




# Breast Pump Comparison Chart



	 Elvie Stride	 Elvie Stride PLUS	 Elvie Pump
<b>Insurance Coverage</b>	Covered in full by most insurances	Insurance Upgrade Fee	Insurance Upgrade Fee
<b>Type of Breast Pump</b>	<p><b>Traditional Breast Pumps</b> are electric pumps designed for powerful, efficient pumping sessions. Milk is pumped through tubing into collection bottles that attach to flanges/shields. <b>Hands-free Breast Pumps</b> (also known as wearable) are ultra-portable electric pumps that collect the milk into cups worn inside your bra. Because hands-free pumps are meant to be lightweight and compact, the motor might not be as powerful as a traditional breast pump.</p>		
	Hands-free	Hands-free	Hands-free
<b>Massage / Stimulation / Letdown Mode</b>	<p><b>Massage/Stimulation Mode</b> is a setting on your breast pump that mimics the fast, fluttering suckling of a baby to stimulate your milk-flow (letdown). The breast pump will suck and release at more cycles per minute than in expression mode. The vacuum level (strength of suction) does not get as intense as it can in expression mode.</p>		
	10 massage levels	10 massage levels	7 massage levels
<b>Expression / Suction Mode</b>	<p><b>Expression Mode</b> is used once milk starts flowing. The breast pump will have a slower but stronger suction.</p>		
	10 expression levels	10 expression levels	7 expression levels
<b>Suction Level</b>	<p><b>Suction Level</b> is measured in <b>mmHg</b> (millimeters of mercury), which is the standard unit of measuring vacuum pressure.</p>		
	270 mmHg maximum	270 mmHg maximum	220 mmHg maximum
<b>Hospital Strength / Performance</b>	<p><b>Hospital Strength/Performance</b> is a term used by breast pump companies to convey stronger breast pump suction. There are no standards or regulations that define exactly what suction a breast pump needs to be considered "hospital strength." A <b>hospital grade</b> breast pump is a rental multi-user pump with a stronger strength suction featuring a more powerful motor, special wavelength, and programming that allows mothers with certain medical necessities to get the maximum amount of breast milk production possible.</p>		
	Yes	Yes	No
<b>System</b>	<p>A <b>Closed System</b> pump has a barrier between your breast milk and the pump. With this barrier, milk is unable to get into the pump, which prevents any kind of contamination between the pump and the milk. An <b>open system</b> pump has no barrier. If milk gets into the tubing, care needs to be taken to clean the tubing and ensure that it is completely dried out before using the pump again.</p>		
	Closed	Closed	Closed
<b>Flange/Shield/Cup/Insert Size Included with Pump</b>	<p>The <b>Flange/Shield/Cup/Insert</b> is the plastic or silicone part that is placed on the breast in order for breast milk to be expressed. The right size flange should allow the milk to flow well and should be comfortable while using the pump at medium to maximum suction level.</p>		
	24mm	21mm / 24mm	24mm / 28mm
<b>Flange/Shield Sizes Available to Order</b>	21mm / 28mm	28mm	21mm
<b>BPA Free</b>	Yes	Yes	Yes
<b>Weight</b>	1.2 lbs	1.2 lbs	0.5 lbs
<b>Dimensions</b>	4.6"L x 2.6"W x 1.7"H	4.6"L x 2.6"W x 1.7"H Bag - 9.84" x 7.48" x 7.68"	4.3"W x 2.7"D x 5"H
<b>Tube Length</b>	Length not available	Length not available	N/A
<b>Adapter / Battery Pack</b>	USB charging cable & built-in rechargeable battery	USB charging cable & built-in rechargeable battery	USB charging cable & built-in rechargeable battery
<b>Battery Life</b>	2.5 hours	2.5 hours	2.5 hours
<b>Digital Display</b>	No	No	No
<b>Double &amp; Single Pumping Ability</b>	Yes	Yes	Yes
<b>Bag Included</b>	No	Yes	Yes
<b>Bluetooth / App</b>	Yes	Yes	Yes
<b>Warranty</b>	Two year warranty on pump motor, 90-day warranty on parts	Two year warranty on pump motor, 90-day warranty on parts	Two year warranty on pump motor, 90-day warranty on parts




