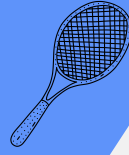




FALL 2023 PROGRAM GUIDE & REGISTRATION INFO



September 4 - December 3, 2023



Quad City Tennis Academy (QCTA) PROGRAMMING

The Quad City Tennis Club is dedicated shaping the lives of young tennis players from all walks of life by reinforcing the values of good sportsmanship, dedication, perseverance and grit. By challenging players to hone their competitive spirit, the Quad City Tennis Academy is committed to driving your player's game to its full potential.

Red Academy

Monday & Thursday (Team Practices/Instruction)

4:00-5:00pm

Saturday (Team MatchPlay)

9:00-10:00am

This QCTA early tennis and athletic development class. That is a serious title for your young players to have FUN while learning to play tennis. We start with using QCTA Red Ball and USTA Net Generation guidelines to work on the ABC's (agility, balance, coordination) then moving onto sending and receiving skills used in tennis. Saturdays are reserved for team Match Play.

****no classes on 9/4, 11/23 & 11/25**

Orange Academy

Monday & Thursday (Team Practices/Instruction)

4:00-5:00pm

Saturday (Team MatchPlay)

10:00-11:00am

This QCTA class involves the next steps for young tennis players to improve their skills after playing Red Academy or coaches' permission. The class content involves continued improvement of the ABC's and tennis specific movement. Tennis fundamentals focus on stroke development along with direction, depth, spin and speed. Classes utilize drills, games, and competition. Saturdays are reserved for team Match Play.

****no classes on 9/4, 11/23 & 11/25**

Green Academy

Monday, Thursday, Friday (Team Practices/Instruction)

5:00-6:00pm

Saturday (Team MatchPlay)

11:00am-12:00pm

This next level builds upon the stroke and movement development attained in the Orange Academy. Coaches' permission or prior academy participation required to attend. Players will continue to develop the ABC's with more advanced tennis specific movement on a full tennis court. Player stroke fundamentals and tactics will continue to be developed using placement, depth, spin and speed.

****No classes 9/4, 11/22-11/26**

Quad City Tennis Club
1522 47th Avenue
Moline IL



Academy 2

Tuesday, Wednesday, Thursday
(Team Practices/Instruction)

6:00-7:30pm

Saturday (Team MatchPlay)

12:00-1:30pm

This class will serve players looking to get started with tennis and players with limited experience. The focus will be learning and reinforcing the basic fundamentals. The complete stroke package will be covered while learning how to apply them in singles and doubles matchplay.

****no classes 11/23-11/26**

Academy 1

Monday, Tuesday, Wednesday, Friday
(Team Practices/Instruction)

4:00-6:00pm

Saturday (Team MatchPlay)

10:30am-12:30pm

This class will prepare players for tournament play and the tournament pathway. Players attending Academy 1 level sessions will require permission of coaches or prior academy participation as well as a UTR score of at least a 2.0. This class will look at stroke fundamentals and production. Setting up point play opportunities using consistency, placement, spin & speed with serves & groundstrokes. Singles & doubles tactics will be developed. Players will develop and improve tennis specific movement through agility drills and age-based strength training.

****no classes on 9/4; 11/23-11/26**

309-762-2400
www.quadcitytennisclub.com



QCTA HIGH PERFORMANCE PROGRAMS

September 4 - December 3, 2023

The Quad City Tennis Club High Performance Programs are dedicated to providing the highest quality tennis instruction to our players. Through skills, drills, competition, mental toughness training, and reinforcing the QCTA values of good sportsmanship, dedication, perseverance and grit, QCTA High Performance instructors work with aspiring juniors to become the next level of collegiate and world class tennis players.



High Performance 2 (HP2)

Tuesday, Wednesday, Thursday (Team Practices/Instruction)

4:30-6:30pm

Saturday (Team Practices/Instruction)

1:00-3:30pm

****The HP2 program will focus on players with a UTR score of 4.0-4.5. The goal of the HP2 program is to get players prepared for High School Varsity and Regular Competition / Tournament play.****

The HP2 program will focus on all aspects of a player's game to build a well-rounded athlete who knows their strengths and how to execute them. On-court training will involve rigorous technical and tactical training, in addition to strategy sessions and one-on-one coaching. The off-court training will consist of tennis specific footwork, agility and age-based strength training. Aspects of mental training involving mistake management, cognitive development, problem solving and goal setting will be worked into each session. Each training is designed to prepare players for UTR/USTA tournaments, high school tennis, college and beyond. Each player will have matches recorded for UTR ratings and progress during the sessions. Keeping in mind that UTR is just a tool that reflects the work the player does in their self-development.

****no classes 11/23-11/26**

Tennis Specific Fitness Training

Fridays

6:00-7:00pm

The Tennis Specific Fitness Training program is designed for players enrolled in Academy 2 and beyond. Training sessions will focus on different areas of fitness relevant to tennis, such as tennis specific footwork and body movements. Sessions will be tailored to support players progress and strengthen desired areas of improvement. Fitness training will take place both indoors and outdoors as weather permits. Assistive fitness equipment will be used to support specific exercises. Progress will be tracked by coaches and analyzed during fitness classes and tennis practices.

