services rendered not covered by their insurance at the time of the office visit. It is the patient/parent responsibility to know their insurance benefits.
- SCHC offers same day appointments for acute care and allots reasonable times for follow-up, preventative care and disease management appointments.
- SCHC may refer patient to a specialist or suggest certain tests/procedures that are not done in the office but instructions will be given for any referral. It is the patient/parent responsibility to find out if the specialist is covered by their insurance.
- SCHC is not responsible for costs for patient specialty care or tests/procedures recommended by our providers.
- SCHC will make the referral; however, it is the responsibility of the patient/parent to follow-up with the referral and understand the insurance coverage for the specific referral.
- SCHC will give results of lab/x-ray tests by calling and/or mailing the patient/parent. The patient/parent should call the office if not notified about test results in an appropriate time frame.
- The patient/parent shall do their best to participate in health habits and lifestyles.
- SCHC may provide educational health information. The patient/parent can use this information and ask questions if needed.
- The patient/parent should keep their appointments; a missed appointment takes up time that another patient could use.
- The patient/parent should arrive on time for their scheduled appointment. SCHC in turn will work to stay on schedule.
- SCHC will respect the patient/parent individually. We will not make judgments based on race, religion, gender, gender identity, age or disability.
- SCHC will respect patient/parent privacy. Medical information will not be shared with anyone unless it is vital for treatment, payment or health care operations, you give us permission, or it is required by law or court order.
- SCHC has computer prescription programs with most pharmacies. Prescriptions are sent to your specified pharmacy electronically, otherwise, a printed prescription will be provided.
- This agreement that describes your SCHC Health Care Team relationship with YOU has been given to and received by a patient/parent for his or her Health Team member today.

Welcome to Shortgrass Community Health Center

The amount that you will be responsible for paying will be determined using a Sliding Scale Discount Schedule which is based on your total income as it relates to the Federal Poverty Level (FPL) Guidelines for this year. The sliding scale discount schedule is included in this notice.

Documentation of income and number in household must be provided to the Shortgrass Community Health Center business office to determine the eligibility and amount of discount for services to be provided.

ALL PATIENTS WILL BE SEEN REGARDLESS OF ABILITY TO PAY.

A nominal fee of \$10 is requested for services in medical, behavioral health, and vision clinics and \$20 for services provided in dental clinics for patients at or below the 100% FPL. All other patients will have a co-pay or minimal fee based upon their insurance carrier or their annual income.

Routine lab services are offered on a sliding scale basis but not included in the nominal fee.

Any attempt to falsify information relating to income or other eligibility requirements is a violation of federal law and is subject to prosecution.

NO PATIENT WITH INCOME GREATER THAN 200% FPL IS ELIGIBLE FOR THE DISCOUNT.

The Shortgrass Community Health Center Sliding Scale Discount Schedule is based on the current annual Federal Poverty Level (FPL) guideline and is updated in the EMR by the billing manager.