# Breast Pump Comparison Chart



	 Zomee Fit	 Zomee Z2	 Spectra S1 Plus
<b>Insurance Coverage</b>	Covered in full by most insurances	Covered in full by all insurances	Insurance Upgrade Fee
<b>Type of Breast Pump</b>	<p><b>Traditional Breast Pumps</b> are electric pumps designed for powerful, efficient pumping sessions. Milk is pumped through tubing into collection bottles that attach to flanges/shields. <b>Hands-free Breast Pumps</b> (also known as wearable) are ultra-portable electric pumps that collect the milk into cups worn inside your bra. Because hands-free pumps are meant to be lightweight and compact, the motor might not be as powerful as a traditional breast pump.</p>		
	Hands-free	Traditional	Traditional
<b>Massage / Stimulation /Letdown Mode</b>	<p><b>Massage/Stimulation Mode</b> is a setting on your breast pump that mimics the fast, fluttering suckling of a baby to stimulate your milk-flow (letdown). The breast pump will suck and release at more cycles per minute than in expression mode. The vacuum level (strength of suction) does not get as intense as it can in expression mode.</p>		
	9 massage levels + 2-Phase Mode w/ 9 levels	5 massage levels + 2-Phase Mode w/ 5 levels	5 massage levels
<b>Expression / Suction Mode</b>	<p><b>Expression Mode</b> is used once milk starts flowing. The breast pump will have a slower but stronger suction.</p>		
	9 expression levels	9 expression levels	12 expression levels
<b>Suction Level</b>	<p><b>Suction Level</b> is measured in <b>mmHg</b> (millimeters of mercury), which is the standard unit of measuring vacuum pressure.</p>		
	260 mmHg maximum	260 mmHg maximum	270 mmHg maximum
<b>Hospital Strength / Performance</b>	<p><b>Hospital Strength/Performance</b> is a term used by breast pump companies to convey stronger breast pump suction. There are no standards or regulations that define exactly what suction a breast pump needs to be considered "hospital strength." A <b>hospital grade</b> breast pump is a rental multi-user pump with a stronger strength suction featuring a more powerful motor, special wavelength, and programming that allows mothers with certain medical necessities to get the maximum amount of breast milk production possible.</p>		
	Yes	Yes	Yes
<b>System</b>	<p>A <b>Closed System</b> pump has a barrier between your breast milk and the pump. With this barrier, milk is unable to get into the pump, which prevents any kind of contamination between the pump and the milk. An <b>open system</b> pump has no barrier. If milk gets into the tubing, care needs to be taken to clean the tubing and ensure that it is completely dried out before using the pump again.</p>		
	Closed	Closed	Closed
<b>Flange/Shield/Cup/ Insert Size Included with Pump</b>	<p>The <b>Flange/Shield/Cup/Insert</b> is the plastic or silicone part that is placed on the breast in order for breast milk to be expressed. The right size flange should allow the milk to flow well and should be comfortable while using the pump at medium to maximum suction level.</p>		
	17mm / 21mm / 25mm	24mm / 28mm	24mm / 28mm
<b>Flange/Shield Sizes Available to Order</b>	Not available	21mm / 32mm	20mm / 32mm
<b>BPA Free</b>	Yes	Yes	Yes
<b>Weight</b>	0.58 lbs	0.5 lbs	3 lbs
<b>Dimensions</b>	5"L x 4"W x 2"D	8"L x 8"W x 8"H	7.9"L x 7.9"W x 6.7"H
<b>Tube Length</b>	N/A	26 in	32 in
<b>Adapter / Battery Pack</b>	Charging cable & built-in rechargeable battery	Power adapter, USB cable & built-in rechargeable battery	Power adapter & built-in rechargeable battery
<b>Battery Life</b>	2 hours	2 hours	3 hours
<b>Digital Display</b>	Yes	Yes	Yes
<b>Double &amp; Single Pumping Ability</b>	Yes	Yes	Yes
<b>Bag Included</b>	No	No	No
<b>Bluetooth / App</b>	No	No	No
<b>Warranty</b>	Two year warranty on pump motor, 90-day warranty on parts	Two year warranty on pump motor, 90-day warranty on parts	Two year warranty on pump motor, 90-day warranty on parts


