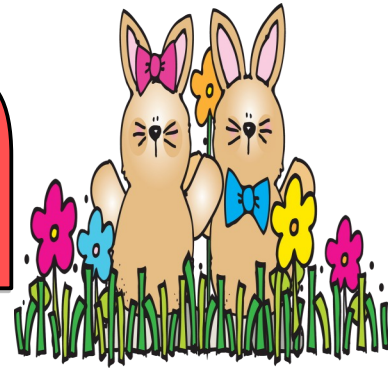


March

Independent Living Centre London & Area



Sun	Mon	Tue	Wed	Thu	Fri	Sat
<p>Please RSVP to events. (519) 660-4667 info@ilcla.ca</p>				1	2 Exercise Class 2-3:30pm	3
4	5	6 Pancake Lunch 12-2pm 	7 Planning Session 2-4 pm 	8	9 Exercise Class 2-3:30pm	10
11	12	13	14 Little Rays Zoo 12-2 pm 	15	16 Exercise Class 2-3:30pm	17 St. Patrick's day 
18	19 Bag Lunch 12-2pm 	20	21	22 IL Skills: RollUp Solutions 2pm	23 Exercise Class 2-3:30pm	24
25	26	27 Scrabble 2-4pm 	28	29 Easter Craft 2-4pm 	30 Good Friday 	31



April



Independent Living Centre London & Area

Sun

Mon

Tue

Wed

Thu








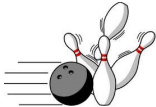
Fri

Sat

Please **RSVP** to events.

(519) 660-4667

info@ilcla.ca

1	2  CLOSED	3	4 IL Skills: Diabetes 101 2-3pm	5	6 Exercise Class 2-3:30pm	7
8	9	10 Roll & stroll 2-4pm 	11 Spring Pot- Luck 	12	13 Exercise Class 2-3:30pm	14
15	16	17 Coffee Run 12-2 	18	19 Cards 2-4pm 	20 Exercise Class 2-3:30pm	21 
22	23	24 Planting Craft 12-2 	25	26 Bowling 2-4:30 	27 Exercise Class 2-3:30pm	28
29	30					