

SCHOOL NURSES ORGANIZATION OF ARIZONA



February
2024



February is Heart Health Month

RESOURCE SPOTLIGHT



Visit <https://www.registerednursing.org/> for information on advancing your degree, nursing careers (where school nursing is highlighted), salary comparisons and much more! Their mission is to promote excellence in nursing by enabling future and current nurses with the education and employment resources they need to succeed.

2-1-1 Arizona Information and Referral Service operates 24 hours per day, seven days per week and every day of the year.

Live-operator service is available at all times in English and Spanish and assistance is available in other languages via real-time interpreter services. Referrals include food, shelter, health care, mental health care, domestic violence, rent, and utilities, etc. 211Arizona.org

PRESIDENT'S NOTE

Dear SNOA Members and Health Office Staff,

Happy New Year! Please take the time to identify at least one win or accomplishment you have had so far in 2024. My win is that this newsletter was much easier this time around for Rachel Muth and I! That might not sound like a lot but when our secretary had to leave her Board position, Rachel and I had to scurry to quickly learn different things.

Speaking of needed Board positions, I'd like to run through how the SNOA Board is shifting to see if there is any interest in becoming more involved! There will be training for each position needed.

Needed Now:

- **Interim Secretary to cover the position until elections in 2025.**

Elections this Spring to start June 2024 after the Summer conference:

- **Treasurer**
- **Vice President**

Election this Spring to start December 2024:

- **NASN Board of Directors**

Only Active members of the SNOA/NASN Organization who are working in the field of school nursing shall be eligible for nomination to the Board. For a description of duties for each position listed above, please email me at lialexander@pusd11.net

Thank you for providing great care to our students across Arizona!

Lisa Alexander, BSN, RN, NCSN

Phoenix Children's Breathmobile Service

They are an Asthma/Pulmonology program that works from a mobile health bus. They provide a consultation at no cost to the families. They provide services to meet the needs of uninsured families and those with limited access to health care. There is a team including a pulmonology provider, a registered nurse, and a medical assistant/program coordinator/Spanish interpreter. They help with evaluating students with asthma, a chronic cough, short of breath with activity or has any other breathing concerns. They help provide inhalers for the uninsured patients. They focus in the valley and a radius of about 30-45 min away from Phoenix Children's Hospital.

For more information about their program, visit Phoenix Children's Hospital Website at:

<https://phoenixchildrens.org/centers-programs/breathmobile>

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RECRUITING

If you are not yet a National Association of School Nurses (NASN) member, consider joining!

The perks are endless. There are message boards to speak to colleagues on a national level, a learning center, access to vision vouchers for families in need, discounted prices on books, included membership into SNOA, and so much more!

**JOIN
US**



Ask SNOA

Dear SNOA,

I find the ADHS website cumbersome. Is there an easier way to look up information?

The Arizona Department of Health Services has an easy to use app, IDAZ, that contains information regarding communicable disease reporting, infectious diseases, public health clinic locations and more.

Have a burning question to ask SNOA? Email us!

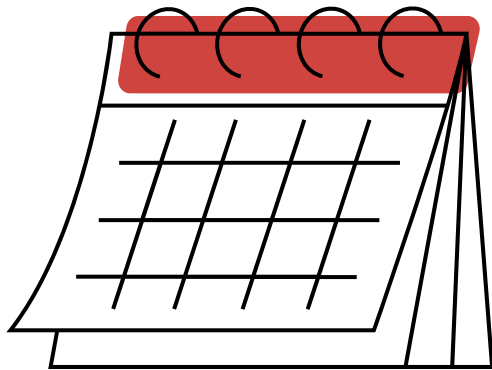


**Interested in serving on the
SNOA board?**

**We have an interim secretary
position open now and the
Treasurer position will be elected
this semester. If you are
interested in getting more
involved with SNOA please email
Liaalexander@pusd11.net**

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**Save The Date
for the 2024
SNOA
Conference
June 10 and 11 at
the Desert
Willow
Conference
Center in
Phoenix.**