****no classes 11/24**

Quad City Tennis Club

1522 47th Avenue

Moline IL



High Performance (HP)

Tuesday, Wednesday, Thursday (Team Practices/Instruction)

4:30-6:30pm

Saturday (Team Practices/Instruction)

1:00-3:30pm

****The HP program is designed for High School Varsity players with a UTR score of 4.5 and above.****

The QCTA HP program will set standards of tennis instruction for juniors. We will look to build the total athlete. The on-court training will involve instruction designed to develop the player who is playing UTR/USTA tournaments, college and beyond. There will be a balance for players of instruction and competition. Technical and tactical foundations will be developed. Each player will have matches recorded for UTR ratings and progress during the sessions. Keeping in mind that UTR is just a tool that reflects the work the player does in their self-development. The off-court training will consist of tennis specific footwork, agility and age-based strength training. We will also involve aspects of mental training involving mistake management, cognitive development, problem solving and goal setting.

****no classes 11/23-11/26**

Class placement for all Quad City Tennis Academy (QCTA) programming is determined by a group of QCTC Tennis Professional and Assistant Professional teaching staff. Initial placements given are an estimate but are subject to change due to players ability level, skill development, and professional staff assessment.

309-762-2400

www.quadcitytennisclub.com

QCTA PROGRAM FEES & SCHEDULE

Red Academy & Orange Academy

QCTA Red and Orange Academy players are NOT required to have a QCTC membership. However, if your player would like to reserve court time, a membership will be required.



	Schedule Overview	Weekly Pricing	Monthly Price	Drop In Price	Full Session Pricing
Sept. 2023	Week 1 (9/4-9/10) <i>*No classes Mon, 9/4*</i> Week 2 (9/11-9/17) Week 3 (9/18-9/24) Week 4 (9/25-10/1)	\$60 <i>*Week 1 Pricing \$40</i>	\$200 Savings of \$20 or 1 Free Class	\$30	\$650 Total Savings of 4 free classes
Oct. 2023	Week 1 (10/2-10/8) Week 2 (10/9-10/15) Week 3 (10/16-10/22) Week 4 (10/23-10/29)	\$60	\$220 Savings of \$20 or 1 Free Class	\$30	
Nov. 2023	Week 1 (10/30-11/5) Week 2 (11/6-11/12) Week 3 (11/13-11/19) Week 4 (11/20-11/26) <i>***no classes 11/23 & 11/25</i> <i>*see Thanksgiving Break Camps</i> Week 5 (11/27-12/3)	\$60 <i>*Week 4 Pricing \$20</i>	\$260 Savings of \$20 or 1 Free Class	\$30	



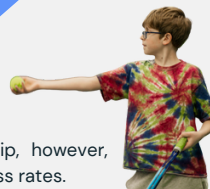
Green Academy

QCTA Green Academy players are not required to have a QCTC membership, however, members will receive a discounted rate on weekly, monthly and full session class rates.

	Schedule Overview	Weekly Pricing	Monthly Price	Drop In Price	Full Session Pricing
Sept. 2023	Week 1 (9/4-9/10) <i>*No classes Mon, 9/4*</i> Week 2 (9/11-9/17) Week 3 (9/18-9/24) Week 4 (9/25-10/1)	\$100 <i>QCTC Members</i> <i>*Week 1 Pricing \$75;</i> \$150 <i>Non-Members</i> <i>*Week 1 Pricing \$125;</i>	\$350 <i>QCTC Members</i> <i>*Savings of \$25 or 1 free classes</i> \$400 <i>Non-Members</i>	\$35 <i>QCTC Members</i> \$45 <i>Non-Members</i>	\$1,100 <i>QCTC Members</i> <i>*Savings of 4 free classes</i> \$1,275 <i>Non-Members</i>
Oct. 2023	Week 1 (10/2-10/8) Week 2 (10/9-10/15) Week 3 (10/16-10/22) Week 4 (10/23-10/29)	\$100 <i>QCTC Members</i> \$150 <i>Non-Members</i>	\$375 <i>QCTC Members</i> <i>*Savings of \$25 or 1 free classes</i> \$425 <i>Non-Members</i>	\$35 <i>QCTC Members</i> \$45 <i>Non-Members</i>	
Nov. 2023	Week 1 (10/30-11/5) Week 2 (11/6-11/12) Week 3 (11/13-11/19) Week 4 (11/20-11/26) <i>*No classes Wed-Sat 11/22-11/26</i> <i>*see Thanksgiving Break Camps</i> Week 5 (11/27-12/3)	\$100 <i>QCTC Members</i> <i>*Week 4 Pricing \$25;</i> \$150 <i>Non-Members</i> <i>*Week 4 Pricing \$75;</i>	\$400 <i>QCTC Members</i> <i>*Savings of \$25 or 1 free classes</i> \$450 <i>Non-Members</i>	\$35 <i>QCTC Members</i> \$45 <i>Non-Members</i>	



QCTA PROGRAM FEES & SCHEDULE cont...



