



## PILLOW TALK CONSCIOUSNESS

**Intimate Reflections on America's 100 Most Interesting Thoughts and Suspicions**

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## **Pillow Talk Consciousness Is Not Just a Book It's a Unique American Experience**

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This week I received a book in the mail along with a letter from the publisher requesting a book review.

When I opened the package, the first thing I noticed was the distinctive cover of the 240 page paperback. The red, white and blue colors were reminiscent of bold stripes. Prominently positioned on the front cover were the radiant faces of a smiling couple lying on pillows looking directly into each other's eyes. The somewhat provocative title, "*Pillow Talk Consciousness: Intimate Reflections on America's 100 Most Interesting Thoughts and Suspicions*", initially led me to believe that the publisher had sent me this book by mistake.

I quickly flipped through the Table of Contents and the somewhat lengthy Prologue. As usual, I started my review by carefully reading the first 10-20 pages of the book. However, after about fifteen minutes into *Pillow Talk Consciousness*, I suddenly recognized that I had an unavoidable smile on my face. It was obvious that I was being entertained by the picture the authors were painting around the intensity of their own bedtime conversations. As I read further, I noticed that I had been drawn into a lively dissertation on human consciousness and its power to enhance the openness and candor of conversations between couples. Nothing about the dissertation was heavy or earthshaking. However, it held my attention and aroused my curiosity.

What really caught my journalistic interest and imagination was the unveiling of a rather mystical and authentic form of expression that the authors themselves had defined as *pillow talk consciousness*. The captivating descriptions detailing what it is like to experience a *pillow talk* moment were surprisingly enchanting. I said to myself at that point, "you know... my husband and I have also been there". After breezing through the tasteful Prologue and enjoying the revealing bios of the main characters, Paul and Paulette, I read the first three (of the one hundred) edifying and thought-provoking dialogues. By then, I had become a big fan of this book.

"*Pillow Talk Consciousness: Intimate Reflections of America's 100 Most Interesting Thoughts and Suspicions*" was a welcomed surprise...and I must admit, it made my day. I believe this book will also make the day of millions of other inquisitive and attentive readers.

Just the idea of having the opportunity to enjoy a truly thoughtful and entertaining discussion on 100 topics that actually do frame the *lives* and *conversations* of the average American today (as advertised) is, in itself, a delight.

However, to actually be able to hold it in your hands, to make notes (in the book) as to how your view point differs and to learn (or be reminded of) some interesting facts and details regarding each topic is a unique experience. I can envision millions of passionate, provocative conversations & Tweets coming from all aspects of American society and from all walks of life once the existence of *Pillow Talk Consciousness* is widely recognized.

It appears that from the book's title to the distinctive layout, the authors had in mind the idea of not just writing a book, but crafting a timely, captivating and unique American experience.