| Category | Slide | S1 | S2 | S3 | S4 | S5 |
|----------------------------------|-------------------------|-----------------|-----------------|-----------------|-----------------|------------------|
| % of Federal Poverty Level (FPL) | | <= 100% | 101 - 125 % | 126 - 150% | 151 - 175% | 176 - 200% |
| Patient Nominal Fee | Medical/BH/Vision/Psych | \$10 | \$20 | \$30 | \$40 | \$50 |
| | Dental | \$20 | \$30 | \$40 | \$50 | \$60 |
| Family Size | | | | | | |
| 1 Annual (Up to) | | \$15,060 | \$18,825 | \$22,590 | \$26,355 | \$30,120 |
| | Monthly | \$1,255 | \$1,569 | \$1,883 | \$2,196 | \$2,510 |
| | Weekly | \$290 | \$362 | \$434 | \$507 | \$579 |
| | Hourly | \$7 | \$9 | \$11 | \$13 | \$14 |
| 2 Annual (Up to) | | \$20,440 | \$25,550 | \$30,660 | \$35,770 | \$40,880 |
| | Monthly | \$1,703 | \$2,129 | \$2,555 | \$2,981 | \$3,407 |
| | Weekly | \$393 | \$491 | \$590 | \$688 | \$786 |
| | Hourly | \$10 | \$12 | \$15 | \$17 | \$20 |
| 3 Annual (Up to) | | \$25,820 | \$32,275 | \$38,730 | \$45,185 | \$51,640 |
| | Monthly | \$2,152 | \$2,690 | \$3,228 | \$3,765 | \$4,303 |
| | Weekly | \$497 | \$621 | \$745 | \$869 | \$993 |
| | Hourly | \$12 | \$16 | \$19 | \$22 | \$25 |
| 4 Annual (Up to) | | \$31,200 | \$39,000 | \$46,800 | \$54,600 | \$62,400 |
| | Monthly | \$2,600 | \$3,250 | \$3,900 | \$4,550 | \$5,200 |
| | Weekly | \$600 | \$750 | \$900 | \$1,050 | \$1,200 |
| | Hourly | \$15 | \$19 | \$23 | \$26 | \$30 |
| 5 Annual (Up to) | | \$36,580 | \$45,725 | \$54,870 | \$64,015 | \$73,160 |
| | Monthly | \$3,048 | \$3,810 | \$4,573 | \$5,335 | \$6,097 |
| | Weekly | \$703 | \$879 | \$1,055 | \$1,231 | \$1,407 |
| | Hourly | \$18 | \$22 | \$26 | \$31 | \$35 |
| 6 Annual (Up to) | | \$41,960 | \$52,450 | \$62,940 | \$73,430 | \$83,920 |
| | Monthly | 3,497 | 4,371 | 5,245 | 6,119 | 6,993 |
| | Weekly | \$807 | \$1,009 | \$1,210 | \$1,412 | \$1,614 |
| | Hourly | \$20 | \$25 | \$30 | \$35 | \$40 |
| 7 Annual (Up to) | | \$47,340 | \$59,175 | \$71,010 | \$82,845 | \$94,680 |
| | Monthly | \$3,945 | \$4,931 | \$5,918 | \$6,904 | \$7,890 |
| | Weekly | \$910 | \$1,138 | \$1,366 | \$1,593 | \$1,821 |
| | Hourly | \$23 | \$28 | \$34 | \$40 | \$46 |
| 8 Annual (Up to) | | \$52,720 | \$65,900 | \$79,080 | \$92,260 | \$105,440 |
| | Monthly | \$4,393 | \$5,492 | \$6,590 | \$7,688 | \$8,787 |
| | Weekly | \$1,014 | \$1,267 | \$1,521 | \$1,774 | \$2,028 |
| | Hourly | \$25 | \$32 | \$38 | \$44 | \$51 |
| | * | \$5,380 | \$5,380 | \$5,380 | \$5,380 | \$5,380 |

IMPORTANT: *For Family Units over 8, add the amount shown for each additional family member.

Application for Sliding Fee

Shortgrass Community Health Center offers patients a discount on their medical bills if they qualify for our sliding fee scale. The discount is based on the **GROSS** income of **ALL** members of the household and the number of members in the family. If you want to apply for this discount we need income verification. **Proof of income is required.**

(Examples: most recent pay stub, prior year's W-2 forms, tax returns, bank statement showing deposits, letter of income from employer, attestation letter from someone not a household member, self-attestation letter.)

Please list ALL family members: (*Frequency = Weekly, Biweekly, Bimonthly, Monthly, or Annual*)

| Name | Date of Birth | Income | Frequency |
|------|---------------|--------|-----------|
| | | | |
| | | | |
| | | | |
| | | | |
| | | | |
| | | | |
| | | | |
| | | | |

**** Patients applying for the sliding fee program are obligated to contact SCHC if their income or household status changes, or if they become eligible for insurance. Patients must update information on an annual basis to remain on the sliding fee program.**

AFFIDAVIT

By signing below, I attest that, as of the date of my signature, the income sources listed constitute all of my household income, and that the family members listed are all solely dependent on that income, or that the explanation provided to verify my income level is truthful. I understand that I have 30 days to provide proof on income or I will be responsible for promptly paying the full charge of all visits.

