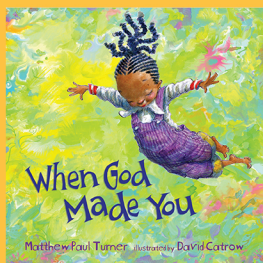


# When God Made You

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READS

## Reading and Activity Guide

### BEFORE READING

- + God made you special. There is not another person in this entire world who is exactly like you. What an amazing God we have! *What are some ways God made you special?*
- + After God made His creations, like the sunset and mountains and lightning bugs and dolphins, He called them good. *Think of some beautiful creations God made.* After He created humans, He called them "very good." Read Genesis 1:31. You are a human being, created by God, so much more wonderful and amazing than any creation!

### DURING READING

- + God delights in you and the way He made you. He delights in all of your characteristics. Come up with a list of characteristics that makes us special. *How many can you think of? Here are a few to get you started: eye color, hair texture...*

### AFTER READING

- + "Know that the Lord, He is God! It is He who made us, and we are His; we are His people." Psalm 100:3 God made you, and you belong to Him. *How does that bring you comfort?*
- + God made you with a special purpose: to use your special talents to share love with those around you. God created you to be creative. *What special talents has God given you and how will you use those to share love with others?*

### Springboard Activities:

**Activity #1: More than Facts** - God made you in an amazing way!

- + **Blink:** We blink about 1,000 times each day. That's a LOT! Every time we blink, our eyelids and lashes keep our eyes safe from dust and even bright lights. *Next time you blink, remember that God made you.*
- + **Jump:** God made our legs. The strongest bone in your body is called the femur... and it's stronger than concrete! Tell them to jump. *Next time you jump, remember that God made you.*
- + **Smell** something pleasant: Your nose can remember a trillion different smells. What's your favorite thing to smell? *Next time you smell something, remember that God made you.*
- + **Taste** a yummy snack: We have taste buds in our mouths, throat, and even esophagus to help us taste. Did you know that you have between 2,000 and 10,000 taste buds? *Next time you taste something, remember that God made you.*

**Activity #2: ID in Ink** - Get an ink pad or markers and invite children to create a picture using fingerprints. Draw the trunk of a tree and let them make the leaves or draw a dog and have children add spots. Get creative! *Did you know each person has a unique set of fingerprints? No one has the exact same fingerprints as you!* Talk about how God made each person unique and has special plans and a purpose for them!

**Activity #3: Little Love Notes** - **ATTENTION ADULTS:** Using sticky notes, have family, friends, significant adults, etc. take some time to write things that make your child special. Hang the notes on your child's bedroom door or wall so they know how loved they are by others because of how God made them. Do this again and again; what a great habit to begin!



visit [www.lutheranstorracialjustice.com](http://www.lutheranstorracialjustice.com) for more resources.