## FEEDING FAMILIES PROJECT Items for Food, Personal + Household Items

**Gift cards** / \$25 & \$50 denominations this enables peeps to buy perishables & personal items

- CVS
- Walgreens
- riteAid
- Walmart
- Stop & Shop
- Market Basket
- Shaws

## **Food Items**

Mostly Non Perishable Items that would be easy to prepare as is or in combo -

- Pasta
- Rice
- Jars of Pasta sauces
- Crackers, ritz, saltines, Graham crackers etc
- Individual snack packs
- Canned Beans: black, pinto, cannelini, kidney, chick peas w/flip/pull tab lids
- Canned or dehydrated Soups & stews
- Canned veggies
- Canned fruits
- Individual fruit snack packs
- Canned Tuna, Salmon
- Peanut butter
- Jams & jellies
- Dried milk powder
- Evaporated milk
- shelf stable milk
- Mac & cheese
- Sweets for kids

## Personal & Household items

- Feminine products
- Tylenol
- OC cold medicine
- Toilet paper
- Kleenex
- Soap
- Shampoo
- Dish detergent
- Tooth paste
- Hand cream
- Hand soaps
- Laundry detergent