





# Hands-free Breast Pump Comparison Chart



	<p>Elvie Stride</p>	<p>Elvie Stride PLUS</p>	<p>Elvie Pump</p>
<b>Insurance Coverage</b>	Covered in full by most insurances	Insurance Upgrade Fee	Insurance Upgrade Fee
<b>Massage / Stimulation / Letdown Mode</b>	<p><b>Massage/Stimulation Mode</b> is a setting on your breast pump that mimics the fast, fluttering suckling of a baby to stimulate your milk-flow (letdown). The breast pump will suck and release at more cycles per minute than in expression mode. The vacuum level (strength of suction) does not get as intense as it can in expression mode.</p>		
<b>Expression / Suction Mode</b>	10 massage levels	10 massage levels	7 massage levels
<b>Expression / Suction Mode</b>	<p><b>Expression Mode</b> is used once milk starts flowing. The breast pump will have a slower but stronger suction.</p>		
<b>Suction Level</b>	<p><b>Suction Level</b> is measured in <b>mmHg</b> (millimeters of mercury), which is the standard unit of measuring vacuum pressure.</p>		
<b>Suction Level</b>	270 mmHg maximum	270 mmHg maximum	220 mmHg maximum
<b>Hospital Strength / Performance</b>	<p><b>Hospital Strength/Performance</b> is a term used by breast pump companies to convey stronger breast pump suction. There are no standards or regulations that define exactly what suction a breast pump needs to be considered "hospital strength." A <b>hospital grade</b> breast pump is a rental multi-user pump with a stronger strength suction featuring a more powerful motor, special wavelength, and programming that allows mothers with certain medical necessities to get the maximum amount of breast milk production possible.</p>		
<b>Hospital Strength / Performance</b>	Yes	Yes	No
<b>System</b>	<p>A <b>Closed System</b> pump has a barrier between your breast milk and the pump. With this barrier, milk is unable to get into the pump, which prevents any kind of contamination between the pump and the milk. An <b>open system</b> pump has no barrier. If milk gets into the tubing, care needs to be taken to clean the tubing and ensure that it is completely dried out before using the pump again.</p>		
<b>System</b>	Closed	Closed	Closed
<b>Flange/Shield/Cup/Insert Size Included with Pump</b>	<p>The <b>Flange/Shield/Cup/Insert</b> is the plastic or silicone part that is placed on the breast in order for breast milk to be expressed. The right size flange should allow the milk to flow well and should be comfortable while using the pump at medium to maximum suction level.</p>		
<b>Flange/Shield/Cup/Insert Size Included with Pump</b>	24mm	21mm / 24mm	24mm / 28mm
<b>Flange/Shield Sizes Available to Order</b>	21mm / 28mm	28mm	21mm
<b>BPA Free</b>	Yes	Yes	Yes
<b>Weight</b>	1.2 lbs	1.2 lbs	0.5 lbs
<b>Dimensions</b>	4.6"L x 2.6"W x 1.7"H	4.6"L x 2.6"W x 1.7"H Bag - 9.84" x 7.48" x 7.68"	4.3"W x 2.7"D x 5"H
<b>Tube Length</b>	Length not available	Length not available	N/A
<b>Adapter / Battery Pack</b>	USB charging cable & built-in rechargeable battery	USB charging cable & built-in rechargeable battery	USB charging cable & built-in rechargeable battery
<b>Battery Life</b>	2.5 hours	2.5 hours	2.5 hours
<b>Digital Display</b>	No	No	No
<b>Double &amp; Single Pumping Ability</b>	Yes	Yes	Yes
<b>Bag Included</b>	No	Yes	Yes
<b>Bluetooth / App</b>	Yes	Yes	Yes
<b>Warranty</b>	Two year warranty on pump motor, 90-day warranty on parts	Two year warranty on pump motor, 90-day warranty on parts	Two year warranty on pump motor, 90-day warranty on parts