# Breast Pump Comparison Chart



	 Spectra S2 Plus	 Spectra Synergy Gold Portable	 Spectra Synergy Gold
<b>Insurance Coverage</b>	Covered in full by most insurances	Insurance Upgrade Fee	Insurance Upgrade Fee
<b>Type of Breast Pump</b>	<b>Traditional Breast Pumps</b> are electric pumps designed for powerful, efficient pumping sessions. Milk is pumped through tubing into collection bottles that attach to flanges/shields. <b>Hands-free Breast Pumps</b> (also known as wearable) are ultra-portable electric pumps that collect the milk into cups worn inside your bra. Because hands-free pumps are meant to be lightweight and compact, the motor might not be as powerful as a traditional breast pump.		
	Traditional	Traditional	Traditional
<b>Massage / Stimulation /Letdown Mode</b>	<b>Massage/Stimulation Mode</b> is a setting on your breast pump that mimics the fast, fluttering suckling of a baby to stimulate your milk-flow (letdown). The breast pump will suck and release at more cycles per minute than in expression mode. The vacuum level (strength of suction) does not get as intense as it can in expression mode.		
	5 massage levels	5 massage levels	5 massage levels
<b>Expression / Suction Mode</b>	<b>Expression Mode</b> is used once milk starts flowing. The breast pump will have a slower but stronger suction.		
	12 expression levels	12 expression levels	15 expression levels
<b>Suction Level</b>	<b>Suction Level</b> is measured in <b>mmHg</b> (millimeters of mercury), which is the standard unit of measuring vacuum pressure.		
	270 mmHg maximum	270 mmHg maximum	270 mmHg maximum
<b>Hospital Strength / Performance</b>	<b>Hospital Strength/Performance</b> is a term used by breast pump companies to convey stronger breast pump suction. There are no standards or regulations that define exactly what suction a breast pump needs to be considered "hospital strength." A <b>hospital grade</b> breast pump is a rental multi-user pump with a stronger strength suction featuring a more powerful motor, special wavelength, and programming that allows mothers with certain medical necessities to get the maximum amount of breast milk production possible.		
	Yes	Yes	Yes
<b>System</b>	A <b>Closed System</b> pump has a barrier between your breast milk and the pump. With this barrier, milk is unable to get into the pump, which prevents any kind of contamination between the pump and the milk. An <b>open system</b> pump has no barrier. If milk gets into the tubing, care needs to be taken to clean the tubing and ensure that it is completely dried out before using the pump again.		
	Closed	Closed	Closed
<b>Flange/Shield/Cup/ Insert Size Included with Pump</b>	The <b>Flange/Shield/Cup/Insert</b> is the plastic or silicone part that is placed on the breast in order for breast milk to be expressed. The right size flange should allow the milk to flow well and should be comfortable while using the pump at medium to maximum suction level.		
	24mm / 28mm	24mm / 28mm	24mm / 28mm
<b>Flange/Shield Sizes Available to Order</b>	20mm / 32mm	20mm / 32mm	20mm / 32mm
<b>BPA Free</b>	Yes	Yes	Yes
<b>Weight</b>	3 lbs	1.5 lbs	5.5 lbs
<b>Dimensions</b>	7.9"L x 7.9"W x 6.7"H	7.375" x 4" x 3.5"	8.5"L x 8.5"W x 8.5"H
<b>Tube Length</b>	32 in	32 in	32 in
<b>Adapter / Battery Pack</b>	Power adapter	Power adapter & built-in rechargeable battery	Power adapter
<b>Battery Life</b>	N/A	2 hours	N/A
<b>Digital Display</b>	Yes	Yes	Yes
<b>Double &amp; Single Pumping Ability</b>	Yes	Yes	Yes
<b>Bag Included</b>	No	No	No
<b>Bluetooth / App</b>	No	No	No
<b>Warranty</b>	Two year warranty on pump motor, 90-day warranty on parts	Two year warranty on pump motor, 90-day warranty on parts	Two year warranty on pump motor, 90-day warranty on parts