APPLICANT SIGNATURE _____ **DATE** _____

| Sliding Scale Discount (FOR OFFICE USE ONLY) | | |
|--|--|--|
| Total household WEEKLY income _____ | Total # of household members _____ | |
| Total household BIWEEKLY income _____ | Staff calculations | |
| Total household BIMONTHLY income _____ | | |
| Total household MONTHLY income _____ | | |
| Total household ANNUAL income _____ | | |
| VALID from: _____ TO _____ | _____ | |
| (month/day/year) | (month/day/year) (Authorized Office Staff Signature) | |



COMMUNITY HEALTH CENTER, INC.

New Patient Registration Form

As a Federally Qualified Health Center, SCHC is required to collect demographic information regarding the patients we serve. The information you provide is confidential. Please check Not Reported/Refused if you do not wish to answer a specific question. Thank you for choosing SCHC as your health care provider.

Section 1: Patient Information

First Name: _____ **Middle Name:** _____ **Last Name:** _____

Suffix: _____ **Date of Birth:** _____ **Social Security Number:** _____ **Sex:** Male Female

Address: _____ **City:** _____ **State:** _____ **Zip:** _____

(Please check if unhoused/homeless:) **Marital Status:** Single Married Widowed Other _____

Email: _____ **Primary Phone:** _____ Home Work Cell

Primary Language: English Spanish Sign Language Other _____ Translator needed

Race: Caucasian African American American Indian or Alaska Native Native Hawaiian or Other Pacific Islander

Ethnicity: Latino/Hispanic Non-Latino/Non-Hispanic Not Reported/Refused

Gender Identity: Male Female Transgender Female (Male-to-Female) Transgender Male (Female-to-Male)
 Non-Binary Uncertain Not Reported/Refused

Sexual Orientation: Heterosexual/Straight Homosexual/Gay/Lesbian Bisexual Uncertain Not Reported/Refused

Are you a (please check all that apply)....? Veteran Migrant Farm Worker Seasonal Farmworker

Section 2: Guarantor/Insurance (Financially Responsible Individual) Information

Patient's Relation to Guarantor: Self (skip to Plan 1 Information) Child Parent Spouse Employer
 Other _____

First Name: _____ **Middle Name:** _____ **Last Name:** _____

Suffix: _____ **Date of Birth:** _____ **Social Security Number:** _____ **Sex:** Male Female

Address: _____ **City:** _____ **State:** _____ **Zip:** _____

Marital Status: Single Married Widowed Other _____

Plan 1 Information

Insurance Company: _____

Group Number: _____ **Claim Member ID:** _____

Plan 2 Information

Insurance Company: _____

Group Number: _____ **Claim Member ID:** _____

Section 3 : Preferred Pharmacy

Pharmacy Name: _____ **Phone Number:** _____ **City:** _____ **State:** _____

Section 4: Treatment and Payment Authorization

You are responsible for your own bill. As a courtesy, SCHC will submit charges to your insurance carrier. If you have no insurance, you will be required to set up payment arrangements with our finance office. I hereby assign, transfer, and set over to SCHC all of my rights, title, and interest to my medical reimbursement benefit under my insurance policy. I authorize the release of any medical information needed to determine these benefits. This authorization shall remain valid until I, revoking said authorization, give written notice. I understand that I am financially responsible for all charges whether or not they are covered by insurance. I, the undersigned, agree to participate in clinical interviews, treatment, and testing as a patient of SCHC. I authorize treatment for my identified minor or myself. I also understand that examination and treatment may be by a student, intern, or resident under the supervision of a clinician.

Notice of Privacy Practices

- I have been given, read, and understand the Notice of Privacy Practices of SCHC.
 I have refused my copy of the Notice of Privacy Practices.