Academy 2

QCTA Academy 2 players are not required to have a QCTC membership, however, members will receive a discounted rate on weekly, monthly and full session class rates.

	Schedule Overview	Weekly Pricing	Monthly Price	Drop In Price	Full Session Pricing
Sept. 2023	Week 1 (9/4-9/10) Week 2 (9/11-9/17) Week 3 (9/18-9/24) Week 4 (9/25-10/1)	\$120 QCTC Members \$170 Non-Members	\$450 QCTC Members *Savings of \$30 or 1 free classes \$500 Non-Members	\$40 QCTC Members \$50 Non-Members	\$1,260 QCTC Members *Savings of 4 free classes \$1,530 Non-Members
Oct. 2023	Week 1 (10/2-10/8) Week 2 (10/9-10/15) Week 3 (10/16-10/22) Week 4 (10/23-10/29)	\$120 QCTC Members \$170 Non-Members	\$450 QCTC Members *Savings of \$30 or 1 free classes \$500 Non-Members	\$40 QCTC Members \$50 Non-Members	
Nov. 2023	Week 1 (10/30-11/5) Week 2 (11/6-11/12) Week 3 (11/13-11/19) Week 4 (11/20-11/26) *No classes Wed-Sat 11/22-11/26 *see Thanksgiving Break Camps Week 5 (11/27-12/3)	\$120 QCTC Members *Week 4 Pricing \$30; \$170 Non-Members *Week 4 Pricing \$80;	\$480 QCTC Members *Savings of \$30 or 1 free classes \$530 Non-Members	\$40 QCTC Members \$50 Non-Members	

Academy 1

Academy 1 players are not required to have a QCTC membership, however, members will receive a discounted rate on weekly, monthly and full session class rates.

	Schedule Overview	Weekly Pricing	Monthly Price	Drop In Price	Full Session Pricing
Sept. 2023	Week 1 (9/4-9/10) *No classes Mon, 9/4* Week 2 (9/11-9/17) Week 3 (9/18-9/24) Week 4 (9/25-10/1)	\$200 QCTC Members *Week 1 Pricing \$160; \$250 Non-Members *Week 1 Pricing \$210;	\$720 QCTC Members *Savings of \$40 or 1 free classes \$770 Non-Members	\$45 QCTC Members \$55 Non-Members	\$2,240 QCTC Members *Savings of 5 free classes \$2,440 Non-Members
Oct. 2023	Week 1 (10/2-10/8) Week 2 (10/9-10/15) Week 3 (10/16-10/22) Week 4 (10/23-10/29)	\$200 QCTC Members \$250 Non-Members	\$760 QCTC Members *Savings of \$40 or 1 free classes \$810 Non-Members	\$45 QCTC Members \$55 Non-Members	
Nov. 2023	Week 1 (10/30-11/5) Week 2 (11/6-11/12) Week 3 (11/13-11/19) Week 4 (11/20-11/26) *No classes Wed-Sat 11/22-11/26 *see Thanksgiving Break Camps Week 5 (11/27-12/3)	\$200 QCTC Members *Week 4 Pricing \$80; \$250 Non-Members *Week 4 Pricing \$130	\$890 QCTC Members *Savings of \$40 or 1 free classes \$940 Non-Members	\$45 QCTC Members \$55 Non-Members	

QCTA PROGRAM FEES & SCHEDULE cont...



High Performance & HP2

High Performance (including HP2) players are all required to have a QCTC membership. There is no non-member pricing for the High Performance Programs.



	Schedule Overview	Weekly Pricing	Monthly Price	Drop In Price	Full Session Pricing
Sept. 2023	Week 1 (9/4-9/10) Week 2 (9/11-9/17) Week 3 (9/18-9/24) Week 4 (9/25-10/1)	\$200 QCTC Members ONLY	\$750 QCTC Members ONLY *Savings of \$50 or 1 free classes	\$60 QCTC Members ONLY	\$2,250 QCTC Members *Savings of 4 free classes
Oct. 2023	Week 1 (10/2-10/8) Week 2 (10/9-10/15) Week 3 (10/16-10/22) Week 4 (10/23-10/29)	\$200 QCTC Members ONLY	\$750 QCTC Members ONLY *Savings of \$50 or 1 free classes	\$60 QCTC Members ONLY	
Nov. 2023	Week 1 (10/30-11/5) Week 2 (11/6-11/12) Week 3 (11/13-11/19) Week 4 (11/20-11/26) *No classes Wed-Sat 11/22-11/26 *see Thanksgiving Break Camps Week 5 (11/27-12/3)	\$200 QCTC Members *Week 4 Pricing \$50;	\$800 QCTC Members *Savings of \$50 or 1 free classes	\$60 QCTC Members ONLY	

