



ECG testing: Patient Information

What is an ECG?

An ECG (electrocardiograph) is a non-invasive diagnostic tool that records the heart's electrical activity as waveforms.

Who performs the ECG test?

The test will be performed by an ECG technician, clinical assistant, or nurse at our office.

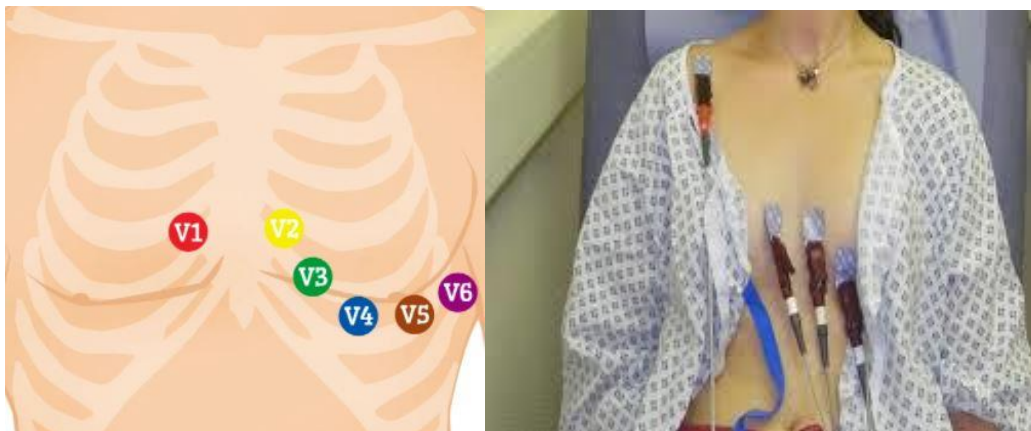
How is the test done?

ECG electrodes (stickers) are placed on your arms, legs and chest (sides of the sternum and below the breast and axillary areas). Please see diagrams below.

How long does the test take?

The test takes 10-15 minutes to complete.

Diagrams of ECG sticker placement:



How to prepare for your ECG test:

- 1) Wear comfortable, loose clothing on the test day for ease of dressing and undressing. A disposable gown will be offered.
- 2) Your skin should be dry, hairless (please shave if necessary), and oil-free, for better adhesion of ECG stickers and proper recording.
- 3) We encourage you to bring along a family member that you feel comfortable having present in the exam room during testing.