Patient/Guardian Signature: _____ **Date:** _____

Reason for Visit:

Allergies:

Medical Conditions:

Surgeries:

List All Medications and Dosages:

Are you a smoker? Yes No
 If yes, would you like assistance with quitting? Yes No

Do you use either alcohol or drugs, including marijuana? Yes No
 If yes, please list the type of substance used and how often it is used: _____

PHQ-9 Depression Screening Tool

| Over the last 2 weeks, how many times have you been bothered by any of the following problems? (Use “✓” to indicate your answer under the appropriate column.) | Not at all (0) | Several Days (1) | More than half the days (2) | Nearly all every day (3) |
|--|-------------------|---------------------|--------------------------------|-----------------------------|
| 1. Little interest or pleasure in doing things..... | | | | |
| 2. Feeling down, depressed, or hopeless..... | | | | |
| 3. Trouble falling or staying asleep or sleeping too much..... | | | | |
| 4. Feeling tired or having little energy..... | | | | |
| 5. Poor appetite or overeating..... | | | | |
| 6. Feeling bad about yourself – or that you are a failure or have let yourself or your family down..... | | | | |
| 7. Trouble concentrating on things, such as reading the newspaper or television..... | | | | |
| 8. Moving or speaking so slowly that other people could have noticed? Or the opposite – being so fidgety or restless that you have been moving around a lot more than usual..... | | | | |
| 9. Thoughts that you would be better off dead or hurting yourself in some way..... | | | | |
| Column Totals | | | | |
| Total Score | | | | |

If you checked off any problems, how difficult have these problems made it for you to do your work, take care of things at home, or get along with other people.....

| | | | |
|---|---|--|---|
| Not at all <input type="checkbox"/> | Several days <input type="checkbox"/> | More than half the days <input type="checkbox"/> | Nearly every day <input type="checkbox"/> |
|---|---|--|---|

Treatment and Payment Authorization

You are responsible for your own bill. As a courtesy, SCHC will submit charges to your insurance carrier. If you have no insurance, you will be required to set up payment arrangements with our finance office.

- I hereby assign, transfer, and set over to SCHC all of my rights, title, and interest to my medical reimbursement benefit under my insurance policy. I authorize the release of any medical information needed to determine these benefits. This authorization shall remain valid until I, revoking said authorization, give written notice. I understand that I am financially responsible for all charges whether or not they are covered by insurance.
- I, the undersigned, agree to participate in clinical interviews, treatment, and testing as a patient of SCHC.
- I authorize treatment for my identified minor or myself. I also understand that examination and treatment may be by a student, intern, or resident under the supervision of a clinician.

Patient/Guardian Signature

Date

Notice of Privacy Practices

I have been given, read, and understand the Notice of Privacy Practices of SCHC.

I have refused my copy of the Notice of Privacy Practices.

Patient/Guardian Signature

Date

Witness Signature

Date

ACKNOWLEDGMENT OF RECEIPT OF SCHC WELCOME PACKET

Please initial beside each item that you have received in writing and understand the items contained in the welcome packet. If you at any time have questions, please ask for assistance from our front desk employees.

- _____ Cancellation Policy
- _____ Locations
- _____ Billing, Payment and Referral Information and Registration
- _____ Discount Drug Pricing and Medication Refills
- _____ Medication Policy
- _____ Patient Rights and Responsibilities
- _____ Notice of Privacy Practice
- _____ Consumer Notice of Health Information Practices (HIPAA)
- _____ Patient Centered Medical Home Agreement (PCMH)
- _____ SCHC Sliding Fee Scale Application
- _____ SCHC Sliding Fee Scale

Patient or Patient's Representative Signature

Date

Please Print Your Name

Patient's Name

Representative's Relationship to Patient

Verification Signature – SCHC Staff

Date

For Office Use only

Patient # _____

| | | |
|---|--|--------|
| NAME: | | DATE: |
| DATE OF BIRTH: | | AGE: |
| PRIMARY CARE PHYSICIAN: | | PHONE: |
| CURRENT THERAPIST/COUNSELOR | | PHONE |
| What brings you to seek mental health treatment or consultation? | | |
| | | |
| What are your treatment goals? | | |
| | | |
| Please describe any recent life changes or challenges that have lead you to seek treatment? | | |
| | | |
| | | |

Current Stressors

Please rank the following stressors in your life from 0 to 5
(0 = not a source of stress, 5 = extremely stress-provoking)

| | No stress | A little bit | Sometimes | Usually | Always | Relentlessly |
|-----------------------------------|-----------|--------------|-----------|---------|--------|--------------|
| Family | | | | | | |
| Friends | | | | | | |
| Finances | | | | | | |
| House | | | | | | |
| School | | | | | | |
| Work | | | | | | |
| Social media | | | | | | |
| Other: (Please list below) | | | | | | |
| | | | | | | |
| Other: (Please list below) | | | | | | |
| | | | | | | |

