

Postpartum Recovery Support Garment

NATURAL BIRTH

NATURAL BIRTH & C-SECTION

SIZE	PRE-PREGNANCY PANT SIZE	WAIST	HIPS
XS	00 - 2	24 - 26"	34 - 36"
S	4 - 6	27 - 29"	37 - 39"
M	8 - 10	30 - 32"	40 - 42"
L	12 - 14	33 - 36"	43 - 45"
XL	16 - 18	37 - 39"	46 - 49"
2XL	20 - 22	40 - 44"	50 - 54"

