

# Ministry of Spiritual Direction

## Group Supervision Timeline

Gather

5 minutes - Grounding Prayer/ Meditation

10 minutes - Sharing by Focus Person

Each group member is expected to have read the CRF in advance. This will be a time for the supervisee to share:

- › their supervision focus and if that focus has shifted from how it was presented in the CRF.
- › anything that will aid the group in understanding their focus for our time together. This may be an intuition, image, imagining, felt body sense or movement of the Spirit.
- › anything about the directee that needs to be known in order to articulate today's focus statement.

15 minutes - Group Response

This will begin with the facilitating supervisor, who will open a line or thread of questioning for exploration. The group will explore with the supervisee compassionately, contemplatively, and evocatively, the thread started by the supervisor feels complete, then someone else can open up a new thread of questioning for exploration.

10 minutes – Take-Aways and Consultation Questions

Beginning with the supervisee sharing what they are taking away from today's time to support their ministry.

Group members are then invited to share what they are taking away to support their ministry.

Consultation with supervisee followed by consultation questions others in the group may bring.

Closure/ planning for next time, including who will be supervised in the following session.