Symptom Checklist

Please check the symptoms below that you have been experiencing over the past few weeks. *To indicate the symptoms that are most distressing to you, please check both boxes.*

| Emotional Concerns | | Physical Concerns | | Behavioral Concerns | | Cognitive Concerns | |
|--------------------|--|--------------------------|--|---------------------|--|--------------------------|--|
| Sadness | <input type="checkbox"/> <input type="checkbox"/> | Fatigue | <input type="checkbox"/> <input type="checkbox"/> | Panic attacks | <input type="checkbox"/> <input type="checkbox"/> | Distractibility | <input type="checkbox"/> <input type="checkbox"/> |
| Irritability | <input type="checkbox"/> <input type="checkbox"/> | Muscle tension | <input type="checkbox"/> <input type="checkbox"/> | Binging | <input type="checkbox"/> <input type="checkbox"/> | Forgetfulness | <input type="checkbox"/> <input type="checkbox"/> |
| Jealousy | <input type="checkbox"/> <input type="checkbox"/> | Restlessness | <input type="checkbox"/> <input type="checkbox"/> | Purging | <input type="checkbox"/> <input type="checkbox"/> | Racing thoughts | <input type="checkbox"/> <input type="checkbox"/> |
| Guilt | <input type="checkbox"/> <input type="checkbox"/> | Insomnia | <input type="checkbox"/> <input type="checkbox"/> | Crying | <input type="checkbox"/> <input type="checkbox"/> | Flashbacks | <input type="checkbox"/> <input type="checkbox"/> |
| Worry | <input type="checkbox"/> <input type="checkbox"/> | Avoidance | <input type="checkbox"/> <input type="checkbox"/> | Impulsivity | <input type="checkbox"/> <input type="checkbox"/> | Desire to hurt others | <input type="checkbox"/> <input type="checkbox"/> |
| Anger | <input type="checkbox"/> <input type="checkbox"/> | Excessive energy | <input type="checkbox"/> <input type="checkbox"/> | Nightmares | <input type="checkbox"/> <input type="checkbox"/> | Paranoia | <input type="checkbox"/> <input type="checkbox"/> |
| Hopelessness | <input type="checkbox"/> <input type="checkbox"/> | Racing heart | <input type="checkbox"/> <input type="checkbox"/> | Changes in appetite | <input type="checkbox"/> <input type="checkbox"/> | Difficulty concentrating | <input type="checkbox"/> <input type="checkbox"/> |
| Feeling on edge | <input type="checkbox"/> <input type="checkbox"/> | Decreased need for sleep | <input type="checkbox"/> <input type="checkbox"/> | Cutting/self-harm | <input type="checkbox"/> <input type="checkbox"/> | Thoughts of self-harm | <input type="checkbox"/> <input type="checkbox"/> |
| Numbness | <input type="checkbox"/> <input type="checkbox"/> | Changes in libido | <input type="checkbox"/> <input type="checkbox"/> | Restricting meals | <input type="checkbox"/> <input type="checkbox"/> | Hallucinations | <input type="checkbox"/> <input type="checkbox"/> |

Psychiatric History

| Please answer the questions below. | | Yes | No |
|--|-----------|--------------------------|--------------------------|
| Have you ever attempted suicide? | | <input type="checkbox"/> | <input type="checkbox"/> |
| Have you ever received inpatient psychiatric treatment? <i>(If yes, please list below.)</i> | | <input type="checkbox"/> | <input type="checkbox"/> |
| Date: | Facility: | Reason: | |
| Have you ever received mental health treatment (counseling or medication)? <i>(If yes, please list below.)</i> | | <input type="checkbox"/> | <input type="checkbox"/> |
| Date: | Provider: | Reason: | |
| Date: | Provider: | Reason: | |
| Date: | Provider: | Reason: | |

Psychiatric History (continued)

| Please list ALL past psychiatric medications. | | | | |
|---|---------|---------|----------------------------|-------------------|
| Medication Name: | Dose(s) | Date(s) | Response(s) & Side-effects | Provider/Facility |
| | | | | |
| | | | | |
| | | | | |
| | | | | |
| | | | | |