# Breast Pump Comparison Chart



	 Spectra 9 Plus	 Motif Luna with Battery	 Motif Aura
<b>Insurance Coverage</b>	Covered in full by most insurances	Covered in full by most insurances	Insurance Upgrade Fee
<b>Type of Breast Pump</b>	<p><b>Traditional Breast Pumps</b> are electric pumps designed for powerful, efficient pumping sessions. Milk is pumped through tubing into collection bottles that attach to flanges/shields. <b>Hands-free Breast Pumps</b> (also known as wearable) are ultra-portable electric pumps that collect the milk into cups worn inside your bra. Because hands-free pumps are meant to be lightweight and compact, the motor might not be as powerful as a traditional breast pump.</p>		
	Traditional	Traditional	Hands-free
<b>Massage / Stimulation /Letdown Mode</b>	<p><b>Massage/Stimulation Mode</b> is a setting on your breast pump that mimics the fast, fluttering suckling of a baby to stimulate your milk-flow (letdown). The breast pump will suck and release at more cycles per minute than in expression mode. The vacuum level (strength of suction) does not get as intense as it can in expression mode.</p>		
	5 massage levels	5 massage levels	12 levels in total between the massage and expression modes
<b>Expression / Suction Mode</b>	<p><b>Expression Mode</b> is used once milk starts flowing. The breast pump will have a slower but stronger suction.</p>		
	10 expression levels	12 expression levels	12 levels in total between the massage and expression modes
<b>Suction Level</b>	<p><b>Suction Level</b> is measured in <b>mmHg</b> (millimeters of mercury), which is the standard unit of measuring vacuum pressure.</p>		
	260 mmHg maximum	280 mmHg maximum	280 mmHg maximum
<b>Hospital Strength / Performance</b>	<p><b>Hospital Strength/Performance</b> is a term used by breast pump companies to convey stronger breast pump suction. There are no standards or regulations that define exactly what suction a breast pump needs to be considered "hospital strength." A <b>hospital grade</b> breast pump is a rental multi-user pump with a stronger strength suction featuring a more powerful motor, special wavelength, and programming that allows mothers with certain medical necessities to get the maximum amount of breast milk production possible.</p>		
	Yes	Yes	Yes
<b>System</b>	<p>A <b>Closed System</b> pump has a barrier between your breast milk and the pump. With this barrier, milk is unable to get into the pump, which prevents any kind of contamination between the pump and the milk. An <b>open system</b> pump has no barrier. If milk gets into the tubing, care needs to be taken to clean the tubing and ensure that it is completely dried out before using the pump again.</p>		
	Closed	Closed	Closed
<b>Flange/Shield/Cup/ Insert Size Included with Pump</b>	<p>The <b>Flange/Shield/Cup/Insert</b> is the plastic or silicone part that is placed on the breast in order for breast milk to be expressed. The right size flange should allow the milk to flow well and should be comfortable while using the pump at medium to maximum suction level.</p>		
	24mm	24mm / 28mm	21mm / 24mm / 28mm
<b>Flange/Shield Sizes Available to Order</b>	20mm / 28mm / 32mm	16mm / 19mm / 21mm / 27mm / 32mm	15mm / 17mm / 19mm / 29mm
<b>BPA Free</b>	Yes	Yes	Yes
<b>Weight</b>	0.5 lbs	2 lbs	.48 lbs
<b>Dimensions</b>	4.75L x 2.75"W x 1.5"H	7"L x 8"W x 2.25"H	4.41" x 2.38" x 5.12"
<b>Tube Length</b>	32 in	32 in	N/A
<b>Adapter / Battery Pack</b>	Power adapter & built-in rechargeable battery	Power adapter & built-in rechargeable battery	Power adapter, USB-C cable & built-in rechargeable battery
<b>Battery Life</b>	2.5 hours	2+ hours	2+ hours
<b>Digital Display</b>	Yes	Yes	Yes
<b>Double &amp; Single Pumping Ability</b>	Yes	Yes	Yes
<b>Bag Included</b>	No	No	No
<b>Bluetooth / App</b>	No	No	Yes
<b>Warranty</b>	Two year warranty on pump motor, 90-day warranty on parts	Two year warranty on pump motor, 90-day warranty on parts	Two year warranty on pump motor, 90-day warranty on parts