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	 Zomee Fit	 Motif Aura	 Medela Pump In Style Hands-free
<b>Insurance Coverage</b>	Covered in full by most insurances	Insurance Upgrade Fee	Covered in full by most insurances
<b>Massage / Stimulation / Letdown Mode</b>	<b>Massage/Stimulation Mode</b> is a setting on your breast pump that mimics the fast, fluttering suckling of a baby to stimulate your milk-flow (letdown). The breast pump will suck and release at more cycles per minute than in expression mode. The vacuum level (strength of suction) does not get as intense as it can in expression mode.		
	9 massage levels + 2-Phase Mode w/ 9 levels	12 levels in total between the massage and expression modes	10 levels in total between the massage and expression modes
<b>Expression / Suction Mode</b>	<b>Expression Mode</b> is used once milk starts flowing. The breast pump will have a slower but stronger suction.		
	9 expression levels	12 levels in total between the massage and expression modes	10 levels in total between the massage and expression modes
<b>Suction Level</b>	<b>Suction Level</b> is measured in <b>mmHg</b> (millimeters of mercury), which is the standard unit of measuring vacuum pressure.		
	260 mmHg maximum	280 mmHg maximum	240 mmHg maximum
<b>Hospital Strength / Performance</b>	<b>Hospital Strength/Performance</b> is a term used by breast pump companies to convey stronger breast pump suction. There are no standards or regulations that define exactly what suction a breast pump needs to be considered "hospital strength." A <b>hospital grade</b> breast pump is a rental multi-user pump with a stronger strength suction featuring a more powerful motor, special wavelength, and programming that allows mothers with certain medical necessities to get the maximum amount of breast milk production possible.		
	Yes	Yes	Yes
<b>System</b>	A <b>Closed System</b> pump has a barrier between your breast milk and the pump. With this barrier, milk is unable to get into the pump, which prevents any kind of contamination between the pump and the milk. An <b>open system</b> pump has no barrier. If milk gets into the tubing, care needs to be taken to clean the tubing and ensure that it is completely dried out before using the pump again.		
	Closed	Closed	Closed
<b>Flange/Shield/Cup/ Insert Size Included with Pump</b>	The <b>Flange/Shield/Cup/Insert</b> is the plastic or silicone part that is placed on the breast in order for breast milk to be expressed. The right size flange should allow the milk to flow well and should be comfortable while using the pump at medium to maximum suction level.		
	17mm / 21mm / 25mm	21mm / 24mm / 28mm	21mm / 24mm
<b>Flange/Shield Sizes Available to Order</b>	Not available	15mm / 17mm / 19mm / 29mm	Not available
<b>BPA Free</b>	Yes	Yes	Yes
<b>Weight</b>	0.58 lbs	.48 lbs	1.2 lbs
<b>Dimensions</b>	5"L x 4"W x 2"D	4.41" x 2.38" x 5.12"	248 x 128 x 219 mm
<b>Tube Length</b>	N/A	N/A	42 in
<b>Adapter / Battery Pack</b>	Charging cable & built-in rechargeable battery	Power adapter, USB-C cable & built-in rechargeable battery	Power adapter & 8 AA batteries (batteries not included)
<b>Battery Life</b>	2 hours	2+ hours	N/A
<b>Digital Display</b>	Yes	Yes	No
<b>Double &amp; Single Pumping Ability</b>	Yes	Yes	Yes
<b>Bag Included</b>	No	No	No
<b>Bluetooth / App</b>	No	Yes	No
<b>Warranty</b>	Two year warranty on pump motor, 90-day warranty on parts	Two year warranty on pump motor, 90-day warranty on parts	One year warranty on pump motor, 90 day warranty on parts