Family Psychiatric History

| Has anyone in your family been diagnosed or treated for: (Select any that apply.) | | | | | |
|---|--------------------------|--------------------------|---------------------|--------------------------|--------------------------|
| Diagnoses/Treatment | Yes | No | Diagnoses/Treatment | Yes | No |
| Bipolar disorder | <input type="checkbox"/> | <input type="checkbox"/> | Depression | <input type="checkbox"/> | <input type="checkbox"/> |
| Schizophrenia | <input type="checkbox"/> | <input type="checkbox"/> | Anxiety | <input type="checkbox"/> | <input type="checkbox"/> |
| Alcohol abuse | <input type="checkbox"/> | <input type="checkbox"/> | Drug use/abuse | <input type="checkbox"/> | <input type="checkbox"/> |
| Anger issues | <input type="checkbox"/> | <input type="checkbox"/> | Suicide | <input type="checkbox"/> | <input type="checkbox"/> |
| If yes to any above, who? | | | | | |
| | | | | | |
| What medications were used? | | | | | |
| | | | | | |

Substance Use

| Please answer the questions below. | | | | | | | Yes | No |
|--|------------------------------|------------------------------|------------------------------|------------------------------|------------------------------|-----------------------------|--------------------------|--------------------------|
| Have you ever been treated for drug or alcohol abuse? | | | | | | | <input type="checkbox"/> | <input type="checkbox"/> |
| If yes, which substance, when and where? | | | | | | | | |
| How many drinks do you drink per day on average? (Please select box below.) | | | | | | | | |
| 0 <input type="checkbox"/> | 1-2 <input type="checkbox"/> | 2-3 <input type="checkbox"/> | 3-4 <input type="checkbox"/> | 4-5 <input type="checkbox"/> | 5-6 <input type="checkbox"/> | 6+ <input type="checkbox"/> | | |
| Have you ever felt like you should drink less? | | | | | | | <input type="checkbox"/> | <input type="checkbox"/> |
| Have people ever criticized your drinking use or annoyed you about drinking? | | | | | | | <input type="checkbox"/> | <input type="checkbox"/> |
| Do you feel guilty about drinking? | | | | | | | <input type="checkbox"/> | <input type="checkbox"/> |
| Do you ever take a drink in the morning to calm your nerves? | | | | | | | <input type="checkbox"/> | <input type="checkbox"/> |
| Do you think you might have a problem with alcohol or drugs? | | | | | | | <input type="checkbox"/> | <input type="checkbox"/> |
| Have you used any street drugs in the last 3 months? | | | | | | | <input type="checkbox"/> | <input type="checkbox"/> |
| If yes, which? (Please list.) | | | | | | | | |
| Have you used any prescription medication in a way not prescribed? | | | | | | | <input type="checkbox"/> | <input type="checkbox"/> |
| If yes, which? (Please list.) | | | | | | | | |

Substance Use Continued

| Please check if you have ever tried any of the following: | | | |
|---|--------------------------|--------------------------|--|
| Substance | Yes | No | If yes, how long and when was last use (how old were you)? |
| Methamphetamine | <input type="checkbox"/> | <input type="checkbox"/> | |
| Cocaine | <input type="checkbox"/> | <input type="checkbox"/> | |
| Stimulants (pills) | <input type="checkbox"/> | <input type="checkbox"/> | |
| Heroin/opium | <input type="checkbox"/> | <input type="checkbox"/> | |
| LSD or hallucination | <input type="checkbox"/> | <input type="checkbox"/> | |
| Marijuana/THC | <input type="checkbox"/> | <input type="checkbox"/> | |
| Pain Medication | <input type="checkbox"/> | <input type="checkbox"/> | |
| Methadone | <input type="checkbox"/> | <input type="checkbox"/> | |
| Sleeping aids | <input type="checkbox"/> | <input type="checkbox"/> | |
| Alcohol | <input type="checkbox"/> | <input type="checkbox"/> | |
| Ecstasy | <input type="checkbox"/> | <input type="checkbox"/> | |
| Bath salts | <input type="checkbox"/> | <input type="checkbox"/> | |
| Flaka | <input type="checkbox"/> | <input type="checkbox"/> | |
| Tobacco (<i>any form</i>) | <input type="checkbox"/> | <input type="checkbox"/> | |

