


# April 2024

...so Christ was sacrificed once to take away the sins of many; and he will appear a second time, not to bear sin, but to bring salvation to those who are waiting for him.

Hebrews 9:28

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	<b>1</b>  2 pm Wii Bowling-Sickafoose Ham & Scalloped Potatoes	<b>2</b> Shepherds Pie & Carrots	<b>3</b> <b>REIMBURSEMENT DAY</b> 1 pm BINGO—Creekside Café Sausage with sauerkraut	<b>4</b> 10:30 am Puzzles-White Octaplex 12:30 pm—Women’s Bible Study in Café National Burrito Day	<b>5</b> 1 pm Intro to Art-Sickafoose Sandwiches & Veggies	<b>6</b> 2-4 pm Irene Douglass 100th birthday celebration in Creekside Café
<b>7</b> No Housework Day!  <small>NATIONAL NO HOUSEWORK DAY April 7 www.NationalDayCalendar.com</small>	<b>8</b> 2 pm Wii Bowling-Sickafoose Pizza and peas	<b>9</b>  Resident Birthday Recognition in the Creekside Café 11:30-1:00 pm Beef Stroganoff	<b>10</b> 1 pm BINGO—Creekside Café Frito Pie (Chili over chips)	<b>11</b> 10:30 am Puzzles-White Octaplex 12:30 pm—Women’s Bible Study in Café Baked Potato Bar	<b>12</b> 1 pm Intro to Art-Sickafoose  Grilled Cheese Sandwiches	<b>13</b>
<b>14</b>	<b>15</b> 2 pm Wii Bowling-Sickafoose Spiral Ham with Mashed Potato	<b>16</b> 1 pm Knit & Sew in White  National Banana Day Fajitas, black beans, corn	<b>17</b> 1 pm BINGO—Creekside Café Chicken strips & JoJo's	<b>18</b> 10:30 am Puzzles-White Octaplex 12:30 pm—Women’s Bible Study in Café Biscuits & Gravy, hashbrown	<b>19</b> 1 pm Intro to Art-Sickafoose  National Garlic Day Sandwiches & Veggies	<b>20</b>
<b>21</b>	<b>22</b> 2 pm Wii Bowling-Sickafoose Salisbury Steak & noodles	<b>23</b> 1 pm Movie Day in Sickafoose Lasagna, garlic bread	<b>24</b> 1 pm BINGO—Creekside Café Pigs in a blanket, baked beans	<b>25</b> 10:30 am Puzzles-White Octaplex 12:30 pm—Women’s Bible Study in Café Fish, French fries, peas	<b>26</b> 1 pm Intro to Art-Sickafoose Sandwiches & Veggies	<b>27</b>
<b>28</b>	<b>29</b> 2 pm Wii Bowling-Sickafoose Shrimp scampi, baked potato	<b>30</b> Nachos or Taco Salad	Don't forget to return your emergency contact list to the office that was included in your monthly statement 			

April 23rd is MOVIE DAY!  
 Come to Sickafoose at 1 pm and enjoy popcorn and a great old classic.





On occasion we find the need for volunteers in our community to help with various things the TRH staff or other residents may need. If you can volunteer in any of the areas listed below, would you please contact Cindy in the office? She will put your name on a list of volunteer contacts. Thank you!

**Calendar/Newsletter Distribution:** Once a month the calendar gets delivered to all residents. We break down the list by areas. We need fill-in's for back-up.

**Shopping Transport:** On occasion we have residents who need a ride to a grocery store, specialty store, or bank.

**Medical Transport:** At times residents need a ride to and from a doctor's appointment.

**Activity Hosting:** Certain times we look for residents to oversee one of our activities, or to fill-in as a back-up.

Cheers to  
**100**  
Years!

Come Celebrate  
**Irene Douglass'**  
**Centennial Birthday!**  
**Saturday, April 6th**  
**2:00—4:00 pm**  
**Creekside Café**

## SPRING CLEANING HOUSEKEEPING SPECIAL

It's time for spring cleaning and nothing feels better than living in a clean environment with everything neat and tidy! It's especially nice when you have someone else doing the cleaning! To celebrate the spring season we would like to introduce you to our Tidy Time Housekeeping service. For the months of April and May we are offering NEW customers a BOGO (buy one, get one) hour of cleaning! This gives you a chance to try the service and see if you like it. Our housekeeper is Roni, and she does a fantastic job. (Just ask our current customers.) If you are interested in scheduling the service all you have to do is call the office and let Cindy know. Soon, you'll receive a call from Roni and she will schedule your first cleaning. For our CURRENT customers we are offering you a special BONUS! You can call to schedule a special deep cleaning for your refrigerator, OR inside window cleaning for free! TRH Office 503-743-2490.



**Who's this baby?**  
We are having a "Who's This Baby?" contest and would like to get your participation! Please bring a baby photo of yourself to the office by April 21st. We will scan the photo and then give it back to you. We will publish a form with everyone's photo that will be included in the May calendar. Fill out the form with your best guess of who's who and return it to the office by May 17th. We will announce the winners at the May RIM Meeting on Wednesday, Sept. 22nd with prizes! If you have any questions contact the office.



As a reminder, if you do not attend the RIM meetings you will have to come to the office to secure your copy of the current resident directory. We no longer deliver those with the calendars. We also have RIM meeting documents available that may be valuable to some, including the RIM meeting agenda, and current schedule for recycling and waste pick up days.

# TURN *of* EVENTS

April

2024

## One Felonious Feline!



If you have ever been around the TRH office during the day you may have seen this feline hanging around. Actually, anywhere in the First St. and Boise St. area you are likely to see him. We affectionally refer to him as "The Cat" or "Bruce Lee Teriyaki." What his owners call him we really don't know, but this furry little guy is one friendly cat! He has been hanging around this area for a couple years now. He's our morning greeter. I think he waits for us, because when we arrive at the office in the morning he's ready to meet you and greet you where you are. He's looking for a little attention in return of course. Give him a few pets and scratches and he's walking with you the rest of the way until you reach the office door. He's been allowed in the office a few times (okay, maybe more then a few) when the weather was really cold, and when we found that he was injured. Those dark marks you see on his left shoulder area are the spots where he was injured. We ended up caring for those spots while they were healing. He's all better now and the fur is coming back nicely. If you come to the office you might also spot him coming to greet you, or waiting at the door wanting to come in. Recently he's been banished from the office. A couple of weeks ago there was even a sign posted on the door, "Do not let the stray cat in!" I know a few of us were disappointed when we read

that, but it's understandable. Changing the sign to say, "Do not let the *friendly* cat in!" didn't help either. The sign on the door changed a few times that day, and ended with "Don't let the *felonious feline* in!" Don't tell Tim, but sometimes The Cat could be a distraction, in the nicest way of course.



Maybe that's why he's banished, because Tim already knew that the Cat could be a keyboard blocker, an excellent hider taking a cat nap in one of the offices, and sometimes you would find him warming your seat and not wanting to give it back on your return. But a felonious feline? I had to think about that one for awhile. I don't ever remember him stealing anything. But, then I realized that's just what he is! He is felonious! Why? Because he's stolen our hearts! Well, at least he has mine.



Cindy & The Felonious Feline