

## Meeting Minutes

Meeting: Tourette's Syndrome Awareness Webinar

Date: 11/2/2023

Time: 8:00 PM CST

Location: Virtual

Agenda:

- Introductions
- Presentation on Tourette's Syndrome
- Personal Testimony from Individual with Tourette's
- Expert Presentation on Diagnosis and Treatment
- Discussion and Q&A
- Next Steps and Action Items
- Adjournment

Minutes:

Introductions:

The meeting began with a warm welcome to all attendees.

Presentation on Tourette's Syndrome:

A presentation was given to provide an overview of Tourette's Syndrome, including its symptoms and prevalence. The aim was to increase awareness, debunk myths, and promote understanding of the challenges faced by individuals with Tourette's.

Personal Testimony from Individual with Tourette's:

An individual living with Tourette's shared their personal experiences, shedding light on the daily challenges they face. They shared coping strategies and provided valuable insights into what it's like to live with Tourette's.

Expert Presentation on Diagnosis and Treatment:

An expert specializing in Tourette's diagnosis and treatment delivered a comprehensive presentation. They discussed the diagnostic criteria, assessment methods, and available treatment options. The emphasis was on early detection, appropriate interventions, and holistic approaches to support individuals with Tourette's.

#### Discussion and Q&A:

A lively discussion ensued, allowing participants to express their thoughts, concerns, and ask questions related to Tourette's Syndrome. Topics included the challenges faced by individuals with Tourette's, strategies for promoting inclusivity and understanding, and the need for better resources and support networks.

#### Next Steps and Action Items:

- It was decided to organize a community awareness event to foster understanding and acceptance of Tourette's Syndrome.
- Participants agreed to create educational materials about Tourette's Syndrome for distribution to schools, healthcare providers, and community centers.
- The group expressed interest in reaching out to local media outlets to raise awareness through interviews or articles.
- Exploring potential collaborations with local support groups and organizations to enhance resources for individuals with Tourette's and their families.

#### Adjournment:

The meeting concluded with a positive note of gratitude and encouragement.

Minutes recorded by Arnav Ghosh.