***Players must register for the Tennis Specific Fitness Training Program ahead of time on our QCTC App to secure their spot in the program. Walk-in players may be denied access to the program if the maximum # of players for the class is reached. ***

Tennis Specific Fitness Training	QCTC Members ONLY **Only for Levels Academy 2 and up
Drop-In Fee	\$20

QCTA REGISTRATION PROCESS

- Visit the Quad City Tennis Club Website
www.quadcitytennisclub.com/member-portal
- When on the QCTC website, click the "Member Portal" tab
- Log In to your QCTC Account
- *Please call our Front Desk at 309-762-2400 with questions regarding your account credentials
- Once you've logged into your QCTC Account in the Member Portal, Click on the "Academy" tab at the top of the page.
- Click on the Fall 2023 "Registration" button.

Complete the Registration and Enrollment Information

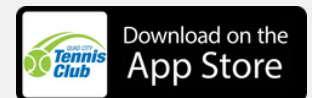
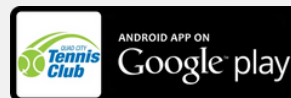
***Pay Extra attention to the "Group" tab to ensure you choose the desired option. Once you have chosen an option for the initial "Group" tab (this would be your desired class), an additional "Group" option will pop up. In this option, you will choose your desired duration of participation (ex. Drop-In, Weekly, Monthly or Full Session). If you are choosing the Weekly or Monthly option, please make sure to indicate the specific "Week" or "Month" you are choosing in the given text box.*

Once you've entered all of the requested information, click Confirm and Pay.

This will then direct you to our Payment Portal.

***If you are using the "Drop In" Feature, Drop-in's are ONLY available the day of the scheduled class. Drop-in's will only be accepted if there is room in the class (Weekly, Monthly and Full session players take priority). You must register for Drop-in's at least 1 hour prior to the class start time.*

****Special Note: A registration is not confirmed nor completed without a processed payment. To ensure a players spot in a specific class, payment must be received at the time of registration.**



- Visit the Quad City Tennis Club APP
- Download the Quad City Tennis Club App on the Google Play or Apple App Store
- Log In to your QCTC Account
- *Please call our Front Desk at 309-762-2400 with questions regarding your account credentials
- Once you've logged into your QCTC Account, click on the 3 bars on the top left corner of your screen (next to the QCTC Logo)
- Click on "Schools" then the "Fall 2023" Green Registration button.

JUNIOR DEVELOPMENT PROGRAMS

Is your player new to tennis or pickleball or both? Do they have a love for the sport but just aren't ready to commit to the competitive Academy programming? The Quad City Tennis Club offers a level of play for everyone! These classes are designed for players to come in and try out the sport – at very low risk! Using our QCTC App right from your phone or tablet, register for one of our many drop-in classes and get started working on your racquet sport game today!

Tennis for Tots (3–5 Year Old)

Saturdays
8:30–9:00am

This program is designed for children ages 3–5 years old. Get your little one out on the courts early! During this Adult/Child class, you and your child will participate in a series of fun games and exercises that will build tennis skills and a love for the game!

****no classes 11/25**

Jump Start Orange (6–8 Year Old)

Fridays
4:15–5:00pm

Sundays
1:15–2:00pm

This class is geared towards players ages 6–8 who are just learning the game of tennis for the first time, or who may be interested in playing tennis but not yet ready to commit to the Red or Orange Academy class. This class will utilize USTA Net Generation guidelines to work on the ABC's (agility, balance, coordination) then moving onto sending and receiving skills used in tennis. This class is designed to get your player ready to enter the Academy!

****no classes 11/24, 11/26**

Jump Start Green (9–11 Year Old)

Fridays
5:00–5:45pm

Sundays
2:00–2:45pm

This class is geared towards players ages 9–11 who are just learning the game of tennis for the first time, or who may be interested in playing tennis but not yet ready to commit to the Green Academy class. This class will utilize USTA Net Generation guidelines to work on the ABC's (agility, balance, coordination) then moving onto sending and receiving skills used in tennis. Players will build upon their stroke development and movement skills and work on more advanced tennis specific movements. This class is designed to get your player ready to enter the Academy!

****no classes 11/24, 11/26**

High School Open Play

****One Sunday a Month**;** 9/24, 10/29, 11/19

5:00–7:00pm

Calling all High School Tennis Players! Drop in on Sunday evenings for High School Open Play! Geared towards any High School level player, players will play matches or point play in an open format. QC Area Volunteer coaches will be present to supervise.

Jump Start Yellow (12–14 Year Old)

Fridays
5:45–6:45pm

Sundays
2:45–3:45pm

This class is geared towards players ages 12–14 who are just learning the game of tennis for the first time, or who may be interested in playing tennis but not yet ready to commit to an Academy class. This class will serve players looking to get started with tennis and players with limited experience. The focus will be learning and reinforcing the basic fundamentals, continued improvement of the ABC's and tennis specific movement, as well as players beginning to learn the complete stroke package while applying these skills in singles and doubles Match Play.