# Breast Pump Comparison Chart



	 <p>Motif Duo</p>	 <p>Motif Twist</p>	 <p>Medela Freestyle Hands-free</p>
<b>Insurance Coverage</b>	Covered in full by most insurances	Covered in full by all insurances	Insurance Upgrade Fee
<b>Type of Breast Pump</b>	<p><b>Traditional Breast Pumps</b> are electric pumps designed for powerful, efficient pumping sessions. Milk is pumped through tubing into collection bottles that attach to flanges/shields. <b>Hands-free Breast Pumps</b> (also known as wearable) are ultra-portable electric pumps that collect the milk into cups worn inside your bra. Because hands-free pumps are meant to be lightweight and compact, the motor might not be as powerful as a traditional breast pump.</p>		
	Traditional	Traditional	Hands-free
<b>Massage / Stimulation / Letdown Mode</b>	<p><b>Massage/Stimulation Mode</b> is a setting on your breast pump that mimics the fast, fluttering suckling of a baby to stimulate your milk-flow (letdown). The breast pump will suck and release at more cycles per minute than in expression mode. The vacuum level (strength of suction) does not get as intense as it can in expression mode.</p>		
	10 massage levels	Uses a dial to turn suction up or down instead of set levels	9 levels in total between the massage and expression modes
<b>Expression / Suction Mode</b>	<p><b>Expression Mode</b> is used once milk starts flowing. The breast pump will have a slower but stronger suction.</p>		
	10 expression levels	Uses a dial to turn suction up or down instead of set levels	9 levels in total between the massage and expression modes
<b>Suction Level</b>	<p><b>Suction Level</b> is measured in <b>mmHg</b> (millimeters of mercury), which is the standard unit of measuring vacuum pressure.</p>		
	250 mmHg maximum	250 mmHg maximum	245 mmHg maximum
<b>Hospital Strength / Performance</b>	<p><b>Hospital Strength/Performance</b> is a term used by breast pump companies to convey stronger breast pump suction. There are no standards or regulations that define exactly what suction a breast pump needs to be considered "hospital strength." A <b>hospital grade</b> breast pump is a rental multi-user pump with a stronger strength suction featuring a more powerful motor, special wavelength, and programming that allows mothers with certain medical necessities to get the maximum amount of breast milk production possible.</p>		
	Yes	Yes	Yes
<b>System</b>	<p>A <b>Closed System</b> pump has a barrier between your breast milk and the pump. With this barrier, milk is unable to get into the pump, which prevents any kind of contamination between the pump and the milk. An <b>open system</b> pump has no barrier. If milk gets into the tubing, care needs to be taken to clean the tubing and ensure that it is completely dried out before using the pump again.</p>		
	Closed	Closed	Closed
<b>Flange/Shield/Cup/Insert Size Included with Pump</b>	<p>The <b>Flange/Shield/Cup/Insert</b> is the plastic or silicone part that is placed on the breast in order for breast milk to be expressed. The right size flange should allow the milk to flow well and should be comfortable while using the pump at medium to maximum suction level.</p>		
	21mm / 24mm / 27mm	24mm	21mm / 24mm
<b>Flange/Shield Sizes Available to Order</b>	32mm	28mm / 32mm	Not available
<b>BPA Free</b>	Yes	Yes	Yes
<b>Weight</b>	0.6 lbs	0.7 lbs	0.6 lbs
<b>Dimensions</b>	2.8"W x 1.8"D x 4.3"H	4" W x 3.25" H	148 x 66 x 46.5 mm
<b>Tube Length</b>	32 in	32 in	42 in
<b>Adapter / Battery Pack</b>	Power adapter & built-in rechargeable battery	Power adapter & 4 AA batteries (batteries not included)	Power adapter, USB cable & built-in rechargeable battery
<b>Battery Life</b>	2.5 hours	N/A	2 hours
<b>Digital Display</b>	Yes	No	Yes
<b>Double &amp; Single Pumping Ability</b>	Yes	Yes	Yes
<b>Bag Included</b>	No	No	No
<b>Bluetooth / App</b>	No	No	No
<b>Warranty</b>	Two year warranty on pump motor, 90-day warranty on parts	Two year warranty on pump motor, 90-day warranty on parts	One year warranty on pump motor, 90 day warranty on parts