Medical History

| | |
|---|--|
| Please list ALL medical conditions you are or have been treated for: | |
| 1. | 4. |
| 2. | 5. |
| 3. | 6. |
| Please list ALL surgeries you have had: | List Non-Psychiatric hospitalizations : |
| 1. | 1. |
| 2. | 2. |
| 3. | 3. |
| List ALL non – psychiatric medications & doses that you are currently taking, including supplements, vitamins and over the counter medications. | |
| 1. | 6. |
| 2. | 7. |
| 3. | 8. |
| 4. | 9. |
| 5. | 10. |
| Please list any allergies. | |
| | |
| | |

Medical History Continued

| | | | | | | | | | |
|--|--|--------------------------------------|------------------------------------|--|----------------------------------|--|--------------------------|--------------------------|--------------------------|
| Please answer questions. If you check yes, please dates and treatments. | | | | | | | | Yes | No |
| Have you ever had a traumatic brain injury? | | | | | | | | <input type="checkbox"/> | <input type="checkbox"/> |
| Date(s): | | Treatment(s): | | | | | | | |
| Have you ever had seizures? | | | | | | | | <input type="checkbox"/> | <input type="checkbox"/> |
| Date(s): | | Treatment(s): | | | | | | | |
| Have you had EKG? <i>(If yes, please list date and answer next question.)</i> | | | | | | | | <input type="checkbox"/> | <input type="checkbox"/> |
| Date(s): | | Was the last EKG normal? | | | | | | <input type="checkbox"/> | <input type="checkbox"/> |
| Have you recently had a physical or annual wellness visit? <i>(If yes, please list date and location.)</i> | | | | | | | | <input type="checkbox"/> | <input type="checkbox"/> |
| Date(s): | | Location: | | | | | | | |
| Have you recently any lab work? <i>(If yes, please list date and location.)</i> | | | | | | | | <input type="checkbox"/> | <input type="checkbox"/> |
| Date(s): | | Location: | | | | | | | |
| Social History for Patient | | | | | | | | Yes | No |
| Have you ever served in the military? | | | | | | | | <input type="checkbox"/> | <input type="checkbox"/> |
| Branch? | | | | Dates served: | | | | | |
| Do you have children? <i>If yes, how many?</i> _____ | | | | | | | | <input type="checkbox"/> | <input type="checkbox"/> |
| List ages and genders of children: | | | | | | | | | |
| | | | | | | | | | |
| Are you employed? Or are you a student? Or both? | | | | | | | | <input type="checkbox"/> | <input type="checkbox"/> |
| If employed, where? | | | | Position | | | | | |
| If student, where? | | | | If retired, from? | | | | | |
| <i>Status:</i> | Married: <input type="checkbox"/> | Single: <input type="checkbox"/> | Divorced: <input type="checkbox"/> | Widowed: <input type="checkbox"/> | Dating: <input type="checkbox"/> | Prefer not to disclose: <input type="checkbox"/> | | | |
| <i>Sexual Orientation:</i> | Heterosexual: <input type="checkbox"/> | Homosexual: <input type="checkbox"/> | Bisexual: <input type="checkbox"/> | Other/Prefer not to disclose: <input type="checkbox"/> | | | | | |
| | | | | | | Yes | No | Not yet | Not sure |
| Have you ever been arrested? | | | | | | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| Have you ever suffered from any major traumatic events in your life? | | | | | | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| If yes, please explain if you are comfortable doing so, | | | | | | | | | |
| | | | | | | | | | |
| Are you sexually active? | | | | | | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| Is anyone forcing you to do anything that you do not want to do? | | | | | | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| If yes, please explain if you are comfortable doing so, | | | | | | | | | |
| Have you ever been intimate with your partner when you did not want to? | | | | | | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| Are you currently pregnant? | | | | | | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| Are you planning on becoming pregnant? | | | | | | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| Date of last menstrual period? | | | | | | | | | |
| Birth control method if applicable: | | | | | | | | | |

