

In the column labeled 'Interest In', assign a number 1 through 5; 1 being no interest, 5 being very interested. In the column labeled 'Knowledge About', assign a number 1 through 5 again, but this time, 1 is no knowledge and 5 is very knowledgeable.

	Interest In	Knowledge About
Medication		
Therapy		
Exercise		
Support Groups		
Coaching		

