

Adults' Services staff conference



Working together 2023

MONDAY 24 APRIL 2023 - Avisford Park Hotel, Arundel

- 9.00am Registration and refreshments
- 9.45am Welcome and introduction
- Amanda Jupp, Cabinet Member for Adults Services
 - Alan Sinclair, Director of Adults and Health
- 10.15am Keynote speaker – Kev House, Art of Brilliance
'Flourishing in an ever-demanding world'
- 11.15am Becky Shaw, Chief Executive, West Sussex County Council
- 11.30am *20 min movement break/networking opportunity*
- 11.50am First workshop session
- 12.35pm Lunch
- 1.35pm Second workshop session
- 2.20pm *20 min movement break/networking opportunity*
- 2.40pm Third workshop session
- 3.25pm *20 min movement break/networking opportunity*
- 3.45pm Question and answer session with the Adults' Services Leadership Team
- 4.30pm Close – Alan Sinclair



Venue information

Avisford Park Hotel, Arundel

Yapton Lane, Walberton, Arundel, West Sussex BN18 0LS

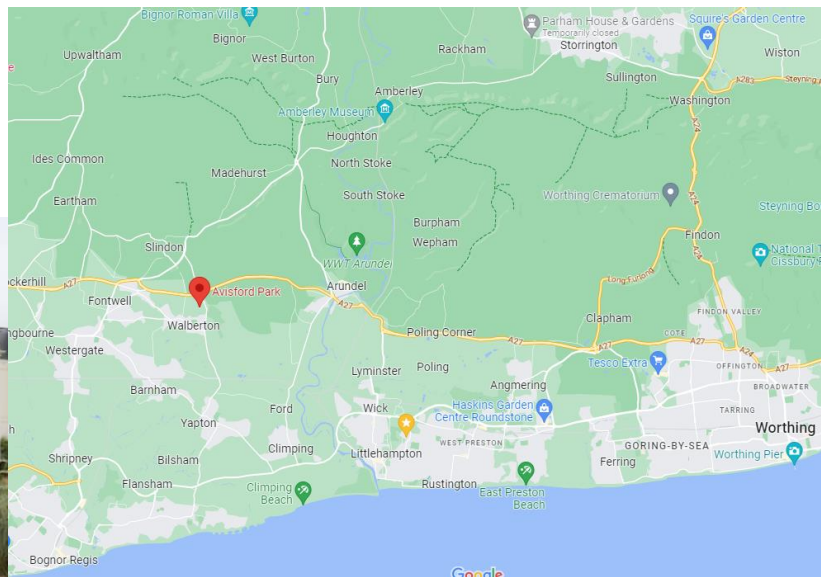
Phone 01243 558300 / www.avisfordparkhotel.com

Where possible please can people car share with others

When you arrive please make your way through the first car park and follow it round towards the hotel's conference suite. This is located at the back of the hotel. Please register at the conference suite entrance to receive your delegate pack and name badge which will show your workshop allocations.

If you have any queries on arrival please let the conference team know.

We look forward to seeing you.



Avisford Park Hotel is just off the A27 between Arundel and Chichester.

ADDRESS

Yapton Lane, Walberton, Arundel BN18 0LS

Sat Nav directions: BN18 0LS

What 3 Words: ///sourcing.teardrop.grew



WORKSHOPS

You have chosen three workshops to attend which are colour coded and correspond to the dots on your name badge

Putting people at the centre of care (pink dot)

Juliette Garrett, Lucie Venables, Carrie Anderson and Keely Fry

Main Conference Hall

Putting people at the centre of care is crucial at every level of business in Adults' Services and the NHS, and this workshop explores how we can reflect the individual in our planning, commissioning, and across our operational practice, using a strengths-based approach and market development.

You will learn about how a strengths-based approach can be used to empower people to live more fulfilled lives, recognising and reflecting that everyone's needs are different and personal to them. It supports markets to develop a range of solutions to meet the diverse needs of individuals, reflecting the legislative expectations set out in the Care Act 2014 which shifts the emphasis from just 'providing or prescribing services.'

Equality, Inclusion and Belonging (purple dot)

Aaron Gumbrell, Fung-Yee Hite and Gloria Kainja

Terrace Room – Main hotel, near the restaurant, access via link corridor

We spend a lot of time at work, and it is important for our health and wellbeing that we feel a sense of belonging, are valued, celebrated, and recognised for who we are and what we bring. At this workshop we will be exploring:

- how equality, diversity and inclusion interact to create a feeling of belonging and why it is important;
- what exclusion looks and feels like, and the impact it can have; and
- what role each of us play in creating a working environment that is inclusive.

Co-production (green dot)

James Ironside and Jayne Simpson (Parent carer)

Board Room – Main conference area

This is a practical session which will unpack what we mean when we talk about 'working in co-production'. We will look at some of the key principles and features of co-production and through exploration of a series of engaging examples of good practice, consider some of the practical considerations and the benefits this approach can bring for everyone taking part, and the way we deliver services.

Workshops cont.



Working with Health (blue dot) – Wendy Shepherd and Chris Clark

Back of main conference hall

Working with the NHS will mean many different things to those of you who work in adult social care, and you will all know that good partnership working delivers good outcomes for people's wellbeing and resilience. In this workshop we will explore what 'health' means to you and why good relationships between the NHS and social care are important. We will look at how the county council can support you to build strong relationships with your colleagues working in the NHS and explore what you can contribute as individuals towards effective partnership working.

Keynote speaker – Kev House, Art of Brilliance

'Flourishing in an ever-demanding world'



Kev had tried to change loads of times but had consistently failed. Reluctantly, after a recommendation from a friend, Kev started reading some of that 'airy fairy positivity stuff' and was shocked at the results when he put the ideas into practice!

Kev is inspiring children and adults through keynote speaking, workshops and one-to-ones to take control and manage their own minds, develop self-awareness, grit and most importantly, self-love!

What's your burning question?

The Adults' Services Leadership Team are keen to hear from you. You can ask them any questions which they will answer during final session in the afternoon.

Please post your questions in one of the two blue square post boxes which will be located in the refreshment area and in the main entrance where you registered on arrival.



All questions need to be posted by the end of lunch. If there are multiple questions on the same topic these will be themed to make sure we get through them all.

