## **Meeting Minutes**

Meeting: Autism Awareness Meeting

Date: December 5, 2023

Time: 7:00 PM CST Location: Virtual

## Agenda:

Introductions
Presentation on Autism Spectrum Disorder
Personal Testimony from Individual with Autism
Expert Presentation on Diagnosis and Support
Discussion and Q&A
Next Steps and Action Items
Adjournment

#### Minutes:

#### Introductions:

The meeting commenced with a warm welcome to all participants.

#### Presentation on Autism Spectrum Disorder:

A presentation was delivered to provide an understanding of Autism Spectrum Disorder (ASD), including its characteristics and prevalence. The presentation aimed to raise awareness, debunk misconceptions, and promote understanding of the challenges faced by individuals with autism.

# Personal Testimony from Individual with Autism:

An individual with autism shared their personal experiences, offering valuable insights into their unique journey. They discussed their daily challenges, coping mechanisms, and provided firsthand accounts of living with autism.

# **Expert Presentation on Diagnosis and Support:**

An expert specializing in the diagnosis and support of individuals with autism gave a comprehensive presentation. They discussed the diagnostic process,

various support strategies, and interventions available to enhance the lives of individuals with autism. The emphasis was on fostering a supportive environment and promoting inclusive practices.

#### Discussion and Q&A:

Participants engaged in an open discussion, sharing their thoughts, concerns, and asking questions related to autism. The conversation covered topics such as inclusive education, community support, and the importance of early intervention. Participants also discussed ways to promote acceptance and understanding of individuals with autism.

Next Steps and Action Items:

- It was decided to organize an autism awareness campaign, aiming to educate the community about autism and foster inclusivity.
- Participants volunteered to create educational materials and resources for distribution in schools, healthcare facilities, and community centers.
- Exploring opportunities to collaborate with local businesses and organizations to create employment opportunities and support networks for individuals with autism.
- Planning community events and workshops to promote understanding and acceptance of autism.

## Adjournment:

The meeting concluded on a positive note, expressing gratitude to all attendees for their participation and contributions.

Minutes recorded by Arnav Ghosh.