WELCOME

SPRING 2023

EVENTS:

Monthly Meetings: April 12th 6:00PM, LifeCenter, 615 Elsinore Place, Ste 400, 45202.

May 10th 6:00PM, UC Hospital. Everyone is welcome to join. See Website for information

Annual Picnic: June 10, 2023. Hopewell Meadows Park, 913 Hopewell Rd. Cinti, OH 45242 Save this date on your calendars. See the Website for updates.

www.transplantcommunity.org.

FLAG RAISING:

Flag raising is an annual event in reminder of all present and past of organ and tissue transplantation.

Please come in celebration and remembrance.

April 21, 3:00 PM-UC West Chester 7700 University, 45069 April 28, 2:00 PM-UCMC/UCGNI 3188 Bellevue Ave, 45219

GOLF OUTING:

September 21, 2023. Brown's Run Country Club. Golfers and volunteers needed. Please contact Rick Fugett.



Join us in celebrating each day!

Welcome to Transplant Community. Below is a picture from our

December 2022 **Holiday Party** with many of our Transplant Community. We had representatives from lung, kidney, heart and liver.



December 14, 2023

It may be cold outside now, but at **Picnic time**, this place will be HOPPING!

Hopewell Meadows Park



We would love to hear from each of you. Please join the UC Health Transplant Facebook page and sign up for copies of the Newsletter from our Website. www.transplantcommunity.org Anyone who would like to help with our Transplant Community, we are always looking for volunteers to help set up our next event.

Contact Us

Website:

www.transplantcommunity.org

Facebook:

UC Health Liver Transplant UC Health Kidney Transplant Group

UC Health Advanced Heart Failure Group

Donation Funds:

Any donations and Gifts go toward our transplant patient assistance fund or special projects that would further our mission to promote organ donation and to save lives through transplantation.

NEWSLETTER AND WEBSITE STAFF:

Tracy Keating:
tracykeating1@gmail.com
Don Melilllo:

Melildon@yahoo.com
Brian Martin:

brianandfamily11@gmail.com

Rick Fugett:

richardfugett@yahoo.com

Barry Johnson:

bejnky@gmail.com

Linda Cope:

linda.cope@hotmail.com

WWW.TRANSPLANTCOMMUNITY.ORG



Join us for the 5th annual UC Transplant Community Picnic! www.transplantcommunity.org

When: Saturday June 10th 11:00 am – 3:00 pm Where: Hopewell Meadows Park 9131 Hopewell Road Symmes Township

Requesting a \$10 donation per person. Many Door Prizes! (so bring a little extra) All donations will be given to the Transplant Patient Assistance Fund.

*** Dogs & Burgers provided Please bring a side dish to share **

****Bring your own beverages***

To ensure that we are adequately prepared PLEASE RSVP by June 1st to: www.transplantcommunity.org

Live Music, Great Food, Door Prizes, and more...

American Journal of Transplantation put out this article that many may want to view: www.amjtransplant.org/ajt-digest-for-patients

15th ANNUAL FLAG RAISING CEREMONY:

Please join us as we celebrate the gift of life.

Friday, April 21 from 3 to 4 p.m.
West Chester Hospital Main Lobby
7700 University Drive, West Chester Township, OH 45069

Friday, April 28 from 2 to 3 p.m.

UC Gardner Neuroscience Institute Auditorium

3113 Bellevue Ave., Cincinnati, OH 45219

Enter through the main entrance and the Auditorium is to your right.

Skin Cancer Risk in Solid Organ Transplant Recipients

By: Suzanne Schierenbeck RN Transplant Accreditation Coordinator at UC Health

Solid organ transplant recipients are at a higher risk for developing skin cancer than the general

population. The most common types are basal cell carcinoma, squamous cell carcinoma and melanoma.

Lifesaving immunosuppressive medications are the culprit here! How can you protect yourself?

- Annual dermatology visits
- Monthly self-skin checks
- Sun protection of SPF 30+ applied daily to any sun-exposed area
- Limiting sun exposure during peek times of 10 AM and 4 PM
- Covering any exposed skin with either UV Protective clothing or long sleeves

The ABCDEs of Melanoma

A is for asymmetry

B is for border

C is for color

D is for diameter or dark

E is for evolving

If you notice new or changing skin lesions, contact your dermatologist.

Sources:

Skin Cancer Foundation: www.skincancer.org

Risks of Four Types of Skin Cancer After Transplantation

TYPE OF CANCER	HOW MUCH HIGHER IS THE RISK OF THIS CANCER FOR TRANSPLANT RECIPIENTS?	HOW HIGH IS MORTALITY RISK IN TRANSPLANT PATIENTS?	HOW COMMON IS THIS CANCER AMONG TRANSPLANT RECIPIENTS?	WHY IS THE RISK INCREASED AMONG TRANSPLANT RECIPIENTS?
Squamous cell carcinoma ²	100-fold	Moderate	Extremely common	Possibilities include direct effects of medications and interactions between medications and UV radiation, coupled with suppression
Basal cell carcinoma ³	6-fold	Minimal	Common	
Melanoma ⁵	2-fold	Very high	Extremely rare	of the immune system.
Merkel cell carcinoma ⁶	24-fold	Very high	Relatively rare	Immune suppression prevents the body from controlling a cancer- causing virus

UC Health Celebrates Record-Setting Year in Organ Transplantation Jan. 30, 2023

CINCINNATI — 2022 marked a record-setting year for UC Health's transplant program, with 371 people receiving the gift of life through heart, liver, kidney or pancreas transplant surgeries performed at UC Medical Center.

That 394 total organs transplanted marks an all-time high for the program and includes 142 liver transplants and 240 kidney transplants. Among the 250 transplant centers in the U.S., UC Health's liver transplant program now ranks 17th by volume and its kidney transplant program ranks 33rd.

"We are proud to provide Greater Cincinnati's only comprehensive adult organ transplant program, and our team is committed to expanding access to this lifesaving care to those who need it most," Shimul A. Shah, MD, section chief of solid organ transplantation at UC Health, James and Catherine Orr Endowed Chair in Liver Transplantation, and professor of surgery at UC College of Medicine said. "This milestone is a significant accomplishment as an institution—however, we are most proud of our team and providers, and the outstanding care that we have provided to our patients."

UC Health provides Greater Cincinnati's only comprehensive adult organ transplant center, located at UC Medical Center. The program is nationally known for transplant clinical practice, research and education. It is also a destination referral center, with more than 1,800 referrals received in 2022 for kidney and liver transplant patients.

Patient outcomes are excellent among patients transplanted at UC Health, and median wait times are among the lowest in the nation—just 12 days for liver transplant patients, and 116 days for kidney transplant patients.

UC Health's transplant program also celebrated a milestone anniversary in December 2022—marking 55 years since Cincinnati's first kidney transplant was performed at UC Medical Center.

The UC Health transplant program provides kidney, heart, liver and pancreas transplants, as well as hepatobiliary surgery. The program has earned a national reputation for its clinical outcomes; influential academic research, especially in the area of anti-rejection medication; and innovative programs and techniques. It has also provided new hope and longer, happier lives to thousands of organ recipients.
