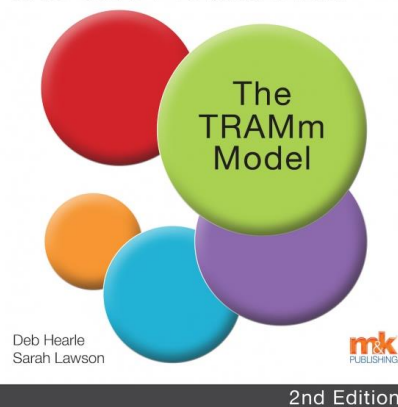


A Strategic Guide to
Continuing Professional
Development for Health
and Care Professionals:



Our book

TRAMmCPD

Continuing Professional Development (CPD) is a personal and subjective journey, as well as a professional responsibility and mandatory requirement. In order to be effective you need to *Tell* others, *Record* and *Apply* what you have learnt through your CPD activities, *Monitor* your progress and *measure*¹ the impact.

For the latest news and information please see our website: www.TRAMmCPD.com

¹ The lower case 'm' is used to denote *measure* purely to differentiate it from *Monitor*. It has no significance in terms of importance

The TRAMm Model

TRAMm - *Tell*, *Record*, *Apply*, *Monitor* and *measure*. A dynamic, interactive model which encourages interaction and provides a clear framework for maintaining and recording your CPD.

TRAMm Tracker

An adaptable, effective tool for recording, monitoring and measuring your learning and CPD. Providing a continuous journey towards fulfilling the HCPC CPD Standards.

TRAMm Trail

Strategically plan and record in a little more depth the most significant pieces of your CPD.

TRAMmCPD

The TRAMm Model, TRAMm Tracker and TRAMm Trail, collectively known as TRAMmCPD, provide health and social care professionals with a framework to facilitate the journey through Continuing Professional Development (CPD).

Information is *free* to download from our website: www.TRAMmCPD.com

TRAMmCPD helped me to organise everything I had gathered in the last 2 years, it helped me to panic less about being part of the HCPC audit process” Band 6 Occupational Therapist

Book available

Hearle, D., and Lawson, S., (2020) *A Strategic Guide to Continuing Professional Development for Health and Care Professionals: The TRAMm Model (2nd ed)*
Keswick: M&K Publishing

Available from major retailers, also available in eBook format from worldwide distributors such as:

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