# Breast Pump Comparison Chart



	 medela  Medela Pump In Style	 medela  Medela Pump In Style Hands-free	 medela  Medela Swing Maxi Double
<b>Insurance Coverage</b>	Covered in full by most insurances	Covered in full by most insurances	Insurance Upgrade Fee
<b>Type of Breast Pump</b>	<p><b>Traditional Breast Pumps</b> are electric pumps designed for powerful, efficient pumping sessions. Milk is pumped through tubing into collection bottles that attach to flanges/shields. <b>Hands-free Breast Pumps</b> (also known as wearable) are ultra-portable electric pumps that collect the milk into cups worn inside your bra. Because hands-free pumps are meant to be lightweight and compact, the motor might not be as powerful as a traditional breast pump.</p>		
	Traditional	Traditional / Hands-free	Traditional
<b>Massage / Stimulation / Letdown Mode</b>	<p><b>Massage/Stimulation Mode</b> is a setting on your breast pump that mimics the fast, fluttering suckling of a baby to stimulate your milk-flow (letdown). The breast pump will suck and release at more cycles per minute than in expression mode. The vacuum level (strength of suction) does not get as intense as it can in expression mode.</p>		
	10 levels in total between the massage and expression modes	10 levels in total between the massage and expression modes	9 levels in total between the massage and expression modes
<b>Expression / Suction Mode</b>	<p><b>Expression Mode</b> is used once milk starts flowing. The breast pump will have a slower but stronger suction.</p>		
	10 levels in total between the massage and expression modes	10 levels in total between the massage and expression modes	9 levels in total between the massage and expression modes
<b>Suction Level</b>	<p><b>Suction Level</b> is measured in <b>mmHg</b> (millimeters of mercury), which is the standard unit of measuring vacuum pressure.</p>		
	240 mmHg maximum	240 mmHg maximum	245 mmHg maximum
<b>Hospital Strength / Performance</b>	<p><b>Hospital Strength/Performance</b> is a term used by breast pump companies to convey stronger breast pump suction. There are no standards or regulations that define exactly what suction a breast pump needs to be considered "hospital strength." A <b>hospital grade</b> breast pump is a rental multi-user pump with a stronger strength suction featuring a more powerful motor, special wavelength, and programming that allows mothers with certain medical necessities to get the maximum amount of breast milk production possible.</p>		
	Yes	Yes	Yes
<b>System</b>	<p>A <b>Closed System</b> pump has a barrier between your breast milk and the pump. With this barrier, milk is unable to get into the pump, which prevents any kind of contamination between the pump and the milk. An <b>open system</b> pump has no barrier. If milk gets into the tubing, care needs to be taken to clean the tubing and ensure that it is completely dried out before using the pump again.</p>		
	Closed	Closed	Closed
<b>Flange/Shield/Cup/Insert Size Included with Pump</b>	<p>The <b>Flange/Shield/Cup/Insert</b> is the plastic or silicone part that is placed on the breast in order for breast milk to be expressed. The right size flange should allow the milk to flow well and should be comfortable while using the pump at medium to maximum suction level.</p>		
	24mm	21mm / 24mm	21mm / 24mm
<b>Flange/Shield Sizes Available to Order</b>	21mm / 27mm / 30mm	Not available	27mm / 30mm
<b>BPA Free</b>	Yes	Yes	Yes
<b>Weight</b>	1.2 lbs	1.2 lbs	0.7 lbs
<b>Dimensions</b>	13.14"L x 6.13"W x 9.08"H	248 x 128 x 219 mm	126 x 125 x 58 mm
<b>Tube Length</b>	42 in	42 in	Length not available
<b>Adapter / Battery Pack</b>	Power adapter & 8 AA batteries (batteries not included)	Power adapter & 8 AA batteries (batteries not included)	Power adapter, USB cable & built-in rechargeable battery
<b>Battery Life</b>	N/A	N/A	Up to 6 pumping sessions
<b>Digital Display</b>	No	No	No
<b>Double &amp; Single Pumping Ability</b>	Yes	Yes	Yes
<b>Bag Included</b>	No	No	No
<b>Bluetooth / App</b>	No	No	No
<b>Warranty</b>	One year warranty on pump motor, 90 day warranty on parts	One year warranty on pump motor, 90 day warranty on parts	Two year warranty on pump motor, 90-day warranty on parts





