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APPROXIMATE HEALING SCHEDULE OF PERMANENT COSMETICS PROCEDURES

Eye Brows

Day: What to Expect:

- 1-2 What you see is about 20-40% darker, bolder and more solid than what your healed result will present. Under the pigment, the skin is red and pigment has been deposited into the layer of skin containing dead skin cells; combined giving the appearance of darker color. There may be minimal swelling but because typically the eyebrow area does not retain much fluid, swelling will be limited. The top layers of skin will begin to shed on about day 3-5, and you will see a loss of color. This is normal, and the pigment that was deposited superficially will come off with the skin it is embedded within. **DO NOT HELP IT!** Let it peel on its own. To pull the skin off, you will remove 'plugs' of dermal pigments, as it has not detached itself completely at this point.
- 3 Your eyebrows may begin to itch and the pigment may appear somewhat raised. Don't scratch them.
- 4-6 The skin is now in the throes of rapid exfoliation and if left alone, will shed evenly. The color under the exfoliating skin will continue to appear light until the epidermis takes on its more transparent characteristics.
- 30-40 Now is the time to critique your brows as you have had a full cycle of cellular regeneration in which the tattoo has now become part of the dermis, seen under the epidermis.

Eye Liner

Day: What to Expect:

- 1 This can vary from slightly puffy to swollen, heavy lids, light sensitive and possibly bloodshot. They feel more swollen than they actually appear. Makeup looks quite heavily applied. It's advisable to sleep in an elevated position to help reduce swelling at night. Also, do not use your best pillowcase the first two nights.
- 2 Eyes will be swollen and perhaps a bit 'crusty' upon waking. The swelling will disappear from being in an upright position and from blinking, etc., increasing circulation to the area. Avoid heavy lifting, physical exertion and crying.
- 3 Eyes will be less swollen, but still tight. The lash area will feel sore if touched.
- 4 Pigment within the epidermis will begin to flake off in little stitch looking lines, although some people do not notice the exfoliation at all. **DO NOT PICK-** you will pull **DERMAL** pigment and end up with uneven color.
- 5 Blinking helps to eliminate the small pieces of pigment and epidermis, which has detached. It is important not to pick at it or rub the eyes.
- 7 All shedding should be complete. You're safe to put your face back in the shower spray.

Lips

Day: What to Expect:

- 1 Lips will be swollen, feel tender and hot and do well with ice therapy. The lips will appear as though wearing a bright or dark vivid lipstick. The color may appear warmer than ultimately desired. They will feel very dry and you will feel a need to continually apply your aftercare product.