****no classes 11/24, 11/26**



JUNIOR DEVELOPMENT PROGRAMS DROP-IN FEES

	Drop In Fee (QCTC Members & Non-Members)
Tennis for Tots	\$10/class
Jump Start Orange	\$15/class
Jump Start Green	\$15/class
Jump Start Yellow	\$20/class
High School Open Play	\$25 each Sunday

****Players must register for Drop-in Programs ahead of time on our QCTC App to secure their spot in the program. Walk-in players may be denied access to the class if the maximum # of players for the class is reached. Players DO NOT have to be QCTC members to participate in the Junior Development programs.****



ADULT TENNIS CLINICS

Are you a seasoned player or new to the game of tennis and looking to get acclimated into the sport? QCTC has options for every level of player, from ages 18 to 98! From fast-paced cardio tennis, Drills & Thrills to the brand new Tennis 101 player, QCTC aims to bring the tennis player out in everyone. Questions regarding Adult Tennis Programs? Call our Front Desk at 309-762-2400.

Drills & Thrills

The cardio you crave! High octane fun in a structured group setting. *Admission to class depends upon instructor evaluation to ensure adequate skill level for the class.

Mondays; 12:00-1:00pm, 6:00-7:30pm

Wednesdays; 12:00-1:00pm, 6:00-7:30pm

Fridays; 12:00-1:30pm

Saturdays; 9:00-10:30am

****no classes on 9/4**

Level 3.0-3.5

Players with a rating of 3.0-3.5 are invited to participate in this clinic. Focusing on tennis fundamentals and footwork, this clinic helps to improve your game while having fun..

Wednesdays

10:00-11:30am

Level 4.0

Geared towards players with a 4.0 or higher rating, this clinic focuses on a variety of tennis fundamentals and techniques focused on improving your game.

Thursdays

9-10:30am

****no classes on 11/24**

Feeding Frenzy

Fast-paced made fun! Run by a QCTC Tennis Professional, players are fed a series of balls in a medium-paced structured group setting.

Tuesdays & Thursdays

10:00-11:00am; 6:30-7:30pm

****no classes on 11/24**

Back2Tennis

Designed for players who are either new to the game, or dusting off their tennis shoes after some time off. Work with a QCTC Tennis Professional on improving your game and learning some new on court skills.

Tuesdays & Thursdays

9:00-10:00am



Adult Clinics Pricing	Drop In Price (Members)	Drop In Price (Non-Members)	Monthly Unlmted Pricing
Drills & Thrills	1 Hour Class: \$25 1.5 Hour Class: \$30	1 Hour Class: \$45 1.5 Hour Class: \$50	\$160 *must be a QCTC member
Feeding Frenzy	\$20	\$40	
Level 3.0/3.5 & Level 4.0	\$25	\$45	
Back2Tennis	\$15	\$15	

****Players must register for all Adult Programs ahead of time on our QCTC App to secure their spot in the program. Walk-in players may be denied access to the class if the maximum # of players for the class is reached.****

ADULT TENNIS INTRO PROGRAMS

Tennis 101

Are you a brand new player looking to get into the game of tennis? If so, this opportunity is for you! Tennis 101 is a 6-week intro course designed for adults looking to learn the basics of tennis. In this course players will learn the basic rules of tennis - scoring, serving, point play and rallies. This is a 6-week course and players are required to sign up for the entire course. There are no drop-in's for this class.

In addition to the 6 weeks of lessons, players will also receive one month of free membership for the entire month of November (11/1-11/30) and 3 free 1-hour court times to play with a fellow Tennis 101 player or a friend! You will receive your free month of membership and 3 free court times on 11/1.

To register, please sign up via our QCTC App (on the Apple App store or Google Play store) or by visiting our website at www.quadcitcitytennisclub.com

Thursdays

10/16-11/30 (no class on 11/23)

6:30-7:30pm

QCTC Member	QCTC Non-Members
6 Weeks of Tennis 101 Instruction	6 Weeks of Tennis 101 Instruction
3 Free Court Times	3 Free Court Times & 1 Month Free Membership (11/1-11/30)
\$100 total	\$130 total

ADULT TENNIS LEAGUES

The following Tennis Leagues are designed for Adult Players ages 18+. Players are required to have a Quad City Tennis Club membership in order to participate in any one of the following Adult Tennis Leagues. **Registration for our Adult Tennis Leagues Opens on September 15th.** For further information regarding Divisions, Schedules, Rules and Registration for our Adult Tennis Leagues, please visit our website at www.quadcitytennisclub.com.