# Breast Pump Comparison Chart



	 <p>Ameda Mya Joy Plus</p>	 <p>Ameda Mya Joy</p>	 <p>Baby Buddha</p>
<b>Insurance Coverage</b>	Covered in full by most insurances	Covered in full by most insurances	Covered in full by most insurances
<b>Type of Breast Pump</b>	<p><b>Traditional Breast Pumps</b> are electric pumps designed for powerful, efficient pumping sessions. Milk is pumped through tubing into collection bottles that attach to flanges/shields. <b>Hands-free Breast Pumps</b> (also known as wearable) are ultra-portable electric pumps that collect the milk into cups worn inside your bra. Because hands-free pumps are meant to be lightweight and compact, the motor might not be as powerful as a traditional breast pump.</p>		
	Traditional	Traditional	Traditional
<b>Massage / Stimulation /Letdown Mode</b>	<p><b>Massage/Stimulation Mode</b> is a setting on your breast pump that mimics the fast, fluttering suckling of a baby to stimulate your milk-flow (letdown). The breast pump will suck and release at more cycles per minute than in expression mode. The vacuum level (strength of suction) does not get as intense as it can in expression mode.</p>		
	6 massage levels	6 massage levels	5 massage levels
<b>Expression / Suction Mode</b>	<p><b>Expression Mode</b> is used once milk starts flowing. The breast pump will have a slower but stronger suction.</p>		
	12 expression levels	12 expression levels	9 expression levels
<b>Suction Level</b>	<p><b>Suction Level</b> is measured in <b>mmHg</b> (millimeters of mercury), which is the standard unit of measuring vacuum pressure.</p>		
	250 mmHg maximum	250 mmHg maximum	320 mmHg maximum
<b>Hospital Strength / Performance</b>	<p><b>Hospital Strength/Performance</b> is a term used by breast pump companies to convey stronger breast pump suction. There are no standards or regulations that define exactly what suction a breast pump needs to be considered "hospital strength." A <b>hospital grade</b> breast pump is a rental multi-user pump with a stronger strength suction featuring a more powerful motor, special wavelength, and programming that allows mothers with certain medical necessities to get the maximum amount of breast milk production possible.</p>		
	Yes	Yes	Yes
<b>System</b>	<p>A <b>Closed System</b> pump has a barrier between your breast milk and the pump. With this barrier, milk is unable to get into the pump, which prevents any kind of contamination between the pump and the milk. An <b>open system</b> pump has no barrier. If milk gets into the tubing, care needs to be taken to clean the tubing and ensure that it is completely dried out before using the pump again.</p>		
	Closed	Closed	Closed
<b>Flange/Shield/Cup/ Insert Size Included with Pump</b>	<p>The <b>Flange/Shield/Cup/Insert</b> is the plastic or silicone part that is placed on the breast in order for breast milk to be expressed. The right size flange should allow the milk to flow well and should be comfortable while using the pump at medium to maximum suction level.</p>		
	25mm / 28.5mm	25mm / 28.5mm	24mm
<b>Flange/Shield Sizes Available to Order</b>	21mm / 22.5mm / 30.5mm	21mm / 22.5mm / 30.5mm	21mm / 28mm / 32mm
<b>BPA Free</b>	Yes	Yes	Yes
<b>Weight</b>	0.5 lbs	0.7 lbs	3.75 lbs
<b>Dimensions</b>	7" x 5.50" x 8"	110 x 93 x 55mm (L x W x H)	5.5" x 2"
<b>Tube Length</b>	35in	35in	Length not available
<b>Adapter / Battery Pack</b>	Power adapter & 4 AA batteries (batteries not included)	Power adapter, USB cable & built-in rechargeable battery	USB charging cable & built-in rechargeable battery
<b>Battery Life</b>	N/A	2 hours	1 hour
<b>Digital Display</b>	Yes	Yes	Yes
<b>Double &amp; Single Pumping Ability</b>	Yes	Yes	Yes
<b>Bag Included</b>	No	No	Yes - Drawstring pouch
<b>Bluetooth / App</b>	No	No	No
<b>Warranty</b>	Two year warranty on pump motor, 90-day warranty on parts	Two year warranty on pump motor, 90-day warranty on parts	Two year warranty on pump motor, 90-day warranty on parts