Family Medical History

| Does your family have a history of any of the following? <i>(Please list family member, mother, father, etc.)</i> | | | | | | | |
|---|--------------------------|--------------------------|---------------|-----------------------|--------------------------|--------------------------|---------------|
| | Yes | No | Family Member | | Yes | No | Family Member |
| High blood pressure | <input type="checkbox"/> | <input type="checkbox"/> | | High Cholesterol | <input type="checkbox"/> | <input type="checkbox"/> | |
| Diabetes/sugar | <input type="checkbox"/> | <input type="checkbox"/> | | Anemia | <input type="checkbox"/> | <input type="checkbox"/> | |
| Sudden death | <input type="checkbox"/> | <input type="checkbox"/> | | Seizures | <input type="checkbox"/> | <input type="checkbox"/> | |
| Thyroid | <input type="checkbox"/> | <input type="checkbox"/> | | Liver problems | <input type="checkbox"/> | <input type="checkbox"/> | |
| Kidney problems | <input type="checkbox"/> | <input type="checkbox"/> | | Irritable bowel | <input type="checkbox"/> | <input type="checkbox"/> | |
| Crohns disease | <input type="checkbox"/> | <input type="checkbox"/> | | Multiple miscarriages | <input type="checkbox"/> | <input type="checkbox"/> | |
| Blood clots | <input type="checkbox"/> | <input type="checkbox"/> | | Cancer | <input type="checkbox"/> | <input type="checkbox"/> | |
| Are there any other family medical problems that run in your family? | | | | | <input type="checkbox"/> | <input type="checkbox"/> | |
| If yes, what disease and who did/does it effect? <i>(Please list disease and family member.)</i> | | | | | | | |
| 1. | | | | 6. | | | |
| 2. | | | | 7. | | | |
| 3. | | | | 8. | | | |
| 4. | | | | 9. | | | |
| 5. | | | | 10. | | | |

| Living situation – please list everyone that lives with you by relationship: | | | |
|--|--------------|------------------|--------------|
| Household Member | Relationship | Household Member | Relationship |
| | | | |
| | | | |
| | | | |
| | | | |
| Is there anything else we should know about you? | | | |
| | | | |
| | | | |

Emergency Contact _____ Relationship _____

Phone Number _____

By signing below, I certify all information is true and correct to the best of my knowledge

Signature _____

Date _____

Patient Name: _____

| Over the last 2 weeks, how often have you been bothered by the following problems? <i>(Use "✓" to indicate your answer under the appropriate column.)</i> | Not at all | Several days | More than half the days | Nearly every day |
|--|------------|--------------|-------------------------|------------------|
| 1. Feeling nervous, anxious, or on edge..... | 0 | 1 | 2 | 3 |
| 2. Not being able to stop or control worrying..... | 0 | 1 | 2 | 3 |
| 3. Worrying too much about different things..... | 0 | 1 | 2 | 3 |
| 4. Trouble relaxing..... | 0 | 1 | 2 | 3 |
| 5. Becoming so restless it's hard to sit still..... | 0 | 1 | 2 | 3 |
| 6. Becoming easily annoyed or irritable..... | 0 | 1 | 2 | 3 |
| 7. Feeling afraid as if something awful will happen..... | 0 | 1 | 2 | 3 |
| Column Totals | + | + | + | = |
| Total Score | | | | |

| | | | |
|--|---|---|--|
| If you checked off any problems, how difficult have these problems made it for you to do your work, take care of things at home, or get along with other people..... | | | |
| Not difficult at all <input type="checkbox"/> | Somewhat difficult <input type="checkbox"/> | Very difficult <input type="checkbox"/> | Extremely difficult <input type="checkbox"/> |

From the Primary Care Evaluation of Mental Disorders Patient Health Questionnaire (PRIME MD – PHQ). The PHQ was developed by Drs. Robert L. Spitzer, Janet B.W. Williams, Kurt Kroenke, and colleagues. For research information, contact Dr. Spitzer at rls8@columbia.edu. PRIME MD® is a trademark of Pfizer Inc. Copyright 1999 Pfizer Inc. All rights reserved. Reproduced with permission.