Adult Mixed Doubles League NTRP 2.0-4.0

Sundays, 10:30am-12:00pm

Sign up with a partner or let us find you one! Our Sunday Mixed Doubles League is back for a second season. This recreational league is great for the competitive duo who's looking to play in an organized, fun league with other like minded and similar level duos. Registration and additional information is available on our website. Players MUST be QCTC members and are required to participate for the entire 6 week season

League Dates: 10/22, 10/29, 11/5, 11/12, 11/19, 12/3

**no league on Sunday, 11/26*

***12/10 is reserved as a "Make Up" date for any matches missed or unfinished.**

Ladies NTRP Doubles Leagues NTRP 2.0-3.0 Fridays, 10:00am-12:00pm

NTRP 3.0-4.0 Thursdays, 10:30am-12:30pm

Sign up with a partner or let us find you one! Our NTRP Ladies Doubles Leagues are perfect for QCTC members looking to get in a little extra competition. These recreational leagues are great for the competitive duo who's looking to play in an organized, fun league with other like minded and similar level duos. Players MUST be QCTC members and are required to participate for the entire 6 week season

NTRP 2.0-3.0 League Dates: 10/20, 10/27, 11/3, 11/10, 11/17, 12/1

**no league on Friday, 11/24*

***12/8 is reserved as a "Make Up" date for any matches missed or unfinished.**

NTRP 3.0-4.0 League Dates: 10/19, 10/26, 11/2, 11/9, 11/16, 11/30

**no league on Thursday, 11/23*

***12/7 is reserved as a "Make Up" date for any matches missed or unfinished.**

Adult Challenge Ladder

Looking to play more matches and meet more players in the Quad City Tennis Club community? The QCTC Adult Challenge Ladder just might be the thing you're looking for!

1) Choose your skill level

2) Schedule a match with a player that is either above or below you on the ladder (Ladder will be shared via Google Docs and posted on the bulletin board in the lobby)

3) After your scheduled match, Record your scores with the Front Desk.

Players will move up/down the ladder as they play more matches and win/lose. If you play a minimum of 10 matches from October-March, you will qualify for the QCTC Adult Tennis Championship held in April 2024. Your seed in the tournament will be based on where you finish on the ladder as of March 31st.

Adult Challenge Ladder season runs from 10/2/23-3/31/24

For more information regarding Divisions, Rules and Registration, please visit our website at www.quadcitytennisclub.com



Men's NTRP 2.5-3.5 Doubles Fridays, 10:00am-12:00pm

Sign up with a partner or let us find you one! Our NTRP 2.5-3.5 Men's Doubles League is perfect for the newer or returning player looking to get in a little extra competition. This recreational league is great for the competitive duo who's looking to play in an organized, fun league with other like minded and similar level duos. Players MUST be QCTC members and are required to participate for the entire 6 week season

League Dates: 10/20, 10/27, 11/3, 11/10, 11/17, 12/1

**no league on Friday, 11/24*

***12/8 is reserved as a "Make Up" date for any matches missed or unfinished.**

Monday, Wednesday, Friday League NTRP 2.0-3.0

8:30-10:00am; ongoing throughout the year

Our long standing MWF Doubles league is looking for more players! Join us on Mondays, Wednesdays and/or Fridays and play a friendly game of Mixed Doubles with some of QCTC's longest standing and most loyal members. Players can choose to play 1, 2 or 3 days a week, or just choose to be on our sub list. Players only pay for court time.

For any questions or interest in joining this league, please contact Club Director, Kourtni Barnes at kourtnibarnes@quadcitytennisclub.com

Ladies & Men's Singles Leagues Ladies NTRP 4.0+ Tuesdays, 7:30-9:00pm Men's NTRP 4.0+ Mondays, 7:30-9:00pm Men's NTRP 3.0-4.0 Thursdays, 9:00-10:30am

If you're looking for some fierce competition, these singles leagues are just for you! QCTC members looking for some similar level competition are invited to join one of our Singles leagues this Fall. Matches will be played in a round robin format where each match is best 2 of 3 sets or a 10 point tie breaker to decide. A ranking system will be used to schedule matches.

****QCTC members do need an NTRP rating or a QCTC staff professional evaluation to participate.****

For more information regarding QCTC singles leagues, please visit our website at www.quadcitytennisclub.com

Ladies NTRP 4.0+ League Dates: 10/17, 10/24, 10/31, 11/7, 11/14, 11/21

Men's NTRP 4.0+ League Dates: 10/16, 10/23, 10/30, 11/6, 11/13, 11/20

Men's NTRP 3.0-4.0 League Dates: 10/19, 10/26, 11/2, 11/9, 11/16, 11/30

***11/28, 11/27, 12/7 are reserved as a "Make Up" date for any matches missed or unfinished.**

****Players must register for all Adult Programs ahead of time on our QCTC App to secure their spot in the program. Walk-in players may be denied access to the class if the maximum # of players for the class is reached.****



PICKLEBALL PROGRAMMING

Pickleball has quickly become one of America's favorite and one of the world's fastest growing sports. Here at the Quad City Tennis Club, we can certainly attest. In Fall of 2022, QCTC built 9 brand new state of the art Pickleball courts – all with permanent, Douglas nets, moving our facility from one of the top recreational, to one of the top competitive and premier facilities in the nation. As a club, we are dedicated to providing the Pickleball community with high quality programming to match our high-quality facility. We strive to provide the right fit of programming for everyone from beginners to novice level play.