# Breast Pump Comparison Chart



	 <p>Lansinoh Discreet Duo</p>	 <p>Lansinoh Smartpump 3.0</p>	 <p>Evenflo Deluxe Advanced</p>
<b>Insurance Coverage</b>	Covered in full by most insurances	Covered in full by most insurances	Covered in full by most insurances
<b>Type of Breast Pump</b>	<p><b>Traditional Breast Pumps</b> are electric pumps designed for powerful, efficient pumping sessions. Milk is pumped through tubing into collection bottles that attach to flanges/shields. <b>Hands-free Breast Pumps</b> (also known as wearable) are ultra-portable electric pumps that collect the milk into cups worn inside your bra. Because hands-free pumps are meant to be lightweight and compact, the motor might not be as powerful as a traditional breast pump.</p>		
	Hands-free	Traditional	Traditional
<b>Massage / Stimulation /Letdown Mode</b>	<p><b>Massage/Stimulation Mode</b> is a setting on your breast pump that mimics the fast, fluttering suckling of a baby to stimulate your milk-flow (letdown). The breast pump will suck and release at more cycles per minute than in expression mode. The vacuum level (strength of suction) does not get as intense as it can in expression mode.</p>		
	4 pumping styles that mimic feeding patterns / 8 levels of each style	3 pumping styles that mimic feeding patterns / 8 levels of each style	9 levels in total between the massage and expression modes
<b>Expression / Suction Mode</b>	<p><b>Expression Mode</b> is used once milk starts flowing. The breast pump will have a slower but stronger suction.</p>		
	4 pumping styles that mimic feeding patterns / 8 levels of each style	3 pumping styles that mimic feeding patterns / 8 levels of each style	9 levels in total between the massage and expression modes
<b>Suction Level</b>	<p><b>Suction Level</b> is measured in <b>mmHg</b> (millimeters of mercury), which is the standard unit of measuring vacuum pressure.</p>		
	260 mmHg maximum	280 mmHg maximum	250 mmHg maximum
<b>Hospital Strength / Performance</b>	<p><b>Hospital Strength/Performance</b> is a term used by breast pump companies to convey stronger breast pump suction. There are no standards or regulations that define exactly what suction a breast pump needs to be considered "hospital strength." A <b>hospital grade</b> breast pump is a rental multi-user pump with a stronger strength suction featuring a more powerful motor, special wavelength, and programming that allows mothers with certain medical necessities to get the maximum amount of breast milk production possible.</p>		
	Yes	Yes	Yes
<b>System</b>	<p>A <b>Closed System</b> pump has a barrier between your breast milk and the pump. With this barrier, milk is unable to get into the pump, which prevents any kind of contamination between the pump and the milk. An <b>open system</b> pump has no barrier. If milk gets into the tubing, care needs to be taken to clean the tubing and ensure that it is completely dried out before using the pump again.</p>		
	Closed	Closed	Closed
<b>Flange/Shield/Cup/ Insert Size Included with Pump</b>	<p>The <b>Flange/Shield/Cup/Insert</b> is the plastic or silicone part that is placed on the breast in order for breast milk to be expressed. The right size flange should allow the milk to flow well and should be comfortable while using the pump at medium to maximum suction level.</p>		
	21mm / 24mm	25mm / 28mm / 30.5mm	24.5mm / 28mm / 30.5mm
<b>Flange/Shield Sizes Available to Order</b>	19mm	21mm / 36mm	21mm / 33mm / 36mm
<b>BPA Free</b>	Yes	Yes	Yes
<b>Weight</b>	1.56 lbs	4.5 lbs	2.8 lbs
<b>Dimensions</b>	7.09" x 6.3" x 5.51"		
<b>Tube Length</b>	N/A	35in	36 in
<b>Adapter / Battery Pack</b>	AC Adaptor; Rechargeable battery	Power adapter, rechargeable battery (sold separately)	Power adapter & 6 AA batteries (batteries not included)
<b>Battery Life</b>	2 hours	N/A	N/A
<b>Digital Display</b>	Yes	Yes	No
<b>Double &amp; Single Pumping Ability</b>	Yes	Yes	Yes
<b>Bag Included</b>	No	No	Yes
<b>Bluetooth / App</b>	No	Yes	No
<b>Warranty</b>	One year warranty on pump motor, 90-day warranty on parts	One year warranty on pump motor, 90-day warranty on parts	Two year warranty on the pump motor, 90 day limited warranty on parts