

Marivic R. Dizon, PhD, PSY 22893
1838 El Camino Real, Suite 230, Burlingame, CA 94010
650-204-7862 (w); 888-977-1372 (fax)
drmdizon@gmail.com

Dear Clients, Parents, and Families:

The COVID-19 situation continues to evolve. I am implementing the following policies and procedures with the return to in-person therapy sessions. I will continue to monitor the status of the COVID-19 virus and its impact, and adjust plans accordingly, as guidance is shared from federal and state authorities. With that in mind, here are the most recent guidelines, I will be following. If you have questions or concerns, please let me know.

Arrival: In order to maintain social distance and prevent congestion in the waiting room, please arrive at the waiting room, right before the appointment time, and I will come out to greet you. Parents, please return to the waiting room, 45 minutes after the appointment begins, unless other arrangements were discussed, and I will greet you in the waiting room. Thank you for your cooperation with this, as this also allows me sufficient time to sanitize the space between clients.

Telehealth: Telehealth sessions are available as an alternative to in-person sessions.

Mask-wearing: Anyone visiting the office should wear a mask. I keep a supply of disposable masks on hand in case a client or family member needs one.

Handwashing/Sanitizing: Hand sanitizer is available in the office- please use this or wash your hands in the restroom down the hall (available on 1st & 2nd floor)

Sanitizing Office: I will sanitize frequently touched surfaces and objects between sessions.

Social Distancing: We will practice social distancing in the office, to the extent possible.

Ventilation: The office has an air purifier as well as windows.

COVID-19 Procedure: If you have COVID-19 symptoms such as dry cough, fever or shortness of breath, please reschedule your appointment by calling 650-204-7862 or request a telehealth appointment. I will also notify you and reschedule or shift to a telehealth appointment.

We will both notify each other if we have been exposed to COVID-19 and/or tested positive for COVID-19, and can then follow CDC guidelines.

Regards,

Marivic R. Dizon