Intermediate/Advanced Clinic Levels 3.5–4.0

Tuesday's & Thursday's, 8:30–9:45am

****These clinics do not start until the week of 10/2/23****

Taught by Pickleball Pro, Jeffrey van der Eems, the Level 3.5–4.0 Intermediate/Advanced Clinic is the perfect way to up your game. In this 75 minute clinic, Jeffrey will lead players through different skills and drills focusing heavily on competitive play and point strategy.

Players MUST be QCTC members in order to register for these clinics

****There will be no clinics on Thursday, 11/23****



Beginner/Intermediate Clinic Levels 3.0–3.5

Tuesday's & Thursday's, 10:00–11:15am

****These clinics do not start until the week of 10/2/23****

Taught by Pickleball Pro, Jeffrey van der Eems, the Level 3.0–3.5 Beginner/Intermediate Clinic is the great way to sharpen your skills. In this 75 minute clinic, Jeffrey will lead players through different skills and drills focusing on competitive play and point strategy

Players MUST be QCTC members in order to register for these clinics

****There will be no clinics on Thursday, 11/23****

Beginner Clinic Levels 2.5–3.0

Tuesday's & Thursday's, 11:30am–12:45pm

****These clinics do not start until the week of 10/2/23****

Taught by Pickleball Pro, Jeffrey van der Eems, the Level 2.5–3.0 Beginner Clinic is the perfect way to get yourself introduced and acclimated to the game. In this 75 minute clinic, Jeffrey will lead players through different skills and drills teaching them the ins and outs of the game, scoring and the fundamentals of the game.

****There will be no clinics on Thursday, 11/23****

Pickleball4Beginners (Adults)

Pickleball4Beginners is a 6-week intro course designed for adults looking to learn the basics of Pickleball. In this course players will learn the fundamentals of Pickleball – scoring, serving, point play and dinking. This is a 6-week course and players are required to sign up for the entire course. There are no drop-in's for this program.

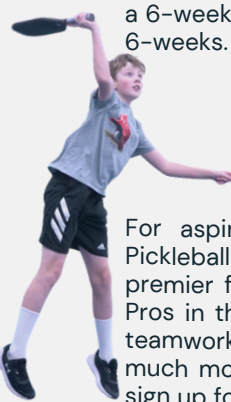
In addition to the 6 weeks of lessons, players will also receive 3 free punch passes to our Pickleball Open Play (open daily 8am–8pm)!

To register, please sign up via our QCTC App (on the Apple App store or Google Play store) or by visiting our website at www.quadcitytennisclub.com

Thursdays

10/19–11/30 (no class on 11/23)

5:00–6:00pm



Pickleball 102 (Adults)

For Pickleball players who have had a little experience in the Pickleball world, or have taken a Pickleball 101 or Pickleball4Beginners class, this is for you! Continue honing your craft and learning new skills, game development and point play strategy with this 6-week course! Players must register for the entire 6 week course. There are no drop-in's available for this program.

Thursdays

10/16–11/30 (no class on 11/23)

4:00–5:00pm

****Players MUST be QCTC members in order to register for these clinics****

JUNIOR PICKLEBALL PROGRAMS

Junior Picklers

For aspiring pickleball players ages 8–11, the Junior Pickleball class is an opportunity to learn a new sport in a premier facility! Working with some of the top Pickleball Pros in the area, players will learn the rules of the game, the art of Pickleball, teamwork, and so much more! This is a 6-week program and players must sign up for the entire 6-weeks. There are no drop-in spots available.

Tuesdays

10/17–11/28 (no class on 10/31)

4:15–5:00pm

Junior Dinkers

For aspiring pickleball players ages 12–14, the Junior Pickleball class is an opportunity to learn a new sport in a premier facility! Working with some of the top Pickleball Pros in the area, players will learn the rules of the game, teamwork, the art of the "dink", point play strategy and so much more! This is a 6-week program and players must sign up for the entire 6-weeks. There are no drop-in spots available.

Tuesdays

10/17–11/28 (no class on 10/31)

5:00–6:00pm

High School Dink Around

For aspiring High School Pickleball players, the High School Dink Around is an Open Play time slot where players can come in and play pick up games of Pickleball. With QCTC Pickleball Professionals monitoring play and being available for pointers, High School players can join in on the Pickleball craze playing pick up games with players of similar age and ability.

Sundays

****One Sunday a Month****; 9/24, 10/29, 11/19

3:00–5:00pm



QCTC PICKLEBALL CLINIC FEES

****The following clinics begin the week of 10/2 and will run weekly through 12/3****

The fees described below are based on a drop-in, per class fee. Players are required to register in advance on the QCTC App (available in Apple App or Google Play store) for each individual clinic. There are limited spots available for each clinic and they are on a first-come, first-served basis. In order for your drop-in registration to be complete, both registration and payment **MUST** be completed on the app previous to the clinic start time.