# Hands-free Breast Pump Comparison Chart



	<p><b>medela</b></p> <p>Medela Freestyle Hands-free</p>	<p><b>Lansinoh</b></p> <p>Lansinoh Discreet Duo</p>	
<p><b>Insurance Coverage</b></p>	<p>Insurance Upgrade Fee</p>	<p>Covered in full by most insurances</p>	
<p><b>Massage / Stimulation / Letdown Mode</b></p>	<p><b>Massage/Stimulation Mode</b> is a setting on your breast pump that mimics the fast, fluttering suckling of a baby to stimulate your milk-flow (letdown). The breast pump will suck and release at more cycles per minute than in expression mode. The vacuum level (strength of suction) does not get as intense as it can in expression mode.</p>		
<p><b>Expression / Suction Mode</b></p>	<p>9 levels in total between the massage and expression modes</p>	<p>4 pumping styles that mimic feeding patterns / 8 levels of each style</p>	
<p><b>Suction Level</b></p>	<p><b>Suction Level</b> is measured in <b>mmHg</b> (millimeters of mercury), which is the standard unit of measuring vacuum pressure.</p>		
<p><b>Hospital Strength / Performance</b></p>	<p>245 mmHg maximum</p>	<p>260 mmHg maximum</p>	
<p><b>System</b></p>	<p><b>Hospital Strength/Performance</b> is a term used by breast pump companies to convey stronger breast pump suction. There are no standards or regulations that define exactly what suction a breast pump needs to be considered "hospital strength." A <b>hospital grade</b> breast pump is a rental multi-user pump with a stronger strength suction featuring a more powerful motor, special wavelength, and programming that allows mothers with certain medical necessities to get the maximum amount of breast milk production possible.</p>		
<p><b>Flange/Shield/Cup/Insert Size Included with Pump</b></p>	<p>Yes</p>	<p>Yes</p>	
<p><b>System</b></p>	<p>A <b>Closed System</b> pump has a barrier between your breast milk and the pump. With this barrier, milk is unable to get into the pump, which prevents any kind of contamination between the pump and the milk. An <b>open system</b> pump has no barrier. If milk gets into the tubing, care needs to be taken to clean the tubing and ensure that it is completely dried out before using the pump again.</p>		
<p><b>Flange/Shield/Cup/Insert Size Included with Pump</b></p>	<p>Closed</p>	<p>Closed</p>	
<p><b>Flange/Shield/Cup/Insert Size Included with Pump</b></p>	<p>The <b>Flange/Shield/Cup/Insert</b> is the plastic or silicone part that is placed on the breast in order for breast milk to be expressed. The right size flange should allow the milk to flow well and should be comfortable while using the pump at medium to maximum suction level.</p>		
<p><b>Flange/Shield Sizes Available to Order</b></p>	<p>21mm / 24mm</p>	<p>21mm / 24mm</p>	
<p><b>Flange/Shield Sizes Available to Order</b></p>	<p>Not available</p>	<p>19mm</p>	
<p><b>BPA Free</b></p>	<p>Yes</p>	<p>Yes</p>	
<p><b>Weight</b></p>	<p>0.6 lbs</p>	<p>1.56 lbs</p>	
<p><b>Dimensions</b></p>	<p>148 x 66 x 46.5 mm</p>	<p>7.09" x 6.3" x 5.51"</p>	
<p><b>Tube Length</b></p>	<p>42 in</p>	<p>N/A</p>	
<p><b>Adapter / Battery Pack</b></p>	<p>Power adapter, USB cable &amp; built-in rechargeable battery</p>	<p>AC Adaptor; Rechargeable battery</p>	
<p><b>Battery Life</b></p>	<p>2 hours</p>	<p>2 hours</p>	
<p><b>Digital Display</b></p>	<p>Yes</p>	<p>Yes</p>	
<p><b>Double &amp; Single Pumping Ability</b></p>	<p>Yes</p>	<p>Yes</p>	
<p><b>Bag Included</b></p>	<p>No</p>	<p>No</p>	
<p><b>Bluetooth / App</b></p>	<p>No</p>	<p>No</p>	
<p><b>Warranty</b></p>	<p>One year warranty on pump motor, 90 day warranty on parts</p>	<p>One year warranty on pump motor, 90-day warranty on parts</p>	