PROFESSIONAL DEVELOPMENT

- SafeTALK Suicide Prevention Training, February 28, April 24, or May 22, 2024. [LINK](#)
- The SADS Foundation is a community of families, medical professionals, and supporters saving lives and advancing care for people with heart arrhythmia conditions that can lead to sudden death. They have SADS Safe Schools Webinar for School Nurses click [Here](#) for more information.
- The Journal of School Nursing (JOSN) is published monthly by the National Association of School Nurses (NASN). The journal is free for NASN members. Their August podcast is available [HERE](#), and discusses school nurse workload and student health outcomes.
- Camp Not-A-Wheeze opened up its volunteer applications, available [HERE](#). They serve as a refuge for children with chronic lung and allergic conditions and are looking for medical volunteers to assist with medication administration and camper assessments.
- Substance Use Trends and Reporting - View Webinar. [LINK](#)
- Browse the [School Nursing and Health Services](#) webpage, developed by the Arizona Department of Education. A wealth of tools, knowledge, and events are posted on the site.
- Save The Date: 2024 Annual Immunization Conference, April 23-24, 2024 at the Mesa Convention Center [LINK](#)
- The University of Arizona Pediatric Pulmonary Center is hosting the 15th Annual School Healthcare Training Event on Saturday, February 10th. The event will take place from 9:00 am - 4:00 pm, with continental breakfast and lunch included. Topics include Smoking Tobacco and Vaping, Weight Inclusiveness, GI Issues & Behaviors, Allergies, & Pediatric Mental Health. Participation Certificates will be provided. For more information and registration, visit: <https://www.azed.gov/wellness/school-nursing-and-health-services>
- Do you want an in-service on Valtoco, a prescription nasal spray rescue medication for the short term treatment of seizure clusters for people age 6 years old and up? Contact Tracey Brook, RN, at tbroke@neurelis.com for more information.

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SUMMER



Looking for a Summer job and a Way to Beat the Heat?

Camp Sunshine, located in Maine, provides retreats combining respite, recreation, and support, while enabling hope and promoting joy, for children with life-threatening illnesses and their families through the various stages of a child's illness.

The program is free of charge to families and includes on-site medical support. Bereavement sessions are also offered for families who have experienced the death of a child from a supported illness.

For more information, please visit www.campsunshine.org.

Also in Maine is Camp Skylemar. Camp Skylemar offers top-notch instruction and enjoyment in sports, aquatics, outdoors, and other activities for 200 boys, ages 7-15. The RN position pays a competitive salary of \$1,000 per week, including housing, a travel stipend, meals, time off, staff clothing, WIFI, and a laundry service. The season runs from June 20 through August 11.

www.skylemar.com



Save the Date:

Day of Advocacy for Vaccines Arizona Capitol, February 28, 10 am - 2 pm

Keep the future **sunny** for Arizona kids.

Lunch is provided.
Scan the QR code to register.

<https://azfamiliesforvaccines.org/2024dayofadvocacy>



AZfamiliesforvaccines.org

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Partners in
Health and Education

POSITIVE VIBES



Congratulations to Lisa Alexander, Joseph Gaw, Jill Smith, Angella Dittberner, Karen Garcia, Jennifer Miller, Rachel Muth, and Penny Tyler for completing the 2023 Northeastern University Bouvé College of Health Sciences School Leadership Academy!

LEARN

School Nurse Huddles with the Arizona Department of Education

Chat with school nurses and health office staff from across the state to share ideas, address challenges, gather updates, and receive support. They are held the third Wednesday of every month. For registration, visit: <https://www.azed.gov/wellness/school-nursing-and-health-services#Virtual%20Coffee%20Chats>

SCHOOL NURSE OR HEALTH ASSISTANT PRAISE!

DO YOU HAVE SOMEONE YOU WANT TO SHINE A LIGHT ON SO WE CAN ALL SEE HOW AMAZING THEY ARE? EMAIL ANY SNOA BOARD MEMBER WITH THEIR NAME, WHERE THEY WORK, A LITTLE BLURB ABOUT WHY THEY ARE AMAZING, AND A PICTURE, IF POSSIBLE. WE WOULD LOVE TO SHOW OFF ARIZONA'S FINEST!



SNOA CONTACTS

Lisa Alexander, President - Lialexander@pusd11.net
Rachel Muth, President-Elect - rmuth@pvschools.net
McKenzie Bevirt, Interim Vice President - mbevirt@fusd1.org
Sandra Brown, Treasurer - skbrown@mpsaz.org
Sarah Portle, NASN Board Rep - sarah@azffn.org