



## 12 LoveLeigh Days of Christmas

Christmas can be a lovely celebration for so many, yet there are people who struggle for many reasons during this season. Our 12 LoveLeigh Days of Christmas is being launched so that we can all help to spread love and kindness far and wide.....bringing some love, peace and comfort to as many people as we can.

You can simply choose acts of kindness from the list provided or come up with your own; it's personal to you and it comes from the heart, so do what is right for you. The only one that I have recommended that you must do is on the 5<sup>th</sup> day.....kindness starts with you and you deserve to feel the love coming right back at you!

*Wishing you love, peace and comfort. ....today, tomorrow and always - Jacque x*

LoveLeigh.net  
Facebook.com/loveleighcommunity



# 12 LoveLeigh Days of Christmas

On the 1<sup>st</sup> day of Christmas.....

On the 2<sup>nd</sup> day of Christmas.....

On the 3<sup>rd</sup> day of Christmas.....

On the 4<sup>th</sup> day of Christmas.....

On the 5<sup>th</sup> day of Christmas.....

Listed **5 GOLD** things about me! (it helps to sing it!)

On the 6<sup>th</sup> day of Christmas.....

On the 7<sup>th</sup> day of Christmas.....

On the 8<sup>th</sup> day of Christmas.....

On the 9<sup>th</sup> day of Christmas.....

On the 10<sup>th</sup> day of Christmas.....

On the 11<sup>th</sup> day of Christmas.....

On the 12<sup>th</sup> day of Christmas.....

I contacted someone I haven't spoken to in a while

I put food in a local foodbank

I sang my favourite song out loud and felt good energy!

I gave someone in retail/service industry a compliment – as it can be a challenging time of year for them

I bought an elderly person some tea...it can be very lonely time of year

I smiled at a stranger – we may not know what they are having to deal with

I reminded a family member/friend how special they are

I checked in on a neighbour that I hadn't seen in a while I sent a surprise gift

I sent a LoveLeigh card I left a positive message for a stranger

I helped a charity or cause by sharing their details or volunteering my services

I bought myself my favourite snack/drink and took time for myself

I took a selfie with someone who needed cheering up and we shared our smiles with the LoveLeigh Community

I gave someone a compliment I let someone go in front of me in a queue

I left a positive note for someone to find I asked someone how they were

I said thank you to someone who made a difference

I wrote a handwritten letter to someone to let them know how special they are I shared kindness on social media using the loveleigh hashtags

I made a small donation to a charity/cause



#loveleigh #followtheredballoon #12loveleighdaysofchristmas