Pickleball Clinics	QCTC Members	Non-Members
<i>Intermediate/Advanced Level 3.5-4.0</i>	\$25	<i>*This is a QCTC Members Only Clinic*</i>
<i>Beginner/Intermediate Levels 3.0-3.5</i>	\$25	<i>*This is a QCTC Members Only Clinic*</i>
<i>Beginner Level 2.5-3.0</i>	\$20	\$40

QCTC PICKLEBALL PROGRAM FEES

Pickleball4Beginners QCTC Member	Pickleball 102 Non-Members
6 Weeks of Pickleball4Beginners	6 Weeks of Pickleball 102
3 Open Play Punch Passes	-
\$100 total	\$80 total

Jr. Pickleball Programs	QCTC Member	Non- Members
<i>Junior Picklers</i>	\$45 for 6-week program	\$75 for 6-week program
<i>Junior Dinkers</i>	\$45 for 6-week program	\$75 for 6-week program
<i>High School Dink Around</i>	\$10 Drop-in	\$25 Drop-in

Players are required to register for all Pickleball Programs on the QCTC App (in Apple App or Google Play Store). Registration is not completed until the drop-in fee is paid.

QCTC DUPR PICKLEBALL LEAGUES, TOURNAMENTS & EVENTS

The Dynamic Universal Pickleball Rating (DUPR) is the most accurate and only global rating system in Pickleball. All players, regardless of their age, gender, location, or skill, are rated on the same scale between 2.000–8.000.

In Fall 2022, QCTC adopted the DUPR rating system as its official rating system for pickleball. Although a DUPR Rating is not required to become a member of QCTC, there are several tournaments and leagues that a DUPR Rating is required for.

DUPR Leagues

For pickleball players interested in increasing their DUPR rating, QCTC will begin hosting DUPR leagues Mid-November. More information will be provided regarding these leagues on our website at www.quadcitytenniscub.com

DUPR Days

Leading up to our first DUPR Tournament in the 2023–2024 series, QCTC will host a number of DUPR days where players will play matches to either: 1) receive an initial rating and/or 2) have an opportunity to increase their rating by playing DUPR organized matches. QCTC Pickleball Professionals will be available to help set up players DUPR accounts, record scores and answer any DUPR related questions.

Wednesdays

10/18, 10/25, 11/1 and 11/9

5:30–7:30pm



QCTC PICKLEBALL RECREATIONAL LEAGUES & SPECIAL EVENTS

The following Pickleball Leagues are designed for Adult Players ages 18+. Players are required to have a Quad City Tennis Club membership in order to participate in any one of the following Adult Pickleball Leagues. For further information regarding Divisions, Schedules, Rules and Registration for our Leagues, please visit our website at www.quadcitytenniscub.com.

Level 2.0–3.0 Doubles League

Monday or Wednesday

10/16–11/20; 10/18–11/22 (make up dates 11/27, 11/29)

12:30–3:00pm

Are you a newer pickleball player looking to gain some match play experience? Join our Level 2.0–3.0 league on either Monday or Wednesday afternoons (or if you can't get enough, join both!). These leagues are perfect for the newer player looking to play more matches and build a new community of players.

Level 3.0–4.0 Doubles League

Monday or Wednesday

10/16–11/20; 10/18–11/22 (make up dates 11/27, 11/29)

9:30am–12:00pm

Addicted to Pickleball and looking to get some more matches in? Join our Level 3.0–4.0 league on either Monday or Wednesday afternoons (or if you can't get enough, join both!). Play with similar level players in competitive doubles matches.

Level 4.0+ Singles League

Thursdays

10/19–11/30, no league 11/23 (make up date 12/7)

7:00–9:00pm

Calling all competitive players! Join this 4.0 Singles league if you're looking for some friendly and dynamic competition. Matches will be played in a round robin format.

Mixed Doubles Pickle & Play League

Fridays

10/20–12/1, no league 11/24 (make up date 12/8)

6:00–8:00pm

This league is a recreational league open to all players ranked from 2.0 to 3.5 who just want to have FUN, play some pickleball and meet new people! This league is a great fit if you've played pickleball before and know the scoring system but you're looking to dink rather than smash.

Potlucks will be held every Friday (teams are encouraged to bring a dish to pass). Music will be booming on the speakers and the patio will be open (weather permitting) for players to enjoy in between matches.

**Players do not have to have any tournament or competitive play experience to join this league.*

Dinks & Drinks – Evening Socials

Sundays

October 29th & November 26th

6:00–8:00pm

Save the dates! If you haven't been to one of our many Dinks & Drinks socials, here's your chance to get in on the fun! Our Dinks & Drinks events are Potluck style events. Players or teams come with a dish to pass and enjoy an evening of Pickleball – whether they are QCTC Members or the guest of a QCTC Member. More information regarding each Dinks & Drinks theme to come!



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