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## **NEEDLING/ SCAR REVISION BEFORE AND AFTERCARE INSTRUCTIONS**

Fee for needling procedure and number of visits required is determined upon consultation and based on number and severity of wrinkles.

Fee for scar revision procedure and number of visits required is determined upon consultation and based on the size of a scar.

### **Needling Before Care**

- Using an AHA product or other 'peel' for 2 weeks prior to your Skin Needling procedure will help to soften and exfoliate the epidermis, which will help make your procedures more effective.
- Receiving a peel or Microdermabrasion from a professional aesthetician prior to each Needling procedure will help your body's natural collagen reproduction.
- If you are planning to receive Botox, make sure that you give yourself at least 2 weeks post your Botox injections before receiving your Needling procedure. You can have Botox injected immediately post Needling if you desire.
- If you are taking a blood thinner, aspirin or any other medication that you have the propensity to bleed easily while on, please tell your technician. If you are under a physician's care and need to discontinue your medication for a few days, always ask your physician prior to each Needling appointment.
- If you bruise easily you may consider taking Arnica Montana pre and post procedure to alleviate bruising and swelling. (Follow manufacturer's directions)
- The Needling procedure is mostly in the epidermis, however, some discomfort is to be expected.

### **Needling Aftercare**

**What to expect:** The procedure area will look like red cat scratches for a few days. The deeper we penetrate the epidermis (for deep wrinkles), the redder and longer lasting the scratches will be.

- Your body's own natural collagen in the treatment area will start to plump up and will continue to do so for several weeks / months.
- Some patients see results within the first week, and others may take several weeks to notice results.

#### **After Care:**

- Apply *Aquaphor* or *Petroleum Jelly* with cotton swab (not your fingers) 2-3 times a day or as needed to keep the area moist for 72 hours following your treatment.
- You may apply new mineral makeup after the first day. Use a new clean applicator or brush to apply